



IOWA STATE DEADLIFT RECORDS

Updated by Ed Kutin
12/17/2017

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Weight Class: 132 Female			
Division	Deadlift	Name	Date
Open	137.5 kgs / 303.1 lbs	Andrea Golden	3/2016
20-24	137.5 kgs / 303.1 lbs	Andrea Golden	3/2016

Weight Class: 148 Female			
Division	Deadlift	Name	Date
Open	105.0 kgs / 231.4 lbs	Kadie Bauer	3/2014
14-15	105.0 kgs / 231.4 lbs	Kadie Bauer	3/2014

Weight Class: 165 Female			
Division	Deadlift	Name	Date
Open	152.5 kgs / 336.2 lbs	Hayley Bloom	6/2017
35-39	152.5 kgs / 336.2 lbs	Hayley Bloom	6/2017
Police/Fire/Mil	152.5 kgs / 336.2 lbs	Hayley Bloom	6/2017

Weight Class: 181 Female			
Division	Deadlift	Name	Date
Open	115.0 kgs / 253.5 lbs	Kadie Bauer	12/2016
18-19	115.0 kgs / 253.5 lbs	Kadie Bauer	12/2016
45-49	102.5 kgs / 225.9 lbs	Susan Casey	6/2016

Weight Class: 198+ Female			
Division	Deadlift	Name	Date
Open	182.5 kgs / 402.3 lbs	Felisha Fine	11/2017
25-29	182.5 kgs / 402.3 lbs	Felisha Fine	11/2017

Weight Class: 97 Male			
Division	Deadlift	Name	Date
Open	80.0 kgs / 176.3 lbs	Caden Hale	3/2013
10-11	80.0 kgs / 176.3 lbs	Caden Hale	3/2013

Weight Class: 114 Male			
Division	Deadlift	Name	Date
Open	72.5 kgs / 159.8 lbs	Caden Hale	3/2014
12-13	72.5 kgs / 159.8 lbs	Caden Hale	3/2014

Weight Class: 123 Male			
Division	Deadlift	Name	Date

Open	180.0 kgs / 396.8 lbs	Eric Green	11/2014
12-13	100.0 kgs / 220.4 lbs	Caden Hale	6/2014
45-49	175.0 kgs / 385.8 lbs	Eric Green	3/2012
50-54	180.0 kgs / 396.8 lbs	Eric Green	11/2014

Weight Class: 132 Male

Division	Deadlift	Name	Date
Open	160.0 kgs / 352.7 lbs	Evan Pittman	6/2013
14-15	160.0 kgs / 352.7 lbs	Evan Pittman	6/2013

Weight Class: 148 Male

Division	Deadlift	Name	Date
Open	212.15 kgs / 467.7 lbs	Stan Lysholm	6/2016
20-24	165.0 kgs / 363.7 lbs	Zach Torres	6/2015

Weight Class: 165 Male

Division	Deadlift	Name	Date
Open	210.0 kgs / 462.9 lbs	Rylee Bush	3/2016
14-15	167.5 kgs / 369.2 lbs	Caden Hale	12/2016
16-17	162.5 kgs / 358.2 lbs	Jeff Harig	6/2014
18-19	210.0 kgs / 462.9 lbs	Rylee Bush	3/2016
20-24	192.5 kgs / 424.3 lbs	Eric Ramos	3/2017
55-59	115.0 kgs / 253.5 lbs	Steve Richmann	12/2015
Police/Fire/Mil	195.0 kgs / 429.8 lbs	Charles Edward	6/2016

Weight Class: 181 Male

Division	Deadlift	Name	Date
Open	257.5 kgs / 567.6 lbs	Rylee Lawson	3/2016
12-13	137.5 kgs / 303.1 lbs	Thomas Nelson	6/2014
16-17	172.5 kgs / 380.2 lbs	Travis Sterler	6/2014
18-19	257.5 kgs / 567.6 lbs	Rylee Lawson	3/2016
20-24	220.0 kgs / 485.0 lbs	Gabe Nelson	3/2017
25-29	222.5 kgs / 490.5 lbs	Dan Jared	6/2017
35-39	160.0 kgs / 352.7 lbs	Seth Heywood	3/2014

Weight Class: 198 Male

Division	Deadlift	Name	Date
Open	242.5 kgs / 534.6 lbs	Brandon Mitzel	3/2016
16-17	170.0 kgs / 374.7 lbs	Garrett Hohbach	2011
20-24	242.5 kgs / 534.6 lbs	Brandon Mitzel	3/2016
25-29	202.5 kgs / 446.4 lbs	Austin Carlson	11/2017
35-39	197.5 kgs / 435.4 lbs	Eric Tiarks	3/2016
75-79	170.0 kgs / 374.7 lbs	Uuno Kanto	6/2013
Police/Fire/Mil	197.5 kgs / 435.4 lbs	Eric Tiarks	3/2016

Weight Class: 220 Male

Division	Deadlift	Name	Date
Open	275.0 kgs / 606.2 lbs	Brandon Cabney	6/2015
16-17	207.5 kgs / 457.4 lbs	Travis Hohbach	6/2014
20-24	275.0 kgs / 606.2 lbs	Brandon Cabney	6/2015
25-29	227.5 kgs / 501.5 lbs	Matthew Dunn	6/2017
Police/Fire/Mil	275.0 kgs / 606.2 lbs	Brandon Cabney	6/2015

Weight Class: 242 Male			
Division	Deadlift	Name	Date
Open	257.5 kgs / 567.6 lbs	Kyle Nordstrom	6/2013
16-17	230.0 kgs / 507.0 lbs	Ron Carson	2011
20-24	257.5 kgs / 567.6 lbs	Cole Hale	6/2014
25-29	212.5 kgs / 468.4 lbs	Matthew Dunn	12/2016
45-49	200.0 kgs / 440.9 lbs	Brian Tippery	6/2016

Weight Class: 308 Male			
Division	Deadlift	Name	Date
Open	280.0 kgs / 617.2 lbs	Wayne Hammes	6/2014
55-59	280.0 kgs / 617.2 lbs	Wayne Hammes	6/2014

Weight Class: SHW Male			
Division	Deadlift	Name	Date
Open	350.0 kgs / 771.6 lbs	Beau Moore	6/2014
45-49	350.0 kgs / 771.6 lbs	Beau Moore	6/2014
65-69	125.0 kgs / 275.5 lbs	Charles Hellickson	6/2012
70-74	130.0 kgs / 286.5 lbs	Charles Hellickson	6/2013