



TENNESSEE STATE BENCH PRESS RECORDS

Updated by Ed Kutin
12/17/2017

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Weight Class: 148 Male			
Division	Bench Press	Name	Date
Open	115.0 kgs / 253.5 lbs	Philip Shaughnessy	3/2014
14-15	80.0 kgs / 176.3 lbs	Brandon Street	3/2014

Weight Class: 220 Male			
Division	Bench Press	Name	Date
Open	137.5 kgs / 303.1 lbs	Andrew Lynch	10/2017
50-54	137.5 kgs / 303.1 lbs	Andrew Lynch	10/2017

Weight Class: 242 Male			
Division	Bench Press	Name	Date
Open	192.5 kgs / 424.3 lbs	Dennis Arnold	3/2014

Weight Class: 275 Male			
Division	Bench Press	Name	Date
Open	227.5 kgs / 501.5 lbs	Dennis Arnold	12/2016
30-34	227.5 kgs / 501.5 lbs	Dennis Arnold	12/2016
45-49	190.0 kgs / 418.8 lbs	David Munoz	12/2017