



ALABAMA STATE BENCH PRESS RECORDS

Updated by Ed Kutin
12/17/2017

Ed@ENKutin.com

Weight Class: 181 Female			
Division	Bench Press	Name	Date
Open	45.3 kgs / 99.8 lbs	Simone Wyatt	2007

Weight Class: 198 Female			
Division	Bench Press	Name	Date
Open	90.0 kgs / 198.4 lbs	Jaime Penner	5/2017
20-24	90.0 kgs / 198.4 lbs	Jaime Penner	5/2017

Weight Class: 148 Male			
Division	Bench Press	Name	Date
Open	120.0 kgs / 264.5 lbs	James Lowery	12/2017
18-19	70.0 kgs / 154.3 lbs	William Shelton	3/2013
25-29	120.0 kgs / 264.5 lbs	James Lowery	12/2017

Weight Class: 181 Male			
Division	Bench Press	Name	Date
Open	142.9 kgs / 315.0 lbs	Tim Hubert	2006

Weight Class: 242 Male			
Division	Bench Press	Name	Date
Open	160.0 kgs / 352.7 lbs	Jack Lee	10/2012