



**POWERLIFTING FEDERATION**

**AMERICAN CHALLENGE BENCH PRESS RESULTS**

Updated by Ed Kutin

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Lift	Name	Gender	Age	State	Division	Class	body wt	Lift	lbs
Bench	Poyner Karen	Female	61	VA	Open	97	95	52.5	115.7
Bench	Cerone Alyse	Female		NY	Open	97	97	32.5	71.6
Bench	Cerone Alyse	Female		NY	Teen (14-15)	97	97	32.5	71.6
Bench	Beasley Natasha	Female	34	VA	Open	114	114	75	165.3
Bench	Walls Grace	Female		NC	Open	114	113.3	32.5	71.6
Bench	Zak Anna	Female		NC	Open	114	114.6	20	44
Bench	Zak Anna	Female		NC	Teen (14-15)	114	114.6	20	44
Bench	Walls Grace	Female		NC	Teen (16-17)	114	113.3	32.5	71.6
Bench	Self Kerry	Female	43	VA	Master (40-44)	114	112.8	77.5	170.8
Bench	O'Dwyer Maria	Female	28	MD	Open	123	118.8	55	121.2
Bench	Brown Amberine	Female		NC	Open	123	122.5	52.5	115.7
Bench	Brown Amberine	Female		NC	Teen (16-17)	123	122.5	52.5	115.7
Bench	Scarano Pamela	Female	49	PA	Master (45-49)	123	121.4	40	88.1
Bench	Ferris Maxine	Female		NC	Master (50-54)	123	118.8	57.5	126.7
Bench	Cooper Lauren	Female		NC	Open	132	132.2	50	110.2
Bench	Rendino Rebekah	Female		NY	Open	132	130	47.5	104.7
Bench	Broughton Allison	Female		NC	Open	132	130.7	27.5	60.6
Bench	Rendino Rebekah	Female		NY	Teen (16-17)	132	130	47.5	104.7
Bench	Cooper Lauren	Female		NC	Teen (18-19)	132	132.2	50	110.2
Bench	Broughton Allison	Female		NC	Sub-Master (35-39)	132	130.7	27.5	60.6
Bench	Self Kerry	Female	43	VA	Master (40-44)	132	124.7	77.5	170.8
Bench	Meher Kate	Female	48	NJ	Master (45-49)	132	132.2	37.5	82.6
Bench	Mishurina Elena	Female	34	KY	Open	148	146.6	65	143.2
Bench	Marcellino Shauna	Female	23	NJ	Open	148	137.7	55	121.2
Bench	O'Brien Paige	Female	23	OH	Open	148	140.2	55	121.2
Bench	Fetterman Jenna	Female		NY	Open	148	144.4	50	110.2
Bench	Ferebee Kaja	Female		NC	Open	148	146.3	42.5	93.6
Bench	Ferebee Kaja	Female		NC	Teen (16-17)	148	146.3	42.5	93.6
Bench	Marcellino Shauna	Female	23	NJ	Junior (20-24)	148	137.7	55	121.2
Bench	Fetterman Jenna	Female		NY	Junior (20-24)	148	144.4	50	110.2
Bench	Harris Katrie	Female		AZ	Junior (20-24)	148	136.9	40	88.1
Bench	Jeffers Suzanne	Female	40	NY	Master (40-44)	148	144.6	60	132.2
Bench	Cummings Megan	Female	47	VA	Master (45-49)	148	140	55	121.2

Lift	Name	Gender	Age	State	Division	Class	body wt	Lift	lbs	
Bench	Horan	Nicole	Female	45	NJ	Master (45-49)	148	137.3	50	110.2
Bench	Pridgen	Sherry	Female		NC	Master (50-54)	148	144.8	55	121.2
Bench	Hutson	Kylie	Female		NC	Open	165	165.1	57.5	126.7
Bench	Zak	Jenn	Female		NC	Open	165	152.9	50	110.2
Bench	Daugherty	Emily	Female		NC	Youth 11 and Under	165	158	22.5	49.6
Bench	Hutson	Kylie	Female		NC	Teen (18-19)	165	165.1	57.5	126.7
Bench	Espinosa	Mona	Female	35	VA	Sub-Master (35-39)	165	155	65	143.2
Bench	Zak	Jenn	Female		NC	Master (40-44)	165	152.9	50	110.2
Bench	Jess	Linda	Female	62	NE	Master (60-64)	165	161	70	154.3
Bench	Taylor	Shelby	Female	15	OH	Teen (14-15)	181	174.1	70	154.3
Bench	Hinkeldey	Beverly	Female	60	NJ	Master (60-64)	181	174.1	42.5	93.6
Bench	Korba	Terri	Female		NY	Open	198	198.4	67.5	148.8
Bench	Korba	Terri	Female		NY	Master (50-54)	198	198.4	67.5	148.8
Bench	Sneed	Brandi	Female	35	IN	Open	198+	231.4	112.5	248
Bench	Scott	Shannon	Female		NC	Open	198+	246.9	85	187.3
Bench	Moeller	Julie	Female	47	KY	Master (45-49)	198+	223.7	67.5	148.8
Bench	Posey	Karen	Female	56	MD	Master (55-59)	198+	256.6	55	121.2
Bench	Miller	Sean	Male		NC	Teen (14-15)	105	104.2	57.5	126.7
Bench	Ammons	John	Male		NC	Open	114	113.3	65	143.2
Bench	Ammons	John	Male		NC	Teen (18-19)	114	113.3	65	143.2
Bench	Nguyen	Han	Male		NC	Open	123	121.6	60	132.2
Bench	Pearce	Emmett	Male	10	VA	Youth 11 and Under	123	117.4	32.5	71.6
Bench	Rine	Noah	Male	13	NY	Teen (12-13)	123	122.8	32.5	71.6
Bench	Nguyen	Han	Male		NC	Teen (16-17)	123	121.6	60	132.2
Bench	Bottone	Frank	Male		NC	Open	132	131.6	92.5	203.9
Bench	Murray	Gregory	Male		NY	Open	132	130	77.5	170.8
Bench	Duncan	Sheldon	Male	39	ME	Sub-Master (35-39)	132	130.8	102.5	225.9
Bench	Murray	Gregory	Male		NY	Master (40-44)	132	130	77.5	170.8
Bench	Bottone	Frank	Male		NC	Master (45-49)	132	131.6	92.5	203.9
Bench	Oddo	Nicholas	Male	29	PA	Special Olympian	132	130.2	50	110.2
Bench	Teeter	Gary	Male	52	PA	Open	148	147.9	117.5	259
Bench	Zak	Ben	Male		NC	Open	148	148.1	100	220.4
Bench	Kutin	Ari	Male		NJ	Open	148	148.8	70	154.3
Bench	Bailey	Ian	Male		NC	Open	148	148.8	70	154.3
Bench	Kutin	Ari	Male		NJ	Teen (14-15)	148	148.8	70	154.3
Bench	Bailey	Ian	Male		NC	Teen (16-17)	148	148.8	70	154.3
Bench	Zak	Ben	Male		NC	Master (45-49)	148	148.1	100	220.4
Bench	Leavitt	Jason	Male	52	VA	Master (50-54)	148	148.6	115	253.5
Bench	Mason	Patrick	Male	62	MA	Master (60-64)	148	147	147.5	325.1
Bench	Troiano	Ryan	Male	28	KY	Open	165	163.8	160	352.7
Bench	Benson	Chad	Male	30	FL	Open	165	162	125	275.5

Lift	Name	Gender	Age	State	Division	Class	body wt	Lift	lbs
Bench	Teeter	Gary	Male	PA	Open	165	160.9	117.5	259
Bench	Naranjo	AJ	Male	NC	Open	165	165.3	112.5	248
Bench	Gavin	Cole	Male	18 OH	Teen (18-19)	165	164.2	112.5	248
Bench	Naranjo	AJ	Male	NC	Junior (20-24)	165	165.3	112.5	248
Bench	Outland	Kevin	Male	NC	Master (45-49)	165	161.3	127.5	281
Bench	Teeter	Gary	Male	PA	Master (50-54)	165	160.9	117.5	259
Bench	Teeter	Gary	Male	52 PA	Master (50-54)	165	153	115	253.5
Bench	Weissenburger	Joe	Male	AZ	Master (80+)	165	162.5	60	132.2
Bench	Spairana	Christopher	Male	42 PA	Special Olympian	165	161.5	72.5	159.8
Bench	Diorio	Stephen	Male	27 PA	Special Olympian	165	159.8	70	154.3
Bench	Bannerman	Anthony	Male	NC	Open	181	179.8	150	330.6
Bench	Bessette	John	Male	NC	Open	181	179.8	147.5	325.1
Bench	Nautel	Keith	Male	NY	Open	181	176.3	145	319.6
Bench	Eastman	Larry	Male	65 PA	Open	181	177.6	112.5	248
Bench	Beachum	Gage	Male	NC	Open	181	181.8	107.5	236.9
Bench	Beachum	Gage	Male	NC	Open	181	181.8	105	231.4
Bench	Francis	Seth	Male	NC	Open	181	179.6	92.5	203.9
Bench	Francis	Seth	Male	NC	Open	181	181.6	82.5	181.8
Bench	Beachum	Gage	Male	NC	Teen (16-17)	181	181.8	107.5	236.9
Bench	Beachum	Gage	Male	NC	Teen (16-17)	181	181.8	105	231.4
Bench	Francis	Seth	Male	NC	Teen (16-17)	181	179.6	92.5	203.9
Bench	Francis	Seth	Male	NC	Teen (16-17)	181	181.6	82.5	181.8
Bench	Yoder	August	Male	18 NE	Teen (18-19)	181	179.5	122.5	270
Bench	Bannerman	Anthony	Male	NC	Master (45-49)	181	179.8	150	330.6
Bench	Nautel	Keith	Male	NY	Master (50-54)	181	176.3	145	319.6
Bench	Turlington	Steve	Male	NC	Master (50-54)	181	179	140	308.6
Bench	Morgan	Dan	Male	AZ	Master (50-54)	181	174	110	242.5
Bench	Blattenberger	David	Male	55 PA	Master (55-59)	181	178.3	170	374.7
Bench	Bessette	John	Male	NC	Master (55-59)	181	179.8	147.5	325.1
Bench	Eastman	Larry	Male	65 PA	Master (65-69)	181	177.6	112.5	248
Bench	Morgan	Dan	Male	AZ	Law/Fire/Military	181	174	110	242.5
Bench	Walter	Chris	Male	45 NE	Open	198	196.4	205	451.9
Bench	McIntyre	Brian	Male	VA	Open	198	192	140	308.6
Bench	Smith	Glenn	Male	PA	Open	198	194	140	308.6
Bench	Cooper	John	Male	NC	Open	198	195.9	137.5	303.1
Bench	Cue	Josh	Male	33 NC	Open	198	197.3	130	286.5
Bench	Carlson	Austin	Male	28 IA	Open	198	196.4	125	275.5
Bench	Holtry	Matthew	Male	NC	Open	198	191.5	115	253.5
Bench	Kuykendall	Joshua	Male	26 MD	Open	198	190.4	105	231.4
Bench	Cox	TJ	Male	18 IL	Teen (18-19)	198	196.2	132.5	292.1
Bench	Holtry	Matthew	Male	NC	Sub-Master (35-39)	198	191.5	115	253.5
Bench	Sobota	David	Male	NC	Sub-Master (35-39)	198	182	102.5	225.9
Bench	Cooper	John	Male	NC	Master (40-44)	198	195.9	137.5	303.1
Bench	McIntyre	Brian	Male	VA	Master (40-44)	198	192	140	308.6
Bench	Walter	Chris	Male	45 NE	Master (45-49)	198	196.4	205	451.9
Bench	Denger	Joe	Male	48 OH	Master (45-49)	198	192.9	152.5	336.2
Bench	Jackson	John	Male	49 MD	Master (45-49)	198	196.2	147.5	325.1
Bench	Aaron	Howard	Male	64 PA	Master (60-64)	198	192.2	150	330.6

Lift	Name	Gender	Age	State	Division	Class	body wt	Lift	lbs	
Bench	Orengia	Joe	Male	71	PA	Master (70-74)	198	187.3	97.5	214.9
Bench	Maurer	Craig	Male	65	PA	Special Olympian	198	184.7	65	143.2
Bench	Meyer	Jeremey	Male	38	NE	Open	220	215	195	429.8
Bench	Basham	Ethan	Male		NC	Open	220	217.3	167.5	369.2
Bench	Halbert	Tom	Male		NY	Open	220	216	152.5	336.2
Bench	Gengaro III	Vincent	Male	30	NJ	Open	220	220.4	150	330.6
Bench	Berry	Ray	Male		NC	Open	220	220.4	145	319.6
Bench	Kutin	Ed	Male		NJ	Open	220	219.3	142.5	314.1
Bench	Ferchalnd	Frank	Male		VA	Open	220	217.1	137.5	303.1
Bench	Narvet	Jake	Male	16	OH	Open	220	203.9	120	264.5
Bench	Moore	John	Male	79	VA	Open	220	218	120	264.5
Bench	Meyer	Jeremey	Male	38	NE	Sub-Master (35-39)	220	215	195	429.8
Bench	Schoeneberg	Charles	Male	43	VA	Master (40-44)	220	216	155	341.7
Bench	Ferchalnd	Frank	Male		VA	Master (45-49)	220	217.1	137.5	303.1
Bench	Blaha	Robert	Male	45	NE	Master (45-49)	220	218.6	110	242.5
Bench	Reumont	Tom	Male	52	MD	Master (50-54)	220	217.1	160	352.7
Bench	Halbert	Tom	Male		NY	Master (50-54)	220	216	152.5	336.2
Bench	Kutin	Ed	Male		NJ	Master (50-54)	220	219.3	142.5	314.1
Bench	Berry	Ray	Male		NC	Master (55-59)	220	220.4	145	319.6
Bench	Lee	David	Male	61	TX	Master (60-64)	220	212.7	0	0
Bench	McKenna	Jim	Male	68	PA	Master (65-69)	220	215.1	137.5	303.1
Bench	Moore	John	Male	79	VA	Master (75-79)	220	218	120	264.5
Bench	Basham	Ethan	Male		NC	Law/Fire/Military	220	217.3	167.5	369.2
Bench	Ferchalnd	Frank	Male		VA	Law/Fire/Military	220	217.1	137.5	303.1
Bench	Laudenslager	Donald	Male	23	PA	Special Olympian	220	220	75	165.3
Bench	Matthews	Nate	Male	58	OH	Open	242	240.7	182.5	402.3
Bench	Rascoe	Joseph	Male		NC	Open	242	232.3	175	385.8
Bench	Toti	Nolan	Male		NC	Open	242	240.3	170	374.7
Bench	Storch	James	Male		NY	Open	242	241.4	142.5	314.1
Bench	Clark	James	Male		NC	Open	242	225.9	127.5	281
Bench	Rhodes	Bernie	Male		NC	Open	242	240	120	264.5
Bench	Henderson	Chance	Male		NC	Open	242	231.7	112.5	248
Bench	Johnson	Terry	Male	45	PA	Open	242	242.5	100	220.4
Bench	Kurtich	Sam	Male		NC	Open	242	242.5	85	187.3
Bench	Toti	Nolan	Male		NC	Teen (16-17)	242	240.3	170	374.7
Bench	Henderson	Chance	Male		NC	Teen (16-17)	242	231.7	112.5	248
Bench	Kurtich	Sam	Male		NC	Teen (16-17)	242	242.5	85	187.3
Bench	Lewis	Benjamin	Male	38	KY	Sub-Master (35-39)	242	242.2	170	374.7
Bench	Brown	Ishwn	Male	43	NJ	Master (40-44)	242	239.1	137.5	303.1
Bench	Johnson	Terry	Male	45	PA	Master (45-49)	242	242.5	100	220.4
Bench	Ferreras	Waldo	Male	52	VA	Master (50-54)	242	239	187.5	413.3
Bench	Rascoe	Joseph	Male		NC	Master (50-54)	242	232.3	175	385.8
Bench	Storch	James	Male		NY	Master (50-54)	242	241.4	142.5	314.1
Bench	Roehner	Phil	Male	50	KY	Master (50-54)	242	235.8	120	264.5
Bench	Sawyer	Thomas	Male	56	PA	Master (55-59)	242	238.3	160	352.7
Bench	Probasco	John	Male	55	NE	Master (55-59)	242	237.2	152.5	336.2
Bench	Clark	James	Male		NC	Master (60-64)	242	225.9	127.5	281
Bench	Rhodes	Bernie	Male		NC	Master (65-69)	242	240	120	264.5

Lift	Name	Gender	Age	State	Division	Class	body wt	Lift	lbs
Bench	Luci	Nicholas	Male	28	NJ	Law/Fire/Military	242	241.4	165 363.7
Bench	McMillan	Patrick	Male		VA	Open	275	271.3	205 451.9
Bench	Sundy	Paul	Male	48	OH	Open	275	271.1	192.5 424.3
Bench	Short	Gerren	Male	40	VA	Open	275	250.8	180 396.8
Bench	Muretta	Bob	Male	46	VA	Open	275	269.4	177.5 391.3
Bench	Matthews	Taylor	Male	29	NC	Open	275	260.8	172.5 380.2
Bench	Fawbush	Chris	Male	31	KY	Open	275	268.2	165 363.7
Bench	Berry	Gene	Male		NC	Open	275	251.9	155 341.7
Bench	Sterba	George	Male	24	NE	Open	275	264.4	152.5 336.2
Bench	Jenkins	Parker	Male	15	VA	Teen (14-15)	275	275.5	112.5 248
Bench	Sterba	George	Male	24	NE	Junior (20-24)	275	264.4	152.5 336.2
Bench	Dillingham	Robert	Male	36	VA	Sub-Master (35-39)	275	260.8	182.5 402.3
Bench	McMillan	Patrick	Male		VA	Master (40-44)	275	271.3	205 451.9
Bench	Short	Gerren	Male	40	VA	Master (40-44)	275	250.8	180 396.8
Bench	Emmick	Jason	Male	40	KY	Master (40-44)	275	267.1	165 363.7
Bench	Sundy	Paul	Male	48	OH	Master (45-49)	275	271.1	192.5 424.3
Bench	Smiley	Earl	Male	59	KY	Master (55-59)	275	265.2	165 363.7
Bench	Berry	Gene	Male		NC	Master (55-59)	275	251.9	155 341.7
Bench	Lucas	Ed	Male		AZ	Master (65-69)	275	267.6	115 253.5
Bench	McMillan	Patrick	Male		VA	Law/Fire/Military	275	271.3	205 451.9
Bench	Matthews	Taylor	Male	29	NC	Law/Fire/Military	275	260.8	172.5 380.2
Bench	Classing	Ray	Male		MD	Open	308	286.3	182.5 402.3
Bench	Daniels	Nate	Male		NC	Open	308	297.6	145 319.6
Bench	Yoder	Skyler	Male	17	NE	Teen (16-17)	308	294.2	162.5 358.2
Bench	Daniels	Nate	Male		NC	Junior (20-24)	308	297.6	145 319.6
Bench	Sundy	Paul	Male	48	OH	Master (45-49)	308	278	182.5 402.3
Bench	Shakir	Hakim	Male	52	VA	Master (50-54)	308	285	185 407.8
Bench	Classing	Ray	Male		MD	Master (55-59)	308	286.3	182.5 402.3
Bench	Classing	Ray	Male		MD	Law/Fire/Military	308	286.3	182.5 402.3
Bench	Mejias	Pedro	Male	38	NY	Open	SHW	440.9	262.5 578.7
Bench	Atkins	Lonnie	Male	41	OH	Open	SHW	452.8	215 473.9
Bench	Graves	Dominic	Male	28	NE	Open	SHW	332.4	155 341.7
Bench	Markle	Joey	Male		NC	Open	SHW	352.7	120 264.5
Bench	Markle	Joey	Male		NC	Junior (20-24)	SHW	352.7	120 264.5
Bench	Mejias	Pedro	Male	38	NY	Sub-Master (35-39)	SHW	440.9	262.5 578.7
Bench	Atkins	Lonnie	Male	41	OH	Master (40-44)	SHW	452.8	215 473.9
Bench	Cook	Clay	Male	44	KY	Master (40-44)	SHW	326.7	152.5 336.2
Bench	Gains	Robert	Male	54	VA	Master (50-54)	SHW	315.5	192.5 424.3
Bench	Cox	Terry	Male	51	IL	Master (50-54)	SHW	311.9	187.5 413.3
Bench	Dixon	Baron	Male	51	VA	Master (50-54)	SHW	338	142.5 314.1