

100%RAW Powerlifting Federation Canada

2017 World Health Games

Calgary, AB Oct 21, 2017

Sanction 3 Event - Referees in attendance - Adam Price (3), Herb Veckenstedt (3), Mike Proskow(3), Erin Matheson (2), Lori McWatters (2) Megan Bain-Kretschmer (1)

Referee Trainees - Colin Dewolfe (1), Ted Finkelman (1), John Sarginson (1)

Full Power/Push Pull/Single Lift

Name	Age	Div	BWt (Kg)	WtCls (Kg)	WILKS	Best Squat	Best Bench	Best Deadl	PL Total
Marie Joaquin	21	F-J	49.1	52	1.3023	107.5	55	125	287.5
Gloria Cheung	28	F-O	48.3	52	1.3183	95	47.5	95	237.5
Sherry Ma	21	F-J	54.2	56	1.2071	100	57.5	125	282.5
Jenn Lee	33	F-O	55.8	56	1.1799	107.5	57.5	117.5	282.5
Winnie Fong	33	F-O	55.6	56	1.1832	75	42.5	107.5	225
Darine Alame	35	F-SM	55.3	56	1.1883	107.5	50	127.5	285
Emili Schertzberg	25	F-O	58.8	60	1.1325	97.5	67.5	127.5	292.5
Pamela Young	29	F-O	59.8	60	1.1178	102.5	42.5	130	275
Erica Navickas	21	F-J	62.4	67.5	1.0818	82.5	42.5	102.5	227.5
Andrea Melito	26	F-O	65.1	67.5	1.0479	132.5	67.5	137.5	337.5
Kayla Hawryluk	30	F-O	66.1	67.5	1.0362	0	72.5		72.5
Marisa Brolo	42	F-40	66.7	67.5	1.0294	105	57.5	0	162.5
Lovedeep Sangha	23	F-J	74.6	75	0.9538	92.5	40	102.5	235
Jessica Hierons	25	F-O	72.6	75	0.9707	112.5	62.5	132.5	307.5
Cayla Caufield	29	F-O	72.9	75	0.9681	90	55	105	250
Cathy Kerr	46	F-45	68.7	75	1.0079	75	50	102.5	227.5
Selena Clauson	48	F-45	74.5	75	0.9547	87.5	52.5	105	245
Courtney Van Beers	26	F-O	78.3	82.5	0.9263	107.5	57.5	145	310
Yasmen Muhssin	26	F-O	81	82.5	0.9088	72.5	40	107.5	220
Sara Burwash	43	F-40	89	90	0.8681	142.5	100	167.5	410
Tania Weinheimer	41	F-40	96.5	90+	0.8419	75	55	110	240
Russell Flores	32	M-O	67.4	67.5	0.7719	162.5	120	182.5	465
Anthony Huynh	23	M-J	73.8	75	0.7207	190	145	215	550
Ryan Doner	23	M-J	72.1	75	0.733	105	77.5	112.5	295
Johaen Stinson	26	M-O	72.5	75	0.73	142.5	85	182.5	410
Andre Skinner	24	M-J	79.6	82.5	0.6849	0	115	225	340
Jamin O'keeffe	28	M-O	79.3	82.5	0.6865	180	102.5	190	472.5
Kyle Winstanley	30	M-O	80.9	82.5	0.6779	190	140	252.5	582.5
Ian Campbell	28	M-O	87.7	90	0.6471	160	122.5	175	457.5
Victor Akpawan	29	M-O	85.3	90	0.657	240	157.5	285	682.5
Byron Riemann	50	M-50	87.5	90	0.6479	0	122.5	185	307.5
Michael Croft	21	M-J	99	100	0.6111	160	125	200	485
Scott Wildeman	40	M-40	97.3	100	0.6155			162.5	162.5
Allen Marr	62	M-60	94.9	100	0.6223	185	145	210	540
Alex Pronchuk	25	M-O	102.1	110	0.6037	227.5	152.5	290	670
John Woo	23	M-J	124.9	125	0.5699	255	204	285	744
Matthew Godden	29	M-O	111.6	125	0.586	197.5	140	262.5	600
Angus Donald	44	M-40	116.4	125	0.5792	0	150	0	150
Gary Tremblay	47	M-45	123.8	125	0.571	0	125.5	0	125.5
Colin Bonneau	70	M-70	116.4	125	0.5792	125	150	100	375
Russell Peel	38	M-SM	153.2	SHW	0.5517	255	185	292.5	732.5

Strict Curl

Name	Age	Div	BWt (Kg)	WtCls (Kg)	WILKS	Best Curl	H
Katie Barath	43	F-40	58.5	60	1.1371	22.5	
Kayla Hawryluk	30	F-O	66.1	67.5	1.0362	33.5	
Courtney Van Beers	26	F-O	78.3	82.5	0.9263	32.5	
Lori McWatters	47	F-45	84.4	90	0.8896	33.5	
Allen Marr	62	M-60	94.9	100	0.6223	65	
Mitchell Jacobsen	24	M-J	101.4	110	0.6053	67.5	