



All Time Women's Rankings

Updated 12/17/2017 Ed Kutin

Ed@enkutin.com

The Squat Rankings			Female		
Weight Class: 97			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	105	231.4	Naomi Kutin	USA	2013
2	95	209.4	Ericka Molieri	USA	
3	92.5	203.9	Danielle Tasher	USA	2012
4	80	176.3	Catherine Beninger	Canada	2017
5	77.5	170.8	Maribeth Lino	Philippines	2013
6	75	165.3	Sumaya Shakir	India	2014
	75	165.3	Karen Poyner	USA	2017
8	73.9	162.9	Beth-el Algarin	USA	2011
9	72.5	159.8	Kibian Vazquez	USA	
10	70.7	155.8	Abigail Scudder	USA	
11	70	154.3	Maria Kuchikian	Armenia	2010
	70	154.3	McKenna Kozina	Canada	2016
13	65	143.2	Jill Neziri	USA	2017
14	62.5	137.7	Samantha Brickhouse	USA	
15	60	132.2	Ruth Snyder	USA	1999
16	58.9	129.8	Adrienne Zimmerman	USA	2005
17	57.5	126.7	Alyse Cerone	USA	2017
18	56.6	124.7	Paula Lorenzi	USA	2003
19	56.5	124.5	Rocky Luedeker	USA	2016
20	54.4	119.9	A. Stechyshyn	USA	2009
	54.4	119.9	Linh Nguyen	USA	1999

Weight Class: 105			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	107.5	236.9	Naomi Kutin	USA	2014
2	105	231.4	McKenna Kozina	Canada	2017
3	95	209.4	Keri Davis	USA	2017
4	90	198.4	Karen Poyner	USA	
	90	198.4	Danielle Tasher	USA	2012
	90	198.4	Christina Lam	Canada	2016
7	87.5	192.9	Vanessa Ferla	USA	2016
8	85	187.3	Amanda Hunsucker	USA	2016
9	83.9	184.9	Abigail Scudder	USA	2002
10	82.5	181.8	Elizabeth Zeutschel	USA	
	82.5	181.8	Lauren Freeman	USA	
	82.5	181.8	Kimberly Ryman	USA	
	82.5	181.8	Jessica Smith	USA	2015
14	81.6	179.8	Krystle McKenzie	USA	1999
15	80	176.3	Yuliya Myrnaya	Ukraine	2014
	80	176.3	Haley-Jo Kenny	USA	2017
	80	176.3	Kaitlyn Davis	USA	2017
18	77.5	170.8	J Smith	USA	
	77.5	170.8	Marni Frandson	USA	2016
20	77.1	169.9	Jill Neziri	USA	2004

Weight Class: 114			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	113	249.1	Marie Joaquin	Canada	2017
2	112.5	248	Naomi Kutin	USA	2015
3	107.5	236.9	Kestrel Coon	USA	
	107.5	236.9	Izaba Paras	USA	2017
5	105	231.4	Elizabeth Cameron	USA	2012
	105	231.4	Sharon O'Sullivan	Ireland	2017
7	102.5	225.9	Misty Posey	USA	
	102.5	225.9	Dianna Lugo	USA	2015
	102.5	225.9	Arielle Sie-Mah	Canada	2015
	102.5	225.9	Allison Cross	USA	2016
11	100	220.4	Miranda Chambers	USA	2014
12	95	209.4	Megan Lieu	USA	
	95	209.4	Loretta Gonzales	USA	2014
	95	209.4	Shannon Lang	USA	2017
	95	209.4	Bianca Luedeker	USA	2017
	95	209.4	Gloria Cheung	Canada	2017
17	92.5	203.9	Donna McBurney	USA	
	92.5	203.9	Benita Steffan	USA	2013
	92.5	203.9	Jennifer Coffee	USA	2014
	92.5	203.9	Samantha Salemno	USA	2015
	92.5	203.9	Natasha Beasley	USA	2016
	92.5	203.9	Ieva Radzeviciute	Ireland	2017

Weight Class: 123			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	140	308.6	Breann Thiessen	Canada	2015
2	132.5	292.1	Naomi Kutin	USA	2016
3	130	286.5	Cara Tortoriello	USA	2017
4	125	275.5	Melissa Barber	USA	2016
	125	275.5	Sherine Thoummarath	Canada	2017
6	120.2	264.9	Lori Snyder	USA	2005
7	120	264.5	Misty Posey	USA	
	120	264.5	Miranda Chambers	USA	2016
9	117.5	259	Toni Herrmann	USA	2016
10	115	253.5	Melissa Klein	USA	
11	112.5	248	Mayra Armijo	USA	2014
	112.5	248	Jennifer Coffee	USA	2016
13	111.1	244.9	Tracy Alley	USA	2017
14	110	242.5	Kelly Moore	USA	2009
	110	242.5	C Musico	USA	2010
16	107.5	236.9	Amber Jeter	USA	
	107.5	236.9	Maigan Mandoza	USA	2017
	107.5	236.9	Jenn Lee	Canada	2017
	107.5	236.9	Darine Alame	Canada	2017
20	105	231.4	Michelle Watts	USA	
	105	231.4	Nicole Tompkins-Flagg	USA	2016
	105	231.4	Maigan Mendoza	USA	2017

Weight Class: 132			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	147.5	325.1	Sherine Thoummarath	Canada	2017
2	140	308.6	Lisa Suda	USA	2016
3	135	297.6	Antonina Burbytko	Ukraine	2014
4	125	275.5	Andrea White	USA	2014
	125	275.5	Miranda Weiter	USA	2017
6	124.7	274.9	Ellen Stein	USA	2007
7	122.5	270	Lara Evans-Mills	USA	2015
	122.5	270	Lara Mills	USA	2015

	122.5	270	Lindsay Ferzoco	USA	2016
	122.5	270	Jennifer Minella	USA	2017
11	120	264.5	Genevieve Cohen	USA	2016
	120	264.5	Megan Kretchmer	Canada	2016
	120	264.5	Megan Bain-Kretschmer	Canada	2017
14	117.5	259	Megan Hoover	USA	2014
	117.5	259	Jennifer Coffee	USA	2017
16	116	255.7	Kayla Irwin	USA	2016
17	115.5	254.6	Kelsey Horton	USA	2014
18	115	253.5	Laura Clancy	USA	
	115	253.5	Svetlana Dergaputskaya	Ukraine	2014
	115	253.5	Taryn Haggerstone	Canada	2017
	115	253.5	Sarah Cowley	Canada	2017

Weight Class: 148			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	152.5	336.2	Aubrey Mester-Webb	USA	2015
2	145	319.6	Angela Webb	USA	
3	142.5	314.1	Latosha Floyd	USA	2014
	142.5	314.1	Deanna Fester	Canada	2015
5	137.5	303.1	Maggie Moore	USA	2016
6	135	297.6	Assumpta Feeney	Ireland	2016
	135	297.6	Michelle Wurschmidt	USA	2017
8	132.5	292.1	Suzanne LaForge	USA	
	132.5	292.1	Andrea White	USA	2014
	132.5	292.1	Dallas Smith	Canada	2015
	132.5	292.1	Andrea Melito	Canada	2017
12	130	286.5	Laura Clancy	USA	2012
	130	286.5	Victoria Tasher	USA	2013
14	129.8	286.1	Ashley Buck	USA	2004
15	129.3	285	D. Wilson	USA	
16	127.5	281	Genevieve Betro	USA	2013
	127.5	281	Katie Eggleston	USA	2016
	127.5	281	Rebecca Stoddart	Canada	2017
19	127.3	280.6	Marie Pritzi	USA	2008
20	126	277.7	Stacey Jensen	Canada	2012

Weight Class: 165			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	177.5	391.3	Miki Cestnik	USA	2016
2	162.5	358.2	Erlinda Gomez	USA	2015
3	157.5	347.2	Ashley Szczepanec	USA	
4	155	341.7	Aubrey Mester-Webb	USA	2015
5	147.5	325.1	Jesa Jenkins	USA	2016
6	145	319.6	Latosha Floyd	USA	2014
7	142.5	314.1	Deana Tollertson	USA	2017
8	138	304.2	Dallas Smith	Canada	2015
	138	304.2	Lisa Szabon-Smith	Canada	2017
10	137.5	303.1	Nichola Diaz	USA	
	137.5	303.1	Elizabeth Leonhardt	USA	2016
12	135	297.6	Leanna Matthews	USA	2015
	135	297.6	Allison Palmer	USA	2017
14	132.5	292.1	Christina Gregory	USA	2016
15	131.5	289.9	K Deveny	USA	
16	130	286.5	Robyn Homans	Canada	2014
	130	286.5	Renae Witzaney	Canada	2014
	130	286.5	Maria Rojas	USA	2017
19	127.5	281	Tania Moon	USA	
	127.5	281	Tara Valli	USA	2014
	127.5	281	Emily Karl	USA	2017
	127.5	281	Bonni Rogers	Canada	2017

Weight Class: 181			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	182.5	402.3	Danielle Philibert	Canada	2017
2	175	385.8	Lisa Gervais	Canada	2017
3	165.5	364.8	Carlita Farmer	USA	
4	149.6	329.8	Kacie Sharp	USA	2007
5	145	319.6	Jamie Jackson	USA	
	145	319.6	Angie Hobbs	USA	2014
7	142	313	Sara Burwash	Canada	2015
8	141	310.8	Kari Saban	USA	2007
9	137.5	303.1	Nicole Chavez	USA	2014
	137.5	303.1	Alison Ludlow	Canada	2016
	137.5	303.1	Kristi Rowley	USA	2017
12	136	299.8	Patty Pretorius	South Africa	2017
13	135	297.6	Jessica Maloy	USA	2015
	135	297.6	Jade Massey	USA	2017
15	132.5	292.1	Pearl Ferguson	USA	2015
16	130	286.5	Rose Browneagle	USA	2016
	130	286.5	Alex Forrest	Australia	2017
18	125	275.5	Kristin Coleman	USA	2011
	125	275.5	Amanda Burke	USA	2015
	125	275.5	Michelle Williams	USA	2016
	125	275.5	Joan Buccat	Canada	2016
	125	275.5	Karen Zamostrny	USA	2017

Weight Class: 198			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	185	407.8	Ogechi Akalegbere	USA	2017
2	167.8	369.9	Shannon Summers	USA	2000
3	155	341.7	Brandi Sneed	USA	2016
	155	341.7	Aria DeSimini	USA	2017
5	152.5	336.2	Katrina Diaz	USA	2014
6	152.3	335.7	Kari Saban	USA	2006
7	150	330.6	Angie Hobbs	USA	2016
	150	330.6	Rebecca Tucker	USA	2017
9	142.5	314.1	Kacie Moser	USA	2015
	142.5	314.1	Sara Burwash	Canada	2017
11	137.5	303.1	Katherine Moore	USA	
	137.5	303.1	Suzanne Ady	USA	2015
	137.5	303.1	Riki Napiorkowski	USA	2016
	137.5	303.1	Rebecca Hall	USA	2016
	137.5	303.1	Jacquelin Wuiff	USA	2017
16	135	297.6	Alison Ludlow	Canada	2015
	135	297.6	Leah Micek	USA	2017
	135	297.6	Bianca Mata	USA	2017
19	132.5	292.1	Heather Moyers	USA	2012
	132.5	292.1	Rose Browneagle	USA	2017

Weight Class: 198+			Squat	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	205	451.9	Emily Wingo	USA	2017
2	182.5	402.3	Kopper Carter	USA	
3	181.4	399.9	Shannon Summers	USA	
4	172.5	380.2	Emily Adams	USA	2015
5	170	374.7	Brandi Sneed	USA	2016
6	162.5	358.2	Sarah Heminger	USA	2017
7	157.5	347.2	R Callen	USA	
	157.5	347.2	Robin Callan	USA	2016
9	155	341.7	Susan Knight	Canada	2016
10	152.5	336.2	Danielle Goodwin	USA	2016

	152.5	336.2	Rebecca Hall	USA	2017
12	151.9	334.8	Kari Saban	USA	
13	150	330.6	Rebecca Tucker	USA	2016
	150	330.6	Erin Antrainen	USA	2017
	150	330.6	Ebony Jones	USA	2017
16	147.5	325.1	Suzanne Ady	USA	2016
17	145	319.6	Alexis Dowling	USA	2014
	145	319.6	Lindsey Field	USA	2017
	145	319.6	Michelle Lindsey	USA	2017
20	142.5	314.1	Jamie Harris	USA	2017

Bench Press Rankings Female

Weight Class: 97			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	67.5	148.8	Angelina Hong	USA	2015
2	54.4	119.9	Ruth Snyder	USA	1999
3	54	119	Karen Poyner	USA	2017
4	51	112.4	Jessica McBride	USA	2007
5	50	110.2	Ericka Molieri	USA	
	50	110.2	Heather Feingold	USA	2015
7	47.5	104.7	Xenia Voloshin	Ukraine	2012
	47.5	104.7	Beth-el Algarin	USA	2011
	47.5	104.7	Ashley Christiansen	USA	2017
	47.5	104.7	Catherine Beninger	Canada	2017
11	45	99.2	Naomi Kutin	USA	2013
	45	99.2	Sumaya Shakir	USA	2015
13	43.5	95.9	Samantha Brickhouse	USA	
14	42.9	94.5	Abigail Scudder	USA	
15	42.5	93.6	Kristine Connelly	USA	2007
	42.5	93.6	Valentine Klimenko	Ukraine	2012
	42.5	93.6	Danielle Tasher	USA	2012
	42.5	93.6	Maribeth Lino	Philippines	2013
	42.5	93.6	Jill Neziri	USA	2017
20	40.8	89.9	Paula Lorenzi	USA	2003

Weight Class: 105			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	77.5	170.8	Angelina Hong	USA	2014
2	64	141	McKenna Kozina	Canada	2017
3	63.5	139.9	Linda Richard	USA	2007
4	62.5	137.7	Jill Keilty	Canada	2014
5	61	134.4	Vanessa Ferla	USA	2016
6	60.1	132.4	Karen Poyner	USA	2006
7	60	132.2	Amanda Hunsucker	USA	2016
8	58.5	128.9	Marzia Girardi	Italy	2012
9	57.5	126.7	Lauren Freeman	USA	
	57.5	126.7	Lauren Rodriguez	USA	
	57.5	126.7	Viktoriya Kruglyak	Ukraine	2014
	57.5	126.7	Christina Lam	Canada	2016
	57.5	126.7	Rylea Yanke	Canada	2016
	57.5	126.7	Keri Davis	USA	2017
15	56.7	125	Theresa Gill	USA	2007
16	55.4	122.1	Ruth Snyder	USA	2008
17	55	121.2	Catherine Sableva	Ukraine	2013
18	54.4	119.9	K. Becceria	USA	1997
19	52.5	115.7	Yuliya Myrnaya	Ukraine	2014
20	50.2	110.6	T. Fitzpatrick	USA	2001

Weight Class: 114			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year

1	77.5	170.8	Kerry Self	USA	2017
2	76	167.5	Natasha Beasley	USA	2017
3	75	165.3	Julie Puetz	USA	2017
4	74.8	164.9	Deborah Flanagan	USA	2003
5	73.5	162	Bianca Luedeker	USA	2014
6	72.5	159.8	Donna McBurney	USA	
	72.5	159.8	Olga Dombrovska	Ukraine	2014
8	70.3	154.9	Debbie Flannagan	USA	2003
9	70	154.3	Alevtina Lyakh	Ukraine	2014
	70	154.3	Steph Nesich	Australia	2017
11	68.5	151	Elizabeth Cameron	USA	2011
12	65.5	144.4	Lisa Scheffelmaier	Canada	2014
13	63.5	139.9	Doreen Wofford	USA	2008
14	62.5	137.7	Jill Keilty	Canada	2014
	62.5	137.7	Diana Vall-Ilobera	USA	2015
	62.5	137.7	Jennifer Coffee	USA	2015
	62.5	137.7	Allison Cross	USA	2016
18	61.2	134.9	Rebecca Skal	USA	1999
19	60	132.2	Nikki Chapman	Canada	2012
	60	132.2	Miranda Chambers	USA	2014
	60	132.2	Rebecca Breeden	USA	2015
	60	132.2	Natasha Navarro	USA	2016
	60	132.2	Emily Webster	USA	2016
	60	132.2	Lauren Rodriguez	USA	2017
	60	132.2	McKenna Kozina	Canada	2017

Weight Class: 123			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	96	211.6	Giorgia Pratesi	Italy	2012
2	85	187.3	Miranda Chambers	USA	2016
3	82.5	181.8	Kerry Self	USA	2017
4	81	178.5	Amy Eaton	USA	2011
5	80	176.3	Michelle Watts	USA	
	80	176.3	Kelly Moore	USA	2009
	80	176.3	Melissa Hexter	USA	2015
	80	176.3	Julie Puetz	USA	2017
9	79.3	174.8	Gina Benton	USA	2007
10	77.5	170.8	Breann Thiessen	Canada	2015
	77.5	170.8	Natasha Beasley	USA	2017
12	75	165.3	Bianca Luedeker	USA	2013
	75	165.3	Mayra Armijo	USA	2014
	75	165.3	Jackie Hong	USA	2014
	75	165.3	Olga Dombrovska	Ukraine	2014
16	72.5	159.8	Diane Brill	USA	2012
17	70.5	155.4	Leslie Kutner	USA	2008
18	70	154.3	Cara Tortoriello	USA	2017
19	68	149.9	Rebecca Skal	USA	1999
	68	149.9	Lori Snyder	USA	2005

Weight Class: 132			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	127	279.9	Jennifer Thompson	USA	2006
2	92.5	203.9	Svetlana Dergaputskaya	Ukraine	2014
3	91.8	202.3	Amy Perlmutter	USA	2000
4	85	187.3	Antonina Burbytko	Ukraine	2014
	85	187.3	Andrea White	USA	2014
	85	187.3	Kerry Self	USA	2017
7	82.5	181.8	Amanda Brady	USA	2014
	82.5	181.8	Kimberly Beitzell	USA	2015
9	79.3	174.8	Kelly Wescott	USA	2007
10	79	174.1	Patti McKee	USA	2014

11	77.5	170.8	Lindsay Ferzoco	USA	2016
	77.5	170.8	Lisa Suda	USA	2016
13	75	165.3	Natasha Beasley	USA	2017
	75	165.3	Taryn Haggerstone	Canada	2017
	75	165.3	Jennifer Coffee	USA	2017
	75	165.3	Miranda Weiter	USA	2017
17	73.5	162	Diane Brill	USA	2016
18	72.5	159.8	Katie Johnson	USA	
	72.5	159.8	Taylor Henderson	USA	
	72.5	159.8	Jenifer Kelly	USA	2011
	72.5	159.8	Emili Schertzberg	Canada	2017

Weight Class: 148					
			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	105	231.4	Lina Zubritskaya	Ukraine	2012
2	104.6	230.6	Michelle Borzak	USA	2005
3	99.7	219.7	Donna White	USA	2003
4	97.5	214.9	G. Knight-McNeil	USA	1999
	97.5	214.9	Andrea White	USA	2014
6	90	198.4	Svetlana Dergaputskaya	Ukraine	2014
	90	198.4	Svetlana Pikalova	Ukraine	2014
8	87.5	192.9	Kimberly Beitzell	USA	2016
9	86	189.5	Antonina Burbytko	Ukraine	2013
10	85	187.3	Latrese Reames	USA	2007
	85	187.3	Tara Steadman	USA	2010
12	84.1	185.4	Marie Pritzi	USA	2008
13	84	185.1	Marie Pritzl	USA	2008
14	82.5	181.8	Latosha Floyd	USA	
	82.5	181.8	Kelly Chance	USA	2015
16	80	176.3	Jenifer Kelly	USA	2011
	80	176.3	Katie Johnson	USA	2015
	80	176.3	Miranda Weiter	USA	2016
	80	176.3	Bobbi Rieger	Canada	2017
20	79.4	175	Angie Miller	USA	2004
	79.4	175	Dawn Maroscher	USA	2011

Weight Class: 165					
			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	97.5	214.9	Joan Gardner	USA	2006
	97.5	214.9	Tammy Walker	USA	2009
	97.5	214.9	Tara Steadman	USA	2010
4	93.5	206.1	Joy Gardner	USA	
5	93	205	Lynne Nelson	USA	2006
6	90	198.4	Hayley Bloom	USA	2017
7	87.5	192.9	Ogechi Akalegbere	USA	2015
	87.5	192.9	Beth-el Algarin	USA	2015
	87.5	192.9	Miki Cestnik	USA	2016
	87.5	192.9	Andrea Maush	USA	2016
11	86.6	190.9	T. Encarnacion	USA	2001
12	85.1	187.6	Ashley Szczepaniec	USA	
13	85	187.3	Latosha Floyd	USA	2014
	85	187.3	Andrea Marsh	USA	2015
	85	187.3	Deana Tollefson	USA	2017
16	83.9	184.9	Michelle Bertrand	USA	2004
	83.9	184.9	Nicole Miller	USA	2006
	83.9	184.9	Jaime Kocher	USA	2007
19	82.5	181.8	Maura Gaudiosi	USA	
	82.5	181.8	Nichola Diaz	USA	
	82.5	181.8	Shannon St. Michael	Canada	2013
	82.5	181.8	Erlinda Gomez	USA	2014
	82.5	181.8	Zhanna Mostovaya	Ukraine	2014

82.5	181.8	Aubrey Mester-Webb	USA	2016
82.5	181.8	Deana Tollertson	USA	2017
82.5	181.8	Madison Eichstadt	USA	2017

Weight Class: 181					
			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	112.5	248	Tammy Walker	USA	2014
2	108.9	240	Kathy Roberts	USA	2006
3	106.6	235	LaToya Parrish	USA	2007
4	105	231.4	Lisa Gervais	Canada	2016
5	102.5	225.9	Missy Gentry	USA	2016
6	100	220.4	Cristi Bartlett	USA	2010
7	97.7	215.3	Kari Saban	USA	2007
8	97.5	214.9	Kim Hodges	USA	2015
	97.5	214.9	Danielle Philibert	Canada	2017
10	95	209.4	Carlita Farmer	USA	
	95	209.4	Hayley Bloom	USA	2017
12	92.5	203.9	Sophia Hussary	USA	2013
	92.5	203.9	Tara Maier	USA	2013
	92.5	203.9	Sara Burwash	Canada	2015
	92.5	203.9	Erika Grill	USA	2016
16	90	198.4	Jamie Jackson	USA	
17	87.5	192.9	Patricia Rusinek	USA	2011
	87.5	192.9	Kristina-Marie Coleman	USA	2016
19	85	187.3	Elizabeth Gregory	USA	2015
	85	187.3	Jamie Langdon	USA	2017

Weight Class: 198					
			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	122.5	270	LaToya Parrish	USA	2008
2	113.3	249.7	Shannon Summers	USA	2000
3	108.9	240	M. Stack	USA	2003
4	105	231.4	Ogechi Akalegbere	USA	2017
5	102.5	225.9	Nikki Creecy	USA	2013
6	102.1	225	Ramona Gilbert	USA	
7	102	224.8	America Marrow	USA	2007
8	100	220.4	Kari Saban	USA	2006
	100	220.4	Lisa Woodland	USA	2015
	100	220.4	Brandi Sneed	USA	2016
	100	220.4	Sara Burwash	Canada	2017
12	97.5	214.9	Kim Hodges	USA	2013
	97.5	214.9	Farrah Tate	USA	2015
	97.5	214.9	Riki Napiorkowski	USA	2016
15	95	209.4	Cassidy Comly	USA	2016
16	92.5	203.9	Rebecca Tucker	USA	2012
	92.5	203.9	Elizabeth Gregory	USA	2015
18	90	198.4	Kacie Moser	USA	2015
	90	198.4	Jaime Penner	USA	2017
20	87.5	192.9	Shri Drake	USA	2010
	87.5	192.9	Erika Grill	USA	2017

Weight Class: 198+					
			Bench Press	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	125.5	276.6	Lisa Quevedo	USA	2013
2	124.7	274.9	Shannon Summers	USA	
3	117.5	259	Jessica Read	USA	2012
4	112.5	248	Brandi Sneed	USA	2017
5	102.5	225.9	Kopper Carter	USA	2017
	102.5	225.9	Rochelle Comly-Dubbs	USA	2017
7	99.7	219.7	Kari Saban	USA	
8	98.5	217.1	Michelle Carlsen	USA	2011

9	97.5	214.9	Latonia Brown	USA	2017
10	95	209.4	Kacie Sharp	USA	2012
	95	209.4	Rebecca Tucker	USA	2016
	95	209.4	Emily Wingo	USA	2017
13	92.9	204.8	Erin Owens	USA	2002
14	90	198.4	Kacie Moser	USA	2015
	90	198.4	Rochelle Dubbs	USA	2016
16	88.5	195.1	Tammy Bukousky	USA	2006
17	88.4	194.8	America Marrow	USA	
	88.4	194.8	Leontyne Marrow	USA	2005
19	87.5	192.9	Laurie Thackeray	USA	
	87.5	192.9	Shri Drake	USA	2010
	87.5	192.9	Angela Fore	USA	2017
	87.5	192.9	Sarah Heminger	USA	2017

Deadlift Rankings Female

Weight Class: 97 Deadlift Female

Rank	Lift	lbs	Lifter	Country	Year
1	113.5	250.2	Karen Poyner	USA	2017
2	113	249.1	Naomi Kutin	USA	2013
3	112.5	248	Danielle Tasher	USA	2010
4	111.1	244.9	Paula Lorenzi	USA	2003
5	110	242.5	Koube Ngaaje	USA	2017
6	105.1	231.7	Abigail Scudder	USA	
7	105	231.4	Samantha Brickhouse	USA	
8	102.5	225.9	Ericka Molieri	USA	
9	97.5	214.9	Dennise Larios	USA	2016
	97.5	214.9	Jill Neziri	USA	2017
	97.5	214.9	Dennise Childers	USA	2017
	97.5	214.9	Catherine Beninger	Canada	2017
13	95	209.4	Olga Derderyan	Armenia	2010
	95	209.4	Maria Kuchikian	Armenia	2010
	95	209.4	Valentine Klimenko	Ukraine	2012
	95	209.4	Sumaya Shakir	USA	2015
17	92.5	203.9	Maribeth Lino	Philippines	2013
18	90.7	199.9	Kibian Vazquez	USA	1999
19	90	198.4	Beth-el Algarin	USA	2011
20	87.5	192.9	Alexandra Wilson	USA	2017

Weight Class: 105 Deadlift Female

Rank	Lift	lbs	Lifter	Country	Year
1	138.5	305.3	Abigail Scudder	USA	2001
2	135	297.6	Keri Davis	USA	2017
3	130	286.5	Kimberly Ryman	USA	
4	128	282.1	Christina Lam	Canada	2016
5	127.5	281	Amanda Hunsucker	USA	2016
	127.5	281	Kaitlyn Davis	USA	2017
7	122.5	270	Jamie Brissey	USA	
	122.5	270	Karen Poyner	USA	
	122.5	270	Kimberly Price	USA	2012
10	120	264.5	Naomi Kutin	USA	2014
11	117.9	259.9	Benita Steffan	USA	2002
12	117.5	259	Vanessa Ferla	USA	2016
13	115	253.5	Danielle Tasher	USA	2012
14	112.5	248	Samantha Brickhouse	USA	
	112.5	248	Lauren Rodriquez	USA	
16	111.1	244.9	Krystle McKenzie	USA	1999
17	110	242.5	McKenna Kozina	Canada	2017
18	107.5	236.9	Marina Le	Canada	2015
	107.5	236.9	Viktoriya Kruglyak	Ukraine	2014

20	106.5	234.7	Meghan Merino	USA	2014
----	-------	-------	---------------	-----	------

Weight Class: 114					
			Deadlift	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	155	341.7	Donna McBurney	USA	2007
2	152.5	336.2	Natasha Beasley	USA	
3	147.5	325.1	Steph Nesich	Australia	2017
4	143	315.2	Parisa Souvannavong	USA	2016
5	142.8	314.8	Rebecca Skal	USA	1999
6	140	308.6	Kestrel Coon	USA	
	140	308.6	Misty Posey	USA	
	140	308.6	Izaba Paras	USA	2017
9	137.5	303.1	Kari Sakamoto	USA	2013
	137.5	303.1	Jennifer Coffee	USA	2015
11	135.5	298.7	Bianca Luedeker	USA	2017
12	135	297.6	Michelle Lopez	USA	2016
	135	297.6	Natasha Navarro	USA	2016
	135	297.6	Allison Cross	USA	2016
15	132.5	292.1	Leah Gitterman	Canada	2013
	132.5	292.1	Amanda Feist	USA	2015
17	130.5	287.7	Emily Mawaja	USA	2017
18	130	286.5	Elizabeth Cameron	USA	2011
	130	286.5	Nicole Paul-McEvoy	Canada	2012
	130	286.5	Miranda Chambers	USA	2013

Weight Class: 123					
			Deadlift	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	192.5	424.3	Melissa Barber	USA	2016
2	170	374.7	Lori Snyder	USA	2005
3	163	359.3	Sherine Thoummarath	Canada	2017
4	160	352.7	Mayra Armijo	USA	2014
5	158	348.3	Suzanne Davis	USA	2014
6	157.5	347.2	Kelly Moore	USA	2009
7	155	341.7	Miranda Chambers	USA	2016
8	154.2	339.9	Rebecca Skal	USA	1999
9	152.5	336.2	Natasha Beasley	USA	
	152.5	336.2	Breann Thiessen	Canada	2015
11	150	330.6	Jennifer Coffee	USA	
12	147.5	325.1	Tensley Clowser	USA	
	147.5	325.1	Sammantha Perrine	USA	2012
	147.5	325.1	Naomi Kutin	USA	2016
15	142.5	314.1	Kayla Johnson	USA	
	142.5	314.1	Misty Posey	USA	
	142.5	314.1	Kim Johnson	USA	2012
	142.5	314.1	Laurie Jimenez	USA	2015
	142.5	314.1	Amberine Brown	USA	2017
20	140	308.6	Kristen Vidale	USA	2013
	140	308.6	Cami Jones	USA	2014
	140	308.6	Laura Siegle	USA	2017

Weight Class: 132					
			Deadlift	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	175.5	386.9	Jennifer Coffee	USA	2017
2	175	385.8	Andrea White	USA	2014
3	172.5	380.2	Sherine Thoummarath	Canada	2017
4	172.3	379.8	Michelle Martucci	USA	2003
5	167.8	369.9	M Matuszewski	USA	2001
6	167.5	369.2	Amy Shedrick	USA	2012
7	160	352.7	Antonina Burbytko	Ukraine	2014
8	158	348.3	Sandra Burke	Ireland	2017
9	157.5	347.2	Lisa Suda	USA	2016

10	155	341.7	T. Weinhamer	USA	1998
	155	341.7	Selena Gavins	Canada	2014
	155	341.7	Anissa Colbert-Butler	USA	2015
	155	341.7	Laura Campbell	Ireland	2017
14	153.5	338.4	Sammantha Perrine	USA	2011
15	152.5	336.2	Amanda Brady	USA	2014
	152.5	336.2	Natasha Beasley	USA	2017
17	152	335	Ellen Stein	USA	2007
18	150	330.6	Taylor Henderson	USA	
	150	330.6	Catherine Weaver	USA	
	150	330.6	Brooke Hymas	USA	2014
	150	330.6	Svetlana Dergaputskaya	Ukraine	2014
	150	330.6	Siobhan Cotter	Ireland	2017
	150	330.6	Erin Matheson	Canada	2017

Weight Class: 148					
Rank	Lift	lbs	Lifter	Country	Year
1	185	407.8	Whitney Johnson	USA	2015
2	183	403.4	Suzanne LaForge	USA	2014
	183	403.4	Dallas Smith	Canada	2015
4	182.5	402.3	Latosha Floyd	USA	
	182.5	402.3	Andrea White	USA	2014
6	175	385.8	Jamie King	Canada	2015
	175	385.8	Assumpta Feeney	Ireland	2016
	175	385.8	Courtney Young	USA	2017
9	172.5	380.2	Aubrey Mester-Webb	USA	2015
	172.5	380.2	Emily Weber	USA	2017
11	170	374.7	Sammantha Perrine	USA	2013
	170	374.7	Suzanne Spero	USA	2012
	170	374.7	Rebecca Stoddart	Canada	2017
14	167.5	369.2	Amy Shedrick	USA	
	167.5	369.2	Deanna Fester	Canada	2015
	167.5	369.2	Katherine Carrier	USA	2017
	167.5	369.2	Carmen Jolliff	USA	2017
18	165.4	364.6	Beverly Crawford	USA	2009
19	165	363.7	Alicia Haynes	USA	
	165	363.7	Angela Webb	USA	

Weight Class: 165					
Rank	Lift	lbs	Lifter	Country	Year
1	200	440.9	Miki Cestnik	USA	2016
2	187.5	413.3	Latosha Floyd	USA	
	187.5	413.3	Aubrey Mester-Webb	USA	2016
4	185	407.8	Deana Tollefson	USA	2017
5	182.5	402.3	Dallas Smith	Canada	2015
6	181.4	399.9	Kathy Roberts	USA	2005
7	180	396.8	Melanie Wonitoy	Canada	2017
8	177.5	391.3	Kimberley Clark	USA	
	177.5	391.3	Bonni Rodgers	Canada	2016
10	172.5	380.2	Andrea Marsh	USA	2016
	172.5	380.2	Bonni Rogers	Canada	2016
12	172.4	380	B. Patrick	USA	
13	170	374.7	Angela Roark	USA	2017
	170	374.7	LaTricia Floyd	USA	2017
15	168	370.3	Tania Moon	USA	
16	167.5	369.2	Jamie King	Canada	2015
	167.5	369.2	Elizabeth Leonhardt	USA	2016
18	165	363.7	Erlinda Gomez	USA	2015
	165	363.7	Jennifer Newton	USA	2015
	165	363.7	Deana Tollertson	USA	2017
	165	363.7	Emily Weber	USA	2017

Weight Class: 181			Deadlift	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	205	451.9	Carlita Farmer	USA	
2	200	440.9	Anna McCloskey	USA	2009
3	195	429.8	Danielle Philibert	Canada	2017
4	192.5	424.3	Cristi Bartlett	USA	2010
5	190	418.8	Jamie Jackson	USA	
6	185	407.8	Lisa Gervais	Canada	2016
7	182.5	402.3	Angie Hobbs	USA	2015
8	181.8	400.7	Kari Saban	USA	2007
9	176.9	389.9	Kathy Roberts	USA	2007
10	175	385.8	Tara Maier	USA	2013
	175	385.8	Tara Meier	USA	2013
12	172.5	380.2	Kashona Singleton	USA	2015
13	170	374.7	Agatha Cretzu	USA	2017
14	167.8	369.9	Kacie Sharp	USA	2007
15	167.5	369.2	Christina Dean	USA	2014
	167.5	369.2	Kristina-Marie Coleman	USA	2016
17	166	365.9	Sara Burwash	Canada	2015
18	165	363.7	Sophia Hussary	USA	2013
	165	363.7	Kristin Coleman	USA	2011
	165	363.7	Dana Sandler	Canada	2015

Weight Class: 198			Deadlift	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	210	462.9	Debora Tres	Brazil	2010
2	197.5	435.4	Ogechi Akalegbere	USA	2017
3	195	429.8	Aria DeSimini	USA	2017
4	188	414.4	Riki Napiorkowski	USA	2016
5	185.9	409.8	Kathy Roberts	USA	2010
6	185	407.8	Nicole Jones	USA	2009
	185	407.8	Angie Hobbs	USA	2016
	185	407.8	Jacquelin Wuiff	USA	2017
9	184.1	405.8	Kari Saban	USA	2006
10	180	396.8	Rebecca Tucker	USA	2015
11	177.5	391.3	Brandi Sneed	USA	2016
	177.5	391.3	Christina Dean	USA	2017
13	175	385.8	Elizabeth Gregory	USA	2015
14	170	374.7	Kacie Sharp	USA	
	170	374.7	Maryann Reid	USA	2012
	170	374.7	Farrah Tate	USA	2015
17	167.5	369.2	Arlene Burnette	USA	2015
	167.5	369.2	Sara Burwash	Canada	2017
19	165.5	364.8	Charlotte Baker	USA	2017
20	165	363.7	Kristin Coleman	USA	2011
	165	363.7	Katrina Diaz	USA	2014
	165	363.7	Dana Sandler	Canada	2014

Weight Class: 198+			Deadlift	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	206	454.1	Emily Wingo	USA	2017
2	205	451.9	Nicole Jones	USA	2015
	205	451.9	Kopper Carter	USA	2017
4	192.5	424.3	Kacie Sharp	USA	2011
5	187.5	413.3	Sarah Siegel	USA	2015
6	185	407.8	Rebecca Tucker	USA	2016
7	183.9	405.4	Tammy Bukousky	USA	2006
8	183.7	404.9	Kari Saban	USA	
9	182.5	402.3	Maryann Reid	USA	2012
	182.5	402.3	Brandi Sneed	USA	2015

	182.5	402.3	Ebony Jones	USA	2017
	182.5	402.3	Felisha Fine	USA	2017
13	180	396.8	Christina Tsatsoulis	Australia	2017
14	177.5	391.3	Kacie Moser	USA	2015
	177.5	391.3	Jose Potter	Canada	2015
	177.5	391.3	Aria DeSimini	USA	2016
	177.5	391.3	Lindsay Field	USA	2017
	177.5	391.3	Robyn Powell	USA	2017
19	175	385.8	Lisa Quevedo	USA	2013
	175	385.8	Lindsey Field	USA	2017
	175	385.8	Christina Tsatsoulis	Australia	2017
	175	385.8	Lindsey Fields	USA	2017

The Total Rankings			Female		
Weight Class: 97			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	257.5	567.6	Naomi Kutin	USA	2013
2	247.5	545.6	Ericka Molieri	USA	
	247.5	545.6	Danielle Tasher	USA	2012
4	237.5	523.5	Karen Poyner	USA	2017
5	231.8	511	Abigail Scudder	USA	
6	220	485	Catherine Beninger	Canada	2017
7	210	462.9	Sumaya Shakir	USA	2015
8	208.6	459.8	Paula Lorenzi	USA	2003
9	207.5	457.4	Samantha Brickhouse	USA	
10	205	451.9	Maribeth Lino	Philippines	2013
	205	451.9	Jill Neziri	USA	2017
12	195	429.8	Maria Kuchikian	Armenia	2010
13	187.5	413.3	McKenna Kozina	Canada	2016
14	183.7	404.9	Ruth Snyder	USA	1999
15	182.5	402.3	Beth-el Algarin	USA	2010
16	174.6	384.9	Adrienne Zimmerman	USA	2005
17	170	374.7	Rocky Luedeker	USA	2017
18	167.5	369.2	Dennise Larios	USA	2016
	167.5	369.2	Ashley Christiansen	USA	2017
	167.5	369.2	Dennise Childers	USA	2017

Weight Class: 105			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	285	628.3	Keri Davis	USA	2017
2	275	606.2	Naomi Kutin	USA	2014
3	274	604	McKenna Kozina	Canada	2017
4	272.5	600.7	Amanda Hunsucker	USA	2016
5	271	597.4	Christina Lam	Canada	2016
6	270	595.2	Karen Poyner	USA	2011
7	267.6	589.9	Abigail Scudder	USA	2002
8	260	573.1	Vanessa Ferla	USA	2016
9	257.5	567.6	Kaitlyn Davis	USA	2017
10	252.5	556.6	Jamie Brissey	USA	
11	247.5	545.6	Danielle Tasher	USA	2012
12	242.5	534.6	Kimberly Ryman	USA	
13	237.5	523.5	Lauren Freeman	USA	
14	235	518	Yuliya Myrnaya	Ukraine	2014
15	232.5	512.5	Viktoriya Kruglyak	Ukraine	2014
16	231.3	509.9	Krystle McKenzie	USA	1999
17	226.7	499.7	Benita Steffan	USA	2002
18	226	498.2	Marzia Girardi	Italy	2012
19	225	496	Jill Keilty	Canada	2014
	225	496	Sohee Walsh	USA	2015
	225	496	Haley-Jo Kenny	USA	2017

Weight Class: 114			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	318.5	702.1	Natasha Beasley	USA	2017
2	317.5	699.9	Donna McBurney	USA	
3	307.5	677.9	Steph Nesich	Australia	2017
4	300.5	662.4	Kestrel Coon	USA	
5	300	661.3	Allison Cross	USA	2016
6	297.5	655.8	Misty Posey	USA	
7	293	645.9	Izaba Paras	USA	2017
8	292.5	644.8	Bianca Luedeker	USA	2017
9	290.3	639.9	Rebecca Skal	USA	1999
10	290	639.3	Miranda Chambers	USA	2014
11	287.5	633.8	Elizabeth Cameron	USA	2012
	287.5	633.8	Marie Joaquin	Canada	2017
13	275	606.2	Naomi Kutin	USA	2015
	275	606.2	Michelle Lopez	USA	2016
15	271	597.4	Benita Steffan	USA	2013
16	265	584.2	Andrea Kawano	USA	2017
17	262.5	578.7	Nikki Chapman	Canada	2012
	262.5	578.7	Amanda Feist	USA	2015
19	260	573.1	Megan Lieu	USA	
	260	573.1	Arielle Sie-Mah	Canada	2015

Weight Class: 123			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	385	848.7	Melissa Barber	USA	2016
2	355	782.6	Miranda Chambers	USA	2016
3	352.5	777.1	Breann Thiessen	Canada	2015
4	347.5	766	Mayra Armijo	USA	2014
	347.5	766	Sherine Thoummarath	Canada	2016
6	344.7	759.9	Lori Snyder	USA	2005
7	332.5	733	Naomi Kutin	USA	2016
	332.5	733	Cara Tortoriello	USA	2017
9	327.5	722	Kelly Moore	USA	2009
10	325.5	717.5	Suzanne Davis	USA	2014
11	320	705.4	Jennifer Coffee	USA	
	320	705.4	Kristen Vidale	USA	
13	319.8	705	Melissa Klein	USA	
14	317.5	699.9	Rebecca Skal	USA	1999
15	315	694.4	Tensley Clowser	USA	
	315	694.4	Misty Posey	USA	
	315	694.4	Giorgia Pratesi	Italy	2012
	315	694.4	Toni Herrmann	USA	2017
19	310.7	684.9	Tracy Alley	USA	2017
20	307.5	677.9	Michelle Watts	USA	

Weight Class: 132			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	385	848.7	Andrea White	USA	2014
2	380	837.7	Antonina Burbytko	Ukraine	2014
	380	837.7	Sherine Thoummarath	Canada	2017
4	365.5	805.7	Jennifer Coffee	USA	2017
5	365	804.6	Lisa Suda	USA	2016
6	352.5	777.1	Svetlana Dergaputskaya	Ukraine	2014
7	340.2	750	Ellen Stein	USA	2007
8	337.5	744	Amanda Brady	USA	2014
	337.5	744	Lindsay Ferzoco	USA	2016
10	335	738.5	Taylor Henderson	USA	
	335	738.5	Taryn Haggerstone	Canada	2017
12	332.5	733	Megan Bain-Kretschmer	Canada	2017

	332.5	733	Miranda Weiter	USA	2017
14	330	727.5	Laura Campbell	Ireland	2017
	330	727.5	Jennifer Minella	USA	2017
16	327.5	722	Selena Gavins	Canada	2014
17	325	716.4	Megan Kretchmer	Canada	2016
18	322.5	710.9	Lara Evans-Mills	USA	2015
	322.5	710.9	Lara Mills	USA	2015
	322.5	710.9	Genevieve Cohen	USA	2016
	322.5	710.9	Briana Foster	USA	2016

Weight Class: 148			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	412.5	909.3	Andrea White	USA	2014
2	407.5	898.3	Latosha Floyd	USA	
3	395	870.8	Aubrey Mester-Webb	USA	2015
4	387.5	854.2	Deanna Fester	Canada	2015
	387.5	854.2	Assumpta Feeney	Ireland	2016
6	380.5	838.8	Dallas Smith	Canada	2015
7	372.5	821.2	Suzanne LaForge	USA	
8	370.5	816.8	Marie Pritzi	USA	2008
9	370	815.7	Rebecca Stoddart	Canada	2017
10	363.5	801.3	Katherine Carrier	USA	2017
11	357.5	788.1	Angela Webb	USA	
	357.5	788.1	Jamie King	Canada	2015
13	351.5	774.9	Sammantha Perrine	USA	2013
14	350	771.6	Courtney Young	USA	2017
	350	771.6	Tonya Motyka	Canada	2017
	350	771.6	Carmen Jolliff	USA	2017
17	347.5	766	Stacey Jensen	Canada	2012
	347.5	766	Sara Egbom	USA	2014
	347.5	766	Svetlana Dergaputskaya	Ukraine	2014
20	345	760.5	Michelle Mullenix	USA	2015
	345	760.5	Kelly Chance	USA	2016
	345	760.5	Kathrine Carrier	USA	2016
	345	760.5	Maggie Moore	USA	2016

Weight Class: 165			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	465	1025.1	Miki Cestnik	USA	2016
2	415	914.9	Angela Webb	USA	
	415	914.9	Aubrey Mester-Webb	USA	2015
4	412.5	909.3	Latosha Floyd	USA	2014
5	407.5	898.3	Erlinda Gomez	USA	2015
6	390	859.7	Deana Tollertson	USA	2017
7	380	837.7	Nichola Diaz	USA	2014
	380	837.7	Dallas Smith	Canada	2015
9	377.5	832.2	Jesa Jenkins	USA	2016
	377.5	832.2	Bonni Rodgers	Canada	2016
	377.5	832.2	Melanie Wonitoy	Canada	2017
	377.5	832.2	Bonni Rogers	Canada	2017
13	372.5	821.2	Andrea Marsh	USA	2016
14	367.5	810.1	Elizabeth Leonhardt	USA	2016
15	365.6	806	Tania Moon	USA	
16	365	804.6	Christina Gregory	USA	2016
	365	804.6	Angela Roark	USA	2017
18	360	793.6	Allison Palmer	USA	2017
19	355	782.6	Robyn Homans	Canada	2014
	355	782.6	Jamie King	Canada	2015
	355	782.6	Robyn Koolen	Canada	2016

Weight Class: 181			Total	Female	
-------------------	--	--	-------	--------	--

Rank	Lift	lbs	Lifter	Country	Year
1	472.5	1041.6	Danielle Philibert	Canada	2017
2	462.6	1019.8	Carlita Farmer	USA	
3	455	1003	Lisa Gervais	Canada	2016
4	425	936.9	Jamie Jackson	USA	
5	420.5	927	Kari Saban	USA	2007
6	400	881.8	Angie Hobbs	USA	2015
7	399.1	879.8	Kacie Sharp	USA	2007
8	390	859.7	Sara Burwash	Canada	2015
9	368.5	812.3	Patty Pretorius	South Africa	2017
10	365	804.6	Elizabeth Gregory	USA	2015
11	362.5	799.1	Christina Dean	USA	2014
	362.5	799.1	Jessica Maloy	USA	2015
	362.5	799.1	Alison Ludlow	Canada	2016
14	360	793.6	Rose Browneagle	USA	2016
	360	793.6	Alex Forrest	Australia	2017
16	355	782.6	Nicole Chavez	USA	2014
	355	782.6	Pearl Ferguson	USA	2015
	355	782.6	Jamie Langdon	USA	2017
19	352.6	777.3	Franky Moore	USA	
20	352.5	777.1	Kristin Coleman	USA	2011

Weight Class: 198			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	487.5	1074.7	Ogechi Akalegbere	USA	2017
2	444.5	979.9	Shannon Summers	USA	2000
3	436.4	962	Kari Saban	USA	2006
4	435	959	Aria DeSimini	USA	2017
5	425	936.9	Brandi Sneed	USA	2016
6	422.5	931.4	Rebecca Tucker	USA	2017
7	420	925.9	Riki Napiorkowski	USA	2016
8	415	914.9	Angie Hobbs	USA	2016
9	410	903.8	Sara Burwash	Canada	2017
10	405	892.8	Jacquelin Wuiff	USA	2017
11	396.5	874.1	Kacie Sharp	USA	
12	392.5	865.3	Farrah Tate	USA	2015
	392.5	865.3	Elizabeth Gregory	USA	2015
14	380	837.7	Kacie Moser	USA	2015
	380	837.7	Christina Dean	USA	2017
16	377.5	832.2	Katrina Diaz	USA	2014
17	362.5	799.1	Rebecca Hall	USA	2016
	362.5	799.1	Rose Browneagle	USA	2017
19	357.6	788.3	Katherine Moore	USA	
20	356.5	785.9	E. Daly	USA	

Weight Class: 198+			Total	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	497.5	1096.7	Emily Wingo	USA	2017
2	490	1080.2	Kopper Carter	USA	2017
3	471.7	1039.9	Shannon Summers	USA	
4	447.5	986.5	Brandi Sneed	USA	2016
5	435.4	959.8	Kari Saban	USA	
6	430	947.9	Rebecca Tucker	USA	2016
7	420	925.9	Lisa Quevedo	USA	2013
	420	925.9	Sarah Heminger	USA	2017
9	415	914.9	Emily Adams	USA	2015
10	410	903.8	Ebony Jones	USA	2017
11	402.5	887.3	Sarah Siegel	USA	2015
12	400	881.8	Susan Knight	Canada	2016
13	395.5	871.9	Rebecca Hall	USA	2017
14	392.5	865.3	Alexis Dowling	USA	2014

	392.5	865.3	Erin Antrainen	USA	2017
16	390	859.7	Felisha Fine	USA	2017
17	388	855.3	Jose Potter	Canada	2015
18	385	848.7	R Callen	USA	
	385	848.7	Robin Callan	USA	2016
	385	848.7	Christina Tsatsoulis	Australia	2017

Strict Curl Rankings			Female		
Weight Class: 97			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	32.5	71.6	Ashley Christiansen	USA	2017
2	32	70.5	Karen Poyner	USA	2017
3	27.5	60.6	Aimee Leclerc	USA	2013
4	25	55.1	Heather Feingold	USA	2015
5	24	52.9	Jill Neziri	USA	2017
6	22.5	49.6	Beth-el Algarin	USA	2011
7	20.5	45.1	Rocky Luedeker	USA	2014
	20.5	45.1	Alexandra Wilson	USA	2017
9	20	44	Laurel Trail	USA	2010
	20	44	Samantha Brickhouse	USA	2014
	20	44	McKenna Kozina	Canada	2015
	20	44	Chloe Eckard	USA	2016
13	19.5	42.9	Ella Antonishek	USA	2017
14	18	39.6	Sumaya Shakir	India	2014
15	16	35.2	Mackenzie Taylor	USA	2017
16	15.5	34.1	Brooke Zak	USA	2017
17	15	33	Savannah Sparkes	USA	2013
	15	33	Anna Zak	USA	2016
19	14.7	32.4	Rebecca Moyer	USA	2009
20	13.5	29.7	Ashlyn Hitcho	USA	2016
	13.5	29.7	Tiffani Teeter	USA	2016

Weight Class: 105			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	34	74.9	Karen Poyner	USA	2011
2	32.5	71.6	Ashley Christiansen	USA	2016
3	30.2	66.5	Jill Keilty	Canada	2014
4	30	66.1	Kimberly Price	USA	2013
	30	66.1	Amanda Hunsucker	USA	2016
	30	66.1	McKenna Kozina	Canada	2017
7	27.5	60.6	Meghan Merino	USA	2012
	27.5	60.6	Jamie Brissey	USA	2014
	27.5	60.6	Jill Neziri	USA	2017
10	26	57.3	Haley Jo Kenny	USA	2017
11	25	55.1	Jessica Lovitt	USA	2011
	25	55.1	Haley-Jo Kenny	USA	2017
13	23.5	51.8	Rebeka Harsanyi	USA	2017
14	22.5	49.6	Laurel Trail	USA	2011
15	20.5	45.1	Chloe Eckard	USA	2016
	20.5	45.1	Rocky Luedeker	USA	2017
17	20	44	Sherlene Lerose	USA	2013
	20	44	Wendy Rodriguez	USA	2014
	20	44	Savannah Sparkes	USA	2014
	20	44	Pinku Manandhar	USA	2016

Weight Class: 114			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	38	83.7	Natasha Beasley	USA	2017
2	37.5	82.6	McKenna Kozina	Canada	2017
3	35.5	78.2	Bianca Luedeker	USA	2016

4	35	77.1	Olga Dombrovska	Ukraine	2014
5	33.2	73.1	Julie Puetz	USA	2017
6	30.2	66.5	Jill Keilty	Canada	2014
7	30	66.1	Paula Tomitz	USA	2012
	30	66.1	Iryna Gorskaya	Ukraine	2014
9	29.5	65	Doreen Wofford	USA	2008
10	29.3	64.5	Marcella Cameron	Canada	2013
11	27.5	60.6	Liza Brice	USA	2010
	27.5	60.6	Beth-el Algarin	USA	2012
	27.5	60.6	Ginger Enderson	USA	2013
	27.5	60.6	Ginger Endreson	USA	2013
	27.5	60.6	Jamie Brissey	USA	2014
16	25	55.1	Benita Steffan	USA	2013
	25	55.1	Jennifer Coffee	USA	2014
	25	55.1	Joanne McNeal	USA	2014
	25	55.1	Misty Posey	USA	2015
	25	55.1	Jessica Smith	USA	2016
	25	55.1	Jennifer Waldron	USA	2017

Weight Class: 123			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	45	99.2	Giorgia Pratesi	Italy	2012
2	38.5	84.8	Nicole Anderson	USA	2012
3	37.5	82.6	Natasha Beasley	USA	2016
4	35.5	78.2	Olga Dombrovska	Ukraine	2014
5	33	72.7	Amberine Brown	USA	2017
6	32.5	71.6	Carla McComb	USA	2008
	32.5	71.6	Angela Curtis	USA	2014
	32.5	71.6	Diane Brill	USA	2017
9	30	66.1	Beth-el Algarin	USA	2012
	30	66.1	Lynn Gerald	USA	2014
	30	66.1	Denise Jaffe	USA	2016
	30	66.1	Emily Saieva	USA	2017
13	29.5	65	Kerry Self	USA	2017
14	28.5	62.8	Denise Jaffee	USA	2017
15	27.5	60.6	Gayle Pollard	USA	2011
	27.5	60.6	Bryce Dowdy	USA	2011
	27.5	60.6	Elaine Audy	USA	2012
	27.5	60.6	Jennie Turner	USA	2013
	27.5	60.6	Agi Veckenstedt	Canada	2014
	27.5	60.6	Jessica Moran	USA	2017

Weight Class: 132			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	40	88.1	Natasha Beasley	USA	2017
2	36	79.3	Antonina Burbytko	Ukraine	2013
3	35.7	78.7	April Garcia	USA	2014
4	35.5	78.2	Sherine Thoummarath	Canada	2017
5	35	77.1	Heather Austin	USA	2017
	35	77.1	Krystal Brown	USA	2017
7	34	74.9	Darline Buchannon	USA	2010
	34	74.9	Meghan Salafia	USA	2013
	34	74.9	Angela Paulovits	USA	2016
10	33.2	73.1	Danielle Carr	USA	2017
11	32.7	72	Beth-el Algarin	USA	2013
12	32.5	71.6	Carla McComb	USA	2010
	32.5	71.6	Amanda Everhart	USA	2013
	32.5	71.6	Diane Brill	USA	2015
15	32	70.5	Lauren Cooper	USA	2016
16	31	68.3	Laura Monroe	USA	2011
	31	68.3	Angela Pasquarelli	USA	2012

31	68.3	Laura Schepis	USA	2014
31	68.3	Jennifer Minella	USA	2016
31	68.3	Lacretta Incorvaia	USA	2017

Weight Class: 148					
			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	42	92.5	Antonina Burbytko	Ukraine	2013
2	41.5	91.4	Suzanne LaForge	USA	2014
3	40	88.1	Kimberly Franklin	USA	2014
4	38	83.7	Tierney Wallace	USA	2010
5	37.5	82.6	Angela Webb	USA	2013
	37.5	82.6	Casey Ridings	USA	2014
7	36.5	80.4	Lori Bailey	USA	2017
8	36	79.3	Iryna Leonova	Ukraine	2014
9	35.3	77.8	Indya Sheehan	USA	2012
10	35	77.1	Rebecca Gruber	USA	2010
	35	77.1	Maggie Hobson	USA	2013
	35	77.1	Rachel Harrington	USA	2016
	35	77.1	Elena Mishurina	USA	2017
14	34	74.9	Deb Kesper	USA	2014
15	33.5	73.8	Kayla Hawryluk	Canada	2017
16	33.2	73.1	Kate Bianchi	USA	2016
17	33	72.7	Kate Rupert	USA	2013
	33	72.7	Leanne Shumaker	USA	2014
	33	72.7	Leanne Schumaker	USA	2014
	33	72.7	Svetlana Morozova	Ukraine	2014
	33	72.7	Hayley Helland	Canada	2017
	33	72.7	Katherine Drotleff	USA	2017

Weight Class: 165					
			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	49.8	109.7	Jaime Kocher	USA	2007
2	45	99.2	Latosha Floyd	USA	2014
3	42.5	93.6	Beth-el Algarin	USA	2015
4	40	88.1	Suzanne Spero	USA	2012
	40	88.1	Bonni Rogers	Canada	2015
	40	88.1	Bonni Rodgers	Canada	2016
	40	88.1	Aubrey Mester-Webb	USA	2016
8	38.5	84.8	Mary Ann Wieckowski	USA	2013
9	38	83.7	Dallas Smith	Canada	2015
10	37.5	82.6	Tara Steadman	USA	2011
	37.5	82.6	Wendy Schandt	USA	2014
	37.5	82.6	Mary Kate Mercier	USA	2015
	37.5	82.6	Nora Kish	Canada	2015
	37.5	82.6	Maggie Hobson	USA	2016
15	37	81.5	Kimberley Clark	USA	2012
16	36.7	80.9	Renae Witzaney	Canada	2014
17	35.5	78.2	Amy Tunis	USA	2015
18	35	77.1	Lanette Hannah	USA	2011
	35	77.1	Jennifer Lyonnais	USA	2012
	35	77.1	Jenn Layonnais	USA	2012
	35	77.1	Liz Couture	USA	2012

Weight Class: 181					
			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	45	99.2	Tara Maier	USA	2013
	45	99.2	Loryn Taylor	USA	2014
	45	99.2	Mary Kate Mercier	USA	2016
4	43	94.7	Lisa Gervais	Canada	2017
5	40.8	89.9	LaToya Parrish	USA	2007
6	39	85.9	Hanna Holden	USA	2017

7	38.5	84.8	Mary Hodge	USA	2017
8	37.5	82.6	Rebecca Sorenson	USA	2012
9	36	79.3	Sophia Hussary	USA	2013
10	35	77.1	Susanna Perrone	Italy	2012
	35	77.1	Courtney Aronstam	USA	2015
	35	77.1	Brianna Lacey	USA	2016
	35	77.1	Bre Schneider	USA	2016
	35	77.1	Mary Hodges	USA	2016
15	34	74.9	Kim Doutt	USA	2017
16	33.5	73.8	Anna Knapski	USA	2010
	33.5	73.8	Mary Ann Wieckowski	USA	2014
	33.5	73.8	Allyson Sarnowski	USA	2017
	33.5	73.8	Hailie Carnegie	Canada	2017
20	33	72.7	Loredana Frassati	Italy	2012

Weight Class: 198			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	49.5	109.1	Nicole Jones	USA	2009
2	46.5	102.5	LaToya Parrish	USA	2008
3	45	99.2	Angela O'Connor	USA	2011
	45	99.2	Lisa Woodland	USA	2015
5	41	90.3	Heather Moyers	USA	2012
6	40.8	89.9	Kathy Wetenhall	USA	2008
7	40	88.1	Cassidy Comly	USA	2016
8	37.5	82.6	Rachel Vincent	USA	2013
	37.5	82.6	Christina Dean	USA	2016
10	35	77.1	Amber Hamilton	Canada	2015
	35	77.1	Allyson Sarnowski	USA	2017
12	34	74.9	Aryah Seymore	USA	2016
13	33.5	73.8	Lori McWatters	Canada	2017
14	32.5	71.6	Donna Hadley	USA	2009
	32.5	71.6	Laura McIntyre	USA	2014
	32.5	71.6	Erika Grill	USA	2017
17	31.5	69.4	Elissa Cooper	USA	2016
18	31	68.3	Kristianne Bebout	USA	2017
19	30	66.1	Lee Kahrs	USA	2009
	30	66.1	Jennifer Hollenbeck	USA	2014
	30	66.1	Terri Korba	USA	2015

Weight Class: 198+			Strict Curl	Female	
Rank	Lift	lbs	Lifter	Country	Year
1	52.5	115.7	Nicole Jones	USA	2015
2	47.5	104.7	Angela O'Connor	USA	2013
3	42.5	93.6	Brandi Sneed	USA	2015
4	41	90.3	Latonia Brown	USA	2017
5	40.7	89.7	Mary Grandick	USA	2016
6	40.5	89.2	Sarah Siegel	USA	2014
7	38.5	84.8	Rochelle Comly-Dubbs	USA	2017
8	38	83.7	Shannon Scott	USA	2017
	38	83.7	Chelsey Elliott	USA	2017
10	37.5	82.6	Laurie Colson	USA	2008
	37.5	82.6	Kristianne Bebout	USA	2015
	37.5	82.6	Sarah Seigel	USA	2016
	37.5	82.6	Krysten Sneade	USA	2016
14	37.4	82.4	Heather Moyers	USA	2011
15	36	79.3	Rochelle Dubbs	USA	2016
16	35.5	78.2	Liberty Buccella	USA	2017
17	35	77.1	Kirsten Ross	USA	2017
18	34.5	76	Donna Hadley	USA	2012
19	33.5	73.8	Michelle Cortellessa	USA	2012
20	33	72.7	Maryanne Reed	USA	2012

33

72.7

Michelle Doherty

USA

2012