

100% RAW Powerlifting Federation
2012 Southwest Regional Arizona State Meet
Prescott, AZ - March 31

				SQUAT					BENCH					DEADLIFT								
Name	Division	Wgt	Class	RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.	
Laurel Trail	18-19/open (FM)	103	105	0	50	0	0		47.5	x	x			97.5	100	105	x		202.5	446.4	1,1	1.97
Elizabeth Cameron	20-24/open (FM)	114	114	1	97.5	x	102.5	105	55	60	x			162.5	125	x	x		287.5	633.8	1,1	2.52
Paula Tomitz	45-49 /open(FM)	114	114	1	50	55	57.5		37.5	40	x			97.5	95	97.5	100		197.5	435.4	1,2	1.73
Lizette Magana	14-15 (FM)	121	123	1	57.5	62.5	67.5	x	x	40	45			112.5	x	82.5	90	92.5	202.5	446.4	1	1.67
Omar Iniguez	16-17	122	123	2	102.5	x	x		67.5	x	72.5			175	x	115	120		295	650.4	1	2.42
Keri Folton	18-19 (FM)	121	123	2	45	50	x		27.5	35	x			85	90	x	95	x	180	396.8	1	1.49
Selina Ortega	14-15 (FM)	126	132	2	x	x	57.5		x	37.5	x			95	60	62.5	67.5		162.5	358.2	1	1.29
Colton Audsley	14-15	132	132	2	67.5	92.5	x		60	x	75			167.5	92.5	105	112.5		280	617.3	1	2.12
Mike Burkeen	18-19/open	124	132	3	95	105	112.5		90	x	x			202.5	165	175	182.5		385	848.8	1,1	3.10
Lucy Slate	30-34/PFM (FM)	132	132	2	72.5	x	x		40	50	x			122.5	72.5	85	105	107.5	227.5	501.5	1,2,1	1.72
Jennifer Higgins	40-44/open (FM)	129	132	2	100	105	x		50	55	x			160	125	132.5	140		300	661.4	1,1	2.33
Paula Cush	40-44 (FM)	129	132	2	40	45	x		30	x	x			75	57.5	62.5	x		137.5	303.1	2	1.07
Sam McGuire	14-15	141	148	2	x	57.5	100		52.5	67.5	75			175	92.5	155	x		330	727.5	1	2.34
Tim La Master	16-17/open	146	148	4	x	102.5	x		x	85	x			187.5	152.5	165	182.5		370	815.7	1,1	2.53
Nicole Chavez	14-15 (FM)	147	148	m	77.5	92.5	x		42.5	52.5	x			145	90	120	x		265	584.2	1	1.80
Joshua Baker	20-24	146	148	4	92.5	97.5	102.5		x	75	80			182.5	125	130	137		319.5	704.4	1	2.19
Spencer Coffin	14-15	145	148	4	87.5	92.5	97.5		72.5	77.5	x			175	127.5	137.5	142.5		317.5	700	1	2.18
Danierl Hernandez	14-15/open	164	165	4	87.5	95	102.5		x	82.5	x			185	175	182.5	190		375	826.7	1,3	2.29
Raymond Federwisch	16-17/open	159	165	4	125	130	x		102.5	107.5	x			237.5	150	175	x		412.5	909.4	2,1	2.59
Ignacio Hernandez	16-17	150	165	3	77.5	92.5	102.5		x	67.5	77.5			180	137.5	147.7	160		340	749.6	3	2.27
Jurnee Hornbeak	16-17 (FM)	163	165	m	60	65	72.5		42.5	47.5	52.5	53.5		125	60	87.5	x		212.5	468.5	1	1.30
Giovanni Corea	16-17	164	165	m	x	127.5	x		x	105	111			238.5	130	172.5	182.5		421	928.1	1	2.57
Aaron Brown	open	163	165	4	147.5	x	0		87.5	x	x			235	x	165	182.5		417.5	920.4	2	2.56
Elias Sanchez	20-24	158	165	m	132.5	x	x		92.5	95	100			232.5	150	160	165		397.5	876.3	1	2.52
Dr William Devito	40-44/open	156	165	4	95	102.5	x		85	92.5	97.5			200	130	140	150		350	771.6	1,2	2.24
Silas Schneider	12-13/open	177	181	3	80	87.5	92.5	96	47.5	52.5	57.5			150	92.5	97.5	102.5		252.5	556.7	1,1	1.43
Mark Laplzyński	20-24	180	181	4	115	125	137.5		92.5	x	97.5			235	150	160	165		400	881.8	1	2.22
Jonathon Jazwinski	30-34/open	176	181	3	155	170	186		125	137.5	142.5			328.5	195	213	220		548.5	1209	1,1	3.11
Brian Novak	30-34/open	178	181	4	135	x	x		102.5	115	125			260	136	155	165		425	937	1,4	2.39
Ryan Raider (TX)	25-29/PFM/open	177	181	3	165	177.5	183.5		125	x	137.5			321	215	235	240		561	1237	1,1,1	3.17
William Deloney	60-64/open	177	181	2	130	135	x		132.5	137.5	x			272.5	172.5	182.5	x		455	1003	1,2	2.57
Jorge Campos	14-15	169	181	2	102.5	107.5	112.5		60	70	82.5			195	92.5	110	132.5		327.5	722	1	1.94
Sklyer Martinez	16-17	170	181	3	102.5	x	117.5		67.5	85	112.5			230	100	137.5	160		390	859.8	1	2.30
Manuel Villegas	20-24/open	181	181	4	x	140	150		62.5	72.5	x			222.5	150	165	190		412.5	909.4	1,3	2.28
Zach Wison	14-15	188	198	4	147.5	152.5	x		95	x	100			252.5	165	170	180		432.5	953.5	1	2.30
Tyler Wison	16-17	197	198	4	175	x	185		120	125	x			310	175	182.5	190		500	1102	1	2.54
Giovanni Gonzalez	16-17	184	198	3	75	x	95		75	80	85	x		180	100	122.5	x		302.5	666.9	2	1.64
Grant Richardson	30-34/open	202	198	4	142.5	157.5	170		107.5	115	120			290	190	200	x		490	1080	1,1	2.43
Valdimir Kostovski	20-24	196	198	4	170	x	0		125	x	0			295	260	x	x		555	1224	1	2.83
Victor Pennington (CO)	55-59	197	198	4	112.5	x	x		85	95	97.5			210	175	192.5	197.5		407.5	898.4	1	2.07

100% RAW Powerlifting Federation
2012 Southwest Regional Arizona State Meet
Prescott, AZ - March 31

				SQUAT					BENCH					DEADLIFT								
Name	Division	Wgt	Class	RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.	
Skylar LassabeCrow(CA)	14-15	217	220	3	52.5	70	92.5		60	62.5	x		155	117.5	142.5	147.5		302.5	666.9	1	1.39	
Jose Saucedo	16-17	200	220	4	x	102.5	107.5		75	85	95		202.5	115	137.5	147.5		350	771.6	1	1.75	
Brian Trail	20-24/open	216	220	4	192.5	202	x		147.5	157.5	x		359.5	255	x	x		614.5	1355	1,1	2.84	
Jason Hall	30-34	215	220	4	132.5	140	155		115	122.5	x		277.5	187.5	200	x		477.5	1053	1	2.22	
Charles Staley	50-54	212	220	5	155	167.5	182.5		102.5	112.5	115		297.5	200	212.5	227.5		525	1157	1	2.48	
Sklyer Mcclure	14-15	222	242	3	102.5	107.5	117.5		85	x	x		202.5	115	135	150		352.5	777.1	1	1.59	
Lucas Cook	16-17	223	242	4	170	175	182.5		92.5	97.5	102.5		285	167.7	175	x		460	1014	2	2.06	
Sage Cook	16-17	247	242	4	175	185	192.5		95	97.5	105		297.5	175	185	192.5		490	1080	1	1.98	
Jim Morrow	35-39/open	237	242	5	195	205	210		167.5	x	182.5		392.5	250	262.5	267.5		660	1455	1,1	2.78	
Eric Tuthill	35-39/open	225	242	4	190	200	205		145	150	157.5		362.5	227.5	x	x		590	1301	1,2	2.62	
David Van Hoorim	20-24/open	241	242	4	180	200	220		145	x	x		365	210	x	x		575	1268	1,3	2.39	
Gene Lawrence	70-74/open	238	242	5	85	90	93.5		92.5	101	x		194.5	137.5	150	x		344.5	759.5	1,4	1.45	
Jacob Moore	16-17	248	275	4	202.5	212.5	220		120	127.5	x		347.5	202.5	215	222.5		570	1257	1	2.30	
Greg Bergeron	25-29/open	240	275	4	142.5	167.5	x		145	x	x		312.5	222.5	227.5	232.5		545	1202	1,1	2.27	
Jeremy Selting	30-34	245	275	5	157.5	170	185	192.5	125	x	x		310	225	x	x		535	1179	2	2.18	
Jacob Hammerly	30-34	243	275	5	167.5	182.5	195		107.5	117.5	x		312.5	215	235	x		547.5	1207	1	2.25	
Brandon Hall	35-39/open	306	308	5	200	220	230		145	155	x		385	260	280			665	1466	1,1	2.17	
Raymond Clasing (MD)	50-54	279	308	4	152.5	165	175	x	175	182.5	186.5	190	361.5	200	210	215		576.5	1271	1	2.06	

IRONMAN				CURL					BENCH					DEADLIFT								
Name	Division	Wgt	Class	RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.	
Chloe Eckard	8=9 (FM)	59	66		10	12.5	14		12.5	17.5	20		34	20	27.5	x		61.5	135.6	1	1.04	
Mary Medevielle	6=7 (FM)	65	66		8	10	12.5		8	10	13		25.5	20	25	30		55.5	122.4	1	0.85	
David Medevielle	8=9	62	66		8	10	25		20	25	x		50	40	55	60		110	242.5	1	1.77	
Colton Tomitz	10=11	71	77		10	12.5	15		22.5	25	27.5		42.5	50	52.5	57.5		100	220.5	1	1.41	
Ivan Tomitz	12=13	105	105		20	22.5	25	x	35	40	42.5	x	67.5	x	95	100	x	167.5	369.3	1	1.60	
Daniel Medevielle	10=11	109	114		10	12.5	20	x	35	35	37.5		57.5	57.5	62.5	65		122.5	270.1	1	1.12	
Paula Tomitz	45-49/open (FM)	114	114		22.5	27.5	30		37.5	40	x		70	95	97.5	100		170	374.8	1,1	1.49	
Gary Medevielle	12=13/open	128	132		12.5	32.5	36	x	55	62.5	x		98.5	100	105	107.5		206	454.1	1,3	1.61	
Tristin Jones	14-15/open	132	132		17.5	20	x		30	35	x		55	87.5	95	100		155	341.7	1,4	1.17	
Mike Burkeen	18-19/open	124	132		32.5	40	45	46	90	x	x		135	165	170	182.5		317.5	700	1,1	2.56	
Spencer Coffin	14-15/open	145	148		40	45	50		72.5	77.5	x		127.5	127.5	137.5	142.5		270	595.2	1,2	1.86	
Daniel Hernandez	14-15/open	164	165		40	45	x		x	82.5	x		127.5	175				302.5	666.9	1,1	1.84	
Katy Okerlund	60-64/open (FM)	160	165		22.5	25	x		35	40	42.5	x	67.5	62.5	75	86	92.5	153.5	338.4	1,1	0.96	
Mathew Griffith	20-24/open	175	181		60	65	x		115	120	125		190	220	227.5	232.5		422.5	931.4	1,1	2.41	
William Deloney	60-64/open	186	198		40	45	50		132.5	137.5	142.5		192.5	172.5	182	x		374.5	825.6	1,2	2.01	
Zach Wilson	14-15/open	188	198		x	x	55	x	95	x	100		155	165	170	180		335	738.5	1,5	1.78	
Tyler Wilson	16-17/open	197	198		60	x	x	x	120	125	x		185	175	175	182	190	367	809.1	1,4	1.86	
Grant Richardson	30-34/open	198	198		45	52.5	x		107.5	115	120		172.5	190	200	x		372.5	821.2	1,3	1.88	
Tom Medevielle	50-54	215	220		30	x	45	x	80	85	x		130	110	125	127.5		257.5	567.7	1	1.20	

**100% RAW Powerlifting Federation
2012 Southwest Regional Arizona State Meet
Prescott, AZ - March 31**

				SQUAT				BENCH				DEADLIFT									
Name	Division	Wgt	Class	RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.
Gene Lawrence	70-74/open	238	242		37.5	47.5	x		92.5	101	x		148.5	137.5	150	x		298.5	658.1	1,1	1.25
Brandon Hall	30-34/open	306	308		x	65	72.5	75	145	155	0		227.5	260				487.5	1075	1,1	1.59
PUSH/PULL								BENCH				DEADLIFT									
Colton Peach	8=9	87	99						20	25	x		25	25	47.5	50		75	165.3	1	0.86
Laurel Trail	18-19/open (FM)	103	105						47.5	x	x		47.5	100	105	x		152.5	336.2	1,1	1.48
Elizabeth Cameron	20-24/open (FM)	114	114						55	60	x		60	125	x	x		185	407.9	1,1	1.62
Vin Voeun (CAM)	35-39	116	123						97.5	102.5	x		102.5	150	157.5	160		262.5	578.7	1	2.26
Laura Vazuez	16-17 (FM)	120	123						42.5	47.5	52.5		52.5	x	x	x		52.5	115.7	1	0.44
Kyle Peach	14-15	131	132						50	57.5	x		57.5	102.5	107.5	110	118.5	167.5	369.3	1	1.28
Steven Foltin	25-29/open	148	148						100	x	x		100	182.5	200	x		300	661.4	1,1	2.03
William Deloney	60-64/open	177	181						132.5	137.5	x		137.5	172.5	182.5	x		320	705.5	1,1	1.81
Adam Greely	30-34	195	198						150	157.5	x		157.5	197.5	210	x		367.5	810.2	1	1.88
Alan Dean Foster	65-69/open	195	198						132.5	x	x		132.5	102.5	125	137.5		270	595.2	1,1	1.38
David Lassard	70-74/open	193	198						77.5	80	x		80	95	97.5	100		180	396.8	1,2	0.93
Lia Mendoza	16-17 (FM)	203	198+						42.5	62.5	x		62.5	97.5	115	x		177.5	391.3	1	0.88
Mona Zuniga	35-39 (FM)	203	198+						55	57.5	60	62.5	60	130	x	135	137.5	195	429.9	1	0.96
Brian Trail	20-24/open	216	220						147.5	157.5	x		157.5	255	x	x		412.5	909.4	1,1	1.91
Martin Elliott	25-29	242	242						185	x	x		185	x	250	x		435	959	1	1.80
Gene Lawrence	70-74/open	238	242						92.5	101	x		101	137.5	150	x		251	553.4	1,1	1.05
Greg Bergeron	25-29/open	240	275						145	x	x		145	222.5	227.5	232.5		377.5	832.2	1,1	1.57
BENCH ONLY								BENCH													
Elizabeth Cameron	20-24/open (FM)	114	114						55	60	x		60	0	0	0		60	132.3	1,1	0.53
Nicole Anderson	35-39/open (FM)	117	123						60	x	65		65	0	0	0		65	143.3	1,1	0.56
Tia Rochelle Wesemann	20-24 (FM)	126	132						50	52.5	x		52.5	0	0	0		52.5	115.7	1	0.42
Theresa Pareja	45-49/PFM (FM)	129	132						60	62.5	x		62.5	0	0	0		62.5	137.8	2	0.48
Christe Burnett	45-49 (FM)	138	148						70	72.5	x		72.5	0	0	0		72.5	159.8	1	0.53
Max Felsot	20-24/open	155	165						105	112.5	x		112.5	0	0	0		112.5	248	1,2	0.73
Jennifer Lyonais	35-39 (FM)	152	165						65	x	72.5		72.5	0	0	0		72.5	159.8	1	0.48
Ryan Tramel	open	159	165						145	152.5	160		160	0	0	0		160	352.7	1	1.01
Dan Gordon	60-64	160	165						100	105	x		105	0	0	0		105	231.5	1	0.66
Cordell Mckeever	14-15	177	181						70	75	77.5		77.5	0	0	0		77.5	170.9	1	0.44
Jeff Holeyfield	50-54	179	181						137.5	142.5	147.5		147.5	0	0	0		147.5	325.2	1	0.82
Mike Kane (CA)	70-74	179	181						90	95	x		95	0	0	0		95	209.4	1	0.53
Alan Dean Foster	65-69/open	195	198						132.5	x	x		132.5	0	0	0		132.5	292.1	1,1	0.68
Larry Candelaria	25-29	197	198						142.5	x	147.5		147.5	0	0	0		147.5	325.2	1	0.75
Michael Hawkins	60-64	220	220						122.5	130	x		130	0	0	0		130	286.6	1	0.59

100% RAW Powerlifting Federation
2012 Southwest Regional Arizona State Meet
Prescott, AZ - March 31

				SQUAT					BENCH					DEADLIFT							
Name	Division	Wgt	Class	RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.
George Shudinis	30-34	238	242						137.5	145	150		150	0	0	0		150	330.7	1	0.63
Clint Demoss	45-49/open	236	242						140	145	x		145	0	0	0		145	319.7	1,1	0.61
Jerrell Smith (CA)	55-59	236	242						117.5	127.5	137.5		137.5	0	0	0		137.5	303.1	1	0.58
Gene Lawrence	70-74/open	238	242						92.5	101	x		101	0	0	0		101	222.7	1,2	0.42
Grant Heller	45-49	275	275						145	150	155		155	0	0	0		155	341.7	1	0.56
Fred Pervis	60-64	248	275						x	155	166	167.5	166	0	0	0		166	366	1	0.67
Tim McKeever	65-69	245	275						145	152.5	155	157.5	155	0	0	0		155	341.7	1	0.63
Michael sullivan (CA)	65-69	270	275						110	115	120		120	0	0	0		120	264.6	1	0.44
Randall Famas	18-19	290	308						97.5	102.5	x		102.5	0	0	0		102.5	226	1	0.35
Glen Tenove (CA)	55-59/open	311	SHW						182.5	188.5	x		188.5	0	0	0		188.5	415.6	1	0.61

CURL ONLY				CURL																
Name	Division	Wgt	Class	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.
Paula Tomitz	45-49 (FM)	114	114	22.5	27.5	30						30	0	0	0		30	66.14	1	0.26
Nicole Anderson	35-39/open (FM)	117	123	27.5	32.5	35	38.5					35	0	0	0		35	77.16	1	0.30
Theresa Pareja	45-49 (FM)	129	132	17.5	22.5	27.5	28.5					27.5	0	0	0		27.5	60.63	1	0.21
Spencer Coffin	14-15/open	145	148	40	45	50	x					50	0	0	0		50	110.2	1,1	0.34
Dan Gordon	60-64	160	165	x	x	40	45					40	0	0	0		40	88.18	1	0.25
Jeff Holeyfield	50-54	179	181	45	52.5	x						52.5	0	0	0		52.5	115.7	1	0.29
William Deloney	60-64/open	177	181	40	45	50						50	0	0	0		50	110.2	1,1	0.28
Mike Kane (CA)	70-74	179	181	35	40	45						45	0	0	0		45	99.21	1	0.25
Kristina Hawkins	45-49 (FM)	275	198+	15	20	x						20	0	0	0		20	44.09	1	0.07
Jerrell Smith (CA)	55-59	237	242	37.5	x	45						45	0	0	0		45	99.21	1	0.19
Gene Lawrence	70-74/open	238	242	37.5	47.5	x						47.5	0	0	0		47.5	104.7	1,1	0.20
Jacob Moore	16-17	248	275	35	42.5	45	50					45	0	0	0		45	99.21	1	0.18
Greg Bergeron/open	25-29	240	275	x	60	x						60	0	0	0		60	132.3	1,1	0.25
Michael Sullivan (CA)	65-69	270	275	40	42.5	47.5	48.5					47.5	0	0	0		47.5	104.7	1	0.18
Raymond Clasing (MD)	50-54	279	308	70	76	x						76	0	0	0		76	167.5	1	0.27
Glen Tenove (CA)	55-59/open	311	SHW	62.5	65	67.5	68.5					67.5	0	0	0		67.5	148.8	1,1	0.22

DEAD LIFT ONLY														DEADLIFT						
Name	Division	Wgt	Class	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.
Kevin Polanco	8=9/open	63	66										30	37.5	45		45	99.21	1,1	0.71
Savannah Sparks	10=11/open (FM)	86	88										55	60	65		65	143.3	1,1	0.76
Mike Burkeen	18-19/open	124	132										165	170	175		175	385.8	1,1	1.41
Vahana Dorcis	25-29	164	165										212.5	220	230		230	507.1	1	1.40
Dan Morgan	45-49/open	163	165										182.5	x	0		182.5	402.3	1,1	1.12
Jurrel Hoinbeak	16-17	191	198										212.5	215	222.5		222.5	490.5	1	1.16
Gene Lawrence	70-74/open	238	242										137.5	150	x		150	330.7	1,1	0.63