

August 2014

THE RAW EXPERIENCE

For the Lifter:

**DRUG-FREE,
GEAR-FREE,
WEAKNESS
FREE!!**



100% RAW
Powerlifting
Federation

100% RAW POWERLIFTING FEDERATION

The **American Challenge** is over and we had some VERY IMPRESSIVE lifts posted. We've hosted 7 MONSTER meets in the following locations this year: NC, VA, IL, PA, AZ, NE, and MA! We would like to thank all those that came out to compete and the family and friends that came out to support our lifters. Without your support, we would not be the largest drug-free, raw powerlifting federation in the world!

The **American Challenge** is 100% RAW's concept of crowning a TRUE National Champion. A list of the **2014 100% RAW National Champions** can be found on page 4 of this newsletter and flows over to page 9. The complete final results can be found on our website www.rawpowerlifting.com. Thanks you all once again and congratulations to all the

competitors for leaving it all on the platform for the **2014 American Challenge**.

We are just a little over two months before **100% RAW** invades Virginia Beach for the **2014 100% RAW Worlds**! Some of the strongest, drug-free, raw powerlifters in the world will be on the platform chasing the **100% RAW World Champion Title** this year. If the numbers from the **American Challenge** doesn't get you hyped to be a part of this year's Worlds then you must be missing a pulse! This meet is destined to be explosive!!! Many National and World records will be challenged and broken and if that does get your blood warm, the **100% RAW WORLD CHAMPIONSHIP BELTS WILL BE ON THE LINE!** Link to the online entry form can be found on page 7. NOW LET'S GET THOSE ENTRY FORMS IN!!!!



Working on a Stronger Federation
100% RAW Powerlifting's
President, Paul Bossi

2014 100% RAW Worlds October 30- November 2, 2014 Virginia Beach, Virginia



Sponsors

We are currently looking for businesses and individuals that would like to help out the 100% RAW Powerlifting Federation.

It is that time on year that we are looking for sponsors for the 2014 World Championship Single Lift belts. The Belt Sponsorship is \$250.00. You will receive your business name on the back of the event t-shirt, 1 year of advertising with 100% RAW Powerlifting Federation on our homepage, your business logo on our meet back drop and a custom made plaque that is sent to you.

Anyone interested can send an email to rawlifting@aol.com. Thank you in advance for your support.



A NOTE FROM 100% RAW
POWERLIFTING PRESIDENT

PAUL BOSSI

Dear Lifters,
SSP Nutrition has signed on to be our Sponsor again in 2014 for the World Championships in Virginia Beach. They will be sponsoring the powerlifting Championships belts. They are offering a special for "The System" to all 100% RAW lifters. By going to their website www.SSPnutrition.com and using the code "RAW100" you will receive a special discount and merchandise, Plus you will a

Free 1-year membership
for 100%

RAW Powerlifting
Federation, Inc.

In addition SSP would like to send a **FREE 3 Day Starter Kit** of **THE SYSTEM** to the first 50 people that send their name and address to raw@sspnutrition.com

SSP Nutrition and 100% RAW Powerlifting Federation Announce a Strategic Alliance








SSP Nutrition and 100% RAW are pleased to announce a strategic alliance in our mission to support drug free athletes. To celebrate this new alliance **SSP Nutrition** is offering a **FREE 1 year** membership to the 100% RAW Powerlifting Federation with every purchase of **THE SYSTEM**. That's a \$30 value just to say thank you for being a drug free athlete.

Simply order **THE SYSTEM** from SSP Nutrition by logging onto www.SSPnutrition.com and enter code "raw100" at checkout to receive a **FREE 1 year** membership to the 100% RAW Powerlifting Federation.

In addition SSP would like to send a **FREE 3 Day Starter Kit** of **THE SYSTEM** to the first 50 people that send their name and address to raw@sspnutrition.com.

SSP Nutrition's **THE SYSTEM** is tailored to athletes dedicated to a drug free lifestyle and provides an optimal blend of vitamins,

minerals and nutrients; at the precise time the body needs them. **THE SYSTEM** is a revolutionary supplement series delivering the necessary nutritional supplement before, during, after and in-between high-energy workouts and is **100% banned substance free and WADA compliant**.

1.  Experience Higher Intensity Workouts
 2.  Recover Faster
 3.  Build Lean Muscle Mass
 4.  Increase Energy Levels
 5.  Compliant with the World Anti-Doping Agency Testing Standard
 6.  100% Banned Substance Free
 7.  100% Money Back Guarantee
-

American Challenge Custom Plaques



Any lifter who competes in the American Challenge can purchase a Custom Made American Challenge plaque from Elizabeth City trophy. They will be on sale for \$60 plus \$15 for shipping for a total of \$75. We have 2 options to choose from.. All plaques will be custom made with your name, weight class, place finished and mount of weight lifted if desired on it. If you win your class (age group or open) your plaque will read National Champion on it. Below is a picture of it to give you an idea.

You can print off an order form at <http://rawpowerlifting.com/awards/>

Just fill out the order form and email, fax or Postal mail it back to us to purchase it. The fax number is



252-338-7669. You can pay by Master Card or Visa. If you send it in the mail please include a check for the full amount plus shipping. If you do not want to put your card numbers on the form then just give us a call at the trophy shop to pay over the phone at 252-338-6920.

2014 100% RAW NATIONAL CHAMPIONS -FULL POWER

WOMEN'S OPEN

97 CLASS

ERICKA MOLIERI-VA - 247.5 KG TOTAL

105 CLASS

NAOMI KUTIN- NJ -507.1 KG TOTAL

114 CLASS

BIANCA LUEDEKER- AZ- 589.7 KG TOTAL

123 CLASS

MAYRA ARMIJO-NM- 766.1 KG TOTAL

ELITE TOTAL

132 CLASS

ANDREA WHITE-NY- 848.8 KG TOTAL

ELITE TOTAL-LB FOR LB THE STRONGEST FEMALE IN THE 2014 AMERICAN CHALLENGE

148 CLASS

LATOSHA FLOYD-VA- 898.4 KG TOTAL

ELITE TOTAL

165 CLASS

AMY ALLEN-VA- 711 KG TOTAL

181 CLASS

MONIQUE SKELTON-NE- 711 KG TOTAL

198 CLASS

REBECCA TUCKER-NY- 859.8 KG TOTAL

ELITE TOTAL

198+ CLASS

NO CHAMPION CROWNED

2014 100% RAW NATIONAL CHAMPIONS

FULL POWER-MEN

MEN'S OPEN

114 CLASS

NICK HARTMANN-PA 260 KG TOTAL

123 CLASS

CADEN "T" HALE-IA 222.5 KG TOTAL

132 CLASS

GARY WHETZEL-WV 452.5 KG TOTAL

ELITE TOTAL

148 CLASS

CHRISTOPHER FERRANTI- NC 567.5 KG TTL

ELITE TOTAL

165 CLASS

ANDREW KEE- AZ 567.5 KG TOTAL

181 CLASS

BRANDON PETITT- NC 585 KG TOTAL

198 CLASS

BEN ROYER-PA 750 KG TOTAL

ELITE TOTAL

220 CLASS

JEREMY LAYPORT-CA 690 KG TOTAL

242 CLASS

TRA FARRINGTON 770.5 KG TOTAL
(LB FOR LB STRONGEST MALE IN THE FULL
POWER)

ELITE TOTAL

275 CLASS

ROB LANDOLINA-NJ 745 KG TOTAL

308 CLASS

MATT EVELAND 822.5 KG TOTAL

SHW

DANIEL BUNCH 602.5 KG TOTAL

PUSH PULL-WOMEN

WOMEN'S OPEN

97 CLASS

SAMI "C4" BRICKHOUSE-NC 125 KG TOTAL
(LB FOR LB STRONGEST IN PUSH/PULL)

123 CLASS

ASHEE MACRAE-MA 132.5 KG TOTAL

132 CLASS

RAQUEL SPENCER-NC 147.5 KG TOTAL

148 CLASS

NO CHAMPION CROWNED

165 CLASS

GABI CHOATES-NC 147.5 KG TOTAL

181 CLASS

MAH'NYEAH IGLESIA-NC 199 KG TOTAL

198 CLASS

BRANDI SNEED- NC 242.5 TOTAL

198+ CLASS

NO CHAMPION CROWNED

PUSH PULL-MEN

MEN'S OPEN

123 CLASS

ERIC GREEN-IA 252.5 KG TOTAL

132 CLASS

ANDY PHAN-AZ 297.5 KG TOTAL

148 CLASS

JEREMY SEFF- NC 340 KG TOTAL
(LB FOR LB STRONGEST IN PUSH/PULL)

165 CLASS

NASIR NANTAMBU-NC 355 KG TOTAL

181 CLASS

BRANDON PETITT- NC 385 KG TOTAL

198 CLASS

TREY ROSS-AZ 365 KG TOTAL

220 CLASS

WOODY LEONARD-NC 434.5 KG TOTAL

242 CLASS

KEVIN COMBS- 367.5 KG TOTAL

275 CLASS

NO CHAMPION CROWNED

308 CLASS

NO CHAMPION CROWNED

SHW

NO CHAMPION CROWNED

BENCH PRESS-WOMEN

WOMEN'S OPEN

123 CLASS

LYNN GERALD- AZ 47.5 KG

132 CLASS

PATTI MCKEE-AZ- 77.5 KG
ELITE BENCH PRESS

148 CLASS

NO CHAMPION CROWNED

165 CLASS

GENEVA KOUTAS- VA- 57.5 KG

181 CLASS

TAMMY WALKER- NC 112.5 KG
ELITE BENCH PRESS

198 CLASS

NO CHAMPION CROWNED

198+ CLASS

NO CHAMPION CROWNED

2014 Worlds

over 100 lifters already registered and slots are filling up fast!! do not miss out on this great opportunity to lift in the 100% raw world championships!! this has been the 1st time since 2008 that 100% raw worlds have been in the mid-atlantic region.

a link to the entry form can be found below:

[HTTP://RAWPOWERLIFTING.COM/WORLD-ENTRY/](http://rawpowerlifting.com/world-entry/)

JOIN USE ON FACEBOOK

PLEASE JOIN MY 100% POWERLIFTING PAGE. THIS PAGE IS FOR THE USE OF ALL STATE CHAIRMEN TO ADVERTISE THEIR EVENTS ON FACEBOOK AND GET THE UPDATES OUT TO AS MANY LIFTERS AS WE

CAN. IF YOU HAVE FACEBOOK PAGE PLEASE GO CHECK IT OUT AND BE ADDED AS A FRIEND SO WE CAN ALL GROW TOGETHER.

-PAUL BOSSI-100% RAW PRESIDENT

http://www.facebook.com/paul.bossi.96?ref=tn_tnmn



www.tribustol.com

Make sure to join our 100% RAW Powerlifting fan page on Facebook!

SPONSORS



www.elizabethcitytrophy.com

ectrophy@aol.com



www.nptifitness.com



www.autocitycars.com

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Telephone # 252-339-5025

www.rawpowerlifting.com

rawlifting@aol.com

BENCH PRESS-MEN

MEN'S OPEN

123 CLASS

JOHN MACHALINSKI- IL 77.5 KG

132 CLASS

PAUL HELGENBERGER-IA- 142.5 KG

ELITE BENCH PRESS

148 CLASS

NO CHAMPION CROWNED

165 CLASS

RAYMOND HARRIS-VA- 130 KG

181 CLASS

DAN HENSON-MA-157.5 KG

198 CLASS

CHRIS WALTER-NE-195 KG

ELITE BENCH PRESS

220 CLASS

JEREMEY MEYER-NE-192.5 KG

242 CLASS

JEROME ODIE- VA- 205 KG

275 CLASS

PAT MCMILLIAN-VA 195 KG

308 CLASS

NO CHAMPION CROWNED

SHW

PEDRO MEJIAS-NY 288.5 KG
(BIGGEST BENCH OF THE 2014 AMERICAN
CHALLENGE)

DEADLIFT- WOMEN/MEN

WOMEN AND MEN OPEN

97 CLASS

SAMI "C4" BRICKHOUSE-NC 90 KG
(LB FOR LB STRONGEST FEMALE IN DL)

114 CLASS

NICK HARTMANN-PA 140 KG
(LB FOR LB STRONGEST MALE IN DL)

123 CLASS

ASHEE MACRAE- MA 142.5 KG

132 CLASS

ANDY PHAN-AZ 202.5 KG

ELITE DEADLIFT

148 CLASS

LARA EVANS- AZ- 142.5 KG
DAKWON FOREMAN-NC- 215.5 KG

ELITE DEADLIFT

165 CLASS

GABI CHOATES-NC- 142.5 KG
RONALD BROWN-NC- 210 KG

181 CLASS

KASHONA SINGLETON-NY 167.5
GARRETT HENCE-VA- 275 KG

ELITE DEADLIFT

198 CLASS

MOHAN GAUTAM-IL- 182.5 KG

220 CLASS

WOODY LEONARD-NC- 229.5 KG

242 CLASS

KEVIN COMBS-VA- 212.5 KG

308 CLASS

STRICT CURL-WOMEN/MEN

WOMEN AND MEN OPEN

114 CLASS

BIANCA LUEDEKER-AZ 31 KG
NICK HARTMANN- PA- 36 KG

123 CLASS

ERIC GREEN-IA- 48.2 KG
LYNN GERALD- AZ-30 KG

148 CLASS

KELSEY HORTON-NV- 32 KG
JEREMY SEFF- NC - 55 KG

165 CLASS

GABI CHOATES-NC-30 KG
NASIR NANTAMBU- NC- 63 KG
(BROKE WR WITH A 68.5 KG 4TH
ATTEMPT/LB FOR LB STRONGEST MALE IN
CURL EVENT)

181 CLASS

DAVID CASTOR-AZ- 57.5 KG

198 CLASS

TIM HENRIQUES- VA- 70 KG

220 CLASS

JEREMEY MEYERS-NE- 70.7 KG

242 CLASS

EVERIETT BRILL-NM- 60 KG

275 CLASS

DALLAS DANIELS- NC- 70 KG