DRUG-FREE, GEAR-FREE, WEAKNESS

For the Lifter: FREE!!



100% RAW POWERLIFTING FEDERATION

The American Challenge is over and we had some VERY IMPRESSIVE lifts posted. We've hosted ten MONSTER meets in ten locations this year: NC, NH, VA, IL, MT, CO, PA, AZ, NE, and MA! We would like to thank all those that came out to compete and the family and friends that came out to support our lifters. With your support, we would not be the largest drug-free, raw powerlifting federation in the world!

The American Challenge is 100% RAW's concept of crowning a TRUE National Champion. A list of the 2013 100% RAW OPEN FULL-POWER National Champions can be found on page 5 of this newsletter and flows over to page 6. The complete final results can be found on our website www.rawpowerlifting.com. Thanks you all once

again and congratulations to all the competitors for leaving it all on the platform for the 2013 American Challenge.

We are just a little over two months remaining before 100% RAW invades Las Vegas for the 2013 100% RAW Worlds! Some of the strongest, drug-free, raw powerlifters in the world will be on the platform chasing the 100% RAW World Champion Title this year. If the numbers from the American Challenge doesn't get you hyped to be a part of this year's Worlds then you must be missing a pulse! This meet is destined to be explosive!!! Many National and World records will be challenged and broken and if that does get your blood warm, the 100% **RAW WORLD CHAMPIONSHIP BELTS WILL** BE ON THE LINE! NOW LET'S GET THOSE **ENTIRE FORMS IN!!!!**



Working on a Stronger Federation 100% RAW Powerlifting's President, Paul Bossi

Up Next!!



The 2013 World Championships will be our biggest World event ever!! We are combining the Full Powerlifting and Single Event Worlds again this year. We will be running 2 platforms, 1 for Full Power and 1 for Single Lift Events. We are capping the competition at 250 lifters for this extravaganza. This is our 5th year running the Worlds in Las Vegas at the Riviera Hotel & Casino and each year has been very successful. The staff at the Riviera has been real good to us and treats us like royalty. You will enjoy this competition and the whole weekend.

Make sureyou call and reserve your room before the deadline or until our block is sold out. The past 3 years we have sold out of our block before the deadline and the hotel was completely sold out.Don't be left out and reserve your room now!

We will be selling our RAW apparel, World Championship and record plaques. Jostens' will be selling the World Championship rings as well. Event sponsor SSP Nutrition will be selling their supplements. World Championship Belts will be available to the best top lifters. You have the option to pay by credit card and email in your entry form to Rawlifting@aol.com as well. If you pay using a credit card, please call me, Paul at 252-339-5025. Memberships can be purchased ahead of time using a credit card or by mailing a check. You must pay in cash if you pay on the day of the competition for the annual membership during registration.







POWERLIFTING FEDERATION, INC.

139 Marla's Way, Camden, NC 27921 rawlifting@aol.com www.RawPowerlifting.com 252-339-5025

SSP Nutrition

Presents

2013 World Championships

Full Powerlifting, Bench, Deadlift, Push/Pull, Curl

October 3rd - October 6th 2013 - Riviera Hotel & Casino - Las Vegas, NV

On October 3rd of 2013the 100% RAW Powerlifting Federation, Inc will hold our main event, the World Championships in Las Vegas. This will be our 5th straight year at the Riviera Hotel and Casino but 2nd time we ever held the Full Powerlifting and Single Lift World Championships together.

This year the event will be the biggest world championship event we ever held. We secured this property for the event and arranged for \$59 Sunday thru Thursday and \$72/night Friday & Saturday. This is a do not miss event that will be a full weekend of powerlifting, casino's, great food and all the night life excitement of Las Vegas. Make sure you don't miss this event and turn it into a great weekend getaway for you and your spouse/friends. Four years ago this event was so successful that we signed a 4 year deal to hold our World Championships here. This will be our 5th year and we are very excited because the Riviera offers the greatest hospitality.

The International expansion of the 100% RAW Federation has enabled us to include the countries of Canada, India, China, Israel, Italy, Russia, Ukraine, Estonia, Serbia, South Africa, Teams from Asia and others. We are hoping to welcome several of our International affiliates to this year's competition for a true World Championship meet.

We are offering an Early Bird sign up again year for all entries postmarked by 6/30/13.

All Early Bird entrants will be receive "Crossover" for either your Age Division or Open at no extra charge! We are limiting the competition to the First 200 Lifters who register. This is your chance to become:

"100% RAW Powerlifting Federation - World Champion"

World Championship Belts

We are now accepting Sponsor applications for this meet, and we have vendor table space on sale. If you know anyone interested in sponsorship or vendor space, please pass this information along to them. We expect this meet to sell out like last year and fill up very quickly. Please send in your entry form fast to ensure your space at this year's competition.



A NOTE FROM 100% RAW POWERLIFTING PRESIDENT

PAUL BOSSI

Dear Lifters,
SSP Nutrition has signed on to
be our Sponsor again in 2013
for the World Championships in
Las Vegas. They will be
sponsoring the single lift
Championships belts. They are
offering a special for "The
System" to all 100% RAW
lifters. By going to their website
www.SSPnutrition.com and
using the code "RAW100" you
will receive a special discount
and merchandise, Plus you will
a

Free 1-year membership for 100%

RAW Powerlifting Federation, Inc.

In addition SSP would like to send a **FREE 3 Day Starter Kit** of THE SYSTEM to the first 50 people that send their name and address to

raw@sspnutrition.com

SSP Nutrition and 100% RAWPowerlifting Federation Announce a Strategic Alliance

RAW are pleased to announce a strategic alliance in our mission to support drug free athletes. To celebrate this new alliance SSP Nutrition is offering a FREE 1 year membership to the 100% RAW Powerlifting Federation with every purchase of THE SYSTEM. That's a \$30 value just to say thank you for being a drug free athlete.

Simply order **THE SYSTEM** from SSP Nutrition by logging onto www.SSPnutrition.com and enter code "raw100" at checkout to receive a FREE 1 year membership to the 100% RAW Powerlifting Federation.

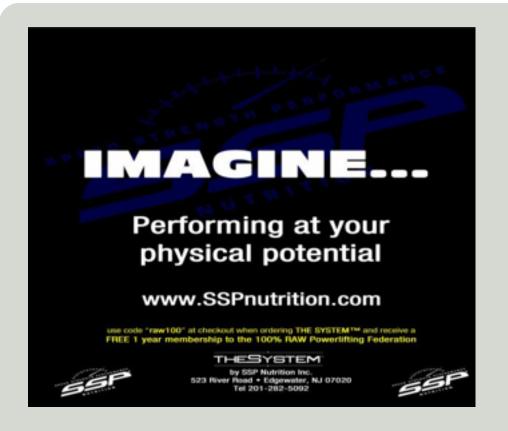
In addition SSP would like to send a FREE 3 Day Starter Kit of **THE SYSTEM** to the first 50 people that send their name and address to

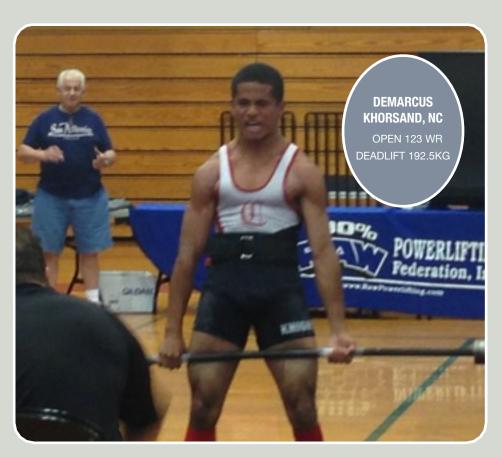
raw@sspnutrition.com.

SSP Nutrition's THE
SYSTEM is tailored to
athletes dedicated to a drug
free lifestyle and provides an
optimal blend of vitamins,

minerals and nutrients; at the precise time the body needs them. **THE SYSTEM** is a revolutionary supplement series delivering the necessary nutritional supplement before, during, after and in-between high-energy workouts and is **100% banned substance free and WADA compliant.**

- 1 Experience Higher Intensity Workouts
- 2 Recover Faster
- 3 W Build Lean Muscle Mass
- 4 M Increase Energy Levels
- 5 W Compliant with the World Anti-Doping Agency Testing Standard
- 6 W 100% Banned Substance Free
- 7 M 100% Money Back Guarantee







SPONSORSHIPS

We are currently looking for businesses and individuals that would like to help out 100% RAW Powerlifting Federation.

It is that time of the year that we are looking for sponsors for the 2013 World Championship belts.

The belts Sponsorship is \$250, you will receive your Business name of the back of the event T-shirt, 1 year of advertising with 100% RAW Powerlifting Federation on our homepage, a Banner up at the Worlds (you supply) and a custom made plaque that is sent to you.

Anyone interested can send an email to Rawlifting@.com

American Challenge Custom Plaques



Any lifter who competes in the American Challenge can purchase a Custom Made American Challenge plague from Elizabeth City trophy. They will be on sale for \$55 for the month of July plus \$15 s&h. August 1st the price will go up to \$70 each plus shipping. We have 2 options to choose from.. All plaques will be custom made with your name, weight class, place finished and mount of weight lifted if desired on it. If you win your class (age group or open) your plaque will read National Champion on it. Below is a picture of it to give you an idea. Just send an email to: ectrophy@aol.com or rawlifting@aol.com and ask for an order form. Just fill out the order form and email, fax or Postal mail it back to us to purchase it. The fax number is 252-338-7669. You can pay by Master Card or Visa. If you send it in the mail please include a check for the full amount plus shipping. If you do not want to put your card numbers on the form then just give us a call at the trophy shop to pay over the phone at 252-338-6920



2013 100% RAW NATIONAL CHAMPIONS - FULL POWER

WOMEN

97 CLASS OPEN

NAOMI KUTIN-NJ

NEW WORLD RECORD SQUAT: 102.5KG BENCH: 43KG TOTAL: 250.5KG

105 CLASS OPEN

NICOLE DIRIENZO-VA

114 CLASS OPEN

BIANCA LUEDEKER-AZ

123 CLASS OPEN

MELISSA KLEIN-IL

NEW WORLD RECORD SQUAT: 112.5KG

132 CLASS OPEN

LAURA CLANCY-VA

148 CLASS OPEN

VICTORIA TASHER-PA

HONORABLE MENTION

ANDREA WHITE-NY

NEW WORLD RECORD BENCH: 91KG TOTAL 365KG

165 CLASS OPEN

ASHLEY SZCZEPANIEC-VA

NEW WORLD RECORD SQUAT: 157.5KG TOTAL: 405KG

HONORABLE MENTION

KIMBERLY CLARK-MA

NEW WORLD RECORD DEADLIFT: 172.5KG

181 CLASS OPEN

SARA COLLINS- IL

198 CLASS OPEN

REBECCA TUCKER-NY

198+ CLASS OPEN

ALEXIS DOWLING-NM

283 LIFTERS
COMPETED FULLPOWER AT THE
AMERICAN
CHALLENGE

2013 100% RAW NATIONAL CHAMPIONS FULL-POWER

MEN

105 HONORABLE MENTION

CHASE FETTES-PA (TEEN 14-15)

NEW WORLD RECORD SOUAT 97.5KG DEADLIFT: 135KG TOTAL 287.5

123 CLASS OPEN

DEMARCUS KHORSAND-NC

NEW WORLD RECORD DEADLIFT: 192.5KG

132 CLASS OPEN

BILL SEXTON-MA

148 CLASS OPEN

CHRIS FERRANTI-PA

165 CLASS OPEN (13 LIFTERS DEEP)

BRAIN STONER-NY

181 CLASS OPEN (16 LIFTERS DEEP)

DONVOVAN MULDROW-IL

198 CLASS OPEN (16 LIFTERS DEEP)

BEN ROYER-PA

NEW WORLD RECORD TOTAL: 735KG

220 CLASS OPEN (17 LIFTERS DEEP)

ERON KRPAN-MT

HONORABLE MENTION

AARON BOYD-VA

NEW WORLD RECORD DEADLIFT: 310KG

242 CLASS OPEN (13 LIFTERS DEEP)

JOSH WINTERROUND-MT

275 CLASS OPEN

DAVID DASHIELL-VA

308 CLASS OPEN

WILLIAM BENSCOTER-PA

SHW CLASS OPEN

BRANDON HALL-AZ

2013 100% RAW POWERLIFTING AWERICAN CHALLENGE TEAM CHAMPIONS

HIGH SCHOOL:

CURRITUCK HIGH SCHOOL, NORTH CAROLINA
CO-CHAMPIONS
PENNRIDGE HIGH SCHOOL-PA

OPEN:

JARVISBURG CHURCH OF CHRIST, NORTH CAROLINA

MIXED:

TEAM FORCE, VIRGINIA

DEADLIFT TEAM CHAMPIONS:

HIGH SCHOOL: REC'n'CRU, ARIZONA

UPCOMING MEETS

July 20,	NC State	Greenville, NC	Paul Bossi	Awaiting Results
2013	<u>Championships</u>			
July 21,	No Druggies Allowed	Erie, PA	Joe Orengia	Awaiting Results
2013				
August 10,	West Virginia	Parkersburg,	<u>Tab Brown</u>	Awaiting Results
2013	<u>Championships</u>	WV		
August 17,	Northern Elite	Sicklerville, NJ	Jackson Lee	Awaiting Results
2013	Showcase-			
	Invitational			

JOIN USE ON

FACEBOOK

PLEASE JOIN MY 100% POWERLIFTING
PAGE. THIS PAGE IS FOR THE USE OF ALL
STATE CHAIRMEN TO ADVERTISE THEIR
EVENTS ON FACEBOOK AND GET THE
UPDATES OUT TO AS MANY LIFTERS AS WE
CAN. IF YOU HAVE FACEBOOK PAGE PLEASE
GO CHECK IT OUT AND BE ADDED AS A FRIEND
SO WE CAN ALL GROW TOGETHER.

-PAUL BOSSI-100% RAW PRESIDENT

http://www.facebook.com/paul.bossi.96?ref=tn_tnmn







SPONSORS



www.elizabethcitytrophy.com

ectrophy@aol.com



www.notifitness.com



HERBALIFE.



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