

**100% RAW Powerlifting Federation**  
**Maryland State Championships**  
**District Heights, MD - July7, 2012**

Name	Division	Wgt	Class	SQUAT				BENCH				DEADLIFT				TOTAL	LBS	Place	Coef.	
				1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd					4th
Allie Feras - DC	F-Junior (20-24)	122	123	75	-85	85		-40	42.5	45		130	92.5	-107.5	-107.5		222.5	490.5235	1	1.82
Iain Burgess - MD	Master (65-69)	132	132	85	-95	95		60	65	Pass		160	115	130	140		300	661.38	1	2.27
Tony Yee - MD	Open	138	148	137.5	-142.5	Pass		117.5	-125	-125		255	182.5	-187.5	-187.5		437.5	964.5125	1	3.17
Ryan Pollard - MD	Open, (25-29)	141	148	-150	160	-172.5		92.5	100	-110		260	135	-145	-145		395	870.817	2,1	2.80
Jerry Dudley - MD	Open, (30-34)	162	165	125	-145	150		112.5	-125	-133		262.5	185	212.5	-220		475	1047.185	1,1	2.93
Daniel Segal - VA	Junior (20-24)	174	181	167.5	180	195.5		115	127.5	133		328.5	192.5	210	225		553.5	1220.2461	1	3.18
Matthew Griswold - VA	Junior (20-24)	172	181	130	140	150		90	-97.5	100		250	187.5	197.5	212.5		462.5	1019.6275	2	2.69
CJ Perhach - MD	Teen (16-17)	215	220	147.5	165	182.5		102.5	110	-117.5		292.5	182.5	192.5	205		497.5	1096.7885	1	2.31
David Stewart - MD	Master (40-44)	258	275	175	192.5	205		142.5	155	165		370	190	-212.5	212.5		582.5	1284.1795	1	2.26
Bradley Phillips - MD	Master (55-59)		275									0					0	0		#DIV/0!
Ted Brooks - MD	Master (50-54)	345	SHW	122.5	137.5	142.5		160	167.5	175		317.5	182.5	192.5	200		517.5	1140.8805	1	1.50
<b>Push/Pull</b>																				
Anissa Colbert-Butler - MD	F-Open, F-M(40-44),P/F/M	131	132					57.5	62.5	65		65	115	130	137.5		202.5	446.4315	1,1,1	1.55
Michelle Smith - DC	F-Open	138	148					50	60	62.5		62.5	112.5	125	132.5		195	429.897	1	1.41
Vernell Morris - MD	Master (65-69)	190	198					95	102.5	107.5		107.5	190	205	-212.5		312.5	688.9375	1	1.64
Travis Roberts - MD	Open, Master (40-44)	190	198					127.5	135	140		140	215	232.5	242.5		382.5	843.2595	1,1	2.01
Truet Purnell - MD	Master (40-44)	206	220					142.5	145	150		150	175	182.5	-192.5		332.5	733.0295	1	1.61
Eddie Lawton - DC	Open		220									0					0	0		#DIV/0!
Jackson Christopher - MD	Master (40-44)		242									0					0	0		#DIV/0!
Michael Jones - MD	Open, Submaster (35-39)	232	242					162.5	175	182.5		182.5	255	277.5	287.5		470	1036.162	1,1	2.03
Ronald Thomas - MD	Master (45-49)	244	275					170	185	190		190	247.5	262.5	-272.5		452.5	997.5815	1	1.85
Michael James, Sr. - SC	Open	274	275					170	185	190		190	255	275	282.5		472.5	1041.6735	1	1.72
Kurtis Calloway - DC	Master (40-44)	290	308					200	215	-227.5		215	260	280	292.5		507.5	1118.8345	1	1.75
<b>Bench</b>																				
Igor Kyrylenko - VA	Submaster (35-39)	194	198					100	105	110		110					110	242.506	1	0.57
Tyler Sandell - VA	Junior (20-24)	196	198					142.5	-147.5	147.5	155	147.5					147.5	325.1785	1	0.75
Richard Harrell - MD	Master (40-44)	219	220					130	145	150		150					150	330.69	1	0.68
<b>Deadlift</b>													1st	2nd	3rd	4th				
Steven Horwitz - MD	Master (50-54)	174	181									0	205	215	-217.5		215	473.989	1	1.24
Michael Eaton - MD	Open	238	242									0	327.5	-363	-363		327.5	722.0065	1	1.38
<b>Strict Curl</b>				1st	2nd	3rd	4th													
Matthew Griswold - VA	Junior (20-24)	172	181	42.5	47	-54.5						47					47	103.6162	1	0.27
Richard Harrell - MD	Master (40-44)	219	220	-40	49.5	57						57					57	125.6622	1	0.26
David Stewart - MD	Master (40-44)	258	275	45	54.5	-69.5						54.5					54.5	120.1507	1	0.21
Ted Brooks - MD	Master (50-54)	345	SHW	55	59.5	64						64					64	141.0944	1	0.19