

28-Mar-13 Israeli Open Powerlifting Championship-Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Schwartz/Malone	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Limor Azugi	25	FOR	64.5	67.5	0.81	-60			0	-50	0	0	0	-90			0	0	-	-	0
Miri Itskovich	19	FT4R	59.7	60.0	0.87	77.5	90	-95	90	47.5	50	52.5	52.5	80	92.5	100	100	242.5	209.84	218.23	1-FT4R-60
Maor Shuminov	21	MJR	89.4	90.0	0.59	-175	175	190	190	115	-125	-125	115	200	215	230	230	535	314.42	320.71	1-MJR-90
Gil Sonnenraich	20	MJR	88.0	90.0	0.59	150	162.5	170	170	95	102.5	107.5	107.5	180	195	207.5	207.5	485	287.85	296.48	2-MJR-90
Asif Klaiman	21	MJR	88.9	90.0	0.59	135	150	160	160	90	100	105	105	140	155	170	170	435	258.35	263.51	3-MJR-90
Dar Yosef	21	MJR	98.8	100.0	0.56	205	225	232.5	232.5	105	120	125	125	230	250	-260	250	607.5	338.38	345.15	1-MJR-100
Avraham Sabag	22	MJR	95.1	100.0	0.57	220	-230	242.5	242.5	120	130	-140	130	210	215	-237.5	215	587.5	333.41	336.74	2-MJR-100
Vlad Brill	23	MJR	97.0	100.0	0.56	165	180	-190	180	110	120	130	130	195	215	-220	215	525	295.00	295.00	3-MJR-100
Ofek Ben-Zion	24	MJR	108.6	110.0	0.54	240	-260	260	260	155	170	-175	170	270	-300	300	300	730	392.89	392.89	1-MJR-110
Osher Softy	20	MJR	118.3	125.0	0.53	220	-230	230	230	150	160	-165	160	250	260	-270	260	650	343.53	353.83	1-MJR-125
Harel Asor	40	MM1R	73.2	75.0	0.68	130	140	150	150	105	110	115	115	165	180	190	190	455	308.22	308.22	1-MM1R-75
Sergey Mischenko	53	MM3R	107.5	110.0	0.54	180	200	220	220	160	170		170	200	210	220	220	610	329.28	389.87	1-MM3R-110
Yosi Kalmanovich (E	32	MO	98.4	100.0	0.56	-335	335	350	335	207.5	217.5	222.5	222.5	275	-287.5	-287.5	275	832.5	464.62		1-MO-100
Eli Rachman	26	MOR	67.3	67.5	0.73	100	115	120	120	100	105	-107.5	105	140	-155	160	160	385	280.20		1-MOR-67.5
Amir Rozencvig	28	MOR	79.7	82.5	0.63	150	-160	-165	150	-130	130	137.5	137.5	185	197.5	-210	197.5	485	307.83		1-MOR-82.5
Ziv Regev	25	MOR	97.8	100.0	0.56	150	-170	170	170	-95	105	-115	105	190	205	215	215	490	274.25		1-MOR-100
Tagir Mamin	26	MOR	95.2	100.0	0.57	130	150	-170	150	100	-130	-130	100	150	180	215	215	465	263.75		2-MOR-100
Eliyahu Hankin	34	MOR	109.0	110.0	0.54	220	235	245	245	-137.5	145	150	150	225	240	255	255	650	349.51		1-MOR-110
Aviv Gueta	25	MOR	101.9	110.0	0.55	165	180	190	190	105	115	-122.5	115	-200	205	222.5	222.5	527.5	291.13		2-MOR-110
Ariel Goldberg	17	MT3R	72.7	75.0	0.68	130	137.5	-147.5	137.5	92.5	-100	-100	92.5	170	182.5	190	190	420	286.10	308.99	1-MT3R-75
Aviv Atias	17	MT3R	81.3	82.5	0.63	182.5	192.5	-200	192.5	100	107.5	112.5	112.5	200	210	220	220	525	328.49	354.77	1-MT3R-82.5
Tomer Gdalia	16	MT3R	81.7	82.5	0.62	135	142.5	-155	142.5	-95	-102.5	102.5	102.5	185	197.5	-205	197.5	442.5	275.90	311.77	2-MT3R-82.5
Liad Aram	17	MT3R	79.0	82.5	0.64	150	162.5	-170	162.5	-85	85	-92.5	85	157.5	172.5	185	185	432.5	276.28	298.38	3-MT3R-82.5
David Bloomanfeld	17	MT3R	100.0	100.0	0.55	-180	190	-195	190	110	-120	120	120	210	220	230	230	540	299.16	323.09	1-MT3R-100
Maor Swan	19	MT4R	70.8	75.0	0.7	135	140	150	150	85	90	-95	90	190	200	205	205	445	309.90	322.29	1-MT4R-75
Yaniv Gofit	18	MT4R	79.2	82.5	0.64	180	-187.5	-187.5	180	90	100	-105	100	190	200	-210	200	480	306.05	324.41	1-MT4R-82.5
Chen Sonnenraich	18	MT4R	85.0	90.0	0.61	212.5	230	-235	230	132.5	140	145	145	280	300	-305	300	675	409.66	434.24	1-MT4R-90

Absolute Winners:

Teens	Chen Sonnenraich
Juniors	Ofek Ben-Zion
Open	Eliyahu Hankin
Master	Sergey Mischenko
Female	Miri Itskovich



Stuff:

Secretary	Iris Shekhter / Michael Itzkovich
Head referee	Edmond Josef / Gal Adeto / Iris Shekhter
Side referees	Aceed Matar / Genady Gorin / Inna Gorin / Iris Shekhter
Expeditors	Maya Adeto / Barak Cohen