



WEST VIRGINIA STATE BENCH PRESS RECORDS

Updated by Ed Kutin on 10/22/17

Ed@ENKutin.com

Weight Class: 97 Female			
Division	Bench Press	Name	Date
Open	25.0 kgs / 55.1 lbs	Madison Trippett	10/2012
10-11	25.0 kgs / 55.1 lbs	Madison Trippett	10/2012

Weight Class: 123 Female			
Division	Bench Press	Name	Date
Open	63.5 kgs / 139.9 lbs	Lisa Hrutkay	3/2008
40-44	30.0 kgs / 66.1 lbs	Deborah Trippett	10/2012
45-49	63.5 kgs / 139.9 lbs	Lisa Hrutkay	3/2008
50-54	62.5 kgs / 137.7 lbs	Lisa Hrutkay	3/2012

Weight Class: 165 Female			
Division	Bench Press	Name	Date
Open	75.0 kgs / 165.3 lbs	Tina Griffith	3/2013
18-19	62.5 kgs / 137.7 lbs	Megan Short	2/2017

Weight Class: 181 Female			
Division	Bench Press	Name	Date
Open	77.5 kgs / 170.8 lbs	Megan Ayers	3/2013

Weight Class: 105 Male			
Division	Bench Press	Name	Date
Open	17.0 kgs / 37.4 lbs	Seth Ruschel	4/2011
6-7	17.0 kgs / 37.4 lbs	Seth Ruschel	4/2011

Weight Class: 132 Male			
Division	Bench Press	Name	Date
Open	120.0 kgs / 264.5 lbs	Gary Whetzel	6/2014
20-24	120.0 kgs / 264.5 lbs	Gary Whetzel	6/2014

Weight Class: 148 Male			
Division	Bench Press	Name	Date
Open	125.0 kgs / 275.5 lbs	Gary Whetzel	1/2015
12-13	49.9 kgs / 110.0 lbs	Roger Barnes Jr.	4/2006
20-24	123.0 kgs / 271.1 lbs	Gary Whetzel	8/2012

Weight Class: 165 Male			
-------------------------------	--	--	--

Division	Bench Press	Name	Date
Open	158.7 kgs / 349.8 lbs	John Polak	4/2001
18-19	129.3 kgs / 285.0 lbs	Josh Lebo	4/2008
20-24	140.6 kgs / 309.9 lbs	David Sands	4/2006
35-39	152.5 kgs / 336.2 lbs	Kevin Trippett	10/2012
40-44	158.7 kgs / 349.8 lbs	John Polak	4/2001
50-54	115.0 kgs / 253.5 lbs	Scott Phillips	10/2012
Police/Fire/Mil	117.5 kgs / 259.0 lbs	Cody Whetzel	6/2014

Weight Class: 181 Male

Division	Bench Press	Name	Date
Open	137.5 kgs / 303.1 lbs	Derek Weisenborn	3/2015
20-24	137.5 kgs / 303.1 lbs	Derek Weisenborn	3/2015
50-54	82.5 kgs / 181.8 lbs	Danny Fink	7/2017

Weight Class: 198 Male

Division	Bench Press	Name	Date
Open	167.8 kgs / 369.9 lbs	Mark Shipley	2/2006
14-15	102.5 kgs / 225.9 lbs	Matt Maloney	10/2012
20-24	140.0 kgs / 308.6 lbs	Jeremy Ebersole	6/2015
25-29	167.5 kgs / 369.2 lbs	Antonio Carter	1/2017
35-39	167.8 kgs / 369.9 lbs	Mark Shipley	2/2006

Weight Class: 220 Male

Division	Bench Press	Name	Date
Open	167.5 kgs / 369.2 lbs	Zac Anderson	10/2012
12-13	88.5 kgs / 195.1 lbs	Nathan McClain	4/2001
14-15	160.0 kgs / 352.7 lbs	Chuck Miller	9/2005
20-24	167.5 kgs / 369.2 lbs	Zac Anderson	10/2012
65-69	127.5 kgs / 281.0 lbs	Bernard Blough	6/2008
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Matt Eichorn	10/2012

Weight Class: 242 Male

Division	Bench Press	Name	Date
Open	197.5 kgs / 435.4 lbs	Scott Steele	4/2017
20-24	129.3 kgs / 285.0 lbs	Steven Knoyer	6/2007
30-34	115.0 kgs / 253.5 lbs	Robert Talkington	4/2014
45-49	197.5 kgs / 435.4 lbs	Scott Steele	4/2017
50-54	152.5 kgs / 336.2 lbs	Rodd Ramey	1/2016
65-69	117.9 kgs / 259.9 lbs	Bernard Blough	8/2009

Weight Class: 275 Male

Division	Bench Press	Name	Date
Open	170.0 kgs / 374.7 lbs	Tab Brown	6/2014
20-24	132.5 kgs / 292.1 lbs	Ryan Haskins	6/2011
35-39	167.5 kgs / 369.2 lbs	Tab Brown	11/2014
45-49	142.9 kgs / 315.0 lbs	Joseph Hutchinson	3/2008
Police/Fire/Mil	170.0 kgs / 374.7 lbs	Tab Brown	6/2014

Weight Class: 308 Male

Division	Bench Press	Name	Date
Open	227.5 kgs / 501.5 lbs	Kent Burgess	10/2012
50-54	215.5 kgs / 475.0 lbs	Kent Burgess	9/2008

55-59	227.5 kgs / 501.5 lbs	Kent Burgess	10/2012
-------	-----------------------	--------------	---------

Weight Class: SHW Male			
Division	Bench Press	Name	Date
Open	165.0 kgs / 363.7 lbs	Matt Jones	10/2017
40-44	165.0 kgs / 363.7 lbs	Matt Jones	10/2017