



2010 New York State Championships

September 18, 2010

East Syracuse, New York

BENCH PRESS

NAME	DIVISION(S)	BDWT (lbs)	CLASS (lbs)	1 st Att (kg)	2 nd Att (kg)	3 rd Att (kg)	4 th Att (kg)	Best Lift (kg)	Best Lift (lbs)	Place
Laura Monroe - NY	F-OPEN, (25-29)	131.1	132	60	64	-65		64	141.0	1, 1
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Benjamin Neuss - NY	(12-13)	109.5	114	35	47.5	50	-52.5	50	110.2	1
Mike Eddy - NY	(14-15)		123							
Adam Zehr - NY	OPEN, (30-34)	143.9	148	155	160	165	-172.5	165	363.7	1, 1
Justin Bradt - NY	OPEN	144.7	148	102.5	115	125		125	275.5	2
Jermaine Kapolka - NY	OPEN	147.4	148	-125	-125	125		125	275.5	3
Rowdy Prior - NY	(14-15)	146.0	148	72.5	75.5	-80		75.5	166.4	1
Steve Neuss - NY	(45-49)	161.6	165	92.5	117.5	-120		117.5	259.0	1
Frank Ferrante - NY	OPEN, (25-29)	176.4	181	125	-142.5	-142.5		125	275.5	1, 1
Brig Seaver - NY	(55-59)	176.6	181	77.5	82.5	-87.5		82.5	181.8	1
Steve Matthews - NY	(20-24)	197.1	198	90	100	-112.5		100	220.4	1
Kristopher Dulmer - NY	OPEN, (35-39)	239.4	242	195	203	205	-207	205	451.9	1, 1
James LaGrange - NY	(40-44)	241.9	242	162.5	172.5	187.5		187.5	413.3	1

Best Lifter: Adam Zehr

DEADLIFT

<u>NAME</u>	<u>DIVISION(S)</u>	<u>BDWT</u> <u>(lbs)</u>	<u>CLASS</u> <u>(lbs)</u>	<u>1st Att</u> <u>(kg)</u>	<u>2nd Att</u> <u>(kg)</u>	<u>3rd Att</u> <u>(kg)</u>	<u>4th Att</u> <u>(kg)</u>	<u>Best Lift</u> <u>(kg)</u>	<u>Best Lift</u> <u>(lbs)</u>	<u>Place</u>
Laura Monroe - NY	F-OPEN, (25-29)	131.1	132	115	-122.5	122.5	-127.5	122.5	270.0	1, 1
Roxanne Fratezi - NY	F-(50-54)	144.5	148	100	105	110.5	112.5	112.5	248.0	1
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Mike Eddy – NY	(14-15)		123							
Justin Bradt - NY	OPEN	144.7	148	185	-200	-200		185	407.8	1
Rowdy Prior - NY	(14-15)	146.0	148	142.5	-147.5	-147.5		142.5	314.1	1
Andre Watson – NY	OPEN, (18-19)	163.6	165	197.5	-220	220	-227.5	220	485.0	1, 1
Brig Seaver – NY	(55-59)	176.6	181	145	155	162.5	165	165	363.7	1
Jeffrey Strong – NY	OPEN, (20-24)	196.1	198	245	250	252.5	-255	252.5	556.6	1, 1
Steve Matthews - NY	(20-24)	197.1	198	185	205	-227.5		205	451.9	1
Donny Cornell – NY	OPEN, (30-34)	235.6	242	245	-265	265	275	275	606.2	1, 1
Kristopher Dulmer - NY	OPEN, (35-39)	239.4	242	212.5	227.5	237.5		237.5	523.5	2, 1

Best Lifter: Jeffrey Strong

Referees: Hunter Claypatch (NY), Laura Delay (VT), Wayne Claypatch (NY), & Tierney Wallace (NY)*

*Referee in training