



POWERLIFTING FEDERATION

PENNSYLVANIA STATE STRICT CURL RECORDS

UPDATED: January 8, 2018 by Jay Siegel engrave2@verizon.net

WOMEN				
66 lb Class	Weight	Name	Resides	Date Set
8-9	29.8	Ashlyn Hitcho	Bethlehem, PA	5-2016
77 lb Class	Weight	Name	Resides	Date Set
8-9	29.8	Tiffani Teeter	Wilkes-Barre, PA	9-2016
97 lb Class	Weight	Name	Resides	Date Set
OPEN	32.5	Rebecca Moyer	Carroll Valley, PA	3-2009
10-11	32.5	Rebecca Moyer	Carroll Valley, PA	3-2009
114 lb Class	Weight	Name	Resides	Date Set
OPEN	55.1	Benita Steffan	Erie, PA	11-2013
14-15	33.0	Kayla Luster	Pittsburgh, PA	4-2014
18-19	44.1	Alicia Houston	PA	10-2017
50-54	55.1	Benita Steffan	Erie, PA	11-2013
123 lb Class	Weight	Name	Resides	Date Set
OPEN	46.3	Pamela Scarano	Mountaintop, PA	5-2016
18-19	35.2	Julianna Wickham	Danville, PA	5-2014
45-49	46.3	Pamela Scarano	Mountaintop, PA	5-2016
132 lb Class	Weight	Name	Resides	Date Set
OPEN	68.3	Laura Schepis	Moon Twp., PA	12-2014
14-15	40.8	Kelly Hennigan	Perkasie, PA	6-2013

35-39	51.8	Christine Long	Blairsville, PA	6-2013
40-44	51.8	Valerie Dixon	Clearfield, PA	5-2016
60-64	68.3	Laura Schepis	Moon Twp., PA	12-2014
148 lb Class	Weight	Name	Resides	Date Set
OPEN	68.3	Kaitlyn Duncan	Linesville, PA	10-2011
12-13	40.8	Rylie Dubbs	Julian, PA	5-2016
14-15	66.1	Kaitlyn Duncan	Linesville, PA	6-2010
16-17	68.3	Kaitlyn Duncan	Linesville, PA	10-2011
35-39	62.8	Kim Kaschalk	Clearfield, PA	11-2015
40-44	68.3	Emily McElwain	Indiana, PA	6-2013
45-49	33.0	Dawn Luster	Pittsburgh, PA	4-2014
60-64	62.8	Doris Santos	Ambler, PA	10-2013

165 lb Class	Weight	Name	Resides	Date Set
OPEN	84.8	Mary Ann Wieckowski	Perkasie, PA	6-2013
16-17	62.8	Kaitlyn Duncan	Linesville, PA	4-2011
20-24	33.0	Jaimi Flowers	PA	4-2014
45-49	84.8	Mary Ann Wieckowski	Perkasie, PA	6-2013
55-59	74.9	Kim Douth	Union City, PA	12-2017
181 lb Class	Weight	Name	Resides	Date Set
OPEN	77.2	Bre Schneider	Pennsylvania	10-2016
16-17	71.6	Anna McCloskey	Glen Mills, PA	11-2009
20-24	77.2	Bre Schneider	Pennsylvania	10-2016
50-54	73.8	Mary Ann Wieckowski	Perkasie, PA	6-2014
55-59	74.9	Kim Douth	Union City, PA	10-2017
198 lb Class	Weight	Name	Resides	Date Set
OPEN	88.2	Cassidy Comly	Bellefonte, PA	3-2016
20-24	88.2	Cassidy Comly	Bellefonte, PA	3-2016
Heavyweight	Weight	Name	Resides	Date Set
OPEN	84.8	Rochelle Dubbs	Julian, PA	12-2017
35-39	79.3	Rochelle Dubbs	Julian, PA	5-2016
40-44	84.8	Rochelle Dubbs	Julian, PA	12-2017

MEN

66 lb Class	Weight	Name	Resides	Date Set
8-9	18.7	Nathaniel Thorp	Clearfield, PA	5-2017
10-11	22.0	Cody Colondrillo	PA	6-2017
77 lb Class	Weight	Name	Resides	Date Set
10-11	40.8	Jack Thomas	Sandy Lake, PA	12-2017
88 lb Class	Weight	Name	Resides	Date Set
8-9	35.2	Diesel Koser	PA	12-2014
105 lb Class	Weight	Name	Resides	Date Set
OPEN	62.8	Nick Hartmann	Erie, PA	11-2013
8-9	40.8	Robbie Wickham	Danville, PA	4-2013
10-11	49.6	Diesel Koser	Shippensburg, PA	12-2016
12-13	57.3	Erik Thomas	Sandy Lake, PA	6-2015
16-17	62.8	Nick Hartmann	Erie, PA	11-2013
114 lb Class	Weight	Name	Resides	Date Set
OPEN	79.3	Nick Hartmann	Erie, PA	6-2014
12-13	60.6	Erik Thomas	Sandy Lake, PA	10-2015
16-17	79.3	Nick Hartmann	Erie, PA	6-2014
20-24	66.1	Mark Walker	Johnstown, PA	10-2013
123 lb Class	Weight	Name	Resides	Date Set
OPEN	84.8	Jacob Noll	Bellefonte, PA	5-2014
10-11	46.3	Robby Wickham	Danville, PA	5-2014
12-13	52.9	Diesel Koser	Shippensburg, PA	12-2017
18-19	84.8	Jacob Noll	Bellefonte, PA	5-2014
132 lb Class	Weight	Name	Resides	Date Set
OPEN	116.8	Gary Teeter	Wilkes-Barre, PA	10-2017
10-11	49.6	Robby Wickham	Danville, PA	10-2014
12-13	90.4	Erik Thomas	Sandy Lake, PA	9-2016
18-19	95.9	Levi Veneziano	Bellefonte, PA	5-2014
45-49	101.4	Gary Teeter	Wilkes-Barre, PA	7-2013
50-54	116.8	Gary Teeter	Wilkes-Barre, PA	10-2017

148 lb Class	Weight	Name	Resides	Date Set
OPEN	126.8	Gary Teeter	Wilkes-Barre, PA	5-2017
10-11	55.1	Raymond Kaminski	Plains, PA	6-2016
12-13	93.7	Erik Thomas	Sandy Lake, PA	10-2016
14-15	121.3	Erik Thomas	Sandy Lake, PA	12-2017
16-17	90.3	Tallin Norris	Clearfield, PA	5-2014
18-19	84.8	Elliott Lauder	Frenchville, PA	4-2012
20-24	121.3	Ryan Troiano	Wexford, PA	10-2011
40-44	117.9	Jason Thomas	Sandy Lake, PA	4-2015
45-49	101.4	Gary Teeter	Wilkes-Barre, PA	11-2013
50-54	126.8	Gary Teeter	Wilkes-Barre, PA	5-2017
55-59	112.4	Ramon Cruz	Cambridge Springs, PA	10-2017
65-69	100.3	Victor Shaffer	Erie, PA	5-2017

165 lb Class	Weight	Name	Resides	Date Set
OPEN	139.9	Curtis Miller	Tyrone, PA	7-2012
10-11	51.8	Raymond Kaminski	Plains, PA	5-2016
12-13	73.8	Davis Lee	Fairless Hills, PA	6-2014
14-15	90.4	Luke McCullough	Snow Shoe, PA	5-2016
16-17	136.6	Jason Luster	Pittsburgh, PA	8-2010
18-19	112.4	Domenico Scarano	Mountaintop, PA	5-2016
20-24	126.7	Rich Smith	Erie, PA	6-2017
35-39	112.4	Greg Dixon	Clearfield, PA	11-2013
40-44	121.2	Jason Thomas	Sandy Lake, PA	10-2015
45-49	115.7	Jason Thomas	Sandy Lake, PA	10-2017
50-54	125.7	Gary Teeter	Wilkes-Barre, PA	4-2017
65-69	105.8	Victor Shaffer	Sandy Lake, PA	12-2017

181 lb Class	Weight	Name	Resides	Date Set
OPEN	146.6	Pat Clarke	PA	10-2016
14-15	108.0	Rilee Bechdel	Karthus, PA	4-2015
16-17	123.5	Rilee Bechdel	Karthus, PA	5-2016
18-19	106.9	Jeremy Witter	Shippensburg, PA	5-2014
20-24	119.0	Jason Luster	Pittsburgh, PA	4-2014
35-39	146.6	Pat Clarke	PA	10-2016
40-44	132.2	Chris Colondrillo	Carlisle, PA	4-2015
45-49	115.7	Jason Thomas	Sandy Lake, PA	5-2017
50-54	121.2	Gary Teeter	Wilkes-Barre, PA	1-2017
60-64	106.9	Chuck Cole	Mechanicsburg, PA	5-2016

65-69	112.4	Joe Oregia	Erie, PA	4-2012
70-74	97.0	Joe Oregia	Erie, PA	12-2017
198 lb Class	Weight	Name	Resides	Date Set
OPEN	160.9	Danny Clarke	Philadelphia, PA	10-2017
16-17	145.5	Robbie Karstendiek	E. Stroudsburg, PA	4-2012
18-19	145.5	Conor Myers	Morrisdale, PA	5-2016
35-39	145.5	Pat Clarke	Philadelphia, PA	7-2017
40-44	158.7	Timothy Cole	Saylorsburg, PA	6-2013
45-49	115	John Ferrell	Orrstown, PA	3-2009
50-54	143.3	Keith Harbaugh	Meadville, PA	6-2010
55-59	142.1	Keith Harbaugh	Meadville, PA	11-2010
60-64	120.2	Lyle Eastman	Spartansburg, PA	10-2017

220 lb Class	Weight	Name	Resides	Date Set
OPEN	165.4	Danny Clarke	Philadelphia, PA	7-2017
16-17	112.4	Benjamin Bytheway	Julian, PA	4-2015
18-19	117.9	Nick Sutton	Erie, PA	6-2016
20-24	162.5	Aaron Shorb	Greencastle, PA	8-2008
35-39	145.5	Frank Hipple	Bellefonte, PA	5-2016
40-44	134.5	Hal Thomas	Erie, PA	7-2013
45-49	145.5	John Emling	Erie, PA	7-2013
50-54	123.4	Don Witter	Shippensburg, PA	11-2013
55-59	137.7	Keith Harbaugh	Meadville, PA	4-2011
60-64	90.4	Clyde Ryce	Mehoopany, PA	5-2016
65-69	101.4	Paul Dick	Hollidaysburg, PA	4-2015
70-74	106.9	Terry Margolis	Boalsburg, PA	4-2012
75-79	112.4	Terry Margolis	Boalsburg, PA	5-2017
242 lb Class	Weight	Name	Resides	Date Set
OPEN	187.4	John Franks	Milford, PA	10-2010
14-15	115.7	Mario Fontanazza, III	Oil City, PA	5-2017
16-17	106.9	Corey Thompson	Bellefonte, PA	5-2016
35-39	187.4	John Franks	Milford, PA	10-2011
40-44	101.4	Brian Louder, Sr.	Hooversville, PA	7-2012
55-59	106.9	Bob Feeney	Churchville, PA	6-2012
60-64	117.9	Bob Feeney	Churchville, PA	6-2014
275 lb Class	Weight	Name	Resides	Date Set

OPEN	162.0	William Ogden	Crafton, PA	10-2012
16-17	128.9	Rusty Miller	Boswell, PA	7-2012
35-39	117.9	Joe Caola	Hooversville, PA	2-2014
50-54	162.0	William Ogden	Crafton, PA	10-2012
55-59	115.7	Bob Feeney	Churchville, PA	1-2010
60-64	121.2	Bob Feeney	Churchville, PA	10-2015
308 lb Class	Weight	Name	Resides	Date Set
OPEN	139.9	Mike Norris	Clearfield, PA	11-2013
14-15	106.9	Michael Salvanish	Julian, PA	5-2014
35-39	139.9	Mike Norris	Clearfield, PA	11-2013
SHW Class	Weight	Name	Resides	Date Set
OPEN	156.5	Paul D'Antonio	Wattsburg, PA	4-2012
40-44	156.5	Paul D'Antonio	Wattsburg, PA	4-2012
45-49	143.2	Ted Brooks	Hanover, PA	8-2008
50-54	140	Ted Brooks	Hanover, PA	8-2009
60-64	99.2	Ray Wile	Union City, PA	5-2017