

100% RAW Powerlifting Federation
2011 Quaker Classic
Salem, OH - April 9, 2011

Name	Division	Wgt	Class	BENCH			4th	Sub	DEADLIFT				TOTAL	LBS	Place
				1st	2nd	3rd			1st	2nd	3rd	4th			
Ironman															
Abby Sargent - PA	(F) Open, (30-34)	145.5	148	-60	-60	60		60	102.5	117.5	-132.5		177.5	391.317	1, 1
Patricia C. Rusinek - OH	(F) Master (45-49)	179	181	75	82.5	87.5	-94	87.5	125	132.5	137.5	140	225	496.035	1
Seth Ruschel - WV	Youth (11 & Under)	57	105	14.5	15.5	17	-18	17	32	35	37.5		54.5	120.151	1
Scott Phillips - WV	Master (55-59)	161.9	165	105	110	-115		110	155	165	175	-186	285	628.311	1
Lloyd Summers - OH	Open, (25-29)	181.7	181	145	152.5	157.5	-172.5	157.5	185	205	227.5	-245	385	848.771	1
Will Engellenner - PA	Master (40-44)	179.2	181	-110	110	-125		110	157.5	167.5	175	182.5	285	628.311	1
Dean E. Pagonis - OH	Open	191	198	130	137.5	142.5	145	142.5	220	227.5	-235		370	815.702	1
Brian Pittman - OH	Law/Fire/Military	196.5	198	110	120	-125		120	157.5	175	185	-190	305	672.403	1, 1
Timothy Baker - OH	Open, (25-29), L/F/M	237.4	242	142.5	152.5	-160		152.5	227.5	242.5	-252.5		395	870.817	1,1,1
Josh Bable - PA	Junior (20-24)	244.3	242	-145	150	160	167.5	160	-195	200	212.5	-227.5	372.5	821.214	1
Nathan Martin - OH	Open	223.2	242	145	152.5	-160		152.5	185	207.5	220	-232.5	372.5	821.214	1
Russell K. Combest - OH	Master (75-79)	233.1	242	110	117.5	122.5		122.5	192.5	215	-227.5		337.5	744.053	1
Doug Amburgey - OH	Master (40-44)	234.8	242	120	127.5	-137.5		127.5	172.5	185	192.5	-197.5	320	705.472	1
Adam Richards - OH	Open	238	242	-140	-145	-147.5		-140	200	215	225	232.5	85	187.391	2
Tim Harbison - OH	Open	272	275	145	155	-162.5		155	272.5	287.5	-297.5		442.5	975.536	1
Kevin E. Robinson - OH	Open, (35-39)	273.1	275	185	195	-205		195	210	227.5	232.5	237.5	427.5	942.467	2, 1
Bench Press															
Jenna Henkel - OH	(F) Teen (12-13)	132.1	132	-22.5	-27.5	27.5		27.5					27.5	60.6265	1
Kaitlyn T. Duncan - PA	(F) Open, Teen (16-17)	151.1	165	67.5	70	72.5	-75	72.5					72.5	159.834	1, 1
Trenton Knittel - OH	Youth (11 & Under)	75.3	105	-14.5	-14.5	-14.5		-14.5					0	0	
Luqman Lahjuddin - PA	Youth (11 & Under)	87.1	105	25	30	-35		30					30	66.138	1
Aeden Begue - OH	Youth (11 & Under)	103.5	105	25	27.5	30		30					30	66.138	2

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Lonnie Gilbert - OH	Open	128.2	132	102.5	105	107.5	-110	107.5					107.5	236.995	1
Mike Gagon - OH	Teen (16-17)	131.1	132	70	75	-77.5		75					75	165.345	1
Garry O. Fink - OH	Open, (30-34)	148.1	148	135	140	-142.5		140					140	308.644	1, 1
Logan Dallas - OH	Teen (14-15)	145.7	148	105	108.5	111	-113.5	111					111	244.711	1
Jason Luster - PA	Teen (18-19)	161.7	165	142.5	155	-165		155					155	341.713	1
Lloyd Summers - OH	Open, (25-29)	181.7	181	145	152.5	157.5	-172.5	157.5					157.5	347.225	1, 1
Mike Dotson - OH	Open, (30-34)	179.6	181	132.5	-137.5	-137.5		132.5					132.5	292.11	2, 1
Mike McHargh - OH	Open	204.2	220	182.5	187.5	192.5		192.5					192.5	424.386	1
Tim Day - OH	Master (55-59)	218.4	220	160	170	177.5	182.5	177.5					177.5	391.317	1
David Earis - OH	Master (50-54)	218.4	220	155	162.5	175	-182.5	175					175	385.805	1
Eral Phir - NY	Open, (30-34)	218.8	220	155	-165	-165		155					155	341.713	1
Jeffrey Begue - OH	Sub Master (35-39)	219.9	220	155	157.5	160		155					155	341.713	2
Daven K. Doobay - OH	Sub Master (35-39)	207.1	220	142.5	152.5	155	160	155					155	341.713	1
Keith E. Harbaugh - PA	Master (55-59)	205.9	220	142.5	145	147.5	-152.5	147.5					147.5	325.179	2
Gary L. Fogle - OH	Master (65-69)	218.9	220	140	145	-147.5		145					145	319.667	1
Jason Wascity - OH	Sub Master (35-39)	212.6	220	140	145	-155		145					145	319.667	3
Scott Lorenzen - OH	Master (40-44)	218.5	220	112.5	125	-130		125					125	275.575	1
John Henkel - OH	Master (45-49)	215.1	220	105	107.5	-110		107.5					107.5	236.995	1
Erik Lorenzen - OH	Teen (14-15)	209.6	220	92.5	102.5	107.5	-112.5	107.5					107.5	236.995	1
Paul Sundy, Jr. - OH	Master (40-44)	234.2	242	175	-177.5	-177.5		175					175	385.805	1
Jorge Negron - NY	Open, (30-34)	239.9	242	155	170	175	-182.5	175					175	385.805	1, 1
Raymond L. Bernabe - OH	Master (80+)	221.6	242	100	105	110	112.5	110					110	242.506	1
Bruce Pavlovski - OH	Teen (14-15)	232.5	242	-100	100	-105		100					100	220.46	1
Kevin E. Robinson - OH	Open, (35-39)	273.1	275	185	195	-205		195					195	429.897	1
Larry Howell - OH	Open	291.7	308	177.5	187.5	-192.5		187.5					187.5	413.363	1
Raymond Clasing, Sr. - MD	Master (50-54)	279	308	175	182.5	-187.5		182.5					182.5	402.34	1
Pedro Mejias - NY	Open, (30-34)	423.7	SHW	257.5	267.5	273	-277.5	273					273	601.856	1, 1
Wade Likens - OH	Open, (35-39)	342.9	SHW	230	247.5	-255		247.5					247.5	545.639	2, 1
Tom Murray - PA	Open, (20-24)	332.4	SHW	220	227.5	-233		227.5					227.5	501.547	3, 1

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Deadlift															
Kayla Luster - PA	(F) Youth (11 & Under)	93.7	97					0	50	60	70	77.5	70	154.322	1
Jenna Henkel - OH	(F) Teen (12-13)	132.1	132					0	65	72.5	75	77.5	75	165.345	1
Tierney Wallace - NY	(F) Junior (20-24)	148.8	148					0	135	145	150	158.5	150	330.69	1
Luqman Lahijuddin - PA	Youth (11 & Under)	87.1	105					0	52.5	60	70	-77.5	70	154.322	1
Nathan Amburgey - OH	Teen (12-13)	114.4	114					0	50	62.5	-72.5		62.5	137.788	1
Mitchel Siegenthaler - OH	Teen (12-13)	131.5	132					0	82.5	92.5	97.5	100	97.5	214.949	1
Jason Luster - PA	Teen (18-19)	161.7	165					0	185	230	-235		230	507.058	1
Lloyd Summers - OH	Open, (25-29)	181.7	181					0	185	205	227.5	-245	227.5	501.547	1
Maron Curry - OH	Open, Master (55-59)	195.5	198					0	205	227.5	-232.5		227.5	501.547	1, 1
Stewart Lucas - OH	Junior (20-24)	206.5	220					0	242.5	-247.5	-247.5		242.5	534.616	1
Aaron Stroup - OH	Open, (25-29)	210.8	220					0	250	257.5	-262.5		257.5	567.685	1, 1
Bob Gilmore - OH	Master (50-54)	242	242					0	235	240	250	252.5	250	551.15	1
Bob Jarvis - OH	Master (55-59)	225.3	242					0	205	217.5	-230		217.5	479.501	1
Bruce Pavlovski - OH	Teen (14-15)	232.5	242					0	-182.5	-182.5	-182.5		0	0	
Nicolai Firtha - OH	Open	265.7	275					0	200	220	230		230	507.058	1
Kevin E. Robinson - OH	(35-39)	273.1	275					0	210	227.5	232.5	237.5	232.5	512.57	1
Raymond Clasing, Sr. - MD	Master (50-54)	279	308					0	182.5	200	205		205	451.943	1
Kenneth P. Jarvis, II - OH	Teen (18-19)	325.1	SHW					0	215	232.5	245	-250	245	540.127	

