



POWERLIFTING FEDERATION

MASSACHUSETTS STATE STRICT CURL RECORDS

Updated by Ed Kutin on 10/22/17

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Weight Class: 105 Female			
Division	Strict Curl	Name	Date
Open	15.0 kgs / 33.0 lbs	Amanda Henson	7/2009
12-13	15.0 kgs / 33.0 lbs	Amanda Henson	7/2009

Weight Class: 123 Female			
Division	Strict Curl	Name	Date
Open	32.5 kgs / 71.6 lbs	Carla McComb	9/2008
45-49	32.5 kgs / 71.6 lbs	Carla McComb	9/2008
50-54	32.5 kgs / 71.6 lbs	Carla McComb	9/2011
55-59	20.0 kgs / 44.0 lbs	Virginia Eng-Havelick	3/2009
Spec. Oly.	17.5 kgs / 38.5 lbs	Cassidy Bauer	6/2012

Weight Class: 132 Female			
Division	Strict Curl	Name	Date
Open	32.5 kgs / 71.6 lbs	Carla McComb	10/2010
30-34	30.7 kgs / 67.6 lbs	Lindsay Ferzoco	6/2016
35-39	27.5 kgs / 60.6 lbs	Sarah McClelland	8/2015
45-49	32.5 kgs / 71.6 lbs	Carla McComb	10/2010
65-69	25.0 kgs / 55.1 lbs	Dianne MacMillan	3/2009

Weight Class: 148 Female			
Division	Strict Curl	Name	Date
Open	41.5 kgs / 91.4 lbs	Suzanne LaForge	9/2014
25-29	23.2 kgs / 51.1 lbs	Ashley Falandys	6/2016
40-44	30.5 kgs / 67.2 lbs	Dee Sendrowski	9/2012
45-49	34.0 kgs / 74.9 lbs	Deb Kesper	5/2014
50-54	41.0 kgs / 90.3 lbs	Suzanne LaForge	4/2013

Weight Class: 165 Female			
Division	Strict Curl	Name	Date
Open	40.0 kgs / 88.1 lbs	Suzanne Spero	6/2012
20-24	37.0 kgs / 81.5 lbs	Kimberley Clark	9/2012
45-49	32.5 kgs / 71.6 lbs	Deb Kesper	6/2012
50-54	40.0 kgs / 88.1 lbs	Suzanne Spero	6/2012
65-69	27.5 kgs / 60.6 lbs	Karen Harding	3/2012

Weight Class: 181 Female			
Division	Strict Curl	Name	Date
Open	45.0 kgs / 99.2 lbs	Mary Kate Mercier	7/2016

30-34	45.0 kgs / 99.2 lbs	Mary Kate Mercier	7/2016
45-49	32.5 kgs / 71.6 lbs	Deb Kesper	3/2012

Weight Class: 198 Female			
Division	Strict Curl	Name	Date
Open	27.5 kgs / 60.6 lbs	Michelle Kolodziejczak	9/2012
45-49	27.5 kgs / 60.6 lbs	Michelle Kolodziejczak	9/2012

Weight Class: 198+ Female			
Division	Strict Curl	Name	Date
Open	33.0 kgs / 72.7 lbs	Maryanne Reed	6/2012
16-17	30.0 kgs / 66.1 lbs	Jordan Kolodziejczak	6/2012
35-39	30.0 kgs / 66.1 lbs	Maryanne Reed	3/2012
45-49	33.0 kgs / 72.7 lbs	Maryanne Reed	6/2012

Weight Class: 123 Male			
Division	Strict Curl	Name	Date
Open	35.0 kgs / 77.1 lbs	Benjamin Henson	3/2009
12-13	31.5 kgs / 69.4 lbs	Benjamin Henson	10/2008
14-15	35.0 kgs / 77.1 lbs	Benjamin Henson	3/2009

Weight Class: 132 Male			
Division	Strict Curl	Name	Date
Open	42.5 kgs / 93.6 lbs	Benjamin Henson	7/2009
14-15	42.5 kgs / 93.6 lbs	Benjamin Henson	7/2009

Weight Class: 148 Male			
Division	Strict Curl	Name	Date
Open	47.5 kgs / 104.7 lbs	Thomas Ferlito	3/2008
18-19	47.5 kgs / 104.7 lbs	Benjamin Henson	6/2014
50-54	47.5 kgs / 104.7 lbs	Thomas Ferlito	3/2008
70-74	42.5 kgs / 93.6 lbs	William Falla	4/2009

Weight Class: 165 Male			
Division	Strict Curl	Name	Date
Open	65.0 kgs / 143.2 lbs	Joseph Freni	10/2017
20-24	60.2 kgs / 132.7 lbs	Danny Madden	9/2012
25-29	40.0 kgs / 88.1 lbs	Pat Gill	7/2016
30-34	65.0 kgs / 143.2 lbs	Joseph Freni	10/2017
40-44	52.5 kgs / 115.7 lbs	Thomas Hegarty	3/2014
65-69	51.0 kgs / 112.4 lbs	Brian Friary	6/2011
70-74	47.5 kgs / 104.7 lbs	William Falla	10/2009
75-79	39.5 kgs / 87.0 lbs	Eugene Richards	6/2013

Weight Class: 181 Male			
Division	Strict Curl	Name	Date
Open	60.0 kgs / 132.2 lbs	Jake Freeman	3/2014
20-24	50.0 kgs / 110.2 lbs	Chad Stewart	6/2013
25-29	60.0 kgs / 132.2 lbs	Ryan Healy	7/2016
30-34	60.0 kgs / 132.2 lbs	Joseph Freni	7/2017
40-44	60.0 kgs / 132.2 lbs	Jake Freeman	3/2014

45-49	52.5 kgs / 115.7 lbs	Daniel Henson	10/2009
65-69	40.0 kgs / 88.1 lbs	Aurthur Gringrande	7/2013
70-74	40.0 kgs / 88.1 lbs	Arthur Gingrande	4/2015

Weight Class: 198 Male

Division	Strict Curl	Name	Date
Open	60.7 kgs / 133.8 lbs	Joshua Hurwitz	6/2016
20-24	60.7 kgs / 133.8 lbs	Joshua Hurwitz	6/2016
70-74	38.5 kgs / 84.8 lbs	Arthur Gingrande	9/2017

Weight Class: 220 Male

Division	Strict Curl	Name	Date
Open	75.5 kgs / 166.4 lbs	Jeffrey Madden	5/2010
16-17	70.0 kgs / 154.3 lbs	Cameron LaForge	6/2012
20-24	65.0 kgs / 143.2 lbs	Joe Zeze	3/2014
35-39	42.0 kgs / 92.5 lbs	Steven Zagorski	6/2013
40-44	72.0 kgs / 158.7 lbs	Al Bianchi	6/2012
45-49	65.0 kgs / 143.2 lbs	Al Bianchi	5/2014
50-54	75.5 kgs / 166.4 lbs	Jeffrey Madden	5/2010
55-59	73.0 kgs / 160.9 lbs	Ken Mattson	6/2012
75-79	32.5 kgs / 71.6 lbs	Charles Brackett	3/2009

Weight Class: 242 Male

Division	Strict Curl	Name	Date
Open	81.0 kgs / 178.5 lbs	Paul DeSimone	6/2013
40-44	55.7 kgs / 122.7 lbs	Scott Fillion	6/2016
Police/Fire/Mil	62.5 kgs / 137.7 lbs	Brian Cushing	3/2012

Weight Class: 275 Male

Division	Strict Curl	Name	Date
Open	81.0 kgs / 178.5 lbs	Paul DeSimone	6/2013
30-34	67.5 kgs / 148.8 lbs	Stanley Adrien	7/2017

Weight Class: SHW Male

Division	Strict Curl	Name	Date
Open	62.5 kgs / 137.7 lbs	Rob Rebovich	3/2008
Police/Fire/Mil	62.5 kgs / 137.7 lbs	Rob Rebovich	3/2008