



UNITED KINGDOM BENCH PRESS RECORDS

Updated by Ed Kutin 12/28/2018

Ed@ENKutin.com

Weight Class: 123 Female				
Division	Bench Press	Name	Resides	Date
Open	45.0 kgs / 99.2 lbs	Laura Swandel	United Kingdom	7/2017
35-39	45.0 kgs / 99.2 lbs	Laura Swandel	United Kingdom	7/2017

Weight Class: 165 Male				
Division	Bench Press	Name	Resides	Date
Open	110.0 kgs / 242.5 lbs	Ben Poole	United Kingdom	3/2015
Police/Fire/Mil	110.0 kgs / 242.5 lbs	Ben Poole	United Kingdom	3/2015

Weight Class: 198 Male				
Division	Bench Press	Name	Resides	Date
Open	137.5 kgs / 303.1 lbs	Andy Murtagh	United Kingdom	7/2017
50-54	137.5 kgs / 303.1 lbs	Andy Murtagh	United Kingdom	7/2017