

100% RAW Powerlifting Federation 2011 New York State Championships

Name	Division	Weight	Class	SQUAT				BENCH				DEADLIFT				TOTAL	LBS	Place		
				RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd				3rd	4th
Laura Monroe - NY	F-Open, F-(25-29)	132.1	132	4	80	86.5	-89		60	-64.5	-64.5		146.5	117.5	123.5	127.5	130	274	604.0604	1, 1
Stephanie Winchip - NY	F-Teen (14-15)	192.5	198	3	67.5	77.5	92.5		-40	40	-50		132.5	92.5	102.5	120		252.5	556.6615	1
Cody Kleitz - NY	Teen (16-17)	127.8	132	3	62.5	70	80	92.5	62.5	67.5	-70		147.5	122.5	127.5	137.5	145	285	628.311	1
Brian Brookshire - NY	Open, (25-29)	126.2	132	4	62.5	93	pass		37.5	55	-57.5		148	62.5	102.5	107.5	-110	255.5	563.2753	1, 1
Kevin Morris, Jr. - NY	Teen (12-13)	128.6	132	3	-52.5	52.5	60		45	52.5	-55		112.5	92.5	-102.5	-102.5		205	451.943	1
Glen Maldonado - NY	Teen (16-17)	142.8	148	0	110	122.5	-130		92.5	102.5	-110		225	167.5	177.5	187.5	195	412.5	909.3975	1
James Kallies, Jr. - NY	Open, (30-34)	158.3	165	3	145	165	172.5		85	92.5	97.5		270	170	195	pass		465	1025.139	1, 1
Josh Sweeney - NY	Teen (16-17)	155.8	165	7	90	100	105		67.5	80	-90		185	-142.5	160	-182.5		345	760.587	1
Joseph Moulton - NY	Teen (12-13)	149.9	165	5	55	57.5	-62.5		-55	57.5	-65		115	97.5	102.5	110		225	496.035	1
Marcus Morris - NY	Junior (20-24)	161.9	165	2	-142.5	-147.5	-147.5											0	0	0
Alexander Ruch - NY	Junior (20-24)	163.6	165	5	140	-155	-162.5		-100	-110	-110							0	0	0
Adam Rosario - NY	L/F/M	177.7	181	6	175	192.5	202.5		140	147.5	155		357.5	245	-265	-265		602.5	1328.272	1
Matthew Reyes - NY	Junior (20-24)	181.8	181	5	185	-197.5	197.5		145	-157.5	pass		342.5	205	-227.5	-227.5		547.5	1207.019	1
Andrew Kopp - NY	Junior (20-24)	175.7	181	5	150	157.5	-167.5		110	117.5	-122.5		275	152.5	165	182.5	185	457.5	1008.605	2
Adam Dee - NY	Junior (20-24)	179.8	181	4	175	195	-205		-105	115	-125		310	pass				0	0	
Kip Kramer - NY	Junior (20-24)	184.1	198	5	125	135	-142.5		97.5	102.5	-107.5		237.5	185	-200	200		437.5	964.5125	1
Justin Grigg - NY	Open, (25-29)	195.8	198	6	102.5	110	-115		-102.5	110	-112.5		220	115	137.5	182.5	185	402.5	887.3515	1, 1
Zachery Marsh - NY	Teen (16-17)	190.9	198	5	110	115	-132.5		-72.5	75	-82.5		190	165	170	-172.5		360	793.656	1
Adam Carter - NY	Teen (18-19)	214.8	220	4	192.5	215	-230		-147.5	147.5	-160		362.5	237.5	252.5	257.5	261	620	1366.852	1
Cary Soloyna - NY	Sub Master (35-39)	218.8	220	6	182.5	227.5	pass		132.5	140	-147.5		367.5	240	-272.5	pass		607.5	1339.295	1
Michael Spezzano - NY	Master (40-44)	220.2	220	3	-157.5	160	-162.5		140	pass	pass		300	-152.5	155	162.5		462.5	1019.628	1
Kris Dulmer - NY	Open, (35-39)	240.5	242	7	212.5	220	230		197.5	-205.5	206	207.5	436	215	230	245		681	1501.333	1, 1
Jonathan Parker - NY	Junior (20-24)	246.5	275		-205	-205	-205											0	0	0
Fred Seeburger - NY	Master (45-49)	288.8	308	8	-212.5	212.5	227.5	-230	185	-190	-190		412.5	175	182.5	195	200	607.5	1339.295	1

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BENCH PRESS ONLY																				
Jermaine Kapolka - NY	Open	147.9	148						125	127.5	132.5		132.5					132.5	292.1095	1
David Lyons - NY	Teen (18-19)	162.4	165						137.5	-147.5	-151		137.5					137.5	303.1325	1
Wesley Kipp - NY	Open, Master (45-49)	162.7	165						120	132.5	-137.5		132.5					132.5	292.1095	1, 1
Marcus Morris - NY	Junior (20-24)	161.9	165						105	115	-117.5		115					115	253.529	1
Anthony Quagliata - NY	Teen (18-19)	165.2	165						92.5	-105	110	-138	110					110	242.506	2
Brian Espino - NY	Open	174.8	181						115	122.5	-130		122.5					122.5	270.0635	1
Frankie Ferrante - NY	Open, (25-29)	191.5	198						-142.5	142.5	-148		142.5					142.5	314.1555	1, 1
Kris Dulmer - NY	Open, (35-39)	240.5	242						197.5	-205.5	206	207.5	206					206	454.1476	1, 1
James LaGrange - NY	Master (40-44)	255	275						-182.5	192.5	-201		192.5					192.5	424.3855	1
William Hill - NY	Open, Master (55-59)	251.6	275						112.5	-130	135	140	135					135	297.621	1, 1
Jonathan Parker - NY	Junior (20-24)	246.5	275						-105	107.5	110		110					110	242.506	0
James Hourihan - MA	Open, (30-34)	246.6	275						-170	-170	-170		-170					0	0	0
DEADLIFT ONLY																				
Laura Monroe - NY	F-Open, F-(25-29)	132.1	132											117.5	123.5	127.5	130	127.5	281.0865	1, 1
Alexander Ruch - NY	Junior (20-24)	163.6	165											187.5	202.5	207.5	-212.5	207.5	457.4545	1
Marcus Morris - NY	Junior (20-24)	161.9	165											-182.5	192.5	205	-210	205	451.943	2
David Laszewski - NY	Master (60-64)	176.8	181											137.5	142.5	147.5	-150	147.5	325.1785	1
Anthony Ferrante - NY	Junior (20-24)	195.1	198											185	215	230	-253	230	507.058	1
Chase Stewart - NY	Spec. Olym.	195.2	198											125	135	140	145.5	140	308.644	1
Arthur Porto - NY	Teen (16-17)	209.3	220											162.5	-180	-180		162.5	358.2475	1
Jonathan Parker - NY	Junior (20-24)	246.5	275											220	-230	-230		220	485.012	1
James Hourihan - MA	Open, (30-34)	246.6	275											245	250	-255		250	551.15	1