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Check out the Special Interview from Sean Katterle of Hardcore Powerlifting with President Paul Bossi for Iron Man Magazine. Click on the link below for a thorough inside view of the Presidents thoughts and views of the future of the sport of RAW Powerlifting.

## September Newsletter

### 2011 Single Event World Championships Riviera Casino & Hotel, Las Vegas

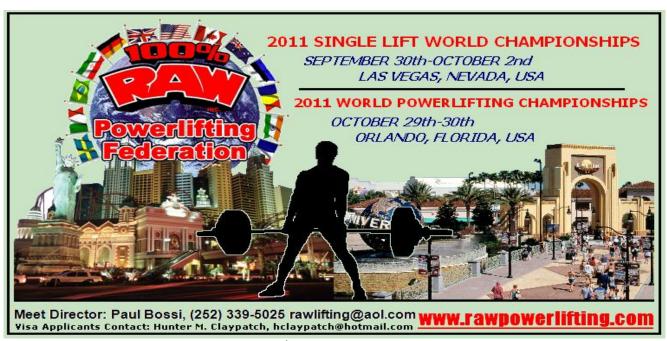
September 30 thru October 2<sup>nd</sup>

I want to let you know that we have extended the registration to the Single event World Championships in Las Vegas an extra week. **We will accept all entry forms that are post marked by September 19<sup>th</sup>**. We have had a late rush of lifters and new lifters who did not know about it inquire recently so since there were spots left we decided to allow the deadline date to be extended. You have the option to pay by credit card if you like and you can email in your entry form as well. If you want to pay using a credit card please call me at 252-339-5025. Memberships can be purchased ahead of time using a credit card or sending in a check. You must pay cash if you pay the day of the competition at registration for a membership.

Also you will need to call the Riviera ASAP to reserve you room. Last year the casino was sold out on Saturday and lifters who thought they could just get a room found out that rooms were not available and had to stay elsewhere. Please call 1-800-634-6753 and mention that you are with 100% RAW Powerlifting. You will receive our discount of \$72 per night and they are extending this price for your duration there. As some people are staying 5-6 days the Riviera is honoring this price.

# 2011 Powerlifting World Championships Doubletree Hotel - Orlando, Sea World

October 28-30 Entry Deadline: Post marked by October 8



Hotel Information: 1-800-327-0363, \$89/night. Must mention 100% RAW Powerlifting



**SSP Nutrition** www. sspnutrition.com has sent out a supply of their nutritional line to the winners of the Men's Open(123,132,148,165,181,198,220,242,275,308,SHW), Master (40-49) Light and Heavy, Master (50-59) Light and Heavy, Master (60 plus) Light and Heavy, Female Light and Heavy and Teenage lifter from the American Challenge. Please go to their website and show your support to them by both checking out their products and maybe purchasing some. He has given me a code for you to enter in order to receive a discount. Please use promo code 3013 when ordering and you will also receive a free water bottle and t-shirt but you must mention you competed in the American Challenge event as well. He will also give you a \$20 discount off the product line. The product was designed by Dennis Cieri himself and is called "The System". If you live under a rock and do not know who Dennis Cieri is I will tell you. He is the **#1 DRUG FREE RAW bencher in the world**. At 198lbs he has benched 535lbs in competition, do I need to say more. He personally developed this product and his success speaks for itself. You can go to their website by clicking on <a href="https://www.sspnutrition.com">www.sspnutrition.com</a> you go to our website home page and click on the SSP Nutrition logo.

Products that work, safety guaranteed. **The System** is formulated with the highest integrity, WADA compliant, 99.94% natural\*, totally safe and extremely effective. Formulated by multi-time I.P.F. World Champion, Dennis Cieri.

The results have been posted online for the American Challenge.

#### New USA Plaque made for the American Challenge:

Any lifter who competed in the American Challenge can purchase a Custom Made American Challenge plaque from Elizabeth City trophy. They will be on sale for \$70 plus \$15 for shipping for a total of \$85. We have 2 options to choose from. Everyone who ordered got the plaque on the right. The new style using the USA board was just developed and now on sale. Daven Doobay has got the only sample made. All plaques will be custom made with your name, weight class, place finished and mount of weight lifted if desired on it. If you won your class whether it was age group or open your plaque will read National Champion on it. Below is a picture of it to give you an idea. Just send an email to <a href="mailto:ectrophy@aol.com">ectrophy@aol.com</a> or <a href="mailto:rawlifting@aol.com">rawlifting@aol.com</a> and ask for an order form. Just fill out the order form and email, fax or Postal mail it back to us to purchase it. The fax number is 252-338-7669. You can pay by Master Card or Visa. If you send it in the mail please include a check for the full amount. If you do not want to put your card numbers on the form then just give us a call at the trophy shop to pay over the phone at 252-338-6920.

There still is American Challenge shirts left. They are \$10 and \$5 for shipping if you are interested. Email <a href="mailto:Rawlifting@aol.com">Rawlifting@aol.com</a> for available sizes while supplies last.



#### <u>Apparel</u>

The official 100% RAW Powerlifting knee high socks are now available for you to purchase. These are a must if you are a deadlifter and will make any lifter look good. The socks are black with the 100% RAW logo on the front in Blue and the word **Powerlifting** going down the side in Red. I will have a picture soon. You can order a pair for \$12 plus \$5 for shipping. If you order multiple sets your shipping will not go up so it would be best to order a few sets for yourself and your fellow lifting partners.

100% RAW - TEAM USA: TEAM USA traveled over to the Ukraine to compete in the Eurasia Championships on July 24<sup>th</sup>. This special competition team represented the USA in this historic event for 100% RAW Powerlifting Federation.

Paul Bossi – 242lb – Coach – 1<sup>st</sup> Place, Hunter Claypatch – 132lb - 1<sup>st</sup> Place, Nasir Nantambu – 165lb - 1<sup>st</sup> Place, Alan Dean Foster – 198lb - 1<sup>st</sup> Place, Brad Lovejoy – 275lb - 1<sup>st</sup> Place, Raymond Clasing, Sr. – 308lb - 1<sup>st</sup> Place: **Full results are posted** 



#### **Upcoming Events**

2011 Eastern Canada National Championships	Scarborough, ON	Barry McEvoy Contact Barry	Entry Form
Supreme Fitness Challenge V	Brattleboro, VT	Bret Kernoff Contact Bret	Entry Form
Single Lift World Championships 9/30 - 10/2	Las Vegas, NV	Paul Bossi Contact Paul	Entry Form
Delaware State Championships	Millsboro, DE	Hunter Claypatch Contact Hunter	Entry Form
Quad State Championships	Salem, OH	Lonnie Atkins Contact Lonnie	Entry Form
East Coast Single Lift Championships	Orlando, FL	Paul Bossi Contact Paul	Entry Form
World Powerlifting Championships 10/29 - 10/30	Orlando, FL	Paul Bossi Contact Paul	Entry Form
Ottawa Open Bench Press Championships	Orleans, ON	Curd Hos	Awaiting Form
Old School Iron Wars IV	Burlington, VT	Bret Kernoff Contact Bret	Entry Form
Northeast Regional Gobbler Open	Johnson City, NY	Wayne Claypatch Contact Wayne	Entry Form
	Supreme Fitness Challenge V  Single Lift World Championships 9/30 - 10/2  Delaware State Championships  Quad State Championships  East Coast Single Lift Championships  World Powerlifting Championships 10/29 - 10/30  Ottawa Open Bench Press Championships  Old School Iron Wars IV	Championships ON  Supreme Fitness Challenge V Single Lift World Championships 9/30 - 10/2  Delaware State Championships Millsboro, DE  Quad State Championships Salem, OH  East Coast Single Lift Championships Orlando, FL  World Powerlifting Championships 10/29 - 10/30  Ottawa Open Bench Press Championships Orleans, ON  Old School Iron Wars IV  Northeast Regional Gobbler Open  Brattleboro, VT  As Vegas, NV  Millsboro, DE  Orlando, FL  Orlando, FL  Orlando, FL  Orleans, ON  Johnson	Championships       ON       Contact Barry         Supreme Fitness Challenge V       Brattleboro, VT       Bret Kernoff Contact Bret         Single Lift World Championships 9/30 - 10/2       Las Vegas, NV       Paul Bossi Contact Paul         Delaware State Championships       Millsboro, DE       Hunter Claypatch Contact Hunter         Quad State Championships       Salem, OH       Lonnie Atkins Contact Hunter         East Coast Single Lift Championships       Orlando, FL       Paul Bossi Contact Paul         World Powerlifting Championships 10/29 - 10/30       Orlando, FL       Paul Bossi Contact Paul         Ottawa Open Bench Press Championships       Orleans, ON       Curd Hos         Old School Iron Wars IV       Burlington, VT       Bret Kernoff Contact Bret         Northeast Regional Gobbler Open       Johnson       Wayne Claypatch

#### **Sponsorship:**

It is that time of the year that we are looking for sponsors for our <u>2011 World Championship belts</u>. The belts Sponsorship is \$250 and you will receive your name on the belt, Business name of the back of the shirt and 1 year of advertising with us on our homepage and a custom made plaque. Anyone interested can send an email to Rawlifting@.com

#### **Facebook**

100% RAW Powerlifting now has our own Facebook page thanks to Adam Price and Hunter Claypatch. This page is for the use of all state chairmen to advertise their events with Facebook and get the updates out to as many lifters as we can. If you have a Facebook page please go check it out and be added as a friend so we can all grow together. Go to the link below to check it out. If you have any questions you can e-mail Hunter Claypatch or Adam Price.

**Results:** Most all of our meet results are posted as of now. I am waiting for some drug testing to come back before we post some of the results. Please review the records and if you see your state is not current please e-mail me to let me know so we can update it.

July 23, 2011	Cape Town Push/Pull	Cape Town, RSA	Steven Blake	Meet Results
July 23, 2011	Open Eurasia Championships	Odessa, UKR	Stanislav Tretyak	Meet Results
July 30, 2011	Western Canadian National	Calgary, AB	Adam Price	Meet Results
July 30, 2011	Eastern USA Open	Woodbridge, VA	John Shifflett	Meet Results
August 06, 2011	National Powerlifting Championships	Phoenix, AZ	Paul Gillott	Awaiting Results
August 28, 2011	Parlor City Championships	Owego, NY	Wayne Claypatch	Meet Results

**Record:** All the National and World records are currently updated. Most state records have been updated and posted on the site. If you see that we have not updated your state for some time please let us know. If there is anything we missed also please send me an email so we can fix it. State records are updated as fast as the state chairmen send them to us. If your records for your state are not updated please e-mail your state chairman and ask him for the update on them. If you have a state with no state chairman then send an e-mail to either <a href="mailto:rawlifting@aol.com">rawlifting@aol.com</a> or <a href="mailto:hotmail.com">hotmail.com</a>

**The Rings:** The 2011 World Championship rings WILL BE AVAILABLE AT THIS YEARS World Championships in both Las Vegas single event Worlds and the Full Powerlifting World Championships in Orlando, Florida. **Below is a sample:** 



#### Awards for records and other accomplishments:

Any lifter can purchase a Record, Ranking or Personal accomplishment plaque from our website by printing off an order form and faxing or e-mail back. E-mail to <a href="mailto:ectrophy@aol.com">ectrophy@aol.com</a> or fax it to: 252-338-7669. Please fill out very neatly (prefer typing). Elizabeth City Trophy & Awards accepts Master Card, Visa and Discover. You can send in your form and give a telephone number for them to call you for payment type or you can e-mail or fax the information if you prefer. The newly created World Championship Plaque is available for any lifter who competed in either World event in 2010. Below is a picture of this plaque.

#### Specials of the month:

SSP Nutrition has a special promo code 3013 to use on our homepage. When ordering please use this code for your discount.

Ramsey Rodriguez of NES is having a special on his product Tribustol. He is giving a 20% discount for the month of September. You can order this by going to <a href="https://www.tribustol.com">www.tribustol.com</a>

American Challenge Custom Plaques are on sale for the month of September 30. They are \$70 plus \$15 shipping. Available for all lifters, regardless of place.

#### **New Chairman:**

New Chairmen are making a name for themselves in 2011. Our most recent addition to the family are new appointed state chairmen Sam Graham in California and Nick Montgomery in New Jersey. We have a few new chairmen we are currently in the works in several other states.

Curd Hos is a new meet director in Eastern Canada and ran his 1<sup>st</sup> meet in Ottawa in June. He is already planning his 2<sup>nd</sup> event for November.

In India Vishal Khanna is our new Country Chairman. He will be competing in the Eurasia Championships this month and is working on putting together his first event in India for 2011.

We started off the year with "Sweet" Lou Algarin who ran his first 2 meets in Minnesota on January 20<sup>th</sup> and May 10<sup>th</sup>. One week later we had Bill Blackstone run his first 100% RAW meet in Gurnee, Illinois @ Monster Garage Gym. Then on February 26 in Toronto, Ontario – Canada Barry McEvoy ran an outstanding event in with 47 lifters in his first meet with 100% RAW Powerlifting Federation. Steven Blake from South Africa ran his first for the federation on March 26<sup>th</sup> in Cape Town, South Africa. People like these guys are why 100% RAW Powerlifting Federation is the fastest growing RAW Powerlifting Federation in the World. Now we can add to this list Co-Chairman for the state of Texas. Please welcome aboard Seneca Sarnella and Shannon Cooper. They are both very qualified young Powerlifters and meet directors out of Austin Texas. They already have their 1<sup>st</sup> date set and will be posted shortly. We look forward in seeing great things coming out of the great state of Texas in the near future.

We are currently seeking new chairmen in many states across the USA. If you are interested or know somebody that might be please have them contact us ASAP so we can get the ball rolling. If you have a state that does not run enough meets and want more meets and are interested in running them please contact us. You can be a meet director and not have to be a State Chairman. Here is a link for you to check out if you're interested please print off and read. If you just want to help out in any form we are interested in hearing from you.

http://www.rawpowerlifting.com/pdf/IWantYou.pdf

#### **Videos**

Anyone looking to purchase videos from last year's World Championships in Las Vegas please let me know. Or you can order directly from <a href="mailto:bizvidproductions@yahoo.com">bizvidproductions@yahoo.com</a>

We also have many other videos from previous years World and National events. Videos range from \$15 and up. Please add \$5 for shipping. Bench only, full Powerlifting you name it we have it. We have videos dating back to 2005 so please let us know. For these videos please contact us at <a href="mailto:rawlifting@aol.com">rawlifting@aol.com</a>.

#### International:

This year we will be running events in the following countries thanks to these following chairmen:

India – Vishal Khanna
Asia (Turkey, Iran, Armenia) - Arian Salarian
Ukraine - Stanislav Tretyak
Brazil - Claudio Jorge Fernandes
Canada (Eastern) – Barry McEvoy
Canada (Western) – Adam Price
South Africa – Steven Blake
Serbia – Damir Ivancic
USA – Multiple Chairmen

11 other countries are currently in the working on setting up chairmen to take over and start running meets in their respective countries. 2011 is looking to be a huge year for 100% RAW Powerlifting Federation, Inc.

**2011 Sponsors** 





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**South Africa** 





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## 100% RAW Powerlifting Federation, Inc.

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