



100% RAW SA: Full Meet - West Workout Gym - 17 March 2012



Name	Sex	Body Weight (kg)	Weight Division (kg)	Age	Age Group	Squat			Bench			Sub Total	Deadlift			Total	Position
						1	2	3	1	2	3		1	2	3		
Nikki de Jager	F	56.2	60	23	Junior	50	55	55	32.5	35	37.5	90	85	92.5	97.5	182.5	1 (Overall)
Molly Gigaba	F	65.15	67	46	Masters1	77.5	82.5	87.5	52.5	52.5	55	82.5	100	110	115	197.5	-
Marsha Nezura	F	71.95	75	18	Teen	40	47.5	55	42.5	47.5	47.5	97.5	65	75	80	177.5	1
Sean Brokenshire	M	54.3	56	24	Senior	115	125	135	90	97.5	97.5	222.5	170	180	190	402.5	1 (Overall)
Remi Fredericks	M	65.05	67.5	25	Senior	135	150	160	95	105	105	245	210	225	232.5	477.5	1
Kyle Wright	M	71.85	75	24	Senior	140	150	160	100	122.5	122.5	282.5	160	170	180	462.5	1
Duanne Sales	M	74.05	75	21	Junior	100	120	140	90	90	100	220	105	140	180	360	2
Pardon Chizomba	M	86.2	90	23	Junior	175	180	185	145	150	150	325	230	235	245	570	1
Howard Cladingbowl	M	83.05	90	46	Masters1	180	192.5	197.5	122.5	130	135	327.5	220	235	240	567.5	2
Maruis Botha	M	82.8	90	26	Senior	115	125	137.5	95	97.5	100	235	175	185	190	420	3
Albre Arendse	M	91	100	20	Junior	100	120	140	80	85	95	215	100	140	180	355	1
Tim Nolte	M	105.6	110	25	Senior	155	165	170	105	115	115	285	215	225	235	520	1
Rohann Cronje	M	105.5	110	24	Senior	160	170	170	110	120	120	280	215	230	230	495	2
Albert Korf	M	100.25	110	18	Teen	140	160	180	120	135	140	300	160	185	210	485	3
Morne Niewoudt	M	109.85	110	27	Senior	140	140	160	140	160	160	140	180	220	220	320	-
Pieter Kruger	M	110.5	125	27	Senior	180	180	195	125	132.5	140	335	220	237.5	255	590	1
Brandon Lee Miller	M	112.2	125	15	Teen	125	140	150	75	80	87.5	230	140	155	162.5	385	2

Failed