



## NORTH CAROLINA STATE BENCH PRESS RECORDS

Updated by Ed Kutin

12/28/2018

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<b>Weight Class: 66 Female</b>			
Division	Bench Press	Name	Date
Open	17.0 kgs / 37.4 lbs	Mackenzie Taylor	11/2015
5 and under	10.0 kgs / 22.0 lbs	Sofia Corridean	11/2017
6-7	17.0 kgs / 37.4 lbs	Mackenzie Taylor	
8-9	17.0 kgs / 37.4 lbs	Mackenzie Taylor	11/2015

<b>Weight Class: 77 Female</b>			
Division	Bench Press	Name	Date
Open	20.4 kgs / 44.9 lbs	Megan Gubbs	5/2008
6-7	15.8 kgs / 34.8 lbs	Megan Gubbs	12/2007
8-9	20.4 kgs / 44.9 lbs	Megan Gubbs	5/2008
10-11	17.0 kgs / 37.4 lbs	Brooke Zak	2/2016

<b>Weight Class: 88 Female</b>			
Division	Bench Press	Name	Date
Open	35.0 kgs / 77.1 lbs	Samantha Brickhouse	5/2014
8-9	25.0 kgs / 55.1 lbs	Mackenzie Taylor	8/2017
10-11	22.0 kgs / 48.5 lbs	Brooke Zak	8/2016
20-24	35.0 kgs / 77.1 lbs	Samantha Brickhouse	5/2014

<b>Weight Class: 97 Female</b>			
Division	Bench Press	Name	Date
Open	47.5 kgs / 104.7 lbs	Ashley Christiansen	3/2017
8-9	27.0 kgs / 59.5 lbs	Mackenzie Taylor	11/2017
10-11	25.0 kgs / 55.1 lbs	Brianna Babbit	11/2009
12-13	25.0 kgs / 55.1 lbs	Anna Zak	5/2015
16-17	47.5 kgs / 104.7 lbs	Ashley Christiansen	3/2017
18-19	44.0 kgs / 97.0 lbs	Ashley Christiansen	11/2017
20-24	43.5 kgs / 95.9 lbs	Samantha Brickhouse	11/2014

<b>Weight Class: 105 Female</b>			
Division	Bench Press	Name	Date
Open	54.4 kgs / 119.9 lbs	K. Becceria	11/1997
10-11	40.8 kgs / 89.9 lbs	K. Stegall	
12-13	39.5 kgs / 87.0 lbs	Trenell Williams	11/2009
14-15	42.5 kgs / 93.6 lbs	Jessica Smith	10/2015
16-17	48.0 kgs / 105.8 lbs	Ashley Christiansen	11/2016
18-19	37.5 kgs / 82.6 lbs	Jessica Lovitt	6/2011

20-24	45.0 kgs / 99.2 lbs	Samantha Brickhouse	8/2016
30-34	40.8 kgs / 89.9 lbs	Sandra Tipton	11/2002
35-39	30.0 kgs / 66.1 lbs	Julianna Pastorius	6/2012
40-44	54.4 kgs / 119.9 lbs	K. Becceria	11/1997
45-49	30.0 kgs / 66.1 lbs	Heidi Lassiter	11/2007
50-54	35.0 kgs / 77.1 lbs	Sherlene Lerose	3/2013
Police/Fire/Mil	42.5 kgs / 93.6 lbs	Elizabeth Zeutschel	8/2014

<b>Weight Class: 114 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>74.8 kgs / 164.9 lbs</b>	<b>Deborah Flanagan</b>	<b>11/2003</b>
10-11	32.5 kgs / 71.6 lbs	Bryce Dowdy	6/2010
12-13	28.0 kgs / 61.7 lbs	Anna Zak	8/2016
14-15	30.5 kgs / 67.2 lbs	Anna Zak	11/2017
16-17	48.0 kgs / 105.8 lbs	Jessica Smith	6/2016
18-19	57.5 kgs / 126.7 lbs	Kayla Johnson	2/2015
20-24	42.5 kgs / 93.6 lbs	B. Sattenwhite	2/2014
30-34	56.6 kgs / 124.7 lbs	Johli Carscallen	3/2007
35-39	56.7 kgs / 125.0 lbs	S. Gill	
40-44	74.8 kgs / 164.9 lbs	Deborah Flanagan	11/2003
45-49	63.5 kgs / 139.9 lbs	Doreen Wofford	8/2008
55-59	47.5 kgs / 104.7 lbs	Ginger Enderson	8/2014
Police/Fire/Mil	47.5 kgs / 104.7 lbs	Kendra Johnson	3/2011

<b>Weight Class: 123 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>81.0 kgs / 178.5 lbs</b>	<b>Amy Eaton</b>	<b>6/2011</b>
10-11	45.0 kgs / 99.2 lbs	Diamonds Marrow	4/2011
12-13	42.5 kgs / 93.6 lbs	Bryce Dowdy	11/2011
14-15	40.8 kgs / 89.9 lbs	L. Fletcher	
16-17	58.9 kgs / 129.8 lbs	C. Chavis	
18-19	57.5 kgs / 126.7 lbs	Rachel Jordan	8/2015
20-24	50.0 kgs / 110.2 lbs	De'Anna Balance	3/2011
25-29	47.5 kgs / 104.7 lbs	Kendra Johnson	4/2011
30-34	55.0 kgs / 121.2 lbs	Jennie Turner	6/2013
35-39	78.5 kgs / 173.0 lbs	Amy Eaton	2/2011
40-44	81.0 kgs / 178.5 lbs	Amy Eaton	6/2011
45-49	47.6 kgs / 104.9 lbs	Cheri Grant	2/2006
50-54	57.5 kgs / 126.7 lbs	Maxine Ferris	6/2017

<b>Weight Class: 132 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>127.0 kgs / 279.9 lbs</b>	<b>Jennifer Thompson</b>	<b>8/2006</b>
10-11	30.0 kgs / 66.1 lbs	Anecia Wilkerson	11/2009
12-13	38.6 kgs / 85.0 lbs	S. Glasper	
14-15	43.5 kgs / 95.9 lbs	Halie Sweeney	6/2012
16-17	55.0 kgs / 121.2 lbs	Samantha Ferris	11/2017
18-19	52.5 kgs / 115.7 lbs	Rachel Jordan	5/2015
20-24	67.5 kgs / 148.8 lbs	Rachel Jordan	6/2016
25-29	56.6 kgs / 124.7 lbs	Carrie King	5/2003

30-34	127.0 kgs / 279.9 lbs	Jennifer Thompson	8/2006
35-39	70.3 kgs / 154.9 lbs	C. Chavis	
40-44	55.0 kgs / 121.2 lbs	Kate Rupert	6/2012
45-49	79.3 kgs / 174.8 lbs	Kelly Wescott	4/2007
50-54	76.0 kgs / 167.5 lbs	Kelly Wescott	3/2011
55-59	61.0 kgs / 134.4 lbs	Kelly Wescott	6/2016

<b>Weight Class: 148 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>99.7 kgs / 219.7 lbs</b>	<b>Donna White</b>	<b>6/2003</b>
10-11	40.0 kgs / 88.1 lbs	Trinity Marrow	3/2012
12-13	43.0 kgs / 94.7 lbs	Shannon Rudd	6/2003
14-15	50.0 kgs / 110.2 lbs	Marrena Glanville	
16-17	50.0 kgs / 110.2 lbs	Marrena Glanville	10/2010
18-19	62.5 kgs / 137.7 lbs	Kristi Amerson	6/2010
20-24	70.3 kgs / 154.9 lbs	Rebecca Howell	6/2006
25-29	84.8 kgs / 186.9 lbs	Latrese Reames	7/2007
35-39	97.5 kgs / 214.9 lbs	G. Knight-McNeil	5/1999
40-44	70.3 kgs / 154.9 lbs	G. Chavis	
45-49	72.0 kgs / 158.7 lbs	Lori Bailey	11/2017
50-54	72.5 kgs / 159.8 lbs	Kelly Wescott	11/2010

<b>Weight Class: 165 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>97.5 kgs / 214.9 lbs</b>	<b>Tammy Walker</b>	<b>3/2009</b>
10-11	40.8 kgs / 89.9 lbs	K. McNeil	5/1999
12-13	37.5 kgs / 82.6 lbs	Madilyn Sorey	8/2017
14-15	58.5 kgs / 128.9 lbs	Jordan Draves	3/2013
16-17	68.0 kgs / 149.9 lbs	M. Mercer	
18-19	62.5 kgs / 137.7 lbs	Kristi Amerson	6/2010
20-24	63.5 kgs / 139.9 lbs	Jennifer Zak	11/1999
25-29	81.6 kgs / 179.8 lbs	Amanda Dolan	5/2003
30-34	63.5 kgs / 139.9 lbs	Angel Green	2/2006
35-39	86.1 kgs / 189.8 lbs	Tammy Walker	9/2007
40-44	97.5 kgs / 214.9 lbs	Tammy Walker	3/2009
45-49	65.0 kgs / 143.2 lbs	Kate Rupert	2/2016

<b>Weight Class: 181 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>112.5 kgs / 248.0 lbs</b>	<b>Tammy Walker</b>	<b>5/2014</b>
10-11	40.8 kgs / 89.9 lbs	Solita Williams	
12-13	56.7 kgs / 125.0 lbs	Solita Williams	
14-15	47.5 kgs / 104.7 lbs	Hanna Holden	11/2015
16-17	66.5 kgs / 146.6 lbs	MahNyah Inglesia	
18-19	60.0 kgs / 132.2 lbs	MahNyah Inglesia	5/2014
20-24	100.0 kgs / 220.4 lbs	Cristi Bartlett	11/2010
35-39	81.6 kgs / 179.8 lbs	Karen Stone	10/2005
40-44	107.5 kgs / 236.9 lbs	Tammy Walker	5/2010
45-49	112.5 kgs / 248.0 lbs	Tammy Walker	5/2014
55-59	77.5 kgs / 170.8 lbs	Hyacinth Joseph	3/2013

60-64	65.0 kgs / 143.2 lbs	Andrea Frederick	2/2016
Police/Fire/Mil	80.0 kgs / 176.3 lbs	Franky Moore	5/2015

<b>Weight Class: 198 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>102.5 kgs / 225.9 lbs</b>	<b>Nikki Creecy</b>	<b>3/2013</b>
10-11	45.3 kgs / 99.8 lbs	Solita Williams	5/2001
12-13	52.1 kgs / 114.8 lbs	Solita Williams	
14-15	65.0 kgs / 143.2 lbs	Aryah Seymore	6/2016
16-17	52.5 kgs / 115.7 lbs	Taliyah Jones	4/2011
18-19	49.9 kgs / 110.0 lbs	Kelsie Tipton	
20-24	102.0 kgs / 224.8 lbs	America Marrow	6/2007
30-34	55.0 kgs / 121.2 lbs	Rachel Mundell	4/2017
35-39	102.5 kgs / 225.9 lbs	Nikki Creecy	3/2013
40-44	70.3 kgs / 154.9 lbs	Helen Cain	5/2004
45-49	55.0 kgs / 121.2 lbs	Jennifer Tillet	6/2017
50-54	62.5 kgs / 137.7 lbs	Kristianne Bebout	9/2017
55-59	83.0 kgs / 182.9 lbs	Hyacinth Joseph	2/2016
60-64	85.0 kgs / 187.3 lbs	Hyacinth Joseph	10/2016
Police/Fire/Mil	82.5 kgs / 181.8 lbs	Hyacinth Joseph	11/2017

<b>Weight Class: 198+ Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>97.5 kgs / 214.9 lbs</b>	<b>Latonia Brown</b>	<b>8/2017</b>
12-13	52.1 kgs / 114.8 lbs	Kanika Bryant	10/2002
14-15	92.9 kgs / 204.8 lbs	Erin Owens	10/2000
16-17	90.7 kgs / 199.9 lbs	Erin Owens	
18-19	65.0 kgs / 143.2 lbs	Taylain Jones	4/2013
20-24	85.0 kgs / 187.3 lbs	Chelsey Elliott	10/2017
25-29	55.0 kgs / 121.2 lbs	Kimberly Jackson	
30-34	94.0 kgs / 207.2 lbs	Brandi Sneed	4/2015
35-39	83.9 kgs / 184.9 lbs	B. Olsen	9/2003
40-44	97.5 kgs / 214.9 lbs	Latonia Brown	8/2017
45-49	85.0 kgs / 187.3 lbs	Susan Zabawa	7/2007
50-54	85.0 kgs / 187.3 lbs	Kristianne Bebout	5/2015
Police/Fire/Mil	97.5 kgs / 214.9 lbs	Latonia Brown	8/2017

<b>Weight Class: 66 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>40.8 kgs / 89.9 lbs</b>	<b>Eptwaund Saunders</b>	<b>10/1999</b>
5 and under	11.3 kgs / 24.9 lbs	William Hawkins IV	11/2009
6-7	22.5 kgs / 49.6 lbs	William Hawkins IV	4/2011
8-9	27.5 kgs / 60.6 lbs	Jalen Reid	4/2011
10-11	32.9 kgs / 72.5 lbs	James Mims	7/2006
12-13	40.8 kgs / 89.9 lbs	Eptwaund Saunders	10/1999

<b>Weight Class: 77 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>44.0 kgs / 97.0 lbs</b>	<b>Sean Miller</b>	<b>6/2013</b>

6-7	32.5 kgs / 71.6 lbs	William Hawkins IV	8/2012
8-9	40.0 kgs / 88.1 lbs	Sean Miller	12/2012
10-11	44.0 kgs / 97.0 lbs	Sean Miller	6/2013
12-13	40.8 kgs / 89.9 lbs	Eptwaund Saunders	

<b>Weight Class: 88 Male</b>			
Division	Bench Press	Name	Date
<b>Open</b>	<b>57.5 kgs / 126.7 lbs</b>	<b>DeAndre Proctor</b>	<b>8/2012</b>
6-7	15.0 kgs / 33.0 lbs	Dylan Cooper	5/2014
8-9	57.5 kgs / 126.7 lbs	DeAndre Proctor	8/2012
10-11	47.5 kgs / 104.7 lbs	Sean Miller	11/2014
12-13	34.0 kgs / 74.9 lbs	Steven Evans	6/2007
14-15	40.8 kgs / 89.9 lbs	Eptwaund Saunders	

<b>Weight Class: 97 Male</b>			
Division	Bench Press	Name	Date
<b>Open</b>	<b>62.5 kgs / 137.7 lbs</b>	<b>DeAndre Proctor</b>	<b>3/2013</b>
6-7	22.5 kgs / 49.6 lbs	Dylan Cooper	2/2015
8-9	62.5 kgs / 137.7 lbs	DeAndre Proctor	3/2013
10-11	40.8 kgs / 89.9 lbs	Demetrius Bright	5/1999
12-13	52.0 kgs / 114.6 lbs	Sean Miller	11/2015
14-15	43.1 kgs / 95.0 lbs	T. Caudle	

<b>Weight Class: 105 Male</b>			
Division	Bench Press	Name	Date
<b>Open</b>	<b>63.5 kgs / 139.9 lbs</b>	<b>Justin Martin</b>	<b>3/2006</b>
8-9	62.5 kgs / 137.7 lbs	DeAndre Proctor	3/2013
10-11	44.0 kgs / 97.0 lbs	Sean Miller	6/2013
12-13	57.5 kgs / 126.7 lbs	Sean Miller	9/2016
14-15	60.0 kgs / 132.2 lbs	John Ammons	11/2014
16-17	63.5 kgs / 139.9 lbs	Justin Martin	3/2006
18-19	60.0 kgs / 132.2 lbs	Justin Martin	11/2006
Spec. Oly.	60.0 kgs / 132.2 lbs	John Ammons	11/2014

<b>Weight Class: 114 Male</b>			
Division	Bench Press	Name	Date
<b>Open</b>	<b>106.5 kgs / 234.7 lbs</b>	<b>Boyd Honeycutt</b>	<b>11/1999</b>
8-9	32.5 kgs / 71.6 lbs	Darnez Taylor	8/2012
10-11	68.0 kgs / 149.9 lbs	DeAndre Proctor	10/2014
12-13	61.2 kgs / 134.9 lbs	Kevin Houlroyd	
14-15	65.8 kgs / 145.0 lbs	Eric Midkiff	
16-17	66.5 kgs / 146.6 lbs	Austin Hatkoff	4/2016
18-19	81.6 kgs / 179.8 lbs	Michael Shine	
35-39	106.5 kgs / 234.7 lbs	Boyd Honeycutt	11/1999

<b>Weight Class: 123 Male</b>			
Division	Bench Press	Name	Date
<b>Open</b>	<b>136.5 kgs / 300.9 lbs</b>	<b>Brannigan Coleman</b>	<b>9/2016</b>
8-9	35.0 kgs / 77.1 lbs	Xavier Thomas	4/2015
10-11	58.9 kgs / 129.8 lbs	Anthony Morris	
12-13	68.0 kgs / 149.9 lbs	Tyrell Morris	5/1998

14-15	90.7 kgs / 199.9 lbs	Donnell Moore	
16-17	88.4 kgs / 194.8 lbs	D. Henrics	
18-19	102.0 kgs / 224.8 lbs	T. Hodge	11/1999
25-29	136.5 kgs / 300.9 lbs	Brannigan Coleman	9/2016
35-39	104.3 kgs / 229.9 lbs	J. Chavez	11/1999
40-44	77.1 kgs / 169.9 lbs	Jim Curcio	3/2001
65-69	90.7 kgs / 199.9 lbs	Byron Swain	5/2004
70-74	88.4 kgs / 194.8 lbs	Byron Swain	10/2006
Police/Fire/Mil	125.0 kgs / 275.5 lbs	Brannigan Coleman	

**Weight Class: 132 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>136.0 kgs / 299.8 lbs</b>	<b>Melvin Perry</b>	<b>2/2006</b>
8-9	31.7 kgs / 69.8 lbs	C. Thorton III	
10-11	49.8 kgs / 109.7 lbs	A. Taylor	4/1999
12-13	79.3 kgs / 174.8 lbs	Cordett Clay	4/1999
14-15	99.7 kgs / 219.7 lbs	Donnell Moore	5/1999
16-17	111.1 kgs / 244.9 lbs	Larry Mabinton	
18-19	102.1 kgs / 225.0 lbs	J. Fisher	
20-24	100.0 kgs / 220.4 lbs	Cory Sellers	6/2012
25-29	106.6 kgs / 235.0 lbs	Ben Zak	
30-34	136.0 kgs / 299.8 lbs	Melvin Perry	11/2006
35-39	95.2 kgs / 209.8 lbs	Ben Zak	11/2005
40-44	82.5 kgs / 181.8 lbs	Ben Zak	11/2013
45-49	95.0 kgs / 209.4 lbs	Frank Bottone	4/2016
50-54	75.0 kgs / 165.3 lbs	Glenn Raisin	9/2011
65-69	90.7 kgs / 199.9 lbs	Byron Swain	4/2004
70-74	86.1 kgs / 189.8 lbs	Byron Swain	6/2006
Police/Fire/Mil	58.9 kgs / 129.8 lbs	Perrie White	

**Weight Class: 148 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>167.5 kgs / 369.2 lbs</b>	<b>Jeremy Seff</b>	<b>4/2017</b>
10-11	49.8 kgs / 109.7 lbs	Antonio Fleton	5/1999
12-13	88.4 kgs / 194.8 lbs	Cordett Clay	5/2000
14-15	115.7 kgs / 255.0 lbs	T. Gordan	
16-17	138.4 kgs / 305.1 lbs	Donnell Moore	
18-19	140.0 kgs / 308.6 lbs	Lenard Jones	10/2015
20-24	156.0 kgs / 343.9 lbs	Lenard Jones	8/2016
25-29	167.5 kgs / 369.2 lbs	Jeremy Seff	4/2017
30-34	155.0 kgs / 341.7 lbs	Theopolis Ussery	
35-39	127.5 kgs / 281.0 lbs	Billy Edwards	11/2007
40-44	127.0 kgs / 279.9 lbs	J. Meekins	
45-49	105.0 kgs / 231.4 lbs	Frank Bottone	4/2016
50-54	142.5 kgs / 314.1 lbs	David Wilson	11/2008
55-59	107.5 kgs / 236.9 lbs	Fred Wescott	2/2016
60-64	97.5 kgs / 214.9 lbs	Rick Fecteau	11/2010
Police/Fire/Mil	137.5 kgs / 303.1 lbs	Lenard Jones	8/2015

**Weight Class: 165 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>174.6 kgs / 384.9 lbs</b>	<b>Brian Hough</b>	<b>6/2003</b>
10-11	58.9 kgs / 129.8 lbs	Denvel Sutton	
12-13	92.5 kgs / 203.9 lbs	Colson Bishop	8/2017
14-15	115.0 kgs / 253.5 lbs	Zack Barnwell	3/2014
16-17	127.0 kgs / 279.9 lbs	Shaun House	9/2003
18-19	142.9 kgs / 315.0 lbs	C. Sithes	
20-24	161.0 kgs / 354.9 lbs	Aaron Griswell	2/2016
25-29	149.6 kgs / 329.8 lbs	Brian Chisholm	4/2003
30-34	172.5 kgs / 380.2 lbs	Donnell Moore	10/2015
35-39	154.2 kgs / 339.9 lbs	Kenneth Lacy	3/2002
40-44	132.5 kgs / 292.1 lbs	Michael Mason	2/2014
45-49	140.0 kgs / 308.6 lbs	Kevin Outland	8/2017
50-54	138.3 kgs / 304.8 lbs	Fred Wescott	11/2006
55-59	138.0 kgs / 304.2 lbs	John Bessette	10/2015
60-64	83.9 kgs / 184.9 lbs	Rick Fecteau	6/2007
65-69	124.0 kgs / 273.3 lbs	Tom Newnam	2/2014
70-74	130.0 kgs / 286.5 lbs	Tom Newnam	11/2015
75-79	47.5 kgs / 104.7 lbs	Bert Fraser	11/2013
Police/Fire/Mil	172.5 kgs / 380.2 lbs	Donnell Moore	10/2015
Spec. Oly.	36.2 kgs / 79.8 lbs	Bart Garrison	5/2008

<b>Weight Class: 181 Male</b>			
Division	Bench Press	Name	Date
<b>Open</b>	<b>219.9 kgs / 484.7 lbs</b>	<b>Will Lynch</b>	<b>2/2006</b>
10-11	47.6 kgs / 104.9 lbs	K. Sutton	
12-13	77.1 kgs / 169.9 lbs	Antonio Felton	4/1999
14-15	140.6 kgs / 309.9 lbs	Chris Henry	5/2008
16-17	147.4 kgs / 324.9 lbs	Brandon Cross	5/2003
18-19	151.9 kgs / 334.8 lbs	David Floyd	11/1999
20-24	174.6 kgs / 384.9 lbs	Moganzick Bell	5/1999
25-29	201.8 kgs / 444.8 lbs	Will Lynch	11/2002
30-34	204.1 kgs / 449.9 lbs	Will Lynch	5/2003
35-39	205.0 kgs / 451.9 lbs	Will Lynch	11/2008
40-44	161.0 kgs / 354.9 lbs	John Hawley	11/2005
45-49	152.5 kgs / 336.2 lbs	Eddie Tipton	3/2011
50-54	142.5 kgs / 314.1 lbs	Steve Turlington	11/2017
55-59	147.5 kgs / 325.1 lbs	John Bessette	6/2017
60-64	125.0 kgs / 275.5 lbs	Ronnie Powell	6/2010
65-69	130.0 kgs / 286.5 lbs	Joseph Sanders	9/2012
70-74	120.0 kgs / 264.5 lbs	Joseph Sanders	2/2017
75-79	42.5 kgs / 93.6 lbs	Bert Fraser	8/2014
Police/Fire/Mil	147.4 kgs / 324.9 lbs	Ronald Sarmento	9/2007

<b>Weight Class: 198 Male</b>			
Division	Bench Press	Name	Date
<b>Open</b>	<b>225.0 kgs / 496.0 lbs</b>	<b>Michael Dudley</b>	<b>10/2017</b>
10-11	60.0 kgs / 132.2 lbs	Jordan Howard	3/2012
12-13	97.5 kgs / 214.9 lbs	C. Gray	2/2011
14-15	129.2 kgs / 284.8 lbs	Stephen Payne	

16-17	149.7 kgs / 330.0 lbs	Josh Webb	6/2003
18-19	163.2 kgs / 359.7 lbs	Jason Herman	6/2003
20-24	174.6 kgs / 384.9 lbs	David Floyd	5/2001
25-29	197.3 kgs / 434.9 lbs	Will Lynch	9/2002
30-34	225.0 kgs / 496.0 lbs	Michael Dudley	10/2017
35-39	206.3 kgs / 454.8 lbs	Paul Bossi	11/2002
40-44	175.0 kgs / 385.8 lbs	Dave Skinner	11/2014
45-49	170.0 kgs / 374.7 lbs	Joseph Lovallo	6/2007
50-54	154.2 kgs / 339.9 lbs	Michael Leibacher	5/2004
55-59	147.5 kgs / 325.1 lbs	John Bessette	10/2017
60-64	115.6 kgs / 254.8 lbs	Gus Holzmilller	11/2005
65-69	132.5 kgs / 292.1 lbs	Joseph Sanders	9/2013
75-79	63.5 kgs / 139.9 lbs	Jonathan Gordon	
80+	77.5 kgs / 170.8 lbs	Vito Lombardo	9/2016
Police/Fire/Mil	170.0 kgs / 374.7 lbs	Joseph Lovallo	6/2007
Spec. Oly.	74.8 kgs / 164.9 lbs	Kos Jackson	3/2008

<b>Weight Class: 220 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>237.5 kgs / 523.5 lbs</b>	<b>Michael Dudley</b>	<b>10/2016</b>
10-11	52.5 kgs / 115.7 lbs	Roosevelt Perry	3/2012
12-13	85.0 kgs / 187.3 lbs	David Howell	3/2011
14-15	165.5 kgs / 364.8 lbs	Ben Hopkins	11/2004
16-17	183.7 kgs / 404.9 lbs	Ben Hopkins	3/2006
18-19	172.4 kgs / 380.0 lbs	A. Bailey	
20-24	181.4 kgs / 399.9 lbs	Kinta Mallory	5/2001
25-29	237.5 kgs / 523.5 lbs	Michael Dudley	10/2016
30-34	234.5 kgs / 516.9 lbs	Michael Dudley	4/2017
35-39	233.6 kgs / 514.9 lbs	Paul Bossi	11/2005
40-44	176.9 kgs / 389.9 lbs	Mitchell Baker	5/2004
45-49	187.3 kgs / 412.9 lbs	Joseph Rascoe	5/2008
50-54	177.4 kgs / 391.0 lbs	Donnie Haddock	4/2009
55-59	145.2 kgs / 320.1 lbs	W. Pappas	
60-64	134.7 kgs / 296.9 lbs	Ronnie Garner	11/2009
65-69	122.5 kgs / 270.0 lbs	Joseph Sanders	11/2013
Police/Fire/Mil	230.0 kgs / 507.0 lbs	Michael Dudley	8/2015
Spec. Oly.	67.5 kgs / 148.8 lbs	Ben Stavish	11/2008

<b>Weight Class: 242 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>240.4 kgs / 529.9 lbs</b>	<b>Shawn Reid</b>	<b>5/2001</b>
12-13	92.5 kgs / 203.9 lbs	David Howell	6/2011
14-15	142.9 kgs / 315.0 lbs	Eddie Frasure	
16-17	170.0 kgs / 374.7 lbs	Nolan Toti	6/2017
18-19	195.0 kgs / 429.8 lbs	Trey Manning	6/2006
20-24	205.0 kgs / 451.9 lbs	Tra Farrington	5/2014
25-29	230.0 kgs / 507.0 lbs	Michael Dudley	9/2016
30-34	240.4 kgs / 529.9 lbs	Shawn Reid	5/2001
35-39	210.9 kgs / 464.9 lbs	Blair Rockwell	10/2002
40-44	240.4 kgs / 529.9 lbs	Paul Bossi	11/2006



45-49	227.5 kgs / 501.5 lbs	Paul Bossi	10/2013
50-54	212.5 kgs / 468.4 lbs	Paul Bossi	10/2017
55-59	180.0 kgs / 396.8 lbs	Joseph Rascoe	4/2017
60-64	130.0 kgs / 286.5 lbs	James Clark	11/2017
65-69	165.0 kgs / 363.7 lbs	Jerry Comstock	6/2012
Police/Fire/Mil	225.0 kgs / 496.0 lbs	Lysander Roberson	4/2011
Spec. Oly.	85.0 kgs / 187.3 lbs	Ben Stavish	11/2009

<b>Weight Class: 275 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>265.4 kgs / 585.1 lbs</b>	<b>Michael Belk</b>	
12-13	79.3 kgs / 174.8 lbs	Aaron Chamblee	4/2003
14-15	138.3 kgs / 304.8 lbs	Kris Mccoy	11/2006
16-17	161.1 kgs / 355.1 lbs	C. Gorham	
18-19	163.3 kgs / 360.0 lbs	E. Murphy	
20-24	170.0 kgs / 374.7 lbs	Jason Spruill	11/2005
25-29	240.4 kgs / 529.9 lbs	Carl Elliott	4/2001
30-34	247.2 kgs / 544.9 lbs	Bennie Jones	4/2006
35-39	265.3 kgs / 584.8 lbs	Michael Belk	7/2007
40-44	230.0 kgs / 507.0 lbs	Paul Bossi	11/2010
45-49	227.5 kgs / 501.5 lbs	Paul Bossi	10/2013
50-54	215.4 kgs / 474.8 lbs	Joe Hilliard	6/2007
55-59	167.5 kgs / 369.2 lbs	Gene Berry	10/2013
65-69	170.0 kgs / 374.7 lbs	Jerry Comstock	8/2012
Police/Fire/Mil	227.5 kgs / 501.5 lbs	Carl Elliott	3/2010
Spec. Oly.	97.5 kgs / 214.9 lbs	Ben Stavish	6/2011

<b>Weight Class: 308 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>265.0 kgs / 584.2 lbs</b>	<b>Michael Belk</b>	<b>11/2007</b>
12-13	77.1 kgs / 169.9 lbs	Cory White	
14-15	156.5 kgs / 345.0 lbs	Denvel Sutton	
16-17	172.4 kgs / 380.0 lbs	William Riddick	
18-19	181.4 kgs / 399.9 lbs	William Riddick	6/2002
20-24	165.1 kgs / 363.9 lbs	William Walker	9/2007
25-29	254.0 kgs / 559.9 lbs	Carl Elliott	3/2000
30-34	265.0 kgs / 584.2 lbs	Michael Belk	11/2007
35-39	247.5 kgs / 545.6 lbs	Jerry Gunter	3/2013
40-44	232.5 kgs / 512.5 lbs	Timmy Rush	3/2013
45-49	217.7 kgs / 479.9 lbs	Tim McVicker	6/2007
50-54	167.5 kgs / 369.2 lbs	Chris Senter	2/2016
55-59	150.0 kgs / 330.6 lbs	Ray Smith	7/2013
Police/Fire/Mil	254.0 kgs / 559.9 lbs	Carl Elliott	6/2005

<b>Weight Class: SHW Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>252.5 kgs / 556.6 lbs</b>	<b>Jerry Gunter</b>	<b>3/2010</b>
14-15	170.1 kgs / 375.0 lbs	N. Barnes	
16-17	182.5 kgs / 402.3 lbs	Denvel Sutton	4/2009
18-19	165.5 kgs / 364.8 lbs	Paul Walsh	2/2006

20-24	145.0 kgs / 319.6 lbs	Nathan Daniels	4/2017
25-29	217.5 kgs / 479.5 lbs	Ryan Stone	4/2017
30-34	201.8 kgs / 444.8 lbs	Herman Canada	11/2005
35-39	240.0 kgs / 529.1 lbs	Jerry Gunter	2/2014
40-44	237.5 kgs / 523.5 lbs	Jerry Gunter	8/2017
Police/Fire/Mil	192.5 kgs / 424.3 lbs	Omar Barnes	4/2017