

100% RAW Powerlifting Federation
North Carolina State Powerlifting Championships
Currituck, NC - June 4, 2011

Name	Division	Wgt	Class	SQUAT				BENCH				DEADLIFT				TOTAL	LBS	Place	
				1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd				4th
Jessica Lovitt - NC	F-Open, F-Teen(18-19)	105	105	52.5	55	57.5		30	32.5	35	37.5	92.5	80	82.5	87.5	92.5	185	407.851	1
Tucker Lee - NC	Open, T (16-17)	105	105	80	90	95		-47.5	47.5	52.5	-55	147.5	92.5	100	105	-118	252.5	556.662	1
Nelda Newton - NC	F-Open, F-M(45-49)	127.2	132	62.5	67.5	70	72.5	47.5	-52.5	-52.5		117.5	105	110	115		232.5	512.57	1,1
Jacob Byrum - NC	Open, Teen (18-19)	131.7	132	85	95	100		75	85	90		190	130	140	150		340	749.564	1
Johnnocka Pinnock-Brown - NC	F-Junior (20-24)	142.6	148	85	100	0		42.5	52.5	-57.5		152.5	125	132.5	-153		285	628.311	1
Calvin Law - VA	Junior (20-24)	146.4	148	110	132.5	0		70	-90	-90		202.5	185	207.5	-228		410	903.886	1
Thomas Williams - NC	M (50-54)	145.6	148	92.5	100	117.5		75	85	-92.5		202.5	140	150	160	-168	362.5	799.168	1
Adam Meinhardt - NC	Open, T (16-17)	133.7	148	135	0	0		0	0			135	0	0			135	297.621	
Keenan Contouris - NC	Teen (18-19)	148	148	125	135	145		80	90	100		245	190	195	200		445	981.047	1
Cody Jantti - NC	Teen (18-19)	145.5	148	110	125	130		65	75	80		210	140	155	165		375	826.725	2
David Barnes - NC	Teen (18-19)	144.9	148	62.5	62.5	0		57.5	-75	-75		120	0	0			120	264.552	3
David "Olivier" David - NC	Junior (20-24)	162.6	165	150	162.5	0		105	110	-120		272.5	212.5	230	-235		502.5	1107.81	1
Nathanial Smith - NC	T (16-17)	161.5	165	125	132.5	0		0	0			132.5	0	0			132.5	292.11	
Cody Gray - NC	Teen (18-19)	162.1	165	135	145	150		100	110	112.5		262.5	150	165	175		437.5	964.513	1
Darrylm Sylvester - NC	Open, (25-29)	180	181	170	175	180		100	102.5	110		290	170	185	200		490	1080.25	2,2
Ben Rivenbark - NC	Open, (25-29)	177.6	181	142.5	152.5	162.5		-133	132.5	-138		295	192.5	202.5	215	220	515	1135.37	1,1
Alex Hansen - NC	T (16-17)	167.8	181	102.5	110	117.5		72.5	80	-87.5		197.5	165	172.5	182.5		380	837.748	1
Susan Buzzard - NC	F-Open, F- (30-34)	198	198	70	75	77.5	80	45	47.5	-50		125	92.5	95	105	110	235	518.081	1,1
Matt Wilson - NC	Open, (25-29)	190	198	150	155	162.5		125	135	140		302.5	175	190	210		512.5	1129.86	1,1
Harold Lee III - VA	T (18-19)	183.4	198	137.5	147.5	160		97.5	102.5	110		270	190	205	217.5		487.5	1074.74	1

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Brad Davis - VA	Junior (20-24)	214.6	220	150	165	182.5		-115	125	-135		307.5	205	237.5	245		552.5	1218.04	1
David Chadwick - VA	L/F/M	206	220	147.5	160	0		115	-125	-125		275	205	215	-228		490	1080.25	1
Ryan Strange - NC	Open	212.4	220	145	157.5	170		140	147.5	155		325	210	230	235		560	1234.58	3
Ray Berry - NC	Open, M (50-54)	219.6	220	125	142.5	150		135	145	150	152.5	302.5	140	155	165		467.5	1030.65	4,1
Woody "Guido" Leonard	Open, M(45-49)	214.8	220	200	0	227.5		142.5	152.5	155		382.5	227.5	242.5	253		635.5	1401.02	1,1
Tim Lester - VA	Open; (25-29)	212.8	220	192.5	202.5	0		125	140	145		347.5	265	275	280	282.5	630	1388.9	2,1
Josh Ritter - NC	T (18-19)	218	220	165	175	182.5		97.5	102.5	105		287.5	182.5	187.5	-193		475	1047.19	1
Austin Brown - NC	Teen (16-17)	219	220	142.5	145	-148		92.5	97.5	100		245	165	175	-185		420	925.932	1
Andrew Baker - WV	Junior (20-24)	242	242	0				0	0	0		0	0				0	0	
Ira Brooks - VA	M (65-69)	240.6	242	102.5	115	160		80	-113	-113		240	125	162.5	182.5		422.5	931.444	1
Gene Berry - NC	Open, M (50-54)	258.2	242	102.5	147.5	0		142.5	150	157.5	160	307.5	140	157.5	167.5		475	1047.19	1,1
Greg Berry - NC	Open, M(40-44)	242										0					0	0	
David Howell - NC	T (12-13)	231.8	242	115	0	137.5		82.5	90	92.5		230	165	182.5	-188		412.5	909.398	1
Ryan Haskins - WV	Junior (20-24)	273.1	275	165	0	0		120	132.5	-138		297.5	75				372.5	821.214	1
David Dashiell - VA	L/F/M	266.2	275	232.5	0	0		-193	-193	192.5		425	240	-260	-265		665	1466.06	1
Kevin Combs - NC	M (40-44)	265	275	190	0	202.5		142.5	150	160		362.5	152.5	165	182.5		545	1201.51	1
Christopher Wichtl - NC	Open	256.8	275	0	282.5	0		-193	-193	-193		90	282.5	292.5	-305		382.5	843.26	
Jesus San Martin - NC	T (18-19)	266.6	275	142.5	147.5	160		0	137.5	145	147.5	307.5	182.5	187.5	192.5		500	1102.3	1
Ben Stavish - NC	Teen (18-19)	251	275	177.5	0	0		47.5	97.5	-103		275	-183	0	0		275	606.265	2
Herman Canada - NC	Open, M (40-44)	303	308	137.5	147.5	160		-165	-165	-165		-5	160	165	182.5		177.5	391.317	
Raymond Clasing, Sr. - MD	Open, M (50-54), P/F/M	276.4	308	165	182.5	0		175	185	-188		367.5	182.5	202.5	205	212.5	580	1278.67	1,1,1
Michael Doherty - NC	Open, Teen (16-17)	279.9	308	222.5	0	235	242.5	122.5	-135	135		370	250	265	272.5	-278	642.5	1416.46	1,1

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				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
				Bench Press															
				1st	2nd	3rd	4th												
Jessica Lovitt - NC	F-Open, F-Teen(18-19)	105	105	30	32.5	35	37.5					37.5					37.5	82.6725	1,1
Tucker Lee - NC	Open, T (16-17)	105	105	47.5	47.5	52.5	55					52.5					52.5	115.742	1,1
Amy Eaton - NC	M (40-44)	123	123	77.5	80	81						81					81	178.573	1
Nelda Newton - NC	F-Open, F-M(45-49)	127.2	132	47.5	52.5	52.5						47.5					47.5	104.719	1,1
Jacob Byrum - NC	Teen (18-19)	131.7	132	75	85	90											0	0	1
Calvin Law - VA	Open	146.4	132	70	90	90						70					70	154.322	1
Johnnocka Pinnock-Brown - NC	F-Junior (20-24)	142.6	148	42.5	52.5	57.5						52.5					52.5	115.742	1
Bill Rehl - NC	M (40-44)	146.2	148	87.5	92.5	0						92.5					92.5	203.926	1
Thomas Williams - NC	M (50-54)	145.6	148	75	85	92.5						85					85	187.391	1
Kyshawn Bailey - NC	Open	148	148	120	127.5	0						127.5					127.5	281.087	1
Adam Meinhardt - NC	Open, T (16-17)	133.7	148	75	85	90						85					85	187.391	2,2
Michael Matthews - NC	P/F/M	142.2	148	60	70	80						80					80	176.368	1
Josh Pendergrass - NC	T (14-15)	137.2	148	72.5	85	90						85					85	187.391	1
William Wright - NC	T (16-17)	147.1	148	95	100	100						95					95	209.437	1
David Barnes - NC	Teen (18-19)	144.9	148	57.5	75	75						57.5					57.5	126.765	2
Keenan Contouris - NC	Teen (18-19)	148	148	80	90	100						100					100	220.46	1
David "Olivier" David - NC	Junior (20-24)	162.6	165	105	110	120						110					110	242.506	1
Ralph Scott - NC	M (55-59)	161.2	165	90	95	100						95					95	209.437	1
Nathanial Smith - NC	T (16-17)	161.5	165	75	85	95						95					95	209.437	1
Doug Bates - NC	Open, M (45-49)	164	165	110	120	125						125					125	275.575	1,1
Cody Gray - NC	Teen (18-19)	162.1	165	100	110	112.5						112.5					112.5	248.018	1
												0							
Darrylm Sylvester - NC	Open, (25-29)	180	181	100	102.5	110						110					110	242.506	3,2
Ben Rivenbark - NC	Open, (25-29)	177.6	181	133	132.5	138						132.5					132.5	292.11	2,1
Aubrey Davis - NC	Open, (35-39)	176.6	181	140	0	145						145					145	319.667	1,1
Alex Hansen - NC	T (16-17)	167.8	181	72.5	80	87.5						80					80	176.368	1

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Susan Buzzard - NC	F-Open, F- (30-34)	198	198	45	47.5	-50							47.5					47.5	104.719	1,1
Harry Orr - NC	M (55-59)	196.4	198	0	137.5	0							137.5					137.5	303.133	1
Matt Wilson - NC	Open, (25-29)	190	198	125	135	140							140					140	308.644	1,1
Harold Lee III - VA	T (18-19)	183.4	198	97.5	102.5	110							110					110	242.506	1
Mike Roberson - NC	Junior (20-24)	202	220	122.5	132.5	0							132.5					132.5	292.11	1
Brad Davis - VA	Junior (20-24)	214.6	220	-115	125	-135							125					125	275.575	2
David Chadwick - VA	L/F/M	206	220	115	-125	-125							115					115	253.529	1
Ryan Strange - NC	Open	212.4	220	140	147.5	155							155					155	341.713	1
Woody "Guido" Leonard	Open, M(45-49)	214.8	220	142.5	152.5	155							155					155	341.713	2,1
Ray Berry - NC	Open, M (50-54)	219.6	220	135	145	150	152.5						152.5					152.5	336.202	3,1
Josh Ritter - NC	Open, T (18-19)	218	220	97.5	102.5	105							105					105	231.483	4,1
Austin Brown - NC	Open, Teen (16-17)	219	220	92.5	100	105							105					105	231.483	5,1
Andrew Baker - WV	Junior (20-24)	242	242	0	0	0							0					0	0	
Bernie Rhodes - VA	M (60-64)	241.6	242	117.5	125	0							125					125	275.575	1
Ira Brooks - VA	M (65-69)	240.6	242	80	-113	-113							80					80	176.368	1
Gene Berry - NC	Open, M (50-54)	258.2	242	142.5	150	157.5	160						160					160	352.736	1,1
Tim Lester - VA	Open	212.8	242	125	140	145							145					145	319.667	2
Josh Riddick - NC	Open, (25-29)	239.2	242	125	0	135							135					135	297.621	3,1
Greg Berry - NC	Open, M(40-44)		242																	
David Howell - NC	T (12-13)	231.8	242	82.5	90	92.5							92.5					92.5	203.926	1
Ryan Haskins - WV	Junior (20-24)	273.1	275	120	132.5	-138							132.5					132.5	292.11	1
David Dushiell - VA	L/F/M	266.2	275	-193	-193	-193							-193					-193	-424.39	1
Kevin Combs - NC	M (40-44)	265	275	142.5	150	160							160					160	352.736	1
Christopher Wichtl - NC	Open	256.8	275	-193	-193	-193							-193					-193	-424.39	
Pat McMillan - VA	Open, (35-39)	269	275	182.5	190	195							195					195	429.897	2,2
Donald Owens - NC	Open, sub (35-39)	275	275	195	205	0							205					205	451.943	1,1
Jesus San Martin - NC	T (18-19)	266.6	275	0	137.5	145	147.5						147.5					147.5	325.179	1
Ben Stavish - NC	Teen(18-19)	251	275	47.5	97.5	-103							97.5					97.5	214.949	2
Herman Canada - NC	Open, M (40-44)	303	308	-165	-165	-165							0					0	0	
Raymond Clasing, Sr. - MD	Open, M (50-54), P/F/M	276.4	308	175	185	-188							185					185	407.851	1,1,1
Ray Smith	M (50-54)	298.4	308	0	160	0							160					160	352.736	2
Michael Doherty - NC	Open, Teen (16-17)	279.9	308	122.5	-135	135							135					135	297.621	2,1

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				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
													Deadlift						
													1st	2nd	3rd	4th			
Jessica Lovitt - NC	F-Open, F-Teen(18-19)	105	105								0	80	82.5	87.5	92.5	87.5	192.903	1,1	
Tucker Lee - NC	Open, T (16-17)	105	105								0	92.5	100	105	-118	105	231.483	1,1	
Nelda Newton - NC	F-Open, F-M(45-49)	127.2	132								0	105	110	115		115	253.529	1,1	
Calvin Law - VA	Open	146.4	132								0	185	207.5	-228		207.5	457.455	1	
Johnnocka Pinnock-Brown - NC	F-Junior (20-24)	142.6	148								0	125	132.5	-153		132.5	292.11	1	
Calvin Law - VA	Junior (20-24)	146.4	148								0	185	207.5	-228		207.5	457.455	1	
Thomas Williams - NC	M (50-54)	145.6	148								0	140	150	160	-168	160	352.736	1	
Adam Meinhardt - NC	Open, T (16-17)	133.7	148								0	0	0			0	0	1,1	
Keenan Contouris - NC	Teen (18-19)	148	148								0	190	195	200		200	440.92	1	
Cody Jantti - NC	Teen (18-19)	145.5	148								0	140	155	165		165	363.759	2	
David Barnes - NC	Teen (18-19)	144.9	148								0	0	0			0	0		
David "Olivier" David - NC	Junior (20-24)	162.6	165								0	212.5	230	-235		230	507.058	1	
Nathanial Smith - NC	T (16-17)	161.5	165								0	0	0			0	0		
Cody Gray - NC	Teen (18-19)	162.1	165								0	150	165	175		175	385.805	1	
Wayne Rammell	M (65-69)	177.2	181								0	147.5	162.5	170	182.5	170	374.782	1	
Darrylm Sylvester - NC	Open, (25-29)	180	181								0	170	185	200		200	440.92	2,2	
Ben Rivenbark - NC	Open, (25-29)	177.6	181								0	192.5	202.5	215	220	215	473.989	1,1	
Alex Hansen - NC	Open, T (16-17)	167.8	181								0	165	172.5	182.5		182.5	402.34	3,1	
Susan Buzzard - NC	F-Open, F- (30-34)	198	198								0	92.5	95	105	110	105	231.483	1	
Matt Wilson - NC	Open, (25-29)	190	198								0	175	190	210		210	462.966	1,1	
Harold Lee III - VA	T (18-19)	183.4	198								0	190	205	217.5		217.5	479.501	1	
Brad Davis - VA	Open, Junior (20-24)	214.6	220								0	205	237.5	245		245	540.127	3	
David Chadwick - VA	L/F/M	206	220								0	205	215	-228		215	473.989	1	
Tim Lester - VA	Open; (25-29)	212.8	220								0	265	275	280	282.5	280	617.288	1,1	
Woody "Guido" Leonard	Open, M(45-49)	214.8	220								0	227.5	242.5	253		253	557.764	2,1	
Ryan Strange - NC	Open	212.4	220								0	210	230	235		235	518.081	4	
Ray Berry - NC	Open, M (50-54)	219.6	220								0	140	155	165		165	363.759	5,1	
Josh Ritter - NC	T (18-19)	218	220								0	182.5	187.5	-193		187.5	413.363	1	
Austin Brown - NC	Teen (16-17)	219	220								0	165	175	-185		175	385.805	1	

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Andrew Baker - WV	Junior (20-24)	242	242									0	0					0	0	
Ira Brooks - VA	M (65-69)	240.6	242									0	125	162.5	182.5			182.5	402.34	1
Tim Lester - VA	Open	212.8	242									0	265	275	280	282.5		280	617.288	1
Frank Sowa - VA	Open	232.4	242									0	237.5	252.5	265			265	584.219	2
Gene Berry - NC	Open, M (50-54)	258.2	242									0	140	157.5	167.5			167.5	369.271	3,1
Greg Berry - NC	Open, M(40-44)		242									0						0	0	
David Howell - NC	T (12-13)	231.8	242									0	165	182.5	-188			182.5	402.34	1
Ryan Haskins - WV	Junior (20-24)	273.1	275									0	75					75	165.345	1
David Dushiell - VA	L/F/M	266.2	275									0	240	-260	-265			240	529.104	1
Kevin Combs - NC	M (40-44)	265	275									0	152.5	165	182.5			182.5	402.34	1
Christopher Wichtl - NC	Open	256.8	275									0	282.5	292.5	-305			292.5	644.846	1
Jesus San Martin - NC	T (18-19)	266.6	275									0	182.5	187.5	192.5			192.5	424.386	1
Ben Stavish - NC	Teen (18-19)	251	275									0	-183	0	0			0	0	
Michael Doherty - NC	Open, Teen (16-17)	279.9	308									0	250	265	272.5	-278		272.5	600.754	1,1
Raymond Clasing, Sr. - MD	Open, M (50-54), P/F/M	276.4	308									0	182.5	202.5	205	212.5		205	451.943	2,1,1
Herman Canada - NC	Open, M (40-44)	303	308									0	160	165	182.5			182.5	402.34	3,1

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				Curl															
				1st	2nd	3rd	4th												
Tucker Lee - NC	Open, T (16-17)	105	105	35	40	-42.5						40					40	88.184	1,1
Jessica Lovitt - NC	F-Open, F-Teen(18-19)	105	105	20	22.5	25						25					25	55.115	1,1
Jacob Byrum - NC	Open, Teen (18-19)	131.7	132	37.5	40	42.5						42.5					42.5	93.6955	1,1
Keenan Contouris - NC	Teen (18-19)	148	148	40	45	-52.5						45					45	99.207	4
David Barnes - NC	Teen (18-19)	144.9	148	40	-42.5	-42.5						40					40	88.184	5
Adam Meinhardt - NC	T (16-17)	133.7	148	40	45	47.5						47.5					47.5	104.719	1
Cody Jantti - NC	Open, Teen (18-19)	146.5	148	40	42.5	45						45					45	99.207	3,2
William Wright - NC	Open, T (16-17)	147.1	148	45	50	-52.5						50					50	110.23	1,1
Bill Rehl - NC	Open, M (40-44)	146.2	148	40	42.5	43.2	45					45					45	99.207	2,1
Doug Bates - NC	Open, M (45-49)	164	165	57.5	62.5	65	-66					65					65	143.299	1,1
Nathaniel Smith - NC	Open, T (16-17)	161.5	165	45	50	51						51					51	112.435	3,1
Cody Gray - NC	Open, Teen (18-19)	162.1	165	52.5	57.5	60						60					60	132.276	2,1
Alex Hansen - NC	Open, T (16-17)	167.8	181	37.5	40	42.5						42.5					42.5	93.6955	1,1
Scott Deuel - NC	Open, M(45-49)	217.2	220	40	52.5	0						52.5					52.5	115.742	2,1
Josh Ritter - NC	Open, T (18-19)	218	220	45	50	52.5						52.5					52.5	115.742	3,1
Austin Brown - NC	Open, Teen (16-17)	219	220	45	50	52.5						52.5					52.5	115.742	4,2
Tim Lester - VA	Open; (25-29)	212.8	220	47.5	55	60						60					60	132.276	1,1
Nicholas Margus - NC	Open, M (45-49)	225.2	242	-62.5	62.5	65	-70					65					65	143.299	1,1
Ira Brooks - VA	Open, M (65-69)	240.6	242	22.5	35	-47.5						35					35	77.161	2,1
David Dushiell - VA	Open, (25-29), L/F/M	266.2	275	57.5	67.5	-70						67.5					67.5	148.811	1,1,1
Jesus San Martin - NC	Open, T (18-19)	266.6	275	50	55	60						60					60	132.276	2,1
Ben Stavish - NC	Open, Teen(18-19)	251	275	45	47.5	-50						47.5					47.5	104.719	3,2
Raymond Clasing, Sr. - MD	Open, M (50-54),P/F/M	276.4	308	67.5	70	72.5	-75					72.5					72.5	159.834	1,1,1
Michael Doherty - NC	Open, Teen (16-17)	279.9	308	55	60	62.5						62.5					62.5	137.788	2,1