



POWERLIFTING FEDERATION

United States Womens Deadlift Records

Updated by Ed Kutin
2/19/2018

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Weight Class: 97 Female				
Division	Deadlift	Name	Resides	Date
Open	113.5 kgs / 250.2 lbs	Karen Poyner	VA	8/2017
11 and under	105.0 kgs / 231.4 lbs	Naomi Kutin	NJ	6/2013
12-13	113.0 kgs / 249.1 lbs	Naomi Kutin	NJ	11/2013
14-15	87.5 kgs / 192.9 lbs	Alexandra Wilson	MD	10/2017
16-17	112.5 kgs / 248.0 lbs	Danielle Tasher	PA	10/2012
18-19	83.5 kgs / 184.0 lbs	Ashley Christiansen	NC	11/2017
20-24	105.0 kgs / 231.4 lbs	Samantha Brickhouse	NC	11/2014
35-39	97.5 kgs / 214.9 lbs	Dennise Larios	AZ	6/2016
40-44	111.1 kgs / 244.9 lbs	Paula Lorenzi	PA	2003
55-59	67.5 kgs / 148.8 lbs	Rocky Luedeker	AZ	8/2014
60-64	113.5 kgs / 250.2 lbs	Karen Poyner	VA	8/2017

Weight Class: 105 Female				
Division	Deadlift	Name	Resides	Date
Open	138.5 kgs / 305.3 lbs	Abigail Scudder	CT	2002
11 and under	97.5 kgs / 214.9 lbs	K. Stegall	NC	12/2000
12-13	120.0 kgs / 264.5 lbs	Naomi Kutin	NJ	11/2014
14-15	111.1 kgs / 244.9 lbs	Krystle McKenzie	DC	12/1999
16-17	115.0 kgs / 253.5 lbs	Danielle Tasher	PA	3/2012
18-19	110.0 kgs / 242.5 lbs	Amanda Hunsucker	AZ	3/2014
20-24	127.5 kgs / 281.0 lbs	Amanda Hunsucker	AZ	4/2016
35-39	122.5 kgs / 270.0 lbs	Jamie Brissey	VA	4/2014
40-44	97.5 kgs / 214.9 lbs	Vanessa Talbott	VA	4/2016
45-49	138.5 kgs / 305.3 lbs	Abigail Scudder	CT	2002
50-54	122.5 kgs / 270.0 lbs	Kimberly Price	VA	12/2012
55-59	122.5 kgs / 270.0 lbs	Karen Poyner	VA	6/2011
60-64	111.0 kgs / 244.7 lbs	Karen Poyner	VA	4/2016
65-69	67.5 kgs / 148.8 lbs	Jenny Telles	NM	11/2014
Police/Fire/Mil	90.0 kgs / 198.4 lbs	Elizabeth Zeuschel	NC	8/2014

Weight Class: 114 Female				
Division	Deadlift	Name	Resides	Date
Open	155.0 kgs / 341.7 lbs	Donna McBurney	MA	10/2007
11 and under	95.0 kgs / 209.4 lbs	Beth-el Algarin	MN	3/2012
12-13	130.0 kgs / 286.5 lbs	Miranda Chambers	PA	3/2014
14-15	110.0 kgs / 242.5 lbs	Kendra Gutierrez	NV	2/2012
16-17	122.5 kgs / 270.0 lbs	Jessica Smith	NC	6/2016
18-19	140.0 kgs / 308.6 lbs	Kestrel Coon	VT	12/2010
20-24	140.0 kgs / 308.6 lbs	Izaba Paras	VA	6/2017

35-39	150.0 kgs / 330.6 lbs	Natasha Beasley	VA	10/2017
40-44	155.0 kgs / 341.7 lbs	Donna McBurney	MA	10/2007
45-49	127.5 kgs / 281.0 lbs	Benita Steffan	PA	4/2013
50-54	110.0 kgs / 242.5 lbs	Benita Steffan	PA	11/2013
55-59	107.5 kgs / 236.9 lbs	Ginger Enderson	NC	11/2014
60-64	80.0 kgs / 176.3 lbs	Roxanne Chance	AZ	6/2017
65-69	81.0 kgs / 178.5 lbs	Mary Ann Little	PA	2013
70-74	78.0 kgs / 171.9 lbs	Mary Ann Little	PA	3/2016
Police/Fire/Mil	140.0 kgs / 308.6 lbs	Misty Posey	VA	2/2015

Weight Class: 123 Female

Division	Deadlift	Name	Resides	Date
Open	192.5 kgs / 424.3 lbs	Melissa Barber	MD	5/2016
11 and under	100.0 kgs / 220.4 lbs	Beth-el Algarin	MN	6/2012
12-13	113.4 kgs / 250.0 lbs	Trisha Tshudy	PA	4/2006
14-15	147.5 kgs / 325.1 lbs	Naomi Kutin	NJ	6/2016
16-17	155.0 kgs / 341.7 lbs	Miranda Chambers	PA	10/2016
18-19	125.0 kgs / 275.5 lbs	Lucy Chung	NE	6/2014
20-24	154.2 kgs / 339.9 lbs	Rebecca Skal	PA	1999
35-39	170.0 kgs / 374.7 lbs	Lori Snyder	PA	2005
40-44	158.0 kgs / 348.3 lbs	Suzanne Davis	AZ	3/2014
45-49	157.5 kgs / 347.2 lbs	Kelly Moore	WI	2009
50-54	130.0 kgs / 286.5 lbs	Rhonda Jones	NM	6/2014
55-59	120.0 kgs / 264.5 lbs	Susan Drach	VA	4/2014
60-64	127.5 kgs / 281.0 lbs	Carol Winkelblech	PA	12/2000
70-74	82.5 kgs / 181.8 lbs	Janet Bauer	OH	10/2017
75-79	72.5 kgs / 159.8 lbs	Dorothy Johnson	PA	3/2008
Police/Fire/Mil	142.5 kgs / 314.1 lbs	Misty Posey	VA	10/2015
Spec. Oly.	77.5 kgs / 170.8 lbs	Cassidy Bauer	MA	9/2012

Weight Class: 132 Female

Division	Deadlift	Name	Resides	Date
Open	175.5 kgs / 386.9 lbs	Jennifer Coffee	VA	10/2017
11 and under	70.0 kgs / 154.3 lbs	Olivia Toth	NH	12/2008
12-13	123.1 kgs / 271.3 lbs	Trisha Tshudy	PA	2006
14-15	145.0 kgs / 319.6 lbs	Madison Hendricks	PA	3/2014
16-17	153.5 kgs / 338.4 lbs	Sammantha Perrine	PA	10/2012
18-19	143.0 kgs / 315.2 lbs	Danielle Carr	NE	12/2016
20-24	150.0 kgs / 330.6 lbs	Taylor Henderson	VA	10/2015
35-39	175.5 kgs / 386.9 lbs	Jennifer Coffee	VA	10/2017
40-44	143.0 kgs / 315.2 lbs	Marye Murphy	PA	12/2004
45-49	155.0 kgs / 341.7 lbs	Anissa Colbert-Butler	MD	5/2015
50-54	151.9 kgs / 334.8 lbs	Ellen Stein	NY	12/2007
55-59	135.0 kgs / 297.6 lbs	Annemarie Kemmerer	PA	6/2013
60-64	117.0 kgs / 257.9 lbs	Annemarie Kemmerer	PA	3/2014
65-69	119.0 kgs / 262.3 lbs	Linda Leightley	VA	1/2015
70-74	124.0 kgs / 273.3 lbs	Linda Leightley	VA	3/2017
75-79	79.3 kgs / 174.8 lbs	Dorothy Johnson	PA	4/2009
80+	95.0 kgs / 209.4 lbs	Ruth Coak	AZ	3/2009
Police/Fire/Mil	137.5 kgs / 303.1 lbs	Anissa Colbert-Butler	MD	7/2012

Weight Class: 148 Female

Division	Deadlift	Name	Resides	Date
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Open	195.0 kgs / 429.8 lbs	Tricia Floyd	VA	2/2018
11 and under	65.0 kgs / 143.2 lbs	Mary Ross	VA	2/2018
12-13	137.5 kgs / 303.1 lbs	Lindsey Brill	NV	10/2010
14-15	150.0 kgs / 330.6 lbs	Lindsey Brill	NV	10/2012
16-17	175.0 kgs / 385.8 lbs	Courtney Young	NE	3/2017
18-19	152.5 kgs / 336.2 lbs	Sammantha Perrine	PA	6/2013
20-24	172.5 kgs / 380.2 lbs	Aubrey Mester-Webb	VA	2/2015
35-39	195.0 kgs / 429.8 lbs	Tricia Floyd	VA	2/2018
40-44	147.6 kgs / 325.3 lbs	Melinda Berbert	NY	5/2008
45-49	160.0 kgs / 352.7 lbs	Sherry Caffin	VA	7/2017
50-54	167.5 kgs / 369.2 lbs	Suzanne LaForge	MA	11/2014
55-59	132.5 kgs / 292.1 lbs	Annemarie Kemmerer	PA	10/2013
60-64	107.5 kgs / 236.9 lbs	Theresa Drzewiecki	NY	6/2016
65-69	112.5 kgs / 248.0 lbs	Theresa Drzewiecki	NY	6/2017
70-74	125.0 kgs / 275.5 lbs	Tonnie Alliance	OH	4/2017
75-79	36.2 kgs / 79.8 lbs	Josie Merrell	MI	12/2001
Police/Fire/Mil	151.0 kgs / 332.8 lbs	Jamie Potter	VA	3/2012

Weight Class: 165 Female				
Division	Deadlift	Name	Resides	Date
Open	200.0 kgs / 440.9 lbs	Miki Cestnik	MT	2/2016
11 and under	100.0 kgs / 220.4 lbs	Samantha Davis	OH	10/2017
12-13	112.5 kgs / 248.0 lbs	Madilyn Sorey	NC	10/2017
14-15	140.0 kgs / 308.6 lbs	Waverly VerHill	PA	6/2015
16-17	147.5 kgs / 325.1 lbs	Destany Lausen	MD	1/2014
18-19	155.5 kgs / 342.8 lbs	Destany Lausen	MD	5/2015
20-24	185.0 kgs / 407.8 lbs	Aubrey Mester-Webb	VA	11/2015
35-39	170.0 kgs / 374.7 lbs	LaTricia Floyd	VA	8/2017
40-44	165.0 kgs / 363.7 lbs	Erlinda Gomez	TX	5/2015
45-49	155.0 kgs / 341.7 lbs	Ruth Douglas	PA	
50-54	160.0 kgs / 352.7 lbs	Suzanne Spero	MA	6/2012
55-59	137.5 kgs / 303.1 lbs	Elaine Neal	NH	8/2008
60-64	127.5 kgs / 281.0 lbs	Catherine Innes	NJ	3/2013
65-69	142.5 kgs / 314.1 lbs	Karen Harding	MA	3/2012
70-74	57.5 kgs / 126.7 lbs	Roberta Dearden	VA	11/2009
80+	50.0 kgs / 110.2 lbs	Nada Brewer	AZ	6/2014
Police/Fire/Mil	160.0 kgs / 352.7 lbs	Nichola Diaz	VA	8/2014
Spec. Oly.	135.0 kgs / 297.6 lbs	Vivienne Shockley	MT	6/2014

Weight Class: 181 Female				
Division	Deadlift	Name	Resides	Date
Open	205.0 kgs / 451.9 lbs	Carlita Farmer	NC	10/2016
11 and under	90.7 kgs / 199.9 lbs	Victoria Vasquez	MD	2008
12-13	149.8 kgs / 330.2 lbs	Jenn Slagus	PA	12/2008
14-15	145.0 kgs / 319.6 lbs	Sequora Johnston	PA	10/2013
16-17	200.0 kgs / 440.9 lbs	Anna McCloskey	PA	11/2009
18-19	175.0 kgs / 385.8 lbs	Tara Maier	AZ	12/2013
20-24	205.0 kgs / 451.9 lbs	Carlita Farmer	NC	10/2016
35-39	172.5 kgs / 380.2 lbs	Kashona Singleton	NY	6/2015
40-44	181.4 kgs / 399.9 lbs	Kari Saban	FL	
45-49	147.5 kgs / 325.1 lbs	Sharon Schwartz	PA	4/2013
50-54	142.5 kgs / 314.1 lbs	Laura Reagle	AZ	6/2014
55-59	125.0 kgs / 275.5 lbs	Sheryl Shockley	MT	6/2014

60-64	117.5 kgs / 259.0 lbs	Beverly Hinkeldey	NJ	5/2017
65-69	107.5 kgs / 236.9 lbs	Patricia Kroken	NM	9/2013
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Franky Moore	NC	5/2015
Spec. Oly.	111.2 kgs / 245.1 lbs	Joni Talavera	PA	7/2011

Weight Class: 198 Female

Division	Deadlift	Name	Resides	Date
Open	197.5 kgs / 435.4 lbs	Ogechi Akalegbere	MD	8/2017
11 and under	35.0 kgs / 77.1 lbs	Ashley Daugherty	NC	6/2017
12-13	115.6 kgs / 254.8 lbs	Solita Williams	NC	
14-15	163.2 kgs / 359.7 lbs	Shannon Summers	SC	2/2000
16-17	143.0 kgs / 315.2 lbs	Allyson Sarnowski	NC	4/2017
18-19	112.5 kgs / 248.0 lbs	CaDeisha Debroux	VA	4/2012
20-24	195.0 kgs / 429.8 lbs	Aria DeSimini	VA	2/2017
35-39	157.5 kgs / 347.2 lbs	Amber Cornist	NE	6/2017
40-44	183.7 kgs / 404.9 lbs	Kari Saban	FL	8/2006
45-49	165.5 kgs / 364.8 lbs	Charlotte Baker	VA	4/2017
50-54	135.0 kgs / 297.6 lbs	Linda Kubiak	AZ	6/2016
55-59	127.5 kgs / 281.0 lbs	Hyacinth Joseph	NC	6/2016
60-64	144.0 kgs / 317.4 lbs	Hyacinth Joseph	NC	11/2017
65-69	133.5 kgs / 294.3 lbs	Karen Hansen	VA	9/2016
Police/Fire/Mil	144.0 kgs / 317.4 lbs	Hyacinth Joseph	NC	11/2017
Spec. Oly.	102.5 kgs / 225.9 lbs	Joni Talavera	PA	6/2016

Weight Class: 198+ Female

Division	Deadlift	Name	Resides	Date
Open	206.0 kgs / 454.1 lbs	Emily Wingo	VA	6/2017
12-13	137.5 kgs / 303.1 lbs	Victoria Vasquez	MD	7/2010
14-15	154.2 kgs / 339.9 lbs	Shannon Summers	SC	12/1998
16-17	175.0 kgs / 385.8 lbs	Lindsay Field	NY	4/2017
18-19	177.5 kgs / 391.3 lbs	Lindsay Field	NY	10/2017
20-24	205.0 kgs / 451.9 lbs	Kopper Carter	VA	6/2017
35-39	205.0 kgs / 451.9 lbs	Nicole Jones	TX	4/2015
40-44	183.7 kgs / 404.9 lbs	Kari Saban	FL	
45-49	161.0 kgs / 354.9 lbs	Melany Pearl	VA	1/2018
50-54	177.5 kgs / 391.3 lbs	Robyn Powell	AZ	10/2017
55-59	145.0 kgs / 319.6 lbs	Sue Nova	AZ	10/2017
60-64	155.0 kgs / 341.7 lbs	Shirley Cole	PA	8/2016
65-69	136.0 kgs / 299.8 lbs	Karen Hansen	VA	3/2015
70-74	90.0 kgs / 198.4 lbs	Sandra Foli	IL	6/2014
80+	67.5 kgs / 148.8 lbs	Corrinne Cassidy	NH	3/2012
Police/Fire/Mil	152.5 kgs / 336.2 lbs	Latonia Brown	NC	11/2016
Spec. Oly.	150.0 kgs / 330.6 lbs	Brandy Bush	NY	3/2015