

# 100% RAW Powerlifting Federation

## 2012 New York/Ontario Powerlifting Cup

Name	Division	Weight	Class	SQUAT				BENCH				DEADLIFT				TOTAL	LBS	Place	
				1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd				4th
Danielle Tasher - PA	Teen (16-17)	47.3	48(F)	87.5	-97.5	-97.5		40	42.5	-45		130	107.5	110	115		245	540.127	1
Nicole Bodulow - PA*	Teen (16-17)	53.9	56(F)	80	85	90		50	52.5	-55		142.5	130	137.5	-143.5		280	617.288	1
Dorean Sherwood - NY	Master (40-44)	55.25	56(F)	80	87.5	90		47.5	50	-52.5		140	120	-127.5	-127.5		260	573.196	1
Jenna Hardy - PA	Teen (16-17)	57.8	60(F)	85	90	97.5		55	57.5	60	-66	157.5	125	130	137.5		295	650.357	1
Annemarie Kemmerer - PA	Master (55-59)	59.75	60(F)	70	80	82.5		50	55	-57.5		137.5	117.5	125	-130		262.5	578.7075	1
Debbie Banaian - NH	Master (45-49)	59.25	60(F)	-60	60	65	-73	65	-67.5	-67.5		130	97.5	102.5	105	118	235	518.081	1
Stacey Jensen - ON	Junior (20-24)	63.95	67.5(F)	115	120	126		67.5	72.5	-77.5		198.5	140	147.5	-160		346	762.7916	1
Laura Monroe - NY	Open, (25-29)	61.3	67.5(F)	95	102.5	107.5		62.5	67.5	70.5	72.5	178	120	127.5	133.5	138	311.5	686.7329	1,1
Samantha Perrine - PA	Teen (16-17)	60.75	67.5(F)	97.5	-105	105		57.5	62.5	-67.5		167.5	140	-147.5	-147.5		307.5	677.9145	1
Amanda Close - NY	Junior (20-24)	60.15	67.5(F)	-45	45	55		45	52.5	-55		107.5	60	82.5	102.5		210	462.966	2
Victoria Tasher - PA	Sub Master (35-39)	68.4	75(F)	-102.5	102.5	117.5		55	-60	-60		172.5	120	130	137.5		310	683.426	1
Nicole Hardy - PA	Teen (16-17)	73.6	75(F)	90	97.5	-105		62.5	65	-67.5		162.5	127.5	-137.5	137.5		300	661.38	1
Aimee Cowdery - PA	Teen (16-17)	78.15	82.5(F)	-102.5	102.5	117.5		62.5	67.5	-70		185	132.5	142.5	152.5		337.5	744.0525	1
Faith Knight - PA	Teen (16-17)	75.95	82.5(F)	70	75	82.5		42.5	45	47.5		130	102.5	105	-110		235	518.081	1
Jake Rice - PA*	Teen (16-17)	51.7	52	90	100	105		67.5	72.5	-77.5		177.5	145	150	152.5		330	727.518	1
Paul Cataldi - PA	Teen (16-17)	54.6	56	102.5	107.5	110		55	72.5	75		185	125	132.5	145		330	727.518	1
Daman Singh - ON	Junior (20-24)	54.8	56	82.5	87.5	92.5	-97.5	65	70	-75		162.5	102.5	112.5	115	117.5	277.5	611.7765	1
Benjamin Butty - ON	Open, (20-24)	67.15	67.5	190	202.5	-208.5		110	122.5	125		327.5	237.5	-250	-250		565	1245.599	1,1
Juan José Delgado - Ecuador	Teen (18-19)	64.7	67.5	102.5	107.5	115		-62.5	62.5	-70		177.5	137.5	-145	145		322.5	710.9835	1
Steve Cannon - NY	Junior (20-24)	62.9	67.5	-90	-127.5	-127.5						0					0	0	
Marcus Morris - NY	Junior (20-24)	74.3	75	140	155	-167.5		115	122.5	pass		277.5	185	205	-222.5		482.5	1063.7195	1
James Kallies - NY	Open, (30-34)	73.55	75	152.5	162.5	175		97.5	-110	pass		272.5	175	202.5	pass		475	1047.185	1,1
Wesley Kipp - NY	Master (45-49)	72.3	75	132.5	145	-160		132.5	140	-145		285	160	172.5	187.5		472.5	1041.6735	1
Luke Roach - ON	Teen (16-17)	74.9	75	142.5	152.5	-160		-100	105	107.5	-110	260	185	195	205	213	465	1025.139	1
David Lyons - NY	Teen (18-19)	74.7	75	-142.5	150	-160		142.5	152.5	-160		302.5	147.5	162.5	-180		465	1025.139	1
Daniel Conant - NY	Teen (14-15)	71.55	75	105	117.5	-125		-75	75	-102.5		192.5	110	120	142.5		335	738.541	1
Tony Felix - ON*	Open (25)	81	82.5	202.5	207.5	212.5		132.5	137.5	-140		350	240	250	-257.5		600	1322.76	1
Luca Fornari - NY	Master (45-49)	81.7	82.5	-170	175	187.5		87.5	100	-107.5		287.5	182.5	195	205		492.5	1085.7655	1
Ron Ammar - ON	Open (27)	80.55	82.5	155	167.5	-172.5		110	117.5	122.5		290	160	170	-182.5		460	1014.116	2
Alex Fielder - PA	Teen (14-15)	82.35	82.5	142.5	152.5	157.5		77.5	82.5	85		242.5	177.5	192.5	205		447.5	986.5585	1
Eric Tartter - NY	Open (26)	79.7	82.5	130	137.5	145		97.5	105	-112.5		250	175	182.5	187.5		437.5	964.5125	3
Brendan Primodie - PA	Teen (16-17)	80.3	82.5	130	142.5	150		82.5	87.5	-95		237.5	155	165	180		417.5	920.4205	1
Christopher Noone - PA	Teen (16-17)	79.85	82.5	-142.5	-142.5	142.5		75	92.5	-105		235	142.5	160	-185		395	870.817	2
Chris Stratton - PA	Teen (16-17)	81.2	82.5	107.5	117.5	-125		67.5	-72.5	72.5		190	140	145	157.5		347.5	766.0985	3
Frank Butty - ON*	Open, (20-24)	89.5	90	240	250	255		147.5	152.5	-155		407.5	275	292.5	-301		700	1543.22	1,1
Kegan Levesque - NY*	Teen (16-17)	87.8	90	-185	-205	205	216	150	157.5	182.5		387.5	-205	235	-266		622.5	1372.3635	1
Lucas Byron - NY	L/F/M (28)	85.25	90	142.5	157	-175		135				292	212.5	230	240		532	1172.8472	1
Russell Shaffer - NY	Open (32)	88.2	90	-145	160	170		130	-135	-137.5		300	197.5	212.5	-217.5		512.5	1129.8575	2
Benjamin Rayland - NY	Open, (30-34)	89.3	90	125	145	-162.5		102.5	117.5	125		270	212.5	227.5	235		505	1113.323	3,1
Brian Espino - NY	Open, (30-34)	85.65	90	135	142.5	157.5		127.5	132.5	-135		290	172.5	187.5	210		500	1102.3	4,1

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Adam Graves - NY	Open (33)	87.75	90	-142.5	-142.5	142.5		100	110	117.5		260	182.5	190	-197.5		450	992.07	5
Justin Grigg - NY	Open (26)	85.35	90	122.5	137.5	-147.5		107.5	115	-127.5		252.5	165	182.5	-195		435	959.001	6
Chris D'Angelo - NY	Master (40-44)	85.65	90	115	122.5	-135		-102.5	107.5	112.5		235	175	182.5	192.5		427.5	942.4665	1
Chris Sousa - ON*	Open (26)	87.9	90	62.5	pass	pass		147.5	155	160	-167		222.5	62.5	pass	pass	285	628.311	7
Kevin Varriale - IL*	Junior (20-24)	93.7	100	190	200	207.5		137.5	150	157.5		365	247.5	267.5	277.5		642.5	1416.4555	1
David Doyle - PA*	Teen (18-19)	94.6	100	200	-215	-215		142.5	-145	145		345	227.5	240	250		595	1311.737	1
Stephen Marx - NY	Junior (20-24)	97.55	100	167.5	185	192.5		142.5	152.5	-162.5		345	207.5	227.5	240		585	1289.691	2
Michael Spezzano, Sr. - NY	Master (45-49)	99.9	100	140	147.5	160		142.5	147.5	-152.5		307.5	152.5	170	-192.5		477.5	1052.6965	1
George Spezzano, II - NY	Teen (16-17)	99.95	100	132.5	142.5	155		105	117.5	-122.5		272.5	147.5	157.5	190		462.5	1019.6275	1
Ray Linduski - NY	Master (45-49)	96.5	100	117.5	130	-147.5		145	-150	-150		275	142.5	160	182.5		457.5	1008.6045	2
Wyatt Owen - NY	Junior (20-24)	92.35	100	102.5	110	125		102.5	105	115		240	185	215	-225		455	1003.093	1
Nik Roman - NY	Teen (16-17)	100	100	-130	130	150		102.5	107.5	-115		257.5	177.5	192.5	-205		450	992.07	2
Zachery Marsh - NY	Teen (18-19)	91	100	120	140	152.5		62.5	80	90		242.5	165	185	197.5		440	970.024	2
Ryan Pellow - PA	Teen (16-17)	93.35	100	107.5	117.5	-125		57.5	65	-77.5		182.5	175	187.5	192.5		375	826.725	3
David Wilson, Jr. - NY	Open (25)	104.35	110	165	-185	-185		112.5	122.5	-127.5		287.5	205	-215	pass		492.5	1085.7655	1,1
Dwight Kemper - NY	Master (50-54)	101.4	110	65	85	90	95	75	-90	-90		165	105	110	130		295	650.357	1
Thomas Stoddard - NY*	Open	119.75	125	-242.5	242.5	250		185	200	210		460	250	267.5	pass		727.5	1603.8465	1
Zach Strouse - PA	Teen (14-15)	116.5	125	160	172.5	185		92.5	97.5	102.5		287.5	195	212.5	227.5		515	1135.369	1
Vaughn Maldfeld - NY	Master (70-74), L/F/M	117.65	125	92.5	105	-115		77.5	82.5	87.5		192.5	122.5	140	150		342.5	755.0755	1
Jason Weaver - NY	Sub Master (35-39)	117.6	125	-220	220	-237.5		-130	-130	-130		0	0				0	0	
Clayton D'Onofro - NY	Teen (18-19)	134.45	140	185	192.5	205	220	162.5	165	-170		370	207.5	pass	pass		577.5	1273.1565	1
<b>Bench Press Only</b>																			
Melanie May - NY	Sub Master (35-39)	59.1	60(F)					-67.5	67.5	-75		67.5					67.5	148.8105	1
Debbie Banaian - NH	Master (45-49)	59.25	60(F)					65	-67.5	-67.5		65					65	143.299	1
Wesley Kipp - NY	Master (45-49)	72.3	75					132.5	140	-145		140					140	308.644	1
Dominic Ambrosano - PA	Open (34)	79.9	82.5					-147.5	152.5	-160		152.5					152.5	336.2015	1
David Laszewski - NY	Master (60-64)	80.2	82.5					90	97.5	-100		97.5					97.5	214.9485	1
Mark Willard - NY	Spec. Olym.	77.75	82.5					-57.5	57.5	67.5		67.5					67.5	148.8105	1
Anthony Iovine, III - NY	Spec. Olym.	76.85	82.5					80	85	87.5	-90	87.5					87.5	192.9025	1
José Graham - NY*	Sub Master (35-39)	89.4	90					175	185	-190		185					185	407.851	1
Christopher McKeown - NY	Open (27)	93.2	100					112.5	117.5	-137.5		117.5					117.5	259.0405	1
Dean Banaian - NH	Master (50-54)	98.4	100					-137.5	140	145		145					145	319.667	1
Miller Seabrooks - NY	Master (65-69)	93.3	100					-115	115	125		125					125	275.575	1
Ray Linduski - NY	Master (45-49)	96.5	100					145	-150	-150		145					145	319.667	1
James LaGrange - NY	Master (40-44)	107.85	110					182.5	-185	185		185					185	407.851	1
William Hill - NY	Master (55-59)	114	125					130	137.5	-140		137.5					137.5	303.1325	1
George Flikas - ON	Master (65-69)	124.6	125					180	185	188	190	188					188	414.4648	1
Wyatt Lozano - NY	Junior (20-24)	158.25	SHW					207.5	210	212.5		212.5					212.5	468.4775	1
<b>Deadlift Only</b>																			
Anna Marra - NY	Master (45-49)	51.35	52(F)									67.5	65	75			75	165.345	1
Mandy Skinner - NY	Open (29)	59.25	60(F)									100	107.5	-112.5			107.5	236.9945	1
Stephanie Winchip - NY	Teen (14-15)	93.6	90+(F)									122.5	140	145			145	319.667	1
Adrian Nichol - ON	Junior (20-24)	69.45	75									217.5	-222.5	222.5			222.5	490.5235	1
Chase Stewart - NY	Open (19), Spec. Olym.	74.5	75									150	162.5	168.5			168.5	371.4751	1,1

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Joshua Sweeney - NY	Teen (16-17)	76.65	82.5										165	-187.5	192.5		192.5	424.3855	1
David Laszewski - NY	Master (60-64)	80.2	82.5										147.5	152.5	-155		152.5	336.2015	1
Anthony Iovine, III - NY	Spec. Olym.	76.85	82.5										135	145	150		150	330.69	1
Brian Espino - NY	Open, (30-34)	85.65	90										172.5	187.5	210		210	462.966	1,1
Cary Soloyna - NY	Sub Master (35-39)	99.5	100										250	-272.5	pass		250	551.15	1
* Indicates Athlete was Drug-Tested																			
Referees: Justin Burns (ON), Hunter Claypatch (NY), Wayne Claypatch (NY), Anthony Jones (PA), Jackson Lee (PA), Barry McEvoy (ON), & Tierney Wallace (NY)																			