ADAU Raw Power

"Scrappy Joe's Single Lift Championships"

Official results with Dwain Koser, Darren Dorn, Travis Buffy, Richard Campbell, Justin Steyer, and Garrett Craft all passing the urinalysis test by Redwood Toxicology

February 11, 2012

SQUAT DIVISION (Bodyweight in pounds, competition in kilos)

Wt. Class & Div	Name and Age	Wt	1st	2nd	3rd	4th	Place
(F)105# (18-19)	Mary Kimmel -	101.7	25	30	35		1
(F)123# (12-13)	Orianne Conway -	125	32.5	42.5	50		1
105# Y 11 Under	Denver Light -	102.6	42.5	52.5	62.5		1
132# (12-13)	Caleb Orner -	126.7	40	42.5	47.5		1
148# (12-13)	Gage Light -	141.9	72.5	82.5	92.5		1
148# (14-15)	Bastian Conaway - 14	146.9	90	100	-110		1
165# (20-24)	Jonathan Bothart - 21	159.6	150	160	175		1
181# Open	Rich Cambell – 25	172	200	215	227		1
181# (16-17)	Brandon Henry -	-	-	-	-		-
181# (16-17)	Eric Loose – 16	-	-	-	-		-
181 # (M 75-79)	Sam Contakos - 78	171	70	75	90		1
198# Open	Joe Steel -	189	195	202.5	210		1
198# (20-24)	Matt Fox - 21	195.3	160	170	-180		1
220# Open	Rick Hamilton -	209	160	170	177.5		1
220# (16-17)	Cole McGunigals - 17	211.6	115	-125	127.5		1

308# Open	Justine Steyer -	299.1	237.5	262.5	272.5		1

Outstanding Squatter – Rich Cambell

BENCH DIVISION (Bodyweight in pounds, competition in kilos)

Wt. Class & Div	Name and Age	Wt.	1st	2nd	3rd	4th	Place
(F) 105# (18-19)	Mary Kimmel -	101.7	20	-25	-25		1
(F) 132# (12-13)	Orinna Conway – 12	125	25	30	-32.5		1
105# Y 11 Under	Denver Light -	102.6	32.5	40	-42.5		1
114# (12-13)	Robert Meck, Jr. - 13	109.2	47.5	52.5	55		1
132# Y 11 Under	Davis Lee – 10	125.1	35	40	-42.5		1
132# (12-13)	Caleb Orner -	126.7	30	37.5	42.5		1
148# Open	Jeremy Hersberger -	146.6	82.5	92.5	97.5		1
148# (12-13)	Gage Light -	141.9	42.5	50	52.5		1
148# (14-15)	Bastian Conaway - 14	146.9	85	90	-95		1
165# Open & 45-49	David Blattenberger - 49	162.6	-167.5	167.5	-172.5		1
165# (16-17)	Ben Leventry -	160.6	72.5	80	82.5		1
165# (18-19)	Zach Crawford - 18	158.6	132.5	-142.5	-142.5		1
165# (20-24)	Jonathan Bothart - 21	159.6	107.5	115	-117		1
165# (M 45-49)	Robert Meck, Sr.	161.4	110	-112.5	112.5		2
181# (16-17)	Brendon Henry -	-	-	-	-		-
181# (16-17)	Eric Loose – 16	179.9	65	72.5	-82		3
181# (16-17)	Garret Craft – 17	174	117.5	122.5	125		1
181# (16-17)	Devan Welker -	169	90	100	-102.5		2
181# (M 45-49)	Dwayne Koser -	180.2	137.5	145	-150		1

198# Open	Travis Buffy – 22	192.8	142.5	150	-152.5		1
198# 18-19	Garren Kunes	194.5	-115	115	125		1
198# (20-24)	Matt Fox - 21	195.3	127.5	140	-142.5		1
198# Sub Master	Fred Corradina - 35	193	142.5	-150	-150		1
198# (M45-49)	Mark Moyer – 45	196	147.5	152.5	157.5		1
198# (M 45-49)	James Longnetti - 49	195.5	-115	115	-125		2
198# (M 65-69)	James McNeil - 66	198.6	92.5	-110	117.5		1
198# (M 70-74)	John Herbein - 73	198	87.5	90	92.5		1
220# Open	Sherm Pensyl – 38	215.4	200	-207.5	-207.5		1
220# Open	Rick Hamilton -	209	125	132.5	-135		3
220# Open	Terry McDonald – 36	206.5	147.5	157.5	pass		2
220# (M 55-59)	Dave Lhota - 58	215	142.5	150	-152.5		1
220# Sub Master	Carl Donatti Jr. – 38	200	137.5	142.5	-147.5		1
242 (12-13)	Josh Menchik -	226.4	65	67.5	-70		1
275# Open	Shawn Koontz - 30	242	162.5	170	-175		1
275# Open	Bob Murreta – 40	-	-	-	-		-
275# Open	David Price -	269.2	167.5	175	-182.5		1
275 (M 55-59)	Jim Alicardi - 59	242.2	140	145	150		1
308# Open	Justine Steyer -	299.1	160	177.5	180		1
308# Sub Master	Mike Norris - 37	285.8	175	182.5	187.5		1

Outstanding Bencher – David Blattenberger

DEADLIFT DIVISION (Bodyweight in pounds, competition in kilos)

Wt. Class & Div	Name and Age	Wt.	1st	2nd	3rd	4th	Place
(F) 105 (18-19)	Mary Kimmel -		-	-	-		-
105# Y 11 under	Denver Light	102.6	67.5	75	85		1
114# (12-13)	Robert Meck, Jr. - 13	109.2	105	115	122.5		1
132# (12-13)	Caleb Orner -	126.7	45	52.5	60		1
148# (12-13)	Gage Light -	141.9	82.5	92.5	102.5		1
148# (14-15)	Bastian Conaway - 14	146.9	125	135	142.5		1
165# Open	Don Christofona -	164.1	190	205	-215		1
165# (20-24)	Jonathan Bothart - 21	159.6	165	192.5	212.5		1
165# (16-17)	Devin Walker -	-	-	-	-		-
181# Open	Rich Cambell – 25	172	235	262.5	-272.5		1
181# (16-17)	Garret Craft – 17	174	Inj	Inj	inj		1
181# (16-17)	Eric Loose – 16	179.9	105	115	130		1
181# (20-24)	John Hayler -	177	165	182.5	-192.5		1
198# Open	Travis Buffy – 22	192.8	200	207.5	-215		1
198# (20-24)	Matt Fox – 21	195.3	200	215	220		1
198# (M 45-49)	James Longnetti – 49	195.5	185	192.5	195		1
198# Sub Master	Fred Corrdina	193	195	217.5	230		1
198# (M 65-69)	James McNeil - 66	188.6	102.5	132.5	-165		1
198# (M 70-74)	John Herbein - 73	198	155	165	171.5		1

220# Open	Rick Hamilton -	209	197.5	210	215		2
220# Open	Terry McDonald – 36	206.5	260	280	-282.5		1
220# (16-17)	Cole McGunigals – 17	211.6	127.5	142.5	155		1
242# Open	Zac Zubek – 19	240.3	175	182.5	-187.5		2
242# Open	Darren Dorn – 33	226.3	300	-322.5	-322.5		1
242# (M 40-44)	Mike Rinderle –44	240.6	205	227.5	-232.5		1
275# (14-15)	Brian Lauder - 15	270.2	125	132.5	155		1
308# Open	Justine Steyer -	299.1	205	222.5	232.5		1

Outstanding Deadlifter - Rich Cambell

Judges:

Joe Orengia
Bugs Bayer
Jackson Lee
Jim Alicardi