



NEW YORK STATE BENCH PRESS RECORDS

Updated by Ed Kutin

10/29/2017

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Weight Class: 97 Female			
Division	Bench Press	Name	Date
Open	51.0 kgs / 112.4 lbs	Jessica McBride	11/2007
8-9	15.0 kgs / 33.0 lbs	Shoshonna Warner	11/2011
14-15	32.5 kgs / 71.6 lbs	Alyse Cerone	6/2017
16-17	27.2 kgs / 59.9 lbs	A. Stechyshyn	4/2009
18-19	49.8 kgs / 109.7 lbs	Jessica McBride	11/2006
20-24	51.0 kgs / 112.4 lbs	Jessica McBride	11/2007
30-34	42.5 kgs / 93.6 lbs	Jill Neziri	6/2017

Weight Class: 105 Female			
Division	Bench Press	Name	Date
Open	45.0 kgs / 99.2 lbs	Jill Neziri	6/2016
14-15	42.5 kgs / 93.6 lbs	Jasmine Nautel	9/2017
20-24	43.1 kgs / 95.0 lbs	Jill Neziri	2004
30-34	45.0 kgs / 99.2 lbs	Jill Neziri	6/2016
45-49	25.0 kgs / 55.1 lbs	Anna Marra	8/2012

Weight Class: 114 Female			
Division	Bench Press	Name	Date
Open	59.0 kgs / 130.0 lbs	Wendy Slicer	10/2008
10-11	20.4 kgs / 44.9 lbs	Chelsi Byrnes	5/2009
14-15	45.4 kgs / 100.0 lbs	K. Ott	2006
16-17	45.5 kgs / 100.3 lbs	Shannon Lang	4/2017
20-24	50.3 kgs / 110.8 lbs	Jill Neziri	6/2006
35-39	47.9 kgs / 105.6 lbs	Kristina Martemucci	2/2012
40-44	59.0 kgs / 130.0 lbs	Wendy Slicer	10/2008
45-49	32.5 kgs / 71.6 lbs	Linda Strong-Denerley	1/2017

Weight Class: 123 Female			
Division	Bench Press	Name	Date
Open	52.5 kgs / 115.7 lbs	Kristina Martemucci	8/2011
12-13	36.3 kgs / 80.0 lbs	K. Ott	2004
20-24	47.5 kgs / 104.7 lbs	Samantha Park	11/2016
30-34	52.5 kgs / 115.7 lbs	Kristina Martemucci	8/2011
35-39	34.0 kgs / 74.9 lbs	E. Stechyshyn	4/2009
40-44	52.5 kgs / 115.7 lbs	Dorean Sherwood	6/2012

Weight Class: 132 Female			
Division	Bench Press	Name	Date

Open	85.0 kgs / 187.3 lbs	Andrea White	6/2014
14-15	37.5 kgs / 82.6 lbs	Mikayla Lyle	2013
16-17	57.5 kgs / 126.7 lbs	Rebekah Rendino	10/2017
18-19	50.0 kgs / 110.2 lbs	Phyllis Rose	4/2017
20-24	67.5 kgs / 148.8 lbs	Gina Medici	6/2014
25-29	67.5 kgs / 148.8 lbs	Laura Monroe	8/2011
35-39	85.0 kgs / 187.3 lbs	Andrea White	6/2014
40-44	61.2 kgs / 134.9 lbs	Marcy Stein	12/2007
50-54	64.0 kgs / 141.0 lbs	Colleen Tibollo	6/2011

Weight Class: 148 Female			
Division	Bench Press	Name	Date
Open	97.5 kgs / 214.9 lbs	Andrea White	11/2014
18-19	52.2 kgs / 115.0 lbs	Lucy Halys	2004
20-24	62.5 kgs / 137.7 lbs	Tierney Wallace	6/2012
25-29	73.0 kgs / 160.9 lbs	Laura Monroe	6/2012
30-34	70.0 kgs / 154.3 lbs	Jillian Foit	6/2016
35-39	97.5 kgs / 214.9 lbs	Andrea White	11/2014
40-44	61.0 kgs / 134.4 lbs	Suzanne Jeffers	6/2017
45-49	53.0 kgs / 116.8 lbs	Linda Eggleston	4/2017
50-54	57.5 kgs / 126.7 lbs	Colleen Tibollo	11/2009
55-59	50.0 kgs / 110.2 lbs	Norma Barber	6/2016
60-64	32.5 kgs / 71.6 lbs	Theresa Drzewiecki	4/2014

Weight Class: 165 Female			
Division	Bench Press	Name	Date
Open	85.0 kgs / 187.3 lbs	Andrea Marsh	9/2015
12-13	32.5 kgs / 71.6 lbs	Savannah Warner	11/2011
14-15	37.5 kgs / 82.6 lbs	Bess Slicer	10/2008
16-17	25.0 kgs / 55.1 lbs	Jenica Warner	11/2011
18-19	47.5 kgs / 104.7 lbs	Harley Kohler	4/2017
20-24	85.0 kgs / 187.3 lbs	Andrea Marsh	9/2015
25-29	77.5 kgs / 170.8 lbs	Dawn Basciani	3/2015
30-34	45.0 kgs / 99.2 lbs	Sarah Nowak	4/2014
35-39	45.0 kgs / 99.2 lbs	Alicia Butch	6/2012
40-44	37.5 kgs / 82.6 lbs	Patricia Gabriel	8/2011
45-49	63.0 kgs / 138.8 lbs	Genevieve Washington	11/2016
60-64	37.5 kgs / 82.6 lbs	Sandy Cseh	11/2011

Weight Class: 181 Female			
Division	Bench Press	Name	Date
Open	77.5 kgs / 170.8 lbs	Brooke Bonney	2013
14-15	67.5 kgs / 148.8 lbs	Brooke Bonney	6/2012
16-17	77.5 kgs / 170.8 lbs	Brooke Bonney	2013
20-24	43.1 kgs / 95.0 lbs	M. Routhier	2004
25-29	50.0 kgs / 110.2 lbs	Nikki Rodo	4/2014
30-34	52.5 kgs / 115.7 lbs	Lindsey King	3/2015
35-39	77.5 kgs / 170.8 lbs	Kashona Singleton	6/2015
45-49	55.0 kgs / 121.2 lbs	Terri Korba	6/2012

Weight Class: 198 Female			
Division	Bench Press	Name	Date
Open	97.5 kgs / 214.9 lbs	Riki Napiorkowski	10/2016

14-15	40.0 kgs / 88.1 lbs	Stephanie Winchip	3/2011
25-29	97.5 kgs / 214.9 lbs	Riki Napiorkowski	10/2016
30-34	92.5 kgs / 203.9 lbs	Rebecca Tucker	10/2017
35-39	60.0 kgs / 132.2 lbs	Beth Chase	3/2015
40-44	57.5 kgs / 126.7 lbs	Florence Bice	10/2017
45-49	67.5 kgs / 148.8 lbs	Donna Hadley	11/2009
50-54	68.5 kgs / 151.0 lbs	Terri Korba	10/2017

Weight Class: 198+ Female

Division	Bench Press	Name	Date
Open	98.5 kgs / 217.1 lbs	Michelle Carlsen	11/2011
14-15	57.5 kgs / 126.7 lbs	Stephanie Winchip	6/2012
16-17	60.0 kgs / 132.2 lbs	Stephanie Winchip	2013
18-19	67.5 kgs / 148.8 lbs	Stephanie Winchip	8/2016
20-24	72.5 kgs / 159.8 lbs	Amber Lynn	5/2010
25-29	62.5 kgs / 137.7 lbs	Catherine Toniatti-Yanulavich	3/2013
30-34	95.0 kgs / 209.4 lbs	Rebecca Tucker	10/2016
35-39	55.0 kgs / 121.2 lbs	Flo Bice	4/2017
40-44	80.0 kgs / 176.3 lbs	Rebecca Black	4/2017
45-49	98.5 kgs / 217.1 lbs	Michelle Carlsen	11/2011
50-54	97.5 kgs / 214.9 lbs	Michelle Carlsen	6/2012

Weight Class: 105 Male

Division	Bench Press	Name	Date
Open	49.9 kgs / 110.0 lbs	Jared Fleming	2003
10-11	49.9 kgs / 110.0 lbs	Jared Fleming	2003
12-13	38.6 kgs / 85.0 lbs	A.J. Ellis	2003
14-15	45.3 kgs / 99.8 lbs	Hunter Claypatch	9/2000

Weight Class: 114 Male

Division	Bench Press	Name	Date
Open	92.5 kgs / 203.9 lbs	Hunter Claypatch	11/2007
8-9	35.0 kgs / 77.1 lbs	Nicholas Paternoster	8/2008
12-13	56.9 kgs / 125.4 lbs	Nicholas Reyes	8/2004
14-15	57.9 kgs / 127.6 lbs	Hunter Claypatch	8/2002
16-17	77.7 kgs / 171.2 lbs	Hunter Claypatch	4/2004
18-19	86.6 kgs / 190.9 lbs	Hunter Claypatch	7/2005
20-24	92.5 kgs / 203.9 lbs	Hunter Claypatch	11/2007

Weight Class: 123 Male

Division	Bench Press	Name	Date
Open	150.0 kgs / 330.6 lbs	Adam Zehr	11/2008
8-9	40.0 kgs / 88.1 lbs	Nicholas Paternoster	6/2009
10-11	40.5 kgs / 89.2 lbs	Jordan Byrnes	11/2011
12-13	33.5 kgs / 73.8 lbs	Noah Rine	6/2017
14-15	62.5 kgs / 137.7 lbs	Cody Kleitz	5/2010
16-17	79.4 kgs / 175.0 lbs	Hunter Claypatch	12/2003
18-19	88.4 kgs / 194.8 lbs	Hunter Claypatch	4/2006
20-24	97.5 kgs / 214.9 lbs	Hunter Claypatch	6/2008
25-29	150.0 kgs / 330.6 lbs	Adam Zehr	11/2008

Weight Class: 132 Male			
Division	Bench Press	Name	Date
Open	160.0 kgs / 352.7 lbs	Adam Zehr	4/2009
10-11	47.5 kgs / 104.7 lbs	Jordan Byrnes	6/2012
12-13	70.9 kgs / 156.3 lbs	A.J. Ellis	2005
14-15	43.5 kgs / 95.9 lbs	Thomas Slicer	10/2008
16-17	67.5 kgs / 148.8 lbs	Cody Kleitz	3/2011
20-24	105.0 kgs / 231.4 lbs	Rob Mayer	5/2010
25-29	160.0 kgs / 352.7 lbs	Adam Zehr	4/2009
35-39	100.0 kgs / 220.4 lbs	Jef Gorsky	10/2011
40-44	85.0 kgs / 187.3 lbs	Gregory Murray	10/2017
55-59	75.0 kgs / 165.3 lbs	Steve Stein	5/2008
Spec. Oly.	43.5 kgs / 95.9 lbs	Thomas Slicer	10/2008

Weight Class: 148 Male			
Division	Bench Press	Name	Date
Open	175.0 kgs / 385.8 lbs	Adam Zehr	6/2011
12-13	45.0 kgs / 99.2 lbs	Jason Gorr	6/2012
14-15	75.5 kgs / 166.4 lbs	Rowdy Prior	9/2010
16-17	102.5 kgs / 225.9 lbs	Glen Maldonado	3/2011
18-19	122.4 kgs / 269.8 lbs	Nick Grimes	5/2008
20-24	143.5 kgs / 316.3 lbs	Justin Tripodi	6/2008
25-29	141.0 kgs / 310.8 lbs	Jermaine Kapolka	11/2012
30-34	175.0 kgs / 385.8 lbs	Adam Zehr	6/2011
35-39	165.0 kgs / 363.7 lbs	Adam Zehr	3/2015
40-44	127.5 kgs / 281.0 lbs	Christopher Byrnes	5/2010
45-49	117.9 kgs / 259.9 lbs	Wayne Claypatch	7/2005
50-54	113.2 kgs / 249.5 lbs	Wayne Claypatch	7/2006
55-59	105.0 kgs / 231.4 lbs	Wayne Claypatch	9/2011
65-69	107.5 kgs / 236.9 lbs	Cody Bartlett	12/2006
70-74	102.0 kgs / 224.8 lbs	Cody Bartlett	5/2009

Weight Class: 165 Male			
Division	Bench Press	Name	Date
Open	165.6 kgs / 365.0 lbs	John Audia	
12-13	102.0 kgs / 224.8 lbs	Kegan Levesque	5/2008
14-15	105.0 kgs / 231.4 lbs	Daniel Conant	
16-17	109.0 kgs / 240.3 lbs	Matthew Reyes	8/2004
18-19	160.0 kgs / 352.7 lbs	David Lyons	6/2012
20-24	150.0 kgs / 330.6 lbs	Eric Rhodes	7/2014
25-29	140.0 kgs / 308.6 lbs	Michael Casabona	10/2015
30-34	112.5 kgs / 248.0 lbs	Jon Demarais	6/2016
35-39	151.9 kgs / 334.8 lbs	John Audia	
40-44	145.0 kgs / 319.6 lbs	Chris Livolsi	6/2010
45-49	140.0 kgs / 308.6 lbs	Wesley Kipp	11/2011
50-54	135.0 kgs / 297.6 lbs	Wesley Kipp	11/2012
55-59	115.0 kgs / 253.5 lbs	Michael Frey	3/2015
60-64	113.4 kgs / 250.0 lbs	Doug Wilcox	8/2003
65-69	123.1 kgs / 271.3 lbs	Randy Titus	7/2005
70-74	107.5 kgs / 236.9 lbs	Cody Bartlett	11/2009
Spec. Oly.	83.5 kgs / 184.0 lbs	Anthony Iovine	3/2013

Weight Class: 181 Male			
Division	Bench Press	Name	Date
Open	170.0 kgs / 374.7 lbs	David Lyons	10/2015
12-13	97.5 kgs / 214.9 lbs	Christian Dietrich	6/2011
14-15	99.7 kgs / 219.7 lbs	TC Haubold	11/2006
16-17	120.0 kgs / 264.5 lbs	Ryan Montesi	6/2015
18-19	145.1 kgs / 319.8 lbs	Taylor Lanham	8/2006
20-24	170.0 kgs / 374.7 lbs	David Lyons	10/2015
25-29	140.0 kgs / 308.6 lbs	Irving Reynolds	3/2014
30-34	155.0 kgs / 341.7 lbs	Adam Rosario	2011
35-39	152.5 kgs / 336.2 lbs	Nick Dovi	11/2016
40-44	142.5 kgs / 314.1 lbs	Scott Proudfoot	11/2011
45-49	140.0 kgs / 308.6 lbs	D. Naughton	
50-54	150.0 kgs / 330.6 lbs	Keith Nautel	9/2017
55-59	167.8 kgs / 369.9 lbs	Jim Van Allen	5/2009
60-64	113.3 kgs / 249.7 lbs	Barry West	10/2009
65-69	122.4 kgs / 269.8 lbs	Randy Titus	
70-74	97.5 kgs / 214.9 lbs	Dave Ginenthal	
75-79	92.5 kgs / 203.9 lbs	Robert Cseh	11/2011
Police/Fire/Mil	155.0 kgs / 341.7 lbs	Adam Rosario	2011
Spec. Oly.	87.5 kgs / 192.9 lbs	Anthony Iovine	3/2012

Weight Class: 198 Male			
Division	Bench Press	Name	Date
Open	199.5 kgs / 439.8 lbs	Bruce Swanson	9/2002
16-17	182.5 kgs / 402.3 lbs	Kegan Levesque	3/2012
18-19	140.0 kgs / 308.6 lbs	Anthony Sannella	11/2012
20-24	161.0 kgs / 354.9 lbs	Marshall Fiese	7/2007
25-29	152.5 kgs / 336.2 lbs	Josh Kramarenko	3/2015
30-34	160.0 kgs / 352.7 lbs	Lucas Byron	3/2014
35-39	199.5 kgs / 439.8 lbs	Bruce Swanson	9/2002
40-44	190.5 kgs / 419.9 lbs	Bruce Swanson	11/2006
45-49	135.0 kgs / 297.6 lbs	Frank Slawson	4/2017
50-54	187.5 kgs / 413.3 lbs	Jim Van Allen	4/2008
55-59	190.0 kgs / 418.8 lbs	Jim Van Allen	12/2008
60-64	125.0 kgs / 275.5 lbs	Michael McDonald	4/2014
65-69	120.0 kgs / 264.5 lbs	Mike Scarpello	6/2011
70-74	112.5 kgs / 248.0 lbs	Edward Brown	3/2013
Police/Fire/Mil	152.5 kgs / 336.2 lbs	Irving Reynolds	3/2015

Weight Class: 220 Male			
Division	Bench Press	Name	Date
Open	205.0 kgs / 451.9 lbs	Durell Cull	11/2016
16-17	192.5 kgs / 424.3 lbs	Kegan Levesque	6/2012
18-19	170.1 kgs / 375.0 lbs	David Balsdon	
20-24	167.5 kgs / 369.2 lbs	Troy Valberg	5/2010
25-29	170.0 kgs / 374.7 lbs	Eric Clark	3/2015
30-34	167.5 kgs / 369.2 lbs	Joseph Kopito	3/2015
35-39	197.5 kgs / 435.4 lbs	Kris Dulmer	9/2012
40-44	186.4 kgs / 410.9 lbs	P. Darbouze	5/2010
45-49	149.7 kgs / 330.0 lbs	G. Peak	2011
50-54	157.5 kgs / 347.2 lbs	Sean Kelleher	10/2012
55-59	142.5 kgs / 314.1 lbs	Andrew Aronstam	4/2014

60-64	162.5 kgs / 358.2 lbs	Scott Shales	12/2006
65-69	125.0 kgs / 275.5 lbs	Miller Seabrooks	3/2012
Police/Fire/Mil	170.0 kgs / 374.7 lbs	Eric Clark	3/2015

Weight Class: 242 Male

Division	Bench Press	Name	Date
Open	207.5 kgs / 457.4 lbs	Kris Dulmer	3/2011
16-17	160.0 kgs / 352.7 lbs	Joe Newcomb	3/2013
18-19	197.3 kgs / 434.9 lbs	Eddie DeBus	8/2006
20-24	185.0 kgs / 407.8 lbs	Brad Bowen	3/2015
25-29	155.0 kgs / 341.7 lbs	Justin Leffingwell	3/2015
30-34	102.5 kgs / 225.9 lbs	Nick Raslan	3/2015
35-39	207.5 kgs / 457.4 lbs	Kris Dulmer	3/2011
40-44	197.5 kgs / 435.4 lbs	Steve Baglio	5/2010
45-49	165.0 kgs / 363.7 lbs	Bill Smith	4/2014
50-54	167.5 kgs / 369.2 lbs	Sean Kelleher	6/2013
55-59	147.5 kgs / 325.1 lbs	Andrew Aronstam	5/2010
60-64	145.0 kgs / 319.6 lbs	Andrew Aronstam	4/2015
65-69	172.5 kgs / 380.2 lbs	Clifford Tallman	6/2010

Weight Class: 275 Male

Division	Bench Press	Name	Date
Open	212.5 kgs / 468.4 lbs	Gregory Hartranft	11/2010
18-19	132.5 kgs / 292.1 lbs	Matthew Sohmer	11/2012
20-24	212.5 kgs / 468.4 lbs	Gregory Hartranft	11/2010
25-29	107.5 kgs / 236.9 lbs	Patrick Callahan	3/2015
30-34	190.5 kgs / 419.9 lbs	Brandon McEwan	5/2009
35-39	210.0 kgs / 462.9 lbs	Thomas Stoddard	2012
40-44	200.0 kgs / 440.9 lbs	Christopher DeSanto	8/2008
45-49	177.5 kgs / 391.3 lbs	Bill Smith	3/2016
50-54	172.5 kgs / 380.2 lbs	Peter Gisondi	2010
55-59	167.5 kgs / 369.2 lbs	Sean Kelleher	6/2015
65-69	102.5 kgs / 225.9 lbs	Vaughn Maldfeld	5/2010
70-74	90.0 kgs / 198.4 lbs	Vaughn Maldfeld	6/2011
Police/Fire/Mil	201.8 kgs / 444.8 lbs	Scott Van Brunt	8/2006

Weight Class: 308 Male

Division	Bench Press	Name	Date
Open	225.0 kgs / 496.0 lbs	David Alvarez	6/2015
16-17	90.0 kgs / 198.4 lbs	Blake Schweikowsky	6/2017
18-19	165.0 kgs / 363.7 lbs	Clayton D'Onofrio	3/2012
20-24	142.5 kgs / 314.1 lbs	Daven Brigham	3/2015
35-39	213.1 kgs / 469.8 lbs	Charles Johnson	4/2008
40-44	225.0 kgs / 496.0 lbs	David Alvarez	6/2015
45-49	192.5 kgs / 424.3 lbs	David Spry	4/2014
50-54	185.0 kgs / 407.8 lbs	Glenn Macica	6/2012
55-59	115.0 kgs / 253.5 lbs	James Prendergast	8/2017
70-74	87.5 kgs / 192.9 lbs	Vaughn Maldfeld	8/2012
75-79	72.5 kgs / 159.8 lbs	Vaughn Maldfeld	6/2016
Police/Fire/Mil	87.5 kgs / 192.9 lbs	Vaughn Maldfeld	8/2012

Weight Class: SHW Male

Division	Bench Press	Name	Date
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Open	288.5 kgs / 636.0 lbs	Pedro Mejias	5/2014
14-15	125.0 kgs / 275.5 lbs	Jauon Mejias	11/2014
16-17	185.0 kgs / 407.8 lbs	Jauon Mejias	10/2016
18-19	50.0 kgs / 110.2 lbs	Charles Smith	3/2013
20-24	227.5 kgs / 501.5 lbs	Wyatt Lozano	3/2013
35-39	288.5 kgs / 636.0 lbs	Pedro Mejias	5/2014
45-49	162.5 kgs / 358.2 lbs	Eric Willow	6/2016
50-54	155.0 kgs / 341.7 lbs	Fred Seeburger	6/2012
Spec. Oly.	50.0 kgs / 110.2 lbs	Charles Smith	3/2013