

NOVEMBER 2013

THE RAW EXPERIENCE

For the Lifter:

**DRUG-FREE,
GEAR-FREE,
WEAKNESS
FREE!!**



**100% RAW
Powerlifting
Federation**

100% RAW POWERLIFTING FEDERATION

The **2013 100% RAW Worlds**, in **Las Vegas** proved to be what we expected it to be, **AMAZING!!!** We had some of our strongest lifters in the federation put up some impressive numbers while rewriting the record books in the process. We had a few close battles for first place, some strong outings in the women's division and two of our top Male Master lifters putting on a powerlifting clinic! Even the Prez, Paul Bossi came from behind the table to set a new World Record and pick up a Championship Belt just for kicks!

We are in the process of assembling a **100% RAW Team USA** to compete at the 2014 International Challenge, country and date TBD. Also, we are looking into assembling a **Team America** to take up to Canada for a possible CanAm meet. We are looking to extend our international presence moving into 2014 and

beyond, so stay tuned for further information concerning where the 100% RAW Team USA will be competing next.

The vision of our new newsletter is to place it on the pulse of the **100% RAW Federation**. It is going to take the collective efforts of our State Chairmen, meet staff, lifters, and family and friends to make that possible. Thanks for your time and assistance and, as always, **STAY DRUG-FREE STRONG!**

- Nasir Nantambu- International Chairman and Chairman of Growth and Development. (You can find me on Facebook @ Chef Nasir Nantambu, or contact me @ the100rawexperience@gmail.com



Working on a Stronger Federation
100% RAW Powerlifting's
President, Paul Bossi, with

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KEEP AN EYE ON
THIS WOMAN:
ANDREA WHITE. 2-
TIME 2013 WORLDS
BEST LIFTER!

A DIAMOND IN THE ROUGH

IN A MEET DOMINATED BY SOME MASSIVE NUMBERS POSTED BY SOME OF 100% RAW'S STRONGEST MALE COMPETITORS, MS. WHITE SHOWED THAT BEASTS DON'T ONLY COME IN THE

MALE FORM. MS. WHITE, SILENTLY SNACKED ON THE 100% RAW'S WOMEN'S RECORD BOOK AND DEVoured TWO OF OUR CHAMPIONSHIP BELTS FOR DESSERT! I HAD THE OPPORTUNITY TO CHAT WITH ANDREA FOR A FEW AND THE

SCARELY THING IS, SHE DOESN'T KNOW HOW STRONG SHE IS!!!

2014 Prediction: Ms. White grows her fangs and repeats her dominance on every platform she leaves her footprints on.




WORLD CHAMPIONSHIP PLAQUE SPECIAL NOW THROUGH DECEMBER 1ST

Now through December 1st. World Championship plaques can be ordered for \$55.00 plus \$15.00 shipping and handling. After December 1st, plaques will be available for \$70.00 plus shipping and handling. So if you want to order a 2013 World Championship plaque and wish to take

advantage of the \$15.00 discount, please remit your order before December 1st.

Also, 2013 World Championship rings are still available for purchase. All order forms will need to be emailed to Paul Bossi so that they can be approved and sent in.

UP COMING MEETS: NOVEMBER	CENTRAL PA OPEN: 11/10	OBX OPEN: 11/16	MEDITERRANEAN CHAMPIONSHIPS: 11/27-28
	<p>Meet Director: Jay Siegel</p> <p>Bigler, PA</p>	<p>Meet Director: Gene Berry</p> <p>Jarvisburg, NC</p>	<p>Meet Director: Dr. Gal Adato</p> <p>Dimona, Israel</p>



A NOTE FROM 100% RAW
POWERLIFTING PRESIDENT

PAUL BOSSI

Dear Lifters,
SSP Nutrition has signed on to be our Sponsor again in 2013 for the World Championships in Las Vegas. They will be sponsoring the single lift Championships belts. They are offering a special for "The System" to all 100% RAW lifters. By going to their website www.SSPnutrition.com and using the code "RAW100" you will receive a special discount and merchandise, Plus you will a

**Free 1-year membership
for 100%**

**RAW Powerlifting
Federation, Inc.**

In addition SSP would like to send a **FREE 3 Day Starter Kit** of **THE SYSTEM** to the first 50 people that send their name and address to raw@sspnutrition.com

SSP Nutrition and 100% RAW Powerlifting Federation Announce a Strategic Alliance








SSP Nutrition and 100% RAW are pleased to announce a strategic alliance in our mission to support drug free athletes. To celebrate this new alliance **SSP Nutrition** is offering a **FREE 1 year** membership to the 100% RAW Powerlifting Federation with every purchase of **THE SYSTEM**. That's a \$30 value just to say thank you for being a drug free athlete.

Simply order **THE SYSTEM** from SSP Nutrition by logging onto www.SSPnutrition.com and enter code "raw100" at checkout to receive a **FREE 1 year** membership to the 100% RAW Powerlifting Federation.

In addition SSP would like to send a **FREE 3 Day Starter Kit** of **THE SYSTEM** to the first 50 people that send their name and address to raw@sspnutrition.com.

SSP Nutrition's **THE SYSTEM** is tailored to athletes dedicated to a drug free lifestyle and provides an optimal blend of vitamins,

minerals and nutrients; at the precise time the body needs them. **THE SYSTEM** is a revolutionary supplement series delivering the necessary nutritional supplement before, during, after and in-between high-energy workouts and is **100% banned substance free and WADA compliant**.

1.  Experience Higher Intensity Workouts
2.  Recover Faster
3.  Build Lean Muscle Mass
4.  Increase Energy Levels
5.  Compliant with the World Anti-Doping Agency Testing Standard
6.  100% Banned Substance Free
7.  100% Money Back Guarantee

IMAGINE...

Performing at your physical potential

www.SSPnutrition.com

use code "raw100" at checkout when ordering THE SYSTEM™ and receive a FREE 1 year membership to the 100% RAW Powerlifting Federation

THE SYSTEM
by SSP Nutrition Inc.
523 River Road • Edgewater, NJ 07020
Tel 201-282-5092



SPONSORSHIPS

We are currently looking for businesses and individuals that would like to help out 100% RAW Powerlifting Federation.

It is that time of the year that we are looking for sponsors for the 2014 World Championship Belts.

The belts Sponsorship is \$250, you will receive your Business name of the back of the event T-shirt, 1 year of advertising with 100% RAW Powerlifting Federation on our homepage, a Banner up at the Worlds (you supply) and a custom made plaque that is sent to you.

Anyone interested can send an email to Rawlifting@.com



The 2013 100% RAW Worlds Championship Belts

DO YOU KNOW THIS GUY?



Hunter Claypatch,
100% RAW Vice-
President and New
Mexico State Chairman



Lifter
Spotlight: Jill
Keitly, Canada,
AB

Congratulations to Jill Keitly (Canada, AB) on her World Record Bench Press at the Western Canadian Nationals. Keitly pressed 60kg/132.2lbs for a new 52kg/114# Sub-Master (35-39) Record!



Sara Egbom (NM) lifted awesome at Saturday's New Mexico State Championships! She walked away with "Best Female" honors and set 3 USA National Records in the 60kg/132# Junior Division: 115kg/253.5 lb. Squat, 142.5kg/314.1 lb. Deadlift, & 312.5kg/688.9 lb. Total.



The Institute of Sport Science & Athletic Conditioning

www.dominatemygame.com

info@dominatemygame.com

6980 W.Warm Springs Ste 180

Las Vegas, NV 89113

100% RAW 2013 Worlds Best Lifters

We have some of the strongest, drug-free powerlifters competing in the sport of powerlifting today! That isn't some random statement made from one of 100% RAW's top administrators, this is a fact ACROSS THE BOARD! A lot of lifters avoid 100% RAW competitions because they are afraid of that infamous clear cup and/or the drug-free monsters that we

have appearing on our platforms. These are just a few of those monsters that I speak of. These are the few that took on the task of being the Best of the Best at the 2013 RAW Worlds in Vegas! If you believe this should have been you, your time is coming. The 2014 RAW Worlds is coming. So prepare yourself. You can believe these few will be ready!



The Youngest and Lightest 2013 RAW Worlds Warrior: Hunter Trippett Youth (11-under) 50.3kg



JOIN USE ON FACEBOOK

PLEASE JOIN MY 100% POWERLIFTING PAGE. THIS PAGE IS FOR THE USE OF ALL STATE CHAIRMEN TO ADVERTISE THEIR EVENTS ON FACEBOOK AND GET THE UPDATES OUT TO AS MANY LIFTERS AS WE CAN. IF YOU HAVE FACEBOOK PAGE PLEASE GO CHECK IT OUT AND BE ADDED AS A FRIEND SO WE CAN ALL GROW TOGETHER.

-PAUL BOSSI-100% RAW PRESIDENT

http://www.facebook.com/paul.bossi.96?ref=tn_tnmn



www.tribustol.com

Make sure to
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Powerlifting fan page
on Facebook!



SPONSORS



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