



## WORLD WOMENS BENCH PRESS RECORD

Updated by Ed Kutin on 12/17/2017

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Weight Class: 97 Female				
Division	Bench Press	Name	Resides	Date
<b>Open</b>	<b>54.0 kgs / 119.0 lbs</b>	<b>Karen Poyner</b>	<b>USA</b>	<b>12/2017</b>
11 and under	47.5 kgs / 104.7 lbs	Beth-el Algarin	USA	2/2011
12-13	45.0 kgs / 99.2 lbs	Naomi Kutin	USA	11/2013
14-15	42.5 kgs / 93.6 lbs	Kristine Connelly	USA	11/2007
16-17	47.5 kgs / 104.7 lbs	Ashley Christiansen	USA	3/2017
18-19	49.8 kgs / 109.7 lbs	Jessica McBride	USA	11/2006
20-24	51.0 kgs / 112.4 lbs	Jessica McBride	USA	11/2007
35-39	50.0 kgs / 110.2 lbs	Heather Feingold	USA	5/2015
40-44	36.2 kgs / 79.8 lbs	Maureen Cahill	USA	9/2001
55-59	35.5 kgs / 78.2 lbs	Rocky Luedeker	USA	6/2014
60-64	54.0 kgs / 119.0 lbs	Karen Poyner	USA	12/2017

Weight Class: 105 Female				
Division	Bench Press	Name	Resides	Date
<b>Open</b>	<b>64.0 kgs / 141.0 lbs</b>	<b>McKenna Kozina</b>	<b>Canada</b>	<b>10/2017</b>
11 and under	45.0 kgs / 99.2 lbs	Beth-el Algarin	USA	7/2011
12-13	47.5 kgs / 104.7 lbs	Naomi Kutin	USA	6/2014
14-15	55.0 kgs / 121.2 lbs	Catherine Sableva	Ukraine	6/2013
16-17	64.0 kgs / 141.0 lbs	McKenna Kozina	Canada	10/2017
18-19	55.0 kgs / 121.2 lbs	Rylea Yanke	Canada	8/2015
20-24	60.0 kgs / 132.2 lbs	Amanda Hunsucker	USA	4/2016
35-39	57.5 kgs / 126.7 lbs	Viktoriya Kruglyak	Ukraine	4/2014
40-44	63.5 kgs / 139.9 lbs	Linda Richard	USA	7/2007
45-49	58.5 kgs / 128.9 lbs	Marzia Girardi	Italy	7/2012
50-54	60.1 kgs / 132.4 lbs	Karen Poyner	USA	11/2006
55-59	58.0 kgs / 127.8 lbs	Karen Poyner	USA	9/2012
60-64	53.5 kgs / 117.9 lbs	Karen Poyner	USA	4/2016
65-69	27.5 kgs / 60.6 lbs	Jenny Telles	USA	11/2014

Weight Class: 114 Female				
Division	Bench Press	Name	Resides	Date
<b>Open</b>	<b>77.5 kgs / 170.8 lbs</b>	<b>Kerry Self</b>	<b>USA</b>	<b>6/2017</b>
11 and under	55.0 kgs / 121.2 lbs	Beth-el Algarin	USA	3/2012
12-13	60.0 kgs / 132.2 lbs	Miranda Chambers	USA	3/2014
14-15	50.0 kgs / 110.2 lbs	Gwendolyn Sheridan	Canada	2/2012
16-17	60.0 kgs / 132.2 lbs	McKenna Kozina	Canada	2/2017
18-19	45.0 kgs / 99.2 lbs	Ludmila Navrotskaya	Ukraine	6/2013

20-24	68.5 kgs / 151.0 lbs	Elizabeth Cameron	USA	10/2011
35-39	76.0 kgs / 167.5 lbs	Natasha Beasley	USA	10/2017
40-44	77.5 kgs / 170.8 lbs	Kerry Self	USA	6/2017
45-49	60.0 kgs / 132.2 lbs	Nikki Chapman	Canada	9/2012
50-54	65.5 kgs / 144.4 lbs	Lisa Scheffelmaier	Canada	11/2014
55-59	50.0 kgs / 110.2 lbs	Susan White	Canada	11/2017
60-64	33.0 kgs / 72.7 lbs	Roxanne Chance	USA	6/2017
65-69	55.0 kgs / 121.2 lbs	Kathryn Eldred	USA	6/2014
70-74	55.0 kgs / 121.2 lbs	Kathryn Eldred	USA	5/2015
75-79	27.5 kgs / 60.6 lbs	Doreen Kimura	Canada	1/2014
Police/Fire/Mil	60.0 kgs / 132.2 lbs	Rebecca Breeden	USA	9/2015

**Weight Class: 123 Female**

Division	Bench Press	Name	Resides	Date
Open	96.0 kgs / 211.6 lbs	Giorgia Pratesi	Italy	7/2012
11 and under	57.5 kgs / 126.7 lbs	Beth-el Algarin	USA	6/2012
12-13	47.6 kgs / 104.9 lbs	Ariel Bulmash	USA	3/2009
14-15	70.0 kgs / 154.3 lbs	Miranda Chambers	USA	11/2014
16-17	85.0 kgs / 187.3 lbs	Miranda Chambers	USA	10/2016
18-19	65.0 kgs / 143.2 lbs	Christine Trac	Canada	1/2016
20-24	75.0 kgs / 165.3 lbs	Breann Thiessen	Canada	1/2015
35-39	78.5 kgs / 173.0 lbs	Amy Eaton	USA	2/2011
40-44	81.0 kgs / 178.5 lbs	Amy Eaton	USA	6/2011
45-49	80.0 kgs / 176.3 lbs	Kelly Moore	USA	2009
50-54	72.5 kgs / 159.8 lbs	Diane Brill	USA	10/2012
55-59	67.5 kgs / 148.8 lbs	Diane Brill	USA	4/2017
60-64	55.0 kgs / 121.2 lbs	Susan Drach	USA	4/2016
70-74	25.0 kgs / 55.1 lbs	Janet Bauer	USA	10/2017
Police/Fire/Mil	57.5 kgs / 126.7 lbs	Rebecca Breeden	USA	6/2013

**Weight Class: 132 Female**

Division	Bench Press	Name	Resides	Date
Open	127.0 kgs / 279.9 lbs	Jennifer Thompson	USA	8/2006
11 and under	27.5 kgs / 60.6 lbs	Olivia Toth	USA	12/2008
12-13	65.0 kgs / 143.2 lbs	Beth-el Algarin	USA	10/2012
14-15	55.0 kgs / 121.2 lbs	Ashley Hoban	USA	3/2014
16-17	66.5 kgs / 146.6 lbs	Catherine Reynolds	USA	8/2017
18-19	60.0 kgs / 132.2 lbs	Krystal Stanczyk	USA	11/2014
20-24	85.0 kgs / 187.3 lbs	Antonina Burbytko	Ukraine	4/2014
35-39	92.5 kgs / 203.9 lbs	Svetlana Dergaputskaya	Ukraine	4/2014
40-44	85.0 kgs / 187.3 lbs	Kerry Self	USA	12/2017
45-49	77.5 kgs / 170.8 lbs	Kelly Wescott	USA	11/2008
50-54	79.0 kgs / 174.1 lbs	Patti McKee	USA	6/2014
55-59	73.5 kgs / 162.0 lbs	Diane Brill	USA	6/2016
60-64	60.0 kgs / 132.2 lbs	Judith Wolff	USA	6/2012
65-69	45.0 kgs / 99.2 lbs	Dianne MacMillan	USA	3/2009
70-74	45.0 kgs / 99.2 lbs	Linda Leightley	USA	5/2016
75-79	22.6 kgs / 49.8 lbs	Josie Merrell	USA	
80+	35.0 kgs / 77.1 lbs	Ruth Coak	USA	6/2014
Police/Fire/Mil	72.5 kgs / 159.8 lbs	Katie Johnson	USA	5/2015

**Weight Class: 148 Female**

Division	Bench Press	Name	Resides	Date
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<b>Open</b>	<b>97.5 kgs / 214.9 lbs</b>	<b>Andrea White</b>	<b>USA</b>	<b>11/2014</b>
11 and under	40.0 kgs / 88.1 lbs	Trinity Marrow	USA	3/2012
12-13	59.0 kgs / 130.0 lbs	Lindsey Brill	USA	10/2010
14-15	70.5 kgs / 155.4 lbs	Kaitlyn Duncan	USA	11/2010
16-17	71.0 kgs / 156.5 lbs	Sammantha Perrine	USA	3/2013
18-19	72.5 kgs / 159.8 lbs	Sarah Dolson	USA	9/2001
20-24	86.0 kgs / 189.5 lbs	Antonina Burbytko	Ukraine	9/2013
35-39	97.5 kgs / 214.9 lbs	Andrea White	USA	11/2014
40-44	80.0 kgs / 176.3 lbs	Jenifer Kelly	USA	6/2011
45-49	77.5 kgs / 170.8 lbs	Tonya Motyka	Canada	4/2017
50-54	72.5 kgs / 159.8 lbs	Suzanne LaForge	USA	11/2014
55-59	65.0 kgs / 143.2 lbs	Deb Ellard	Canada	3/2015
60-64	50.0 kgs / 110.2 lbs	Doris Santos	USA	10/2013
65-69	42.0 kgs / 92.5 lbs	Tonnie Alliance	USA	11/2014
70-74	45.5 kgs / 100.3 lbs	Tonnie Alliance	USA	10/2016
75-79	15.8 kgs / 34.8 lbs	Josie Merrell	USA	12/2001
Police/Fire/Mil	72.5 kgs / 159.8 lbs	Jamie Potter	USA	3/2012

### Weight Class: 165 Female

Division	Bench Press	Name	Resides	Date
<b>Open</b>	<b>97.5 kgs / 214.9 lbs</b>	<b>Tammy Walker</b>	<b>USA</b>	<b>3/2009</b>
11 and under	47.5 kgs / 104.7 lbs	Samantha Davis	USA	4/2017
12-13	40.0 kgs / 88.1 lbs	Carly Dixon-Craddock	Canada	3/2013
14-15	87.5 kgs / 192.9 lbs	Beth-el Algarin	USA	10/2015
16-17	65.0 kgs / 143.2 lbs	Nicole Hardy	USA	3/2012
18-19	77.5 kgs / 170.8 lbs	Kristina-Marie Coleman	USA	6/2016
20-24	97.5 kgs / 214.9 lbs	Tara Steadman	USA	6/2010
35-39	90.0 kgs / 198.4 lbs	Hayley Bloom	USA	6/2017
40-44	80.0 kgs / 176.3 lbs	Erlinda Gomez	USA	5/2015
45-49	76.0 kgs / 167.5 lbs	Mary Ann Wieckowski	USA	6/2013
50-54	93.5 kgs / 206.1 lbs	Joan Gardner	USA	12/2006
55-59	80.0 kgs / 176.3 lbs	Claudia Helmick	USA	3/2017
60-64	70.5 kgs / 155.4 lbs	Linda Jess	USA	6/2017
65-69	27.5 kgs / 60.6 lbs	Judy Phipps	USA	6/2015
80+	27.5 kgs / 60.6 lbs	Nada Brewer	USA	3/2014
Police/Fire/Mil	90.0 kgs / 198.4 lbs	Hayley Bloom	USA	6/2017
Spec. Oly.	52.5 kgs / 115.7 lbs	Vivienne Shockley	USA	6/2013

### Weight Class: 181 Female

Division	Bench Press	Name	Resides	Date
<b>Open</b>	<b>112.5 kgs / 248.0 lbs</b>	<b>Tammy Walker</b>	<b>USA</b>	<b>5/2014</b>
12-13	57.5 kgs / 126.7 lbs	Victoria Vasquez	USA	
14-15	70.0 kgs / 154.3 lbs	Shelby Taylor	USA	4/2017
16-17	80.0 kgs / 176.3 lbs	Anna McCloskey	USA	11/2009
18-19	92.5 kgs / 203.9 lbs	Tara Maier	USA	12/2013
20-24	100.0 kgs / 220.4 lbs	Cristi Bartlett	USA	11/2010
35-39	102.5 kgs / 225.9 lbs	Missy Gentry	USA	8/2016
40-44	107.5 kgs / 236.9 lbs	Tammy Walker	USA	5/2010
45-49	112.5 kgs / 248.0 lbs	Tammy Walker	USA	5/2014
50-54	80.0 kgs / 176.3 lbs	Mary Ann Wieckowski	USA	11/2014
55-59	70.0 kgs / 154.3 lbs	Kim Douth	USA	6/2016
60-64	92.5 kgs / 203.9 lbs	Erika Grill	USA	6/2016
65-69	42.5 kgs / 93.6 lbs	Margaret Estabrooks	Canada	9/2014

Police/Fire/Mil	80.0 kgs / 176.3 lbs	Franky Moore	USA	5/2015
Spec. Oly.	50.0 kgs / 110.2 lbs	Joni Talavera	USA	6/2015

<b>Weight Class: 198 Female</b>				
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Resides</b>	<b>Date</b>
<b>Open</b>	<b>117.5 kgs / 259.0 lbs</b>	<b>LaToya Parrish</b>	<b>USA</b>	<b>6/2008</b>
11 and under	25.0 kgs / 55.1 lbs	Ashley Daugherty	USA	6/2017
12-13	62.5 kgs / 137.7 lbs	Victoria Vasquez	USA	11/2009
14-15	113.3 kgs / 249.7 lbs	Shannon Summers	USA	2/2000
16-17	55.0 kgs / 121.2 lbs	Rachel Vincent	USA	6/2013
18-19	58.9 kgs / 129.8 lbs	Jennifer Seyfried	USA	9/2001
20-24	117.5 kgs / 259.0 lbs	LaToya Parrish	USA	6/2008
35-39	86.1 kgs / 189.8 lbs	Karen Stone	USA	2/2006
40-44	100.0 kgs / 220.4 lbs	Sara Burwash	Canada	10/2017
45-49	87.5 kgs / 192.9 lbs	Erika Grill	USA	10/2017
50-54	67.5 kgs / 148.8 lbs	Maureen Hodges	USA	9/2015
55-59	80.0 kgs / 176.3 lbs	Hyacinth Joseph	USA	6/2016
60-64	85.0 kgs / 187.3 lbs	Hyacinth Joseph	USA	10/2016
65-69	57.5 kgs / 126.7 lbs	Karen Hansen	USA	12/2017
70-74	37.5 kgs / 82.6 lbs	Carol Pacetti	USA	4/2013
Police/Fire/Mil	82.5 kgs / 181.8 lbs	Hyacinth Joseph	USA	11/2017
Spec. Oly.	52.5 kgs / 115.7 lbs	Joni Talavera	USA	6/2016

<b>Weight Class: 198+ Female</b>				
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Resides</b>	<b>Date</b>
<b>Open</b>	<b>125.5 kgs / 276.6 lbs</b>	<b>Lisa Quevedo</b>	<b>USA</b>	<b>10/2013</b>
12-13	68.5 kgs / 151.0 lbs	Victoria Vasquez	USA	7/2010
14-15	104.3 kgs / 229.9 lbs	Shannon Summers	USA	2/2000
16-17	124.7 kgs / 274.9 lbs	Shannon Summers	USA	9/2000
18-19	75.0 kgs / 165.3 lbs	Brittany Luzier	USA	4/2017
20-24	125.5 kgs / 276.6 lbs	Lisa Quevedo	USA	10/2013
35-39	117.5 kgs / 259.0 lbs	Jessica Read	USA	10/2012
40-44	102.5 kgs / 225.9 lbs	Rochelle Comly-Dubbs	USA	12/2017
45-49	98.5 kgs / 217.1 lbs	Michelle Carlsen	USA	11/2011
50-54	97.5 kgs / 214.9 lbs	Michelle Carlsen	USA	6/2012
55-59	72.5 kgs / 159.8 lbs	Sue Nova	USA	10/2017
60-64	55.0 kgs / 121.2 lbs	Sandy Flaus	USA	8/2017
65-69	45.3 kgs / 99.8 lbs	Suci Stinnett	USA	11/2005
70-74	35.0 kgs / 77.1 lbs	Sandra Foli	USA	6/2014
80+	25.0 kgs / 55.1 lbs	Corrinne Cassidy	USA	3/2012
Police/Fire/Mil	97.5 kgs / 214.9 lbs	Latonia Brown	USA	8/2017
Spec. Oly.	50.0 kgs / 110.2 lbs	Rachel Ryan	Canada	3/2017