



## CONNECTICUT STATE BENCH PRESS RECORDS

Updated by Ed Kutin  
12/17/2017

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<b>Weight Class: 97 Female</b>			
Division	Bench Press	Name	Date
Open	42.9 kgs / 94.5 lbs	Abigail Scudder	3/2013
60-64	42.9 kgs / 94.5 lbs	Abigail Scudder	3/2013

<b>Weight Class: 123 Female</b>			
Division	Bench Press	Name	Date
Open	55.3 kgs / 121.9 lbs	Kim Battipaglia	3/2013
18-19	45.0 kgs / 99.2 lbs	Tianna Oliva	12/2017
40-44	55.3 kgs / 121.9 lbs	Kim Battipaglia	3/2013
50-54	47.5 kgs / 104.7 lbs	Courtenay Khoury	10/2009

<b>Weight Class: 132 Female</b>			
Division	Bench Press	Name	Date
Open	60.0 kgs / 132.2 lbs	Courtenay Khoury	6/2011
50-54	60.0 kgs / 132.2 lbs	Courtenay Khoury	6/2011

<b>Weight Class: 148 Female</b>			
Division	Bench Press	Name	Date
Open	55.0 kgs / 121.2 lbs	Kathryn Klemonski	12/2017
20-24	40.0 kgs / 88.1 lbs	Kelsey Dudgeon	6/2016
35-39	55.0 kgs / 121.2 lbs	Kathryn Klemonski	12/2017

<b>Weight Class: 165 Female</b>			
Division	Bench Press	Name	Date
Open	82.5 kgs / 181.8 lbs	Maura Gaudiosi	11/2009
25-29	50.0 kgs / 110.2 lbs	Amanda-Rae Sullivan	6/2016
40-44	82.5 kgs / 181.8 lbs	Maura Gaudiosi	11/2009

<b>Weight Class: 181 Female</b>			
Division	Bench Press	Name	Date
Open	50.0 kgs / 110.2 lbs	Lindsey Terry	12/2017
25-29	50.0 kgs / 110.2 lbs	Lindsey Terry	12/2017

<b>Weight Class: 198 Female</b>			
Division	Bench Press	Name	Date
Open	50.0 kgs / 110.2 lbs	Amy Traver	12/2017
50-54	50.0 kgs / 110.2 lbs	Amy Traver	12/2017

<b>Weight Class: 198+ Female</b>			
Division	Bench Press	Name	Date
Open	50.0 kgs / 110.2 lbs	Amy Traver	7/2017

50-54	50.0 kgs / 110.2 lbs	Amy Traver	7/2017
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<b>Weight Class: 114 Male</b>			
Division	Bench Press	Name	Date
Open	47.5 kgs / 104.7 lbs	Will Barney	12/2017
12-13	47.5 kgs / 104.7 lbs	Will Barney	12/2017

<b>Weight Class: 148 Male</b>			
Division	Bench Press	Name	Date
Open	120.8 kgs / 266.3 lbs	Clinton Monroe	3/2013
12-13	82.5 kgs / 181.8 lbs	Christian Russo	6/2017
14-15	95.0 kgs / 209.4 lbs	Christian Russo	12/2017
20-24	120.8 kgs / 266.3 lbs	Clinton Monroe	3/2013

<b>Weight Class: 165 Male</b>			
Division	Bench Press	Name	Date
Open	130.0 kgs / 286.5 lbs	Darren Kimsey	10/2010
14-15	62.5 kgs / 137.7 lbs	Kyle Greene	12/2017
35-39	124.0 kgs / 273.3 lbs	Darren Kimsey	9/2008
40-44	130.0 kgs / 286.5 lbs	Darren Kimsey	10/2010
55-59	111.0 kgs / 244.7 lbs	David Petro-Roy	10/2008
60-64	110.5 kgs / 243.6 lbs	David Petro-Roy	10/2009
Police/Fire/Mil	127.5 kgs / 281.0 lbs	John D'Aniello	11/2009

<b>Weight Class: 181 Male</b>			
Division	Bench Press	Name	Date
Open	152.0 kgs / 335.0 lbs	Rocky Huber	6/2006
20-24	112.5 kgs / 248.0 lbs	James Gulyas	4/2008
25-29	145.0 kgs / 319.6 lbs	Thomas VanLangen	6/2016
30-34	125.0 kgs / 275.5 lbs	Scott Provost	6/2016
35-39	120.0 kgs / 264.5 lbs	Scott Provost	6/2017
40-44	125.0 kgs / 275.5 lbs	Michael Hartling	9/2011
50-54	152.0 kgs / 335.0 lbs	Rocky Huber	6/2006

<b>Weight Class: 198 Male</b>			
Division	Bench Press	Name	Date
Open	172.5 kgs / 380.2 lbs	Russell Laitres	7/2007
20-24	152.5 kgs / 336.2 lbs	Jonathan Marshall	8/2015

<b>Weight Class: 220 Male</b>			
Division	Bench Press	Name	Date
Open	182.5 kgs / 402.3 lbs	Brian Richard	12/2006
12-13	65.0 kgs / 143.2 lbs	Joey Volpe	12/2017
20-24	160.0 kgs / 352.7 lbs	Brian Becker	4/2008
30-34	100.0 kgs / 220.4 lbs	Jason Flood	12/2017
40-44	107.5 kgs / 236.9 lbs	Oronde Moore	12/2017
45-49	167.5 kgs / 369.2 lbs	Lenny Creatura	12/2006
50-54	167.5 kgs / 369.2 lbs	Lenny Creatura	3/2012
55-59	167.8 kgs / 369.9 lbs	Roland Cote	2003
Police/Fire/Mil	182.5 kgs / 402.3 lbs	Brian Richard	12/2006

<b>Weight Class: 242 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	187.5 kgs / 413.3 lbs	Chaz Ruffin	6/2017
18-19	187.5 kgs / 413.3 lbs	Chaz Ruffin	6/2017
20-24	135.0 kgs / 297.6 lbs	Rohin Momas	8/2015

<b>Weight Class: 275 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	158.8 kgs / 350.0 lbs	Chris Defino	7/2007
16-17	158.8 kgs / 350.0 lbs	Chris Defino	7/2007

<b>Weight Class: SHW Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	217.5 kgs / 479.5 lbs	Cameron Gillespie	6/2016
25-29	217.5 kgs / 479.5 lbs	Cameron Gillespie	6/2016
35-39	190.0 kgs / 418.8 lbs	Dan Mozaeko	3/2008