



POWERLIFTING FEDERATION

PENNSYLVANIA STATE POWERLIFTING RECORDS

UPDATED: January 15, 2018

WOMEN

<u>66 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
8-9	65 A ZIMMERMAN (2002)	36 A ZIMMERMAN (2002)	85 A ZIMMERMAN (2002)	186 A ZIMMERMAN (2002)
10-11	80 A ZIMMERMAN (2002)	45 A ZIMMERMAN (2002)	100 A ZIMMERMAN (2002)	220 A ZIMMERMAN (2002)

<u>77 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
8-9	100 A D'ANTONIO (2011)	55 A D'ANTONIO (2011)	140 A D'ANTONIO (2011)	290 A D'ANTONIO (2011)
10-11	105 A D'ANTONIO (2011)	55 A ZIMMERMAN (2003)	150 A D'ANTONIO (2011)	310 A D'ANTONIO (2011)

<u>88 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
8-9	95 S HUNT (2009)	45 S HUNT (2009)	130 S HUNT (2009)	270 S HUNT (2009)
10-11	110 A ZIMMERMAN (2004)	70 A ZIMMERMAN (2004)	165 A ZIMMERMAN (2004)	345 A ZIMMERMAN (2004)

<u>97 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	203 D TASHER (2012)	120 R SNYDER (1999)	248 D TASHER (2010)	545 D TASHER (2010)
8-9	110 S HUNT (2010)	55 S HUNT (2010)	155 S HUNT (2010)	320 S HUNT (2010)
12-13	130 A ZIMMERMAN (2005)	80 A ZIMMERMAN (2005)	175 A ZIMMERMAN (2005)	385 A ZIMMERMAN (2005)
16-17	203 D TASHER (2012)	94 D TASHER (2012)	248 D TASHER (2010)	545 D TASHER (2010)
35-39	132 R SNYDER (1999)	120 R SNYDER (1999)	155 R SNYDER (1999)	405 R SNYDER (1999)
40-44	125 P LORENZI (2003)	90 P LORENZI (2003)	245 P LORENZI (2003)	460 P LORENZI (2003)

<u>105 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	198 D TASHER (2012)	132 V FERLA (2016)	259 V FERLA (2016)	575 V FERLA (2016)
8-9	110 S HUNT (2010)	60 S HUNT (2010)	165 S HUNT (2010)	347 S HUNT (2010)
12-13	155 A ZIMMERMAN (2006)	100 A ZIMMERMAN (2006)	215 A ZIMMERMAN (2006)	470 A ZIMMERMAN (2006)
16-17	198 D TASHER (2012)	99 D TASHER (2012)	253 D TASHER (2012)	545 D TASHER (2012)
18-19	115 M KIMMEL (2012)	75 J PAINTER (2004)	159 M KIMMEL (2012)	341 M KIMMEL (2012)
35-39	160 B STEFFAN (2002)	90 B STEFFAN (2002)	255 B STEFFAN (2002)	500 B STEFFAN (2002)

<u>114 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	220 M CHAMBERS (2014)	135 B SKAL (1999)	315 B SKAL (1999)	640 B SKAL (1999)
8-9	120 A WRIGHT (2006)	80 A WRIGHT (2006)	160 A WRIGHT (2006)	360 A WRIGHT (2006)
10-11	154 S HUNT (2011)	77 S HUNT (2010)	190 K WITMER (2010)	413 S HUNT (2010)
12-13	220 M CHAMBERS (2014)	132 M CHAMBERS (2014)	286 M CHAMBERS (2013)	639 M CHAMBERS (2014)
14-15	203 S SALEMNO (2015)	104 A ZIMMERMAN (2007)	242 A ZIMMERMAN (2007)	518 A ZIMMERMAN (2007)
16-17	181 H PUZINAS (2009)	95 S SCHLOFER (2007)	240 A HICKEY (2002)	490 H PUZINAS (2009)
18-19	180 A HICKEY (2002)	95 A HICKEY (2002)	265 A HICKEY (2002)	540 A HICKEY (2002)
20-24	190 B SKAL (1999)	135 B SKAL (1999)	315 B SKAL (1999)	640 B SKAL (1999)
35-39	170 B STEFFAN (2003)	85 B STEFFAN (2003)	270 B STEFFAN (2003)	525 B STEFFAN (2003)
40-44	190 B STEFFAN (2008)	121 A SMITH (2016)	285 B STEFFAN (2008)	580 B STEFFAN (2008)
45-49	203 B STEFFAN (2013)	110 B STEFFAN (2013)	281 B STEFFAN (2013)	595 B STEFFAN (2013)
50-54	187 B STEFFAN (2013)	104 J HUNTLEY (2015)	242 B STEFFAN (2013)	529 B STEFFAN (2013)
55-59	165 J HUNTLEY (2017)	104 J HUNTLEY (2016)	225 J HUNTLEY (2016)	496 J HUNTLEY (2017)
65-69	126 M A LITTLE (2014)	77 M A LITTLE (2013)	176 M A LITTLE (2014)	380 M A LITTLE (2014)
70-74	132 M A LITTLE (2015)	77 M A LITTLE (2014)	170 M A LITTLE (2016)	369 M A LITTLE (2015)

<u>123 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	286 C TORTORIELLO (2017)	187 M CHAMBERS (2016)	350 L SNYDER (2005)	782 M CHAMBERS (2016)
12-13	105 J EMERICK (2001)	65 J EMERICK (2001)	145 J EMERICK (2001)	315 J EMERICK (2001)
14-15	242 M CHAMBERS (2014)	154 M CHAMBERS (2014)	286 M CHAMBERS (2014)	683 M CHAMBERS (2014)
16-17	264 M CHAMBERS (2016)	187 M CHAMBERS (2016)	330 M CHAMBERS (2016)	782 M CHAMBERS (2016)
18-19	214 T HAMMOND (2010)	110 T HAMMOND (2010)	248 T HAMMOND (2010)	573 T HAMMOND (2010)
20-24	286 C TORTORIELLO (2017)	154 C TORTORIELLO (2017)	335 B SKAL (1999)	733 C TORTORIELLO (2017)
35-39	260 L SNYDER (2005)	150 L SNYDER (2005)	350 L SNYDER (2005)	760 L SNYDER (2005)
40-44	198 B STEFFAN (2010)	110 M MURPHY (2010)	286 B STEFFAN (2010)	595 B STEFFAN (2010)
45-49	165 P SCARANO (2016)	94 A CARDIE (2013)	231 P SCARANO (2016)	485 P SCARANO (2016)
50-54	143 J WALKIEWICZ (2014)	115 E KORNFEIND (2014)	198 J WALKIEWICZ (2014)	440 J WALKIEWICZ (2014)
55-59	160 C KOCH (2004)	100 C KOCH (2004)	250 C WINKELBLECH (1999)	475 C WINKELBLACH (1999)
75-79	60 D JOHNSON (2008)	40 D JOHNSON (2008)	150 D JOHNSON (2008)	250 D JOHNSON (2008)

<u>132 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	264 G COHEN (2016)	148 B FOSTER (2016)	370 M MATUSZEWSKI (2001)	710 G COHEN (2016)
12-13	198 L PIEKUT (2016)	132 L PIEKUT (2016)	255 T TSHUDY (2006)	555 T TSHUDY (2006)
14-15	203 M HENDRICKS (2014)	115 K HENNIGAN (2013)	319 M HENDRICKS (2014)	622 M HENDRICKS (2014)
16-17	225 S PERRINE (2012)	132 S PERRINE (2011)	336 S PERRINE (2012)	672 S PERRINE (2012)
18-19	242 K STANCZYK (2014)	137 K STANCZYK (2014)	314 K STANCZYK	688 K STANCZYK (2014)
20-24	264 G COHEN (2016)	148 B FOSTER (2016)	319 B FOSTER (2016)	710 G COHEN (2016)
35-39	190 D ZIMMERMAN (2003)	121 S MASON (1999)	341 T WEINHAMER (1998)	617 T WEINHAMER (1998)
40-44	165 S ELCHYNSKI (2001)	115 S ELCHYNSKI (2001)	248 K SCHLEGEL (2017)	525 S ELCHYNSKI (2001)
45-49	220 M L NORRIS (2014)	132 M L NORRIS (2014)	270 M L NORRIS (2014)	622 M L NORRIS (2014)
50-54	225 M L NORRIS (2017)	132 M L NORRIS (2017)	275 J BICKEL (2015)	611 M L NORRIS (2017)
55-59	203 A KEMMERER (2013)	132 A KEMMERER (2013)	297 A KEMMERER (2013)	633 A KEMMERER (2013)
60-64	192 A KEMMERER (2014)	132 A KEMMERER (2014)	259 A KEMMERER (2014)	584 A KEMMERER (2014)
75-79	60 D JOHNSON (2009)	50 D JOHNSON (2009)	170 D JOHNSON (2009)	280 D JOHNSON (2009)
80-84	70 D JOHNSON (2009)	50 D JOHNSON (2009)	170 D JOHNSON (2009)	290 D JOHNSON (2009)

<u>148 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	286 V TASHER (2013)	170 A MILLER (2004)	374 S PERRINE (2013)	771 S PERRINE (2013)
12-13	148 N HERNANDEZ (2016)	83 N HERNANDEZ (2016)	214 N HERNANDEZ (2016)	446 N HERNANDEZ (2016)
14-15	285 A BUCK (2004)	155 A MILLER (2003)	320 A BUCK (2004)	745 A BUCK (2004)
16-17	248 S PERRINE (2013)	170 A MILLER (2004)	374 S PERRINE (2013)	771 S PERRINE (2013)
18-19	242 R HUTSON (2015)	148 S PERRINE (2013)	336 S PERRINE (2013)	716 S PERRINE (2013)

20-24	264 L CONRAD (2017)	150 K WOODSIDE (2001)	319 S SICKERT (2017)	716 L CONRAD (2017)
35-39	275 V TASHER (2013)	140 S VILLO (2003)	319 V TASHER (2012)	727 V TASHER (2013)
40-44	286 V TASHER (2013)	154 R DOUGLAS (2007)	319 V TASHER (2013)	749 V TASHER (2014)
45-49	255 D NAHAS (2014)	159 M WIECKOWSKI (2012)	320 S ELCHYNSKI (2004)	695 S ELCHYNSKI (2004)
50-54	165 R PATTERSON (2010)	110 R PATTERSON (2010)	253 R PATTERSON (2010)	529 R PATTERSON (2010)
55-59	187 A KEMMERER (2012)	132 A KEMMERER (2012)	286 A KEMMERER (2012)	606 A KEMMERER (2012)
60-64	70 J DECKER (2009)	110 D SANTOS (2013)	187 D SANTOS (2013)	352 D SANTOS (2013)

<u>165 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	290 K DEVENYI (?)	181 M EICHSTADT (2017)	341 R DOUGLAS (?)	770 K DEVENYI (?)
12-13	190 B ZIMMERMAN (2003)	90 B ZIMMERMAN (2003)	200 B ZIMMERMAN (2003)	480 B ZIMMERMAN (2003)
14-15	242 A COWDERY (2010)	148 W VERHILL(2015)	303 A COWDERY (2010)	666 A COWDERY (2010)
16-17	260 A BUCK (2005)	160 A BUCK (2005)	320 J FREDERICK (2009)	686 A COWDERY (2010)
18-19	242 R HESS (2013)	115 R CLARKE (2002)	303 K ISZKULA (2007)	650 R HESS (2013)
20-24	248 M EICHSTADT (2017)	181 M EICHSTADT (2017)	319 M EICHSTADT (2017)	749 M EICHSTADT (2017)
35-39	264 V TASHER (2012)	130 S CHALLIS (2005)	308 V TASHER (2012)	699 V TASHER (2012)
40-44	225 K NACE (2014)	159 K NACE (2014)	281 D SCHNEIDER (2017)	655 K NACE (2014)
45-49	248 S SCHWARTZ (2013)	165 R DOUGLAS (?)	341 R DOUGLAS (?)	715 R DOUGLAS (?)
50-54	200 D GRIMM (2008)	130 D GRIMM (2007)	225 D GRIMM (2007)	540 D GRIMM (2007)
55-59	159 K DOUTT (2017)	121 K DOUTT (2017)	231 K DOUTT (2017)	512 K DOUTT (2017)
60-64	126 A URBAN (2009)	66 A URBAN (2009)	220 A URBAN (2009)	413 A URBAN (2009)

<u>181 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	297 J MALOY (2015)	176 J BAIRD (2011)	369 C DEAN (2014)	799 C DEAN (2014)
12-13	175 B ZIMMERMAN (2002)	100 B ZIMMERMAN (2002)	215 B ZIMMERMAN (2002)	465 B ZIMMERMAN (2002)
14-15	259 S JOHNSON (2013)	137 S JOHNSON (2013)	319 S JOHNSON (2013)	710 S JOHNSON (2013)
16-17	259 A COWDERY (2001)	148 A COWDERY (2001)	336 A COWDERY (2001)	744 A COWDERY (2001)
20-24	260 J JASPER (2000)	165 J JASPER (2000)	330 J JASPER (2000)	755 J JASPER (2000)
35-39	297 J MALOY (2015)	148 J MALOY (2015)	352 J MALOY (2015)	799 J MALOY (2015)
40-44	242 L SMITH (2016)	170 K NACE (2014)	319 K NACE (2014)	716 K NACE (2014)
45-49	248 S SCHWARTZ (2013)	121 B CHASZCZEWICZ (2010)	325 S SCHWARTZ (2013)	688 S SCHWARTZ (2013)
50-54	259 MA WIECKOWSKI (2014)	176 MA WIECKOWSKI (2014)	303 S SCHWARTZ (2017)	705 MA WIECKOWSKI (2014)
55-59	198 K DOUTT (2016)	154 K DOUTT (2016)	259 K DOUTT (2016)	611 K DOUTT (2016)
Spec. Oly.	154 J TALAVERA (2015)	110 J TALAVERA (2015)	220 J TALAVERA (2015)	485 J TALAVERA (2015)

<u>198 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	281 C DEAN (2017)	176 C DEAN (2016)	391 C DEAN (2017)	837 C DEAN (2017)
16-17	270 R HESS (2012)	121 C COOPER (?)	314 R HESS (2012)	694 R HESS (2012)
35-39	264 S HEMINGER (2014)	159 S HEMINGER (2014)	325 S HEMINGER (2014)	749 S HEMINGER (2014)
40-44	275 C STRITZINGER (2017)	170 C STRITZINGER (2016)	341 C STRITZINGER (2015)	771 C STRITZINGER (2017)
45-49	248 M LAWSON (2016)	132 M LAWSON (2016)	297 M LAWSON (2015)	672 M LAWSON (2016)
Spec Olym.	178 J TALAVERA	115 J TALAVERA (2016)	225 J TALAVERA (2016)	529 J TALAVERA (2016)

<u>198+LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	280 S OGDEN (2001)	185 T BUKOUSKY (2006)	395 T BUKOUSKY (2006)	820 S OGDEN (2001)
16-17	280 S OGDEN (2001)	175 S OGDEN (2001)	365 S OGDEN (2001)	820 S OGDEN (2001)
18-19	270 B LUZIER (2017)	165 B LUZIER (2017)	330 B LUZIER (2017)	766 B LUZIER (2017)
20-24	245 V MUSCATO (2004)	150 V MUSCATO (2004)	315 V MUSCATO (2004)	710 V MUSCATO (2004)
35-39	248 C STRITZINGER (2014)	185 T BUKOUSKY (2006)	395 T BUKOUSKY (2006)	755 C STRITZINGER (2014)
40-44	198 M BOCK (2015)	126 M BOCK (2015)	231 M BOCK (2015)	556 M BOCK (2015)
50-54	160 B ZELINA (2008)	125 B ZELINA (2008)	235 B ZELINA (2008)	520 B ZELINA (2008)

MEN

<u>66 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
8-9	65 A BARRETT (2007)	65 A BARRETT (2007)	115 A BARRETT (2007)	245 A BARRETT (2007)

<u>77 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
6-7	95 R WICKHAM (2011)	50 R WICKHAM (2011)	110 R WICKHAM (2011)	255 R WICKHAM (2011)
8-9	120 C NOLAN (2004)	75 A BARRETT (2008)	150 A BARRETT (2008)	330 A BARRETT (2008)
10 – 11	115 D PERHACS (2001)	75 D PERHACS (2001)	140 D PERHACS (2001)	330 D PERHACS (2001)

<u>88 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
6-7	60 D LEE (2009)	45 D LEE (2009)	100 D LEE (2009)	205 D LEE (2009)
8-9	115 C STONER (2001)	65 C STONER (2001)	155 C STONER (2001)	335 C STONER (2001)
10-11	130 D PERHACS (2001)	85 J CAMPISI (1999)	215 J CAMPISI (1999)	420 J CAMPISI (1999)
12-13	130 D PERHACS (2001)	85 S PERHACS (2004)	170 S PERHACS (2004)	370 D PERHACS (2004)
14 – 15	132 N HARTMAN (2012)	88 N HARTMAN (2012)	231 N HARTMAN (2012)	451 N HARTMAN (2012)

<u>97 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
10-11	165 C WALKER (2015)	99 C WALKER (2015)	237 C WALKER (2014)	501 C WALKER (2015)
12-13	160 D PERHACS (2002)	94 N CHASZCZEWICZ (2009)	205 D PERHACS (2002)	455 D PERHACS (2002)
14 -15	185 E SMITH (2004)	125 C BLOOM (2002)	253 C FETTES (2012)	555 C BLOOM (2002)

<u>105 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	242 C WALKER (2016)	145 B PATAKY (2002)	314 C FETTES (2013)	677 C FETTES (2013)
8-9	137 R WICKHAM (2012)	71 R WICKHAM (2012)	176 R WICKHAM (2012)	380 R WICKHAM (2012)
10-11	203 C WALKER (2015)	110 C WALKER (2015)	270 C WALKER (2015)	584 C WALKER (2015)
12-13	242 C WALKER (2016)	115 C WALKER (2016)	303 C WALKER (2016)	661 C WALKER (2016)
14-15	214 C FETTES (2013)	145 B PATAKY (2002)	297 C FETTES (2013)	633 C FETTES (2013)
16-17	236 C FETTES (2013)	126 C FETTES (2013)	314 C FETTES (2013)	677 C FETTES (2013)

<u>114 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	235 C BLOOM (2003)	165 M WALKER (2013)	347 N HARTMANN (2014)	727 J RICE (2012)
8-9	154 R WICKHAM (2013)	77 R WICKHAM (2013)	203 R WICKHAM (2013)	435 R WICKHAM (2013)
10-11	187 S SMYKAL (2010)	83 S SMYKAL (2010)	192 S SMYKAL (2010)	462 S SMYKAL (2010)
12-13	181 R MECK (2012)	132 R MECK (2012)	292 R MECK (2012)	606 R MECK (2012)
14-15	198 J HARTMANN (2015)	140 S GOETZ (2004)	290 S GOETZ (2004)	625 S GOETZ (2004)
16-17	235 C BLOOM (2003)	160 C BLOOM (2003)	347 N HARTMANN (2014)	727 J RICE (2012)
20-24	198 M WALKER (2013)	165 M WALKER (2013)	286 M WALKER (2013)	650 M WALKER (2013)

<u>123 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	505 M KUHNS (2004)	280 M KUHNS (2004)	425 S SNYDER (1999)	1150 M KUHNS (2004)
8-9	150 D LEE (2011)	75 D LEE (2011)	120 D LEE (2011)	345 D LEE (2011)
10-11	181 R WICKHAM (2013)	88 R WICKHAM (2013)	220 R WICKHAM (2013)	490 R WICKHAM (2013)
12-13	297 C WALKER (2016)	148 C WALKER (2016)	352 C WALKER (2016)	799 C WALKER (2016)
14-15	335 C WILLIAMS (2000)	200 C WILLIAMS (2000)	360 C WILLIAMS (2000)	880 C WILLIAMS (2000)
16-17	281 P CATALDI (2012)	187 P CATALDI (2012)	363 N HARTMANN (2015)	843 P CATALDI (2012)
18-19	505 M KUHNS (2004)	280 M KUHNS (2004)	385 P CATALDI (2013)	1150 M KUHNS (2004)
35-39	345 S SNYDER (2009)	215 S SNYDER (2009)	425 S SNYDER (2009)	985 S SNYDER (2009)

<u>132 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	545 M KUHNS (2017)	330 M KUHNS (2010)	450 M ALLGEIER (2000)	1251 M KUHNS (2017)
10-11	192 R WICKHAM (2014)	99 R WICKHAM (2014)	236 R WICKHAM (2014)	529 R WICKHAM (2014)
12-13	203 W WIGMORE (2009)	148 W WIGMORE (2009)	275 W WIGMORE (2009)	628 W WIGMORE (2009)
14-15	407 M KUHNS (2001)	242 M KUHNS (2001)	425 W GONZALEZ (1999)	1000 W GONZALEZ (1999)
16-17	470 M KUHNS (2003)	290 M KUHNS (2003)	374 C FETTES (2014)	1115 M KUHNS (2003)
18-19	470 M KUHNS (2005)	290 M KUHNS (2005)	418 C BLOOM (2005)	1150 M KUHNS (2005)

20-24	340 M ALLGEIER (2000)	230 J ALLGEIER (2000)	450 M ALLGEIER (2000)	1020 M ALLGEIER (2000)
35-39	325 S SNYDER (2009)	203 S SNYDER (2009)	402 S SNYDER (2009)	931 S SNYDER (2009)
45-49	225 G TEETER (2014)	237 G TEETER (2014)	352 M BOSTON (2000)	782 M BOSTON (2000)
50-54	253 G TEETER (2016)	236 G TEETER (2016)	385 M BOSTON (2003)	832 M BOSTON (2003)
55-59	240 M BOSTON (2006)	185 M BOSTON (2006)	350 M BOSTON (2006)	775 M BOSTON (2006)
65-69	198 M BOSTON (2017)	137 M BOSTON (2016)	303 M BOSTON (2016)	633 M BOSTON (2017)
70-74	198 J DITZIAN (2015)	132 J DITZIAN (2015)	270 J DITZIAN (2015)	600 J DITZIAN (2015)

<u>148 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	550 M KUHNS (2006)	350 M KUHNS (2006)	529 C FERRANTI (2013)	1270 M KUHNS (2006)
10-11	154 D LEE (2012)	104 D LEE (2012)	198 D LEE (2012)	457 D LEE (2012)
12-13	231 E SWANGER (2009)	115 E SWANGER (2009)	236 E. SWANGER (2009)	584 E SWANGER (2009)
14-15	370 M KUHNS (2001)	280 B REBARCHAK (2003)	415 A LOOMIS (2006)	942 N SALEMNO (2014)
16-17	347 R LEFKOSKI (2014)	259 R LEFKOSKI (2014)	420 D CROSBY (2004)	1014 R LEFKOSKI (2014)
18-19	400 D WISNIEWSKI (1999)	285 B FORD (2008)	440 P CATALDI (2014)	1041 M CONNOLY (2017)
20-24	550 M KUHNS (2006)	350 M KUHNS (2006)	529 C FERRANTI (2013)	1270 M KUHNS (2006)
35-39	370 J MARTUCCI (2006)	255 G TEETER (2005)	475 G JAMES (2009)	1090 J MARTUCCI (2006)
40-44	445 R CRUZ (2002)	285 R CRUZ (2002)	485 R CRUZ (2002)	1205 R CRUZ (2002)
45-49	363 J MARTUCCI (2016)	225 G TEETER (2013)	440 S SNYDER (2007)	1014 J MARTUCCI (2013)
50-54	352 L LANTZ (2014)	264 G TEETER (2017)	407 L LANTZ (2014)	947 L LANTZ (2014)
55-59	391 R CRUZ (2017)	242 R CRUZ (2017)	407 L LANTZ (2015)	1030 R CRUZ (2017)
60-64	390 P GRIFFITH (2006)	235 P GRIFFITH (2006)	380 I BONACCI	990 P GRIFFITH (2006)
65-69	335 P GRIFFITH (2011)	192 V SHAFFER (2015)	385 V SHAFFER (2017)	870 P GRIFFITH (2010)
70-74	292 P GRIFFITH (2016)	143 I BONACCI (2015)	314 I BONACCI (2015)	749 P GRIFFITH (2016)

<u>165 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	518 M CATALINO (2000)	363 J VOHS (2014)	630 J BRACA (2000)	1470 J BRACA (2000)
10-11	180 M MONGERA (2005)	140 M MONGERA (2005)	240 M MONGERA (2005)	560 M MONGERA (2005)
12-13	286 Z SNYDER (2013)	195 M ROSENSWEET (2007)	352 Z SNYDER (2013)	790 M MARTIN (2002)
14-15	380 R COFFEY (2012)	292 J GALVIN (2015)	507 D COLLETTI (2007)	1129 D COLLETTI (2007)
16-17	440 R COFFEY (2014)	303 R COFFEY (2014)	520 J FOLMAR (2001)	1256 R COFFEY (2014)
18-19	450 D WISNIEWSKI (1999)	314 R COFFEY (2016)	540 R COFFEY (2016)	1295 R COFFEY (2016)
20-24	518 M CATALINO (2000)	363 J VOHS (2014)	518 N Cline (2017)	1350 J VOHS (2014)
35-39	480 J BRACA (2000)	360 J BRACA (2000)	630 J BRACA (2000)	1470 J BRACA (2000)
40-44	505 G CLAY (2001)	292 D DIBBLE (2014)	625 J BRACA (2003)	1400 J BRACA (2003)
45-49	480 R CRUZ (2006)	320 J POLAK (?)	565 N THEODOROU (1999)	1270 R CRUZ (2006)
50-54	479 R CRUZ (2012)	286 R CRUZ (2010)	560 N THEODOROU (2002)	1245 R CRUZ (2012)
55-59	405 N THEODOROU (2006)	200 N THEODOROUX (2006)	570 N THEODOROU (2006)	1165 N THEODOROU (2006)

60-64	355 N THEODOROU (2011)	205 R RISHEL (2008)	505 N THEODOROU (2011)	960 N THEODOROU (2011)
65-69	314 P GRIFFITH (2015)	176 V SHAFFER (2017)	391 V SHAFFER (2017)	804 P GRIFFITH (2015)
70-74	325 P GRIFFITH (2017)	148 P GRIFFITH (2017)	308 P GRIFFITH (2017)	777 P GRIFFITH (2017)
80-84	154 S CONTAKOS (2013)	77 S CONTAKOS (2013)	248 S CONTAKOS (2013)	479 S CONTAKOS (2013)

<u>181 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	600 M CLICKETT (2002)	380 M CLICKETT (2002)	677 T HOGANS (2013)	1504 G EPELBAUM (2009)
12-13	55 D LEE (2015)	203 D LEE (2015)	341 D LEE (2015)	600 D LEE (2015)
14-15	420 M HENRY (2003)	275 A SOMERVILLE (1999)	473 A FIELDER (2012)	1110 M HENRY (2003)
16-17	445 R KARSTENDIEK (2011)	292 C SANCHEZ (2016)	530 D COLLETTI (2008)	1205 R KARSTENDIEK (2011)
18-19	475 A BROWN (2001)	363 S SHUCK (?)	555 J MINNS (2008)	1320 J MINNS (2008)
20-24	535 M CATALINO (2002)	370 M CATALINO (2002)	600 J BECK (1999)	1465 M CATALINO (2002)
35-39	510 D TEETER (2006)	374 J BROWN (2000)	640 J BRACA (2002)	1455 B ROYER (2012)
40-44	500 J BRACA (2004)	330 J BRACA (2004)	640 J BRACA (2006)	1465 J BRACA (2004)
45-49	490 J BRACA (2010)	325 B ENNIS (2009)	630 J BRACA (2010)	1400 J BRACA (2010)
50-54	490 J BRACA (2014)	335 L STIRES (2006)	650 J BRACA (2013)	1438 J BRACA (2013)
55-59	390 D URBAN (2010)	314 B ENNIS (2016)	525 J ORENGIA (2002)	1179 B ENNIS (2017)
60-64	370 J ORENGIA (2006)	270 D JURKIEWICZ (2012)	523 J ORENGIA (2007)	1130 J ORENGIA (2006)
65-69	330 J ORENGIA (2011)	231 J ORENGIA (2012)	462 J ORENGIA (2012)	1003 J ORENGIA (2012)
70-74	297 J ORENGIA (2016)	214 J ORENGIA (2016)	418 J ORENGIA (2016)	920 J ORENGIA (2016)
75-79	165 S CONTAKOS (2011)	95 S CONTAKOS (2011)	255 S CONTAKOS (2011)	515 S CONTAKOS (2011)

<u>198 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	610 M MASTREAN (2002)	424 B RUSSELL (2017)	661 B ROYER (2014)	1665 M MASTREAN (2002)
14-15	410 T MOON (2007)	253 N CATALDI (2014)	507 T MOON (2007)	1162 A FIELDER (2013)
16-17	485 M BADSTIBNER (2015)	314 M BADSTIBNER (2015)	585 M HENRY (2004)	1350 R KARSTENDIEK (2012)
18-19	525 E CRIDGE (2001)	400 E CRIDGE (2001)	590 A BROWN (2001)	1500 E CRIDGE (2001)
20-24	575 J MCCODE (2001)	390 J MCCODE (2001)	640 J MCCODE (2001)	1605 J MCCODE (2001)
35-39	600 B ROYER (2014)	405 J SAVAGE (?)	661 B ROYER (2014)	1653 B ROYER (2014)
40-44	605 R JORDAN (2001)	375 D MOORE (2003)	660 R JORDAN (2001)	1625 R JORDAN (2001)
45-49	540 JB BOYD (2004)	345 S HOUGH (2008)	650 JB BOYD (2004)	1505 JB BOYD (2004)
50-54	500 B BAYER (2000)	350 R LUDWIG (2009)	560 B BAYER (1999)	1340 R LUDWIG (2009)
55-59	525 B BAYER (2002)	340 L STIRES (2008)	560 B BAYER (2002)	1345 B BAYER (2002)
60-64	507 B BAYER (2010)	286 D KUHNS (2014)	556 G WOODS (2009)	1285 B BAYER (2010)
65-69	501 B BAYER 92012)	264 D KUHNS (2017)	550 B BAYER (2011)	1255 B BAYER (2011)
70-74	446 B BAYER (2015)	198 B BAYER (2015)	501 B BAYER (2015)	1146 B BAYER (2015)
Spec. Olym.	121 C MAURER (2015)	154 C MAURER (2015)	242 C MAURER (2015)	518 C MAURER (2015)

<u>220 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	595 C LIGHT (2017)	460 N VLASIC (2002)	665 M EVANS (2001)	1625 C LIGHT (2017)
12-13	220 N MCCLAIN (1999)	275 N CARLIN (2008)	360 N CARLIN (2008)	850 N CARLIN (2008)
14-15	425 M MAGYAR (1999)	270 S MORSE (2002)	500 M MAGYAR (1999)	1175 M MAGYAR (1999)
16-17	507 N CATALDI (2014)	320 S MCCLAIN (1999)	585 M MAGYAR (2000)	1360 M MAGYAR (2000)
18-19	540 J MAYES (2010)	385 C LIGHT (2014)	580 P DELVEY (2001)	1399 C LIGHT (2014)
20-24	595 C LIGHT (2017)	400 S SHOLARS (2001)	633 C LIGHT (2017)	1625 C LIGHT (2017)
35-39	545 W KLIEFOTH (1999)	440 N VLASIC (2001)	665 M EVANS (2001)	1535 N VLASIC (2001)
40-44	575 K BYERLY (2002)	460 N VLASIC (2002)	580 W RUIZ (2000)	1590 N VLASIC (2002)
45-49	512 J KANE (1999)	369 J EMLING (2012)	611 J KANE (1999)	1477 J KANE (1999)
50-54	479 G DISTASIO (2017)	375 D LHOTA (?)	573 G DISTASIO (2017)	1372 J EMLING (2017)
55-59	555 B BAYER (2005)	352 B LUDWIG (2016)	611 P ROSENSTERN (2013)	1416 B LUDWIG (2017)
60-64	535 B BAYER (2005)	292 D LHOTA (2017)	575 B BAYER (2006)	1330 B BAYER (2005)
65-69	330 D AMOROSO (2011)	215 L BURTON (2004)	440 D AMOROSO (2011)	964 D AMOROSO (2011)
70-74	336 D AMOROSO (2013)	192 D AMOROSE (2013)	440 D AMOROSO (2016)	942 D AMOROSO (2013)

<u>242 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	610 A MCFERREN (2001)	470 N VLASIC (2003)	716 R DAVIS (2000)	1658 D HENDERSON (1998)
12-13	270 J LEE III (2001)	175 J LEE III (2001)	330 J LEE III (2001)	775 J LEE III (2001)
14-15	380 T YARRINGTON (2007)	285 E ARRIAGA (2001)	462 T YARRINGTON (2007)	1074 T YARRINGTON (2007)
16-17	606 N CATALDI (2016)	355 L HARMAN (2006)	605 M MAGYAR (2001)	1554 N CATALDI (2016)
18-19	560 M MAGYAR (2002)	335 M MAGYAR (2002)	625 M MAGYAR (2002)	1520 M MAGYAR (2002)
20-24	K LIGHT (2017)	424 K LIGHT (2017)	633 K LIGHT (2017)	1625 K LIGHT (2017)
35-39	584 D HENDERSON (1998)	463 J FRANKS (2011)	716 R DAVIS (2000)	1658 D HENDERSON (1998)
40-44	610 A MCFERREN (2001)	470 N VLASIC (2003)	680 R DAVIS (2001)	1590 N VLASIC (2003)
45-49	562 B FAENZA (2017)	429 D REEDER (?)	617 B FAENZA (2017)	1526 R EBNER (2010)
50-54	500 R JENKS (2011)	345 C CRIDER (2004)	575 R JENKS (2011)	1375 R JENKS (2011)
55-59	501 R JENKS (2014)	303 F FELIX (2014)	584 R JENKS (2014)	1372 R JENKS (2014)
60-64	485 R JENKS (2016)	324 G BURKE (?)	551 R JENKS (2016)	1295 R JENKS (2016)
65-69	245 A SIEGEL (2006)	170 A SIEGEL (2006)	350 A SIEGEL (2006)	765 A SIEGEL (2006)
70-74	203 A SIEGEL (2010)	150 A SIEGEL (2008)	314 A SIEGEL (2010)	661 A SIEGEL (2010)

<u>275 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	850 G LOWE (2001)	505 B SHUMAN (2003)	800 G LOWE (2001)	2130 G LOWE (2001)
12-13	255 J LEE III (2001)	160 J LEE III (2001)	300 J LEE III (2001)	715 J LEE III (2001)

14-15	540 Z STROUSE (2013)	350 D ANDERSON (2005)	622 Z STROUSE (2013)	1438 Z STROUSE (2013)
16-17	573 Z STROUSE (2013)	451 J JEFFERSON (2014)	639 Z STROUSE (2014)	1567 J JEFFERSON (2014)
18-19	525 T WATSON (2009)	335 T WATSON (2009)	620 T WATSON (2009)	1480 T WATSON (2009)
20-24	628 K SCHUSTER (2016)	451 N SEINERA (2010)	611 K SCHUSTER (2016)	1647 K SCHUSTER (2016)
35-39	585 D RAYBUCK (2006)	468 B SHUMAN (2001)	630 D RAYBUCK (2006)	1664 B SHUMAN (2001)
40-44	630 B SHUMAN (2003)	505 B SHUMAN (2003)	650 B GERMANOSKI (2017)	1765 B SHUMAN (2003)
45-49	850 G LOWE (2001)	480 G LOWE (2001)	800 G LOWE (2001)	2130 G LOWE (2001)
50-54	540 J LAWSON (2016)	380 W OGDEN (2012)	606 J LAWSON (2016)	1488 R EBNER (2014)
55-59	457 M BOWEN (2015)	369 W OGDEN (2016)	573 W OGDEN (2016)	1339 W OGDEN (2016)
60-64	440 A SIEGEL (1998)	264 M BOWEN (2017)	496 M BOWEN (2017)	1165 A SIEGEL (1998)
65-69	320 A SIEGEL (2004)	230 A SIEGEL (2004)	410 A SIEGEL (2004)	950 A SIEGEL (2004)

<u>308 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	705 T DUGAN (2017)	440 D MIGNOT (2011)	705 T DUGAN (2017)	1763 T DUGAN (2017)
14-15	347 B LOUDER, JR (2012)	187 B LOUDER, JR (2012)	391 B LOUDER, JR (2012)	925 B LOUDER, JR (2012)
16-17	418 T BERISH (2013)	286 T BERISH (2013)	501 C BRAGUE (2015)	1091 T BERISH (2013)
35-39	303 M BRESTENSKY (2012)	336 M BRESTENSKY (2012)	485 M BRESTENSKY (2012)	1124 M BRESTENSKY (2012)
40-44	584 R MOSTOLLER (2014)	429 R MOSTOLLER (2014)	633 R MOSTOLLER (2013)	1647 R MOSTOLLER (2014)
45-59	650 D MIGNOT (2012)	440 D MIGNOT (2011)	622 J LAWSON (2012)	1681 D MIGNOT (2011)
50-54	518 J LAWSON (2014)	424 R GAINS (2015)	611 R GAINS (2015)	1537 R GAINS (2015)
55-59	440 R JEFFERY (2007)	300 R JEFFERY (2005)	550 R JEFFERY (2007)	1270 R JEFFERY (2007)
60-64	490 R JEFFERY (2012)	281 M BOWEN (2016)	580 R JEFFERY (2011)	1345 R JEFFERY (2011)
65-69	418 R JEFFERY (2015)	264 R JEFFERY (2015)	451 R JEFFERY (2015)	1135 R JEFFERY (2015)

<u>SHW CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	645 D MIGNOT (2011)	485 J JACKSON (2017)	660 W SKELLEY (2001)	1705 S. BUCCILLI (2011)
14-15	470 M NELSON (1999)	315 P DILULLO (1999)	525 M NELSON (1999)	1305 M NELSON (1999)
16-17	480 T BYERLY (2002)	350 S MCHENRY (2002)	505 E BEDSON (2004)	1260 S MCHENRY (2002)
18-19	500 A BYERLY (2003)	341 Z CASTILLO (2015)	535 A BYERLY (2002)	1315 A BYERLY (2003)
20-24	535 J STAWSER (2009)	435 B CHEW (2011)	600 J STRAWER (2009)	1542 B CHEW (2011)
35-39	635 B BANHART (1998)	450 R MOSTOLLER (2009)	650 R MOSTOLLER (2009)	1705 S BUCCILLI (2008)
40-44	573 P D'ANTONIO (2012)	462 J JACKSON (2016)	640 S MCCOY (2000)	1609 P D'ANTONIO (2012)
45-49	645 D MIGNOT (2011)	485 J JACKSON (2017)	622 P D'ANTONIO (2016)	1681 D MIGNOT (2011)
50-54	475 J LEE (2011)	345 J LEE (2011)	550 J LEE (2011)	1370 J LEE (2011)