



POWERLIFTING FEDERATION
ILLINOIS STATE POWERLIFTING RECORDS

Updated by Ed Kutin 7/9/2017

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Weight Class: 123 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	115.0 kgs / 253.5 lbs Melissa Klein 2013	67.5 kgs / 148.8 lbs Melissa Klein 2013	137.5 kgs / 303.1 lbs Melissa Klein 2013	319.8 kgs / 705.0 lbs Melissa Klein
35-39	80.0 kgs / 176.3 lbs Melissa Schudt 6/2014	45.0 kgs / 99.2 lbs Melissa Schudt 6/2014	105.0 kgs / 231.4 lbs Melissa Schudt 6/2014	230.0 kgs / 507.0 lbs Melissa Schudt 6/2014
40-44	115.0 kgs / 253.5 lbs Melissa Klein 2013	67.5 kgs / 148.8 lbs Melissa Klein 2013	137.4 kgs / 302.9 lbs Melissa Klein	319.8 kgs / 705.0 lbs Melissa Klein

Weight Class: 132 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	112.5 kgs / 248.0 lbs Melissa Klein	62.5 kgs / 137.7 lbs Tera Thornton 6/2014	138.3 kgs / 304.8 lbs Sarah Borrás	305.0 kgs / 672.4 lbs Melissa Klein
16-17	81.6 kgs / 179.8 lbs Sarah Borrás	45.4 kgs / 100.0 lbs Sarah Borrás	138.3 kgs / 304.8 lbs Sarah Borrás	229.1 kgs / 505.0 lbs Sarah Borrás
30-34	83.9 kgs / 184.9 lbs Jody Pitcher	20.4 kgs / 44.9 lbs Jody Pitcher	83.9 kgs / 184.9 lbs Jody Pitcher	188.2 kgs / 414.9 lbs Jody Pitcher
40-44	112.5 kgs / 248.0 lbs Melissa Klein	57.5 kgs / 126.7 lbs Melissa Klein	134.9 kgs / 297.4 lbs Melissa Klein	305.0 kgs / 672.4 lbs Melissa Klein
45-49	70.0 kgs / 154.3 lbs Tera Thornton 6/2014	62.5 kgs / 137.7 lbs Tera Thornton 6/2014	120.0 kgs / 264.5 lbs Tera Thornton 6/2014	252.5 kgs / 556.6 lbs Tera Thornton 6/2014

Weight Class: 148 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	104.3 kgs / 229.9 lbs Madison Kissner	72.6 kgs / 160.0 lbs Madison Kissner	147.4 kgs / 324.9 lbs Madison Kissner	281.2 kgs / 619.9 lbs Cynthia Hochstetler 2010
16-17	104.3 kgs / 229.9 lbs Madison Kissner	72.6 kgs / 160.0 lbs Madison Kissner	147.4 kgs / 324.9 lbs Madison Kissner	263.1 kgs / 580.0 lbs Madison Kissner
50-54	20.4 kgs / 44.9 lbs Nancy Hofmann	34.0 kgs / 74.9 lbs Nancy Hofmann	99.8 kgs / 220.0 lbs Nancy Hofmann	149.7 kgs / 330.0 lbs Nancy Hofmann
55-59	88.4 kgs / 194.8 lbs Cynthia Hochstetler 2010	65.7 kgs / 144.8 lbs Cynthia Hochstetler 2010	127.0 kgs / 279.9 lbs Cynthia Hochstetler	281.2 kgs / 619.9 lbs Cynthia Hochstetler 2010

Weight Class: 165 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	112.5 kgs / 248.0 lbs Jennifer Stutz	72.5 kgs / 159.8 lbs Cynthia Hochstetler 9/2011	136.0 kgs / 299.8 lbs Cynthia Hochstetler 9/2011	308.4 kgs / 679.8 lbs Cynthia Hochstetler 9/2011
20-24	112.5 kgs / 248.0 lbs Jennifer Stutz	60.0 kgs / 132.2 lbs Jennifer Stutz 2012	130.0 kgs / 286.5 lbs Jennifer Stutz	302.5 kgs / 666.8 lbs Jennifer Stutz
30-34	100.0 kgs / 220.4 lbs Sarah Collins	50.0 kgs / 110.2 lbs Sarah Collins	117.5 kgs / 259.0 lbs Sarah Collins	270.0 kgs / 595.2 lbs Sarah Collins
35-39	87.5 kgs / 192.9 lbs Karin Mcdowell	50.0 kgs / 110.2 lbs Karin Mcdowell	110.0 kgs / 242.5 lbs Karin Mcdowell	187.5 kgs / 413.3 lbs Karin Mcdowell
55-59	99.7 kgs / 219.7 lbs Cynthia Hochstetler 9/2011	72.5 kgs / 159.8 lbs Cynthia Hochstetler 9/2011	136.0 kgs / 299.8 lbs Cynthia Hochstetler 9/2011	308.4 kgs / 679.8 lbs Cynthia Hochstetler 9/2011

Weight Class: 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	110.0 kgs / 242.5 lbs Amanda Throne	70.0 kgs / 154.3 lbs Amanda Throne	150.0 kgs / 330.6 lbs Amanda Throne	330.0 kgs / 727.5 lbs Amanda Throne
14-15	87.3 kgs / 192.4 lbs McKenna Herald	47.5 kgs / 104.7 lbs McKenna Herald		
18-19	97.5 kgs / 214.9 lbs Laura Verplaelse	50.0 kgs / 110.2 lbs Laura Verplaelse	117.5 kgs / 259.0 lbs Laura Verplaelse	260.0 kgs / 573.1 lbs Laura Verplaelse
25-29	110.0 kgs / 242.5 lbs Amanda Throne	70.0 kgs / 154.3 lbs Amanda Throne	150.0 kgs / 330.6 lbs Amanda Throne	330.0 kgs / 727.5 lbs Amanda Throne
45-49	62.5 kgs / 137.7 lbs Karla Johnson 6/2014	60.0 kgs / 132.2 lbs Karla Johnson 6/2014	127.5 kgs / 281.0 lbs Karla Johnson 6/2014	250.0 kgs / 551.1 lbs Karla Johnson 6/2014

Weight Class: 198 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	152.5 kgs / 336.2 lbs Katrina Diaz 6/2014	60.0 kgs / 132.2 lbs Katrina Diaz 6/2014	165.0 kgs / 363.7 lbs Katrina Diaz 6/2014	377.5 kgs / 832.2 lbs Katrina Diaz 6/2014
20-24	152.5 kgs / 336.2 lbs Katrina Diaz 6/2014	60.0 kgs / 132.2 lbs Katrina Diaz 6/2014	165.0 kgs / 363.7 lbs Katrina Diaz 6/2014	377.5 kgs / 832.2 lbs Katrina Diaz 6/2014

Weight Class: 198+ Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	102.5 kgs / 225.9 lbs Lynette Ritchie 9/2015	65.0 kgs / 143.2 lbs Lynette Ritchie 9/2015	140.0 kgs / 308.6 lbs Lynette Ritchie 9/2015	307.5 kgs / 677.9 lbs Lynette Ritchie 9/2015
50-54	102.5 kgs / 225.9 lbs Lynette Ritchie 9/2015	65.0 kgs / 143.2 lbs Lynette Ritchie 9/2015	140.0 kgs / 308.6 lbs Lynette Ritchie 9/2015	307.5 kgs / 677.9 lbs Lynette Ritchie 9/2015

Weight Class: 132 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	122.5 kgs / 270.0 lbs David Hamilton	80.0 kgs / 176.3 lbs David Hamilton	190.0 kgs / 418.8 lbs David Hamilton	387.5 kgs / 854.2 lbs David Hamilton
18-19	122.5 kgs / 270.0 lbs David Hamilton	80.0 kgs / 176.3 lbs David Hamilton	190.0 kgs / 418.8 lbs David Hamilton	387.5 kgs / 854.2 lbs David Hamilton

Weight Class: 148 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	165.0 kgs / 363.7 lbs Mike Robinson 2009	124.7 kgs / 274.9 lbs Mike Robinson	225.0 kgs / 496.0 lbs Mike Robinson 2009	502.5 kgs / 1107.8 lbs Mike Robinson
16-17	142.9 kgs / 315.0 lbs Alex Lavens	77.5 kgs / 170.8 lbs Chance Paluga	182.5 kgs / 402.3 lbs Chance Paluga	376.5 kgs / 830.0 lbs Alex Lavens
18-19	110.0 kgs / 242.5 lbs Andrew Hogeveen 6/2015	85.0 kgs / 187.3 lbs Andrew Hogeveen 6/2015	152.5 kgs / 336.2 lbs Andrew Hogeveen 6/2015	342.5 kgs / 755.0 lbs Andrew Hogeveen 6/2015
45-49	165.0 kgs / 363.7 lbs Mike Robinson 2009	124.7 kgs / 274.9 lbs Mike Robinson	225.0 kgs / 496.0 lbs Mike Robinson 2009	502.5 kgs / 1107.8 lbs Mike Robinson
50-54	161.0 kgs / 354.9 lbs Mike Robinson	115.7 kgs / 255.0 lbs Mike Robinson	206.4 kgs / 455.0 lbs Mike Robinson	483.1 kgs / 1065.0 lbs Mike Robinson

Weight Class: 165 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	185.0 kgs / 407.8 lbs Daniel Hernandez 6/2014	129.3 kgs / 285.0 lbs Rich Schreiber	220.0 kgs / 485.0 lbs Daniel Hernandez 6/2014	515.0 kgs / 1135.3 lbs Daniel Hernandez 6/2014
14-15	86.2 kgs / 190.0 lbs Conor May	56.7 kgs / 125.0 lbs Conor May	102.1 kgs / 225.0 lbs Conor May	244.9 kgs / 539.9 lbs Conor May

18-19	185.0 kgs / 407.8 lbs Daniel Hernandez 6/2014	113.4 kgs / 250.0 lbs William Lotter	220.0 kgs / 485.0 lbs Daniel Hernandez 6/2014	515.0 kgs / 1135.3 lbs Daniel Hernandez 6/2014
20-24	162.5 kgs / 358.2 lbs Alex Nigro 6/2014	115.0 kgs / 253.5 lbs William Lotter	212.5 kgs / 468.4 lbs William Lotter	487.5 kgs / 1074.7 lbs William Lotter
40-44	156.5 kgs / 345.0 lbs Rich Schreiber	129.3 kgs / 285.0 lbs Rich Schreiber	165.6 kgs / 365.0 lbs Rich Schreiber	451.3 kgs / 994.9 lbs Rich Schreiber
50-54	155.0 kgs / 341.7 lbs Rich Schreiber	124.7 kgs / 274.9 lbs Rich Schreiber	195.0 kgs / 429.8 lbs Rich Schreiber	462.5 kgs / 1019.6 lbs Rich Schreiber

Weight Class: 181 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	207.5 kgs / 457.4 lbs Donovan Muldrow	165.0 kgs / 363.7 lbs Joseph Zangerle 6/2014	276.7 kgs / 610.0 lbs Eric Ridings	617.5 kgs / 1361.3 lbs Donovan Muldrow
14-15	127.0 kgs / 279.9 lbs Conor May	70.3 kgs / 154.9 lbs Conor May	136.1 kgs / 300.0 lbs Conor May	333.4 kgs / 735.0 lbs Conor May
16-17	142.9 kgs / 315.0 lbs Ryan Wilkerson	83.9 kgs / 184.9 lbs Ryan Wilkerson	183.7 kgs / 404.9 lbs Ryan Wilkerson	410.5 kgs / 904.9 lbs Ryan Wilkerson
18-19	205.0 kgs / 451.9 lbs Joseph Zangerle 6/2014	165.0 kgs / 363.7 lbs Joseph Zangerle 6/2014	240.0 kgs / 529.1 lbs Joseph Zangerle 6/2014	610.1 kgs / 1345.0 lbs Joseph Zangerle
20-24	205.0 kgs / 451.9 lbs Eric Ridings	147.4 kgs / 324.9 lbs Eric Ridings	276.7 kgs / 610.0 lbs Eric Ridings	601.0 kgs / 1324.9 lbs Eric Ridings
25-29	175.0 kgs / 385.8 lbs Michael Parrish	127.0 kgs / 279.9 lbs Michael Wilson	220.0 kgs / 485.0 lbs Michael Parrish	510.0 kgs / 1124.3 lbs Michael Parrish
40-44	157.5 kgs / 347.2 lbs William Lamberti	97.5 kgs / 214.9 lbs William Lamberti	205.0 kgs / 451.9 lbs William Lamberti	459.9 kgs / 1013.8 lbs William Lamberti
50-54	170.0 kgs / 374.7 lbs Rich Schreiber 6/2014	135.0 kgs / 297.6 lbs Rich Schreiber	187.5 kgs / 413.3 lbs Rich Schreiber 6/2014	490.0 kgs / 1080.2 lbs Rich Schreiber 6/2014
55-59	117.9 kgs / 259.9 lbs Jerry King	104.3 kgs / 229.9 lbs Jerry King	181.4 kgs / 399.9 lbs Jerry King	390.1 kgs / 860.0 lbs Jerry King
Police/Fire/Mil	167.5 kgs / 369.2 lbs Nathan Adams	140.0 kgs / 308.6 lbs Nathan Adams	202.5 kgs / 446.4 lbs Nathan Adams	510.0 kgs / 1124.3 lbs Nathan Adams

Weight Class: 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	226.8 kgs / 500.0 lbs Shaun Trimarco	170.0 kgs / 374.7 lbs Matt Heck	285.0 kgs / 628.3 lbs Michael Lear 6/2014	653.2 kgs / 1440.0 lbs Shaun Trimarco
14-15	142.5 kgs / 314.1 lbs Roberto Amador	125.0 kgs / 275.5 lbs Roberto Amador	197.5 kgs / 435.4 lbs Roberto Amador	464.9 kgs / 1024.9 lbs Roberto Amador
16-17	150.0 kgs / 330.6 lbs TJ Cox 2/2017	132.5 kgs / 292.1 lbs TJ Cox 2/2017	165.0 kgs / 363.7 lbs TJ Cox 2/2017	440.0 kgs / 970.0 lbs TJ Cox 2/2017
18-19	182.5 kgs / 402.3 lbs Jacob Sytsma 6/2015	132.5 kgs / 292.1 lbs TJ Cox 6/2017	230.0 kgs / 507.0 lbs Jacob Sytsma 6/2015	532.5 kgs / 1173.9 lbs Jacob Sytsma 6/2015
20-24	197.3 kgs / 434.9 lbs Donovan Muldrow	147.4 kgs / 324.9 lbs Kevin Varriale	254.0 kgs / 559.9 lbs Donovan Muldrow	598.7 kgs / 1319.8 lbs Kevin Varriale
25-29	226.8 kgs / 500.0 lbs Shaun Trimarco	170.0 kgs / 374.7 lbs Matt Heck	283.5 kgs / 625.0 lbs Shaun Trimarco	653.2 kgs / 1440.0 lbs Shaun Trimarco
30-34	197.3 kgs / 434.9 lbs Starker Hedger	161.0 kgs / 354.9 lbs Starker Hedger	281.2 kgs / 619.9 lbs Starker Hedger	635.0 kgs / 1399.9 lbs Starker Hedger
35-39	205.0 kgs / 451.9 lbs Rob Vogelbacher 6/2014	145.0 kgs / 319.6 lbs Rob Vogelbacher 6/2014	235.0 kgs / 518.0 lbs Rob Vogelbacher	577.5 kgs / 1273.1 lbs Rob Vogelbacher 6/2014
50-54	181.4 kgs / 399.9 lbs Mark Fadke	120.2 kgs / 264.9 lbs Mark Fadke	167.8 kgs / 369.9 lbs Mark Fadke	469.5 kgs / 1035.0 lbs Mark Fadke
55-59	182.5 kgs / 402.3 lbs Mark Fadke	117.5 kgs / 259.0 lbs Mark Fadke	190.0 kgs / 418.8 lbs Don Kinnman 6/2014	430.0 kgs / 947.9 lbs Mark Fadke
Police/Fire/Mil	192.5 kgs / 424.3 lbs Michael Lear 6/2014	127.5 kgs / 281.0 lbs Michael Lear 6/2014	285.0 kgs / 628.3 lbs Michael Lear 6/2014	605.0 kgs / 1333.7 lbs Michael Lear 6/2014

Weight Class: 220 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	275.0 kgs / 606.2 lbs Kevin Varriale 9/2015	175.0 kgs / 385.8 lbs Vito Paizzolo 2009	300.0 kgs / 661.3 lbs Shaun Trimarco	710.0 kgs / 1565.2 lbs Kevin Varriale 9/2015
14-15	152.5 kgs / 336.2 lbs Roberto Amador	132.5 kgs / 292.1 lbs Roberto Amador	202.5 kgs / 446.4 lbs Roberto Amador	487.5 kgs / 1074.7 lbs Roberto Amador
16-17	192.3 kgs / 423.9 lbs Roberto Amador	132.5 kgs / 292.1 lbs Roberto Amador	235.9 kgs / 520.0 lbs Cody Congdon	532.5 kgs / 1173.9 lbs Roberto Amador
18-19	199.6 kgs / 440.0 lbs Max Kleiboeker	140.6 kgs / 309.9 lbs Max Kleiboeker	238.1 kgs / 524.9 lbs Max Kleiboeker	578.3 kgs / 1274.9 lbs Max Kleiboeker
20-24	232.5 kgs / 512.5 lbs Ryan Anderson 6/2014	142.5 kgs / 314.1 lbs Ryan Anderson 6/2014	265.0 kgs / 584.2 lbs Ryan Anderson 6/2014	640.0 kgs / 1410.9 lbs Ryan Anderson 6/2014
25-29	275.0 kgs / 606.2 lbs Kevin Varriale 9/2015	175.0 kgs / 385.8 lbs Kevin Varriale 9/2015	275.0 kgs / 606.2 lbs Kevin Varriale 6/2015	710.0 kgs / 1565.2 lbs Kevin Varriale 9/2015
30-34	240.0 kgs / 529.1 lbs Shaun Trimarco	147.5 kgs / 325.1 lbs Shaun Trimarco	287.5 kgs / 633.8 lbs Shaun Trimarco	675.0 kgs / 1488.1 lbs Shaun Trimarco
40-44	212.5 kgs / 468.4 lbs Giovanni Giuliano	152.5 kgs / 336.2 lbs Giovanni Giuliano	275.0 kgs / 606.2 lbs Giovanni Giuliano	640.0 kgs / 1410.9 lbs Giovanni Giuliano
50-54	215.0 kgs / 473.9 lbs Vito Paizzolo 2009	175.0 kgs / 385.8 lbs Vito Paizzolo 2009	227.5 kgs / 501.5 lbs Vito Paizzolo	617.5 kgs / 1361.3 lbs Vito Paizzolo

Weight Class: 242 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	260.0 kgs / 573.1 lbs Andy Stitnick 6/2014	200.0 kgs / 440.9 lbs Karl Schudt 4/2016	297.5 kgs / 655.8 lbs Giovanni Giuliano 6/2014	740.0 kgs / 1631.4 lbs Andy Stitnick 6/2014
20-24	202.5 kgs / 446.4 lbs Yousef Ayad 6/2014	142.5 kgs / 314.1 lbs Yousef Ayad 6/2014	260.0 kgs / 573.1 lbs Yousef Ayad 6/2014	605.0 kgs / 1333.7 lbs Yousef Ayad 6/2014
25-29	240.0 kgs / 529.1 lbs Andy Stitnick	182.3 kgs / 401.8 lbs Andy Stitnick	274.9 kgs / 606.0 lbs Andy Stitnick	697.2 kgs / 1537.0 lbs Andy Stitnick
40-44	240.0 kgs / 529.1 lbs Karl Schudt 4/2016	200.0 kgs / 440.9 lbs Karl Schudt 4/2016	297.5 kgs / 655.8 lbs Giovanni Giuliano 6/2014	685.0 kgs / 1510.1 lbs Giovanni Giuliano 6/2014

Weight Class: 275 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	263.1 kgs / 580.0 lbs Brian Barnes	200.0 kgs / 440.9 lbs Karl Schudt 6/2015	307.5 kgs / 677.9 lbs Mitchell Davis	757.5 kgs / 1669.9 lbs Mitchell Davis
18-19	183.7 kgs / 404.9 lbs Mike Cooper	145.2 kgs / 320.1 lbs Mike Cooper	226.8 kgs / 500.0 lbs Mike Cooper	555.7 kgs / 1225.0 lbs Mike Cooper
25-29	263.1 kgs / 580.0 lbs Brian Barnes	190.0 kgs / 418.8 lbs Mitchell Davis	307.5 kgs / 677.9 lbs Mitchell Davis	757.5 kgs / 1669.9 lbs Mitchell Davis
35-39	145.2 kgs / 320.1 lbs William Melrose	133.8 kgs / 294.9 lbs William Melrose	186.0 kgs / 410.0 lbs William Melrose	464.9 kgs / 1024.9 lbs William Melrose
40-44	255.0 kgs / 562.1 lbs Karl Schudt 6/2015	200.0 kgs / 440.9 lbs Karl Schudt 6/2015	272.5 kgs / 600.7 lbs Brian Budzinski	710.0 kgs / 1565.2 lbs Karl Schudt 6/2015
55-59	227.5 kgs / 501.5 lbs Terry Davis	155.0 kgs / 341.7 lbs Terry Davis	255.0 kgs / 562.1 lbs Terry Davis	637.5 kgs / 1405.4 lbs Terry Davis
Police/Fire/Mil	263.1 kgs / 580.0 lbs Brian Barnes	183.7 kgs / 404.9 lbs Brian Barnes	306.2 kgs / 675.0 lbs Brian Barnes	728.0 kgs / 1604.9 lbs Brian Barnes

Weight Class: 308 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	285.0 kgs / 628.3 lbs Brian Barnes	202.5 kgs / 446.4 lbs Brian Barnes	306.1 kgs / 674.8 lbs Brian Barnes 2011	782.0 kgs / 1723.9 lbs Brian Barnes
25-29	285.0 kgs / 628.3 lbs Brian Barnes	202.5 kgs / 446.4 lbs Brian Barnes	295.0 kgs / 650.3 lbs Brian Barnes	782.0 kgs / 1723.9 lbs Brian Barnes

50-54	160.0 kgs / 352.7 lbs Terry Cox 2/2017	197.5 kgs / 435.4 lbs Terry Cox 2/2017	205.0 kgs / 451.9 lbs Terry Cox 2/2017	562.5 kgs / 1240.0 lbs Terry Cox 2/2017
Police/Fire/Mil			306.1 kgs / 674.8 lbs Brian Barnes 2011	

Weight Class: SHW Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	170.0 kgs / 374.7 lbs Terry Cox 6/2017	198.0 kgs / 436.5 lbs Terry Cox 4/2017	210.0 kgs / 462.9 lbs Terry Cox 6/2017	567.5 kgs / 1251.1 lbs Terry Cox 6/2017
50-54	170.0 kgs / 374.7 lbs Terry Cox 6/2017	198.0 kgs / 436.5 lbs Terry Cox 4/2017	210.0 kgs / 462.9 lbs Terry Cox 6/2017	567.5 kgs / 1251.1 lbs Terry Cox 6/2017