



## VERMONT STATE BENCH PRESS RECORDS

Updated by Ed Kutin on 10/22/17

[Ed@ENKutin.com](mailto:Ed@ENKutin.com)

Weight Class: 97 Female			
Division	Bench Press	Name	Date
Open	41.0 kgs / 90.3 lbs	Beth-el Algarin	5/2010
8-9	41.0 kgs / 90.3 lbs	Beth-el Algarin	5/2010
35-39	39.0 kgs / 85.9 lbs	Holli Smith	12/2006

Weight Class: 105 Female			
Division	Bench Press	Name	Date
Open	40.0 kgs / 88.1 lbs	Krystine Loring	10/2009
20-24	40.0 kgs / 88.1 lbs	Krystine Loring	10/2009

Weight Class: 114 Female			
Division	Bench Press	Name	Date
Open	53.0 kgs / 116.8 lbs	Kestrel Coon	12/2010
18-19	53.0 kgs / 116.8 lbs	Kestrel Coon	12/2010
20-24	48.0 kgs / 105.8 lbs	Liza Brice	3/2010
45-49	37.5 kgs / 82.6 lbs	Gail McKenzie	3/2012
50-54	42.5 kgs / 93.6 lbs	Elaine Audy	
55-59	42.5 kgs / 93.6 lbs	Elaine Audy	4/2013

Weight Class: 123 Female			
Division	Bench Press	Name	Date
Open	65.0 kgs / 143.2 lbs	Kristen Miceli	11/2012
35-39	65.0 kgs / 143.2 lbs	Kristen Miceli	11/2012
40-44	52.5 kgs / 115.7 lbs	Shannon Wisdom	3/2012
45-49	32.2 kgs / 70.9 lbs	Diana Kernoff	9/2007
50-54	37.5 kgs / 82.6 lbs	Gretchen Gray-Buchana	6/2008

Weight Class: 132 Female			
Division	Bench Press	Name	Date
Open	62.5 kgs / 137.7 lbs	Charity Pratt	11/2016
40-44	62.5 kgs / 137.7 lbs	Charity Pratt	11/2016

Weight Class: 148 Female			
Division	Bench Press	Name	Date
Open	75.0 kgs / 165.3 lbs	Gail Vieira	
16-17	49.0 kgs / 108.0 lbs	Kestrel Coon	
20-24	75.0 kgs / 165.3 lbs	Gail Vieira	
45-49	37.5 kgs / 82.6 lbs	Dianne Paquin	10/2009

<b>Weight Class: 165 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>97.5 kgs / 214.9 lbs</b>	<b>Joan Gardner</b>	<b>12/2006</b>
16-17	45.0 kgs / 99.2 lbs	Avery Garfield	10/2010
20-24	65.0 kgs / 143.2 lbs	Nahoami Berby	4/2009
35-39	47.5 kgs / 104.7 lbs	Bonnie Aloisi	3/2012
45-49	93.5 kgs / 206.1 lbs	Joan Gardner	12/2006
50-54	97.5 kgs / 214.9 lbs	Joan Gardner	12/2006

<b>Weight Class: 181 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>75.0 kgs / 165.3 lbs</b>	<b>Rebecca Sorenson</b>	<b>9/2012</b>
40-44	75.0 kgs / 165.3 lbs	Rebecca Sorenson	9/2012
55-59	42.5 kgs / 93.6 lbs	Janet Zullo	11/2011
60-64	35.0 kgs / 77.1 lbs	Carol Pacetti	10/2007
65-69	40.0 kgs / 88.1 lbs	Carol Pacetti	10/2009
Spec. Oly.	45.5 kgs / 100.3 lbs	Janelle Aikey	12/2007

<b>Weight Class: 198 Female</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>62.5 kgs / 137.7 lbs</b>	<b>Erica Gravelin</b>	<b>11/2012</b>
20-24	62.5 kgs / 137.7 lbs	Erica Gravelin	11/2012
70-74	37.5 kgs / 82.6 lbs	Carol Pacetti	4/2013

<b>Weight Class: 88 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>40.0 kgs / 88.1 lbs</b>	<b>Hunter Forte</b>	
12-13	40.0 kgs / 88.1 lbs	Hunter Forte	

<b>Weight Class: 97 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>40.0 kgs / 88.1 lbs</b>	<b>Hunter Forte</b>	<b>12/2006</b>
6-7	31.75 kgs / 69.9 lbs	Matthias Algarin	10/2009
8-9	37.5 kgs / 82.6 lbs	Matthias Algarin	3/2010
10-11	25.0 kgs / 55.1 lbs	Cameron Parker	9/2008
12-13	40.0 kgs / 88.1 lbs	Hunter Forte	12/2006

<b>Weight Class: 105 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>37.25 kgs / 82.1 lbs</b>	<b>Coty Parker</b>	<b>10/2007</b>
12-13	37.25 kgs / 82.1 lbs	Coty Parker	10/2007

<b>Weight Class: 114 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>52.25 kgs / 115.1 lbs</b>	<b>Coty Parker</b>	<b>9/2008</b>
14-15	52.25 kgs / 115.1 lbs	Coty Parker	9/2008

<b>Weight Class: 123 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>72.5 kgs / 159.8 lbs</b>	<b>Justin Perry</b>	<b>11/2011</b>
14-15	45.0 kgs / 99.2 lbs	Timothy Infinger	9/2009

<b>Weight Class: 132 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>70.0 kgs / 154.3 lbs</b>	<b>Dan Blake</b>	<b>12/2007</b>
14-15	57.5 kgs / 126.7 lbs	Timothy Infinger	5/2010

<b>Weight Class: 148 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>138.5 kgs / 305.3 lbs</b>	<b>Steve Asselin</b>	<b>10/2008</b>
20-24	112.5 kgs / 248.0 lbs	Ryan Cross	3/2012
35-39	107.5 kgs / 236.9 lbs	Thomas Goad	11/2009
40-44	138.5 kgs / 305.3 lbs	Steve Asselin	10/2008
45-49	115.0 kgs / 253.5 lbs	Timothy Barrett	4/2011
60-64	136.5 kgs / 300.9 lbs	Emerson Lynn	6/2012
65-69	137.5 kgs / 303.1 lbs	Emerson Lynn	11/2015

<b>Weight Class: 165 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>145.0 kgs / 319.6 lbs</b>	<b>James Aikey</b>	<b>10/2009</b>
14-15	117.5 kgs / 259.0 lbs	Colbie Greenia	3/2012
16-17	87.5 kgs / 192.9 lbs	Donovan Currier	7/2006
18-19	102.5 kgs / 225.9 lbs	Ben Thomas	10/2010
20-24	137.5 kgs / 303.1 lbs	Jeffrey Pynduss	12/2008
40-44	137.5 kgs / 303.1 lbs	Paul Steinman	12/2006
45-49	140.0 kgs / 308.6 lbs	Marc Garza	11/2012
60-64	132.5 kgs / 292.1 lbs	Emerson Lynn	3/2012

<b>Weight Class: 181 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>164.2 kgs / 361.9 lbs</b>	<b>Michael Berby</b>	<b>12/2007</b>
16-17	112.5 kgs / 248.0 lbs	Eric Poulin	
18-19	132.5 kgs / 292.1 lbs	Joseph Beckert	11/2011
20-24	137.5 kgs / 303.1 lbs	James Metropolos	6/2011
35-39	160.0 kgs / 352.7 lbs	Drew Markey	12/2012
40-44	135.0 kgs / 297.6 lbs	Mark McEntee	11/2010
45-49	137.5 kgs / 303.1 lbs	Bret Kernoff	7/2006
50-54	125.0 kgs / 275.5 lbs	Bret Kernoff	10/2010
70-74	105.0 kgs / 231.4 lbs	Thomas Hart	10/2013

<b>Weight Class: 198 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
<b>Open</b>	<b>178.0 kgs / 392.4 lbs</b>	<b>Michael Berby</b>	
18-19	120.0 kgs / 264.5 lbs	Jacob Fox	3/2013
20-24	142.5 kgs / 314.1 lbs	Zachary Perkins	6/2009
35-39	150.0 kgs / 330.6 lbs	Mark McEntee	6/2006
40-44	162.0 kgs / 357.1 lbs	Ron Wisdom	6/2010
45-49	155.0 kgs / 341.7 lbs	Jason Curry	11/2012
50-54	135.0 kgs / 297.6 lbs	Lutz Kaelber	4/2016
65-69	102.5 kgs / 225.9 lbs	Thomas Hart	11/2009
70-74	110.0 kgs / 242.5 lbs	Thomas Hart	4/2013
80+	75.0 kgs / 165.3 lbs	Sam Messiter	4/2011

<b>Weight Class: 220 Male</b>			
-------------------------------	--	--	--

Division	Bench Press	Name	Date
<b>Open</b>	<b>202.5 kgs / 446.4 lbs</b>	<b>Tyler Gilbert</b>	<b>9/2007</b>
16-17	100.0 kgs / 220.4 lbs	Bogdan Griffith	
18-19	125.0 kgs / 275.5 lbs	Zachary Ney	
20-24	172.5 kgs / 380.2 lbs	Garrett Graves	3/2007
35-39	155.0 kgs / 341.7 lbs	Shayne Paquette	11/2011
40-44	185.0 kgs / 407.8 lbs	Ron Wisdom	6/2009
45-49	152.5 kgs / 336.2 lbs	Ty Handy	10/2009
50-54	160.0 kgs / 352.7 lbs	Ron Wisdom	10/2017
65-69	110.0 kgs / 242.5 lbs	Thomas Hart	11/2011
70-74	110.0 kgs / 242.5 lbs	Thomas Hart	9/2012
Police/Fire/Mil	125.0 kgs / 275.5 lbs	Zachary Ney	

#### Weight Class: 242 Male

Division	Bench Press	Name	Date
<b>Open</b>	<b>162.5 kgs / 358.2 lbs</b>	<b>Robert Ballou</b>	<b>12/2006</b>
20-24	137.5 kgs / 303.1 lbs	Corey Roach	11/2011
35-39	150.0 kgs / 330.6 lbs	Stanley Hunter	11/2012
45-49	162.5 kgs / 358.2 lbs	Robert Ballou	12/2006
50-54	112.0 kgs / 246.9 lbs	Donovan Gamble	3/2007
55-59	115.0 kgs / 253.5 lbs	Maurice Cherry	3/2008
75-79	40.0 kgs / 88.1 lbs	David Fagelson	9/2011

#### Weight Class: 275 Male

Division	Bench Press	Name	Date
<b>Open</b>	<b>165.0 kgs / 363.7 lbs</b>	<b>Nathan Webster</b>	<b>11/2009</b>
14-15	130.0 kgs / 286.5 lbs	Billy Katon	
16-17	147.5 kgs / 325.1 lbs	Billy Katon	3/2012

#### Weight Class: 308 Male

Division	Bench Press	Name	Date
<b>Open</b>	<b>200.0 kgs / 440.9 lbs</b>	<b>Steve Hensel</b>	<b>3/2010</b>
20-24	155.0 kgs / 341.7 lbs	Billy Katon	8/2015
40-44	195.0 kgs / 429.8 lbs	David Villeneuve	10/2009
45-49	182.5 kgs / 402.3 lbs	David Villeneuve	11/2015

#### Weight Class: SHW Male

Division	Bench Press	Name	Date
<b>Open</b>	<b>212.5 kgs / 468.4 lbs</b>	<b>Steve Hensel</b>	<b>3/2012</b>
40-44	150.0 kgs / 330.6 lbs	Matthew Rajaniemi	9/2011