



DELAWARE DEADLIFT RECORDS

Updated 8/22/2017 by Ed Kutin

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Weight Class: 132 Female			
Division	Deadlift	Name	Date
Open	87.5 kgs / 192.9 lbs	Ashley Powell	6/2013
20-24	87.5 kgs / 192.9 lbs	Ashley Powell	6/2013

Weight Class: 148 Female			
Division	Deadlift	Name	Date
Open	92.5 kgs / 203.9 lbs	Mary Beth Flagg	5/2016
55-59	92.5 kgs / 203.9 lbs	Mary Beth Flagg	5/2016

Weight Class: 165 Female			
Division	Deadlift	Name	Date
Open	125.0 kgs / 275.5 lbs	Hannah DeMartino	6/2013
20-24	125.0 kgs / 275.5 lbs	Hannah DeMartino	6/2013

Weight Class: 105 Male			
Division	Deadlift	Name	Date
Open	37.5 kgs / 82.6 lbs	Quentin Underwood	9/2014
6-7	37.5 kgs / 82.6 lbs	Quentin Underwood	9/2014

Weight Class: 181 Male			
Division	Deadlift	Name	Date
Open	205.0 kgs / 451.9 lbs	Lance Underwood	3/2014
35-39	205.0 kgs / 451.9 lbs	Lance Underwood	3/2014
65-69	195.5 kgs / 430.9 lbs	Robert Keefer	10/2015
70-74	193.0 kgs / 425.4 lbs	Robert Keefer	8/2017

Weight Class: 198 Male			
Division	Deadlift	Name	Date
Open	157.5 kgs / 347.2 lbs	Joshua Petras	10/2011
16-17	157.5 kgs / 347.2 lbs	Joshua Petras	10/2011

Weight Class: 220 Male			
Division	Deadlift	Name	Date
Open	247.5 kgs / 545.6 lbs	Jordan Mullins	3/2015
20-24	247.5 kgs / 545.6 lbs	Jordan Mullins	3/2015
50-54	195.0 kgs / 429.8 lbs	Phil DePenna	10/2011

Weight Class: 242 Male			
Division	Deadlift	Name	Date
Open	227.5 kgs / 501.5 lbs	Victor Cook	10/2013
16-17	227.5 kgs / 501.5 lbs	Victor Cook	10/2013

Weight Class: 275 Male			
Division	Deadlift	Name	Date
Open	230.0 kgs / 507.0 lbs	Phil DePenna	3/2017
60-64	230.0 kgs / 507.0 lbs	Phil DePenna	3/2017