



CONNECTICUT STATE POWERLIFTING RECORDS

Updated by Ed Kutin 7/9/2017

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Weight Class: 97 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	70.7 kgs / 155.8 lbs Abigail Scudder 3/2013	42.9 kgs / 94.5 lbs Abigail Scudder 3/2013	105.1 kgs / 231.7 lbs Abigail Scudder 3/2013	231.8 kgs / 511.0 lbs Abigail Scudder
60-64	70.7 kgs / 155.8 lbs Abigail Scudder 3/2013	42.9 kgs / 94.5 lbs Abigail Scudder 3/2013	105.1 kgs / 231.7 lbs Abigail Scudder 3/2013	231.8 kgs / 511.0 lbs Abigail Scudder

Weight Class: 105 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	83.9 kgs / 184.9 lbs Abigail Scudder 2002		138.5 kgs / 305.3 lbs Abigail Scudder 2002	267.6 kgs / 589.9 lbs Abigail Scudder 2002
45-49	83.9 kgs / 184.9 lbs Abigail Scudder 2002		138.5 kgs / 305.3 lbs Abigail Scudder 2002	267.6 kgs / 589.9 lbs Abigail Scudder 2002

Weight Class: 123 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	80.7 kgs / 177.9 lbs Kim Battipaglia	55.3 kgs / 121.9 lbs Kim Battipaglia	127.8 kgs / 281.7 lbs Kim Battipaglia	263.9 kgs / 581.7 lbs Kim Battipaglia
40-44	80.7 kgs / 177.9 lbs Kim Battipaglia	55.3 kgs / 121.9 lbs Kim Battipaglia	127.8 kgs / 281.7 lbs Kim Battipaglia	263.9 kgs / 581.7 lbs Kim Battipaglia

Weight Class: 148 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	75.0 kgs / 165.3 lbs Kelsey Dudgeon 6/2016	40.0 kgs / 88.1 lbs Kelsey Dudgeon 6/2016	90.0 kgs / 198.4 lbs Kelsey Dudgeon 6/2016	205.0 kgs / 451.9 lbs Kelsey Dudgeon 6/2016
20-24	75.0 kgs / 165.3 lbs Kelsey Dudgeon 6/2016	40.0 kgs / 88.1 lbs Kelsey Dudgeon 6/2016	90.0 kgs / 198.4 lbs Kelsey Dudgeon 6/2016	205.0 kgs / 451.9 lbs Kelsey Dudgeon 6/2016

Weight Class: 165 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	115.0 kgs / 253.5 lbs Maura Gaudiosi	82.5 kgs / 181.8 lbs Maura Gaudiosi	122.5 kgs / 270.0 lbs Amanda-Rae Sullivan 6/2016	310.0 kgs / 683.4 lbs Maura Gaudiosi
25-29	102.5 kgs / 225.9 lbs Amanda-Rae Sullivan 6/2016	50.0 kgs / 110.2 lbs Amanda-Rae Sullivan 6/2016	122.5 kgs / 270.0 lbs Amanda-Rae Sullivan 6/2016	275.0 kgs / 606.2 lbs Amanda-Rae Sullivan 6/2016
40-44	115.0 kgs / 253.5 lbs Maura Gaudiosi	82.5 kgs / 181.8 lbs Maura Gaudiosi	112.5 kgs / 248.0 lbs Maura Gaudiosi	310.0 kgs / 683.4 lbs Maura Gaudiosi

Weight Class: 148 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	158.2 kgs / 348.7 lbs Clinton Monroe	120.8 kgs / 266.3 lbs Clinton Monroe	205.3 kgs / 452.6 lbs Clinton Monroe	484.3 kgs / 1067.6 lbs Clinton Monroe
12-13	122.5 kgs / 270.0 lbs Christian Russo 6/2017	82.5 kgs / 181.8 lbs Christian Russo 6/2017	157.5 kgs / 347.2 lbs Christian Russo 6/2017	360.0 kgs / 793.6 lbs Christian Russo 6/2017
14-15	112.5 kgs / 248.0 lbs Jon Oris 6/2017	72.5 kgs / 159.8 lbs Jon Oris 6/2017	155.0 kgs / 341.7 lbs Jon Oris 6/2017	340.0 kgs / 749.5 lbs Jon Oris 6/2017

20-24	158.2 kgs / 348.7 lbs Clinton Monroe	120.8 kgs / 266.3 lbs Clinton Monroe	205.3 kgs / 452.6 lbs Clinton Monroe	484.3 kgs / 1067.6 lbs Clinton Monroe
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Weight Class: 165 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	192.7 kgs / 424.8 lbs David Petro-Roy 2004	120.0 kgs / 264.5 lbs John Daniello 4/2011	217.5 kgs / 479.5 lbs David Petro-Roy	518.0 kgs / 1141.9 lbs David Petro-Roy
55-59	192.7 kgs / 424.8 lbs David Petro-Roy 2004	111.0 kgs / 244.7 lbs David Petro-Roy	217.5 kgs / 479.5 lbs David Petro-Roy	518.0 kgs / 1141.9 lbs David Petro-Roy
Police/Fire/Mil	185.0 kgs / 407.8 lbs John Daniello 4/2011	120.0 kgs / 264.5 lbs John Daniello 4/2011	210.0 kgs / 462.9 lbs John Daniello 4/2011	515.0 kgs / 1135.3 lbs John Daniello 4/2011

Weight Class: 181 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	182.5 kgs / 402.3 lbs Scott Provost 6/2017	145.0 kgs / 319.6 lbs Thomas VanLangen 6/2016	215.0 kgs / 473.9 lbs Thomas VanLangen 6/2016	532.5 kgs / 1173.9 lbs Thomas VanLangen 6/2016
25-29	172.5 kgs / 380.2 lbs Thomas VanLangen 6/2016	145.0 kgs / 319.6 lbs Thomas VanLangen 6/2016	215.0 kgs / 473.9 lbs Thomas VanLangen 6/2016	532.5 kgs / 1173.9 lbs Thomas VanLangen 6/2016
30-34	170.0 kgs / 374.7 lbs Scott Provost 6/2016	125.0 kgs / 275.5 lbs Scott Provost 6/2016	205.0 kgs / 451.9 lbs Scott Provost 6/2016	500.0 kgs / 1102.3 lbs Scott Provost 6/2016
35-39	182.5 kgs / 402.3 lbs Scott Provost 6/2017	120.0 kgs / 264.5 lbs Scott Provost 6/2017	200.0 kgs / 440.9 lbs Scott Provost 6/2017	502.5 kgs / 1107.8 lbs Scott Provost 6/2017

Weight Class: 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	195.7 kgs / 431.4 lbs Christopher Saita	143.2 kgs / 315.6 lbs Christopher Saita	282.8 kgs / 623.4 lbs Christopher Saita	621.8 kgs / 1370.8 lbs Christopher Saita
20-24	195.7 kgs / 431.4 lbs Christopher Saita	143.2 kgs / 315.6 lbs Christopher Saita	282.8 kgs / 623.4 lbs Christopher Saita	621.8 kgs / 1370.8 lbs Christopher Saita

Weight Class: 220 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	260.0 kgs / 573.1 lbs Lenny Creatura 2012	182.5 kgs / 402.3 lbs Brian Richard	275.0 kgs / 606.2 lbs Lenny Creatura 2012	702.5 kgs / 1548.7 lbs Lenny Creatura 2012
45-49	260.0 kgs / 573.1 lbs Lenny Creatura	167.5 kgs / 369.2 lbs Lenny Creatura	257.5 kgs / 567.6 lbs Lenny Creatura	685.0 kgs / 1510.1 lbs Lenny Creatura
50-54	260.0 kgs / 573.1 lbs Lenny Creatura 2012	167.5 kgs / 369.2 lbs Lenny Creatura	275.0 kgs / 606.2 lbs Lenny Creatura 2012	702.5 kgs / 1548.7 lbs Lenny Creatura 2012
55-59	235.0 kgs / 518.0 lbs Lenny Creatura 11/2014	167.8 kgs / 369.9 lbs Roland Cote 2003	200.0 kgs / 440.9 lbs Lenny Creatura 11/2014	595.0 kgs / 1311.7 lbs Lenny Creatura 11/2014
Police/Fire/Mil	192.5 kgs / 424.3 lbs Brian Richard	182.5 kgs / 402.3 lbs Brian Richard	260.0 kgs / 573.1 lbs Brian Richard	635.0 kgs / 1399.9 lbs Brian Richard

Weight Class: 242 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	317.5 kgs / 699.9 lbs Chaz Ruffin 6/2017	187.5 kgs / 413.3 lbs Chaz Ruffin 6/2017	320.0 kgs / 705.4 lbs Chaz Ruffin 6/2017	825.0 kgs / 1818.7 lbs Chaz Ruffin 6/2017
18-19	317.5 kgs / 699.9 lbs Chaz Ruffin 6/2017	187.5 kgs / 413.3 lbs Chaz Ruffin 6/2017	320.0 kgs / 705.4 lbs Chaz Ruffin 6/2017	825.0 kgs / 1818.7 lbs Chaz Ruffin 6/2017