

John Clow Classic

19-Nov-17

Maine Fitness, Castlemaine

Lifter name	Sex	Age	Nov Y/N	Age/AbilDiv	BWt (kg)	BWt (lbs)	WtDiv	Squat Best	Bench Best	Deadlift Best	TOTAL
Brooke Rodwell	F	21	N	Junior 20-24yo	66.20	145.95	67.5kg	95.0	62.5	80.0	237.5
Bronwyn Steer	F	56	N	Masters 55-59yo	51.50	113.54	52kg	0.0	30.0	80.0	0.0
Thomas Rupic	M	10	Y	Youth 11yo&under	53.90	118.83	56kg	45.0	30.0	80.0	155.0
Jane Harding	F	52	Y	Masters 50-54yo	81.70	180.12	82.5kg	77.5	52.5	100.0	230.0
Megan Edwards	F	23	N	Junior 20-24yo	68.90	151.90	75kg	85.0	50.0	115.0	250.0
Bree Smith	F	22	Y	Junior 20-24yo	54.80	120.81	56kg	82.5	50.0	120.0	252.5
Molly Daly	F	19	N	Teen 18-19yo	59.20	130.51	60kg	70.0	55.0	127.5	252.5
Teena Kitt	F	45	Y	Masters 45-49yo	66.30	146.17	67.5kg	65.0	65.0	135.0	265.0
Melissa Waddington	F	29	N	Open	65.00	143.30	67.5kg	85.0	60.0	130.0	275.0
Tennae Cevaal	F	25	N	Open	66.50	146.61	67.5kg	85.0	55.0	140.0	280.0
Abraham Daly	M	18	Y	Teen 18-19yo	74.10	163.36	75kg	85.0	80.0	150.0	315.0
Anna Zahle	F	37	Y	Sub-Masters 35-39	120.80	266.32	90+kg	115.0	62.5	115.0	292.5
Stefanie Zahle	F	34	N	Open	68.10	150.13	75kg	95.0	60.0	140.0	295.0
Amy O'Neill	F	39	N	Sub-Masters 35-39	68.40	150.80	75kg	107.5	57.5	140.0	305.0
Stephanie Nesich	F	22	N	Junior 20-24yo	50.70	111.77	52kg	90.0	70.0	147.5	307.5
Rhyley Dart-Bell	M	16	Y	Teen 16-17yo	73.20	161.38	75kg	0.0	92.5	165.0	0.0
Alfredo Llamas	M	28	Y	Open	69.80	153.88	75kg	130.0	100.0	170.0	400.0
Christina Tsatsoulis	F	26	N	Open	91.70	202.16	90+kg	135.0	70.0	180.0	385.0
Marco Llamas	M	26	Y	Open	73.20	161.38	75kg	142.5	100.0	190.0	432.5
Alpi Parim	M	30	Y	Open	73.20	161.38	75kg	120.0	105.0	200.0	425.0
Riley Achammer	M	15	N	Teen 14-15yo	74.40	164.02	75kg	140.0	90.0	190.0	420.0
Russell Stockdale	M	23	Y	Junior 20-24yo	63.50	139.99	67.5kg	140.0	107.5	200.0	447.5
Chris Braidwood	M	18	N	Teen 18-19yo	106.00	233.69	110kg	172.5	120.0	225.0	517.5
Nick Glasson	M	26	Y	Open	93.40	205.91	100kg	165.0	102.5	187.5	455.0
Tim Clarke	M	33	N	Open	88.90	195.99	90kg	170.0	105.0	185.0	460.0
Nicholas Keberling	M	25	Y	Open	87.80	193.57	90kg	170.0	115.0	190.0	475.0
Joel Czurlowski	M	21	Y	Junior 20-24yo	100.60	221.78	110kg	175.0	125.0	212.5	512.5
John Wallin	M	46	N	Masters 45-49yo	117.60	259.26	125kg	160.0	170.0	250.0	580.0
Alastair McPhee	M	53	Y	Masters 50-54yo	103.40	227.96	110kg	0.0	125.0	240.0	0.0
Matthew Rodwell	M	19	N	Teen 18-19yo	80.60	177.69	82.5kg	200.0	157.5	260.0	617.5
Matthew Bandy	M	22	Y	Junior 20-24yo	96.40	212.53	100kg	200.0	130.0	260.0	590.0
Joshua Cogoi	M	21	N	Junior 20-24yo	92.90	204.81	100kg	220.0	160.0	280.0	660.0

Head ref.

Alannagh Pooley

Side ref. L

Ali Abdo

Side ref. R

Jordan Steicke