

100% RAW Powerlifting Federation
2017 North Carolina State Powerlifting Championships
April 1, 2017 - Smithfield, NC

Name	Division	Wgt	Class	SQUAT				BENCH				Sub	DEADLIFT				TOTAL	LBS	Place	Coef.
				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
MacKenzie Taylor - NC	F-Youth(8-9)	76	77	30	35	-37.5		14.5	19.5	20		55	42	49.5	54.5		109.5	241.4	1	1.44
Brooke Zak - NC	F-Youth (10-11)	86.2	88	25	-35	-40		14.5	19.5	20		45	47	57	65		110	242.51	1	1.28
Ashley Christansen - NC	F-Open, F-Teen (16-17)	95.4	97	35	37.5	-40		37.5	45	-47.5		82.5	80	-82.5	85		167.5	369.27	1,1	1.76
Anna Zak - NC	F-Open	111.6	114	30	40	-42.5		17	25	27.5		67.5	62	72.5	-80		140	308.64	1	1.25
Alexander Sobota - NC	Youth(10-11)	111.4	114	45	55	60		-30	35	-40		95	72.5	85	-95		180	396.83	1	1.62
Han Nguyen - NC	Teen(16-17)	123	123	-95	95	97.5		50	52.5	55		152.5	113	115	117.5		270	595.24	2	2.20
Brannigan Coleman - NC	Open	122	123	165	175	182.5		120	130	-137.5		312.5	188	210	-222.5		522.5	1151.9	1	4.28
Austin Hatkoff - NC	Open, Teen(16-17)	120.8	123	87.5	92.5	-97.5		-72.5	72.5	-75		165	143	-153	-165		307.5	677.91	1,1	2.55
Amberine Brown- NC	F-Open, F-Teen (16-17)	120.2	123	82.5	-92.5	-92.5		-42.5	45	47.5		130	105	115	122.5		252.5	556.66	1,1	2.10
Emily Saieva - NC	F-Open, F- Teen (16-17)	120.4	123	80	82.5	87.5		37.5	42.5	-47.5		130	80	92.5	97.5		227.5	501.55	2,2	1.89
Mary Beth McKay	F-Open, F-(30-34)	122.6	123	60	67.5	-72.5		37.5	45	-47.5		112.5	85	95	-100		207.5	457.45	3,1	1.69
Kaleigh Poff - NC	F-Open, F-Teen(16-17)	124.2	132	30	-45	45		30	-35	-35		75	65	75	-82.5		150	330.69	1,1	1.21
Dylan Cooper- NC	Youth (8-9)	129.6	132	-30	35	45		17	25	27.5		72.5	62	72.5	80		152.5	336.2	1	1.18
Katherine Carrier- NC	F-Open, F-(25-29)	140.2	148	107.5	112.5	117.5		72.5	77.5	78.5		196	153	162.5	167.5		363.5	801.37	1,1	2.59
Lori Bailey - NC	F-Open, F-Master(45-49)	139.6	148	82.5	90	102.5		57.5	62.5	-68.5		165	123	132.5	140		305	672.4	2,1	2.18
Jeremy Seff- NC	Open, (25-29)	147.2	148	162.5	170	172.5		155	160	167.5		340	213	230	237.5		577.5	1273.2	1,1	3.92
Ben Zak - NC	Open, Master(45-49)	146.4	148	115	130	135		-90	97.5	102.5		237.5	163	175	-180		412.5	909.4	2,1	2.82
Ian Bailey- NC	Open, Teen (16-17)	147.4	148	95	102.5	107.5		60	67.5	70		177.5	108	120	130		307.5	677.91	2	2.09
Joshua Hughes- NC	Teen (16-17)	146.4	148	112.5	120	-128		80	-85	85		205	138	153	165		370	815.7	1	2.53
Michelle Hutt - NC	F-Master(45-49)	165	165	-45	-45	-45		22.5	25	27.5		-17.5	82.5	85	-87.5		67.5	148.81		0.41
Kylie Hutson- NC	F-Open, F-Teen(18-19)	163.8	165	92.5	98	102.5		-52.5	52.5	57.5		160	115	125	137.5	-146.5	297.5	655.87	1,1	1.82
Jen Zak - NC	F-Open, F-Master(40-44)	156.4	165	72.5	-80	85		45	50	52.5		137.5	92.5	105	112.5		250	551.15	2,1	1.60
David Fraire- NC	Junior (20-24)	158.4	165	130	137.5	145		82.5	-95	97.5		242.5	170	185	187.5		430	947.98	2	2.71
Clifton Nelson- NC	Open, PFM	160.6	165	142.5	-152.5	167.5		125	132.5	-137.5		300	-228	250	-257.5		550	1212.5	1,1	3.42
AJ Naranjo- NC	Open, Junior (20-24)	164.2	165	125	137.5	-145		102.5	-110	110		247.5	160	177.5	185		432.5	953.49	2,1	2.63
Justin Schlossberg- NC	Open, (30-34)	159.2	165	115	125	135		102.5	105	107.5		242.5	148	155	167.5		410	903.89	3,1	2.58
Jacob Lassiter- NC	Open, Teen (16-17)	164.2	165	-125	130	137.5		92.5	95	100		237.5	-160	165	172.5		410	903.89	4,1	2.50
Stephen Shores - NC	Open, PFM	154	165	97.5	112.5	-125		85	100	-102.5		212.5	148	165	-172.5		377.5	832.24	5,2	2.45
David Propst- NC	SUB (35-39)	159.8	165	150	-160	-160		95	-100	100		250	160	180	190		440	970.02	1	2.75
Jamie Langdon - NC	F-Masters (40-44)	177.4	181	102.5	112.5	120		72.5	82.5	85		205	130	142.5	150		355	782.63	1	2.00
Hanna Holden- NC	F-Open, F-Teen (16-17)	178	181	102.5	107.5	110		55	60	-65		170	125	145	153.5	160	323.5	713.19	1,1	1.82
Danielle Luz- NC	F-Junior (20-24)	177.4	181	82.5	90	95		52.5	-57.5	-57.5		147.5	125	135	142.5		290	639.33	1	1.63
Jennifer Tillet - NC	F-Master(45-49)	181	181	-85	-85	-85		-50	50	52.5		-32.5	95	97.5	102.5		70	154.32		0.39
Brandy Wooten - NC	F-Sub(35-39)	176.1	181	-80	-80	-80		35	37.5	40		-40	85	90	100		60	132.28		0.34
Steven Due- NC	Masters (45-49)	170.2	181	-112.5	112.5	127.5		70	77.5	-85		205	165	187.5	197.5		402.5	887.35	1	2.36
Michael Ellison- NC	Masters (50-54)	178	181	175	180	182.5		100	110	115		297.5	180	192.5	200		497.5	1096.8	1	2.79
Derek Gallo- NC	Open	176.6	181	152.5	165	-175		115	125	-135		290	185	197.5	207.5		497.5	1096.8	2	2.82
Dustin Vanhook- NC	Open, PFM, (25-29)	178.8	181	192.5	202.5	210		135	-140	-140		345	215	227.5	235		580	1278.7	1,1,1	3.24
David Sobota - NC	Open	177	181	132.5	150	160		85	92.5	-102.5		252.5	155	170	177.5		430	947.98	3	2.43
Allyson Sarnowski- NC	F-Open, F-Teen (16-17)	188.8	198	72.5	80	-85		47.5	-50.5	50.5		130.5	125	135	143	-147.5	273.5	602.96	1,1	1.45
Rachel Mundell- NC	F-Open, F-(30-34)	187.2	198	85	90	92.5		47.5	55	-57.5		147.5	100	110	112.5		260	573.2	2,1	1.39
Neil Bell- NC	Masters (50-54)	193	198	147.5	157.5	167.5		-107.5	110	-112.5		277.5	190	202.5	210		487.5	1074.7	1	2.53

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Kevin Woods- NC	Open	188.2	198	147.5	182.5	202.5		147.5	155	162.5		365	220	227.5	260		625	1377.9	1	3.32
Matthew Werth - NC	Open, PFM, (25-29)	193	198	207.5	220	-228		142.5	150	-152.5		370	238	253	-267.5		622.5	1372.4	2,1,1	3.23
Grant Melvin - NC	Teen (14-15)	188.2	198	120	127.5	135		85	87.5	-92.5		222.5	155	-178	-177.5		377.5	832.24	1	2.01
Michael Dudley- NC	Open	218.8	220	237.5	257.5	N/A		215	227.5	234.5		492	228	238	252.5		744.5	1641.3	1	3.40
Joseph Pearson- NC	Open	215.4	220	227.5	-232.5	-232.5		152.5	-157.5	-157.5		380	230	240	-245		620	1366.9	2	2.88
Byron Kelly- NC	Open	208.2	220	142.5	160	-175		110	-123	-122.5		270	230	255	267.5		537.5	1185	3	2.58
Albert Harris - NC	Open, Teen(14-15)	211.8	220	142.5	147.5	167.5		-100	105	-110		272.5	190	-210	220		492.5	1085.8	4,1	2.33
Journey Neimann - NC	Open, Teen(16-17)	219.4	220	142.5	-147.5	147.5		102.5	110	-115		257.5	183	190	195		452.5	997.58	5,1	2.06
Woody Leonard - NC	Master(50-54)	234.6	242	260	275	285		80	155	172.5		457.5	245	272.5	-282.5		730	1609.4	1	3.11
Chad Perry - NC	Masters (40-44)	236	242	175	182.5	185		130	-135	-135		315	220	230	237.5	s	552.5	1218	1	2.34
Nick Hammer- NC	Open	235.8	242	237.5	265	272.5		162.5	182.5	187.5		460	260	290	305		765	1686.5	1	3.24
Nolan Toti- NC	Open, Teen (16-17)	238	242	215	227.5	-250		160	167.5	-172.5		395	233	260	-272.5		655	1444	2,1	2.75
Aaron Harper Jr- NC	Open	235	242	-227.5	-227.5	0		-130	-147.5	162.5		162.5	235	250	-272.5		412.5	909.4	3	1.76
Austin Poff - NC	Open, Junior (20-24)	260.2	275	182.5	190	195		125	132.5	-137.5		327.5	233	250	255	-272.5	582.5	1284.2	1,1	2.24
Gene Berry - NC	Open, Master(55-59)	248.6	275	185	-200	-202.5		142.5	147.5	152.5		337.5	200	212.5	-217.5		550	1212.5	2,1	2.21
Donald Johnson- NC	PFM	258.2	275	170	187.5	205		147.5	160	-177.5		365	193	205	-220		570	1256.6	1	2.21
Dan Corridean - NC	Open, Master(40-44)	296.6	308	250	275	285		155	162.5	167.5		452.5	273	282.5	290		742.5	1636.9	1,1	2.50
David Leonard - NC	Teen(18-19)	283.8	308	120	132.5	145		100	120	-130		265	125	-143	150		415	914.91	1	1.46
Nathan Daniels- NC	Open, Junior (20-24)	312.2	SHW	182.5	190	195		140	-145	145		340	183	192.5	-200		532.5	1173.9	1,1	1.71
Push/Pull																				
Jeremy Seff- NC	Open, (25-29)	147.2	148					155	160	167.5		167.5	213	230	237.5		405	892.86	1,1	2.75
Emily Daughtrey- NC	F-Youth (10-11)	156.4	165					9.5	12	-17		12	55	60	60.5	65	72.5	159.83	1	0.46
Donovan Burke- NC	Teen (14-15)	164.2	165					-60	-60	60		60	125	135	142.5		202.5	446.43	1	1.23
Yogi Summer- NC	Masters (65-69)	175	181					75	80	85		85	113	122.5	127.5		212.5	468.48	1	1.21
Gage Beacham - NC	Open, Teen(16-17)	174.8	181					-80	87.5	-97.5		87.5	143	-158	157.5		245	540.13	1,1	1.40
Hyacinth Joseph - NC	F-Master(60-64)	186	198					75	80	82.5		82.5	115	125	136	137.5	218.5	481.71	1	1.17
Matthew Holtry- NC	Open, SUB (35-39)	196.2	198					100	105	115		115	188	215	232.5		347.5	766.1	1,1	1.77
Jerry Williams, II - GA	Open, PFM	220.2	220					147.5	167.5	-175		167.5	238	255	-265		422.5	931.44	1,1	1.92
Sam Kurtich- NC	Open, Teen (14-15)	242	242					70	77.5	82.5		82.5	150	165	182.5		265	584.22	1,1	1.10
Torrey Whitehurst - NC	Open	297	308					167.5	175	180		180	228	-253	-252.5		407.5	898.37	1	1.37

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				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th				
Bench Press																				
MacKenzie Taylor - NC	F-Youth(8-9)	76	77					14.5	19.5	20		20					20	44.092	1	0.26
Brooke Zak- NC	F-Youth (10-11)	86.2	88					14.5	19.5	20		20					20	44.092	1	0.23
Anna Zak - NC	F-Open	111.6	114					17	25	27.5		27.5					27.5	60.627	1	0.25
Amberine Brown- NC	F-Open, F-Teen (16-17)	120.2	123					-42.5	45	47.5		47.5					47.5	104.72	1,1	0.40
Emily Saieva - NC	F-Open, F- Teen (16-17)	120.4	123					37.5	42.5	-47.5		42.5					42.5	93.696	2,2	0.35
Austin Hatkoff - NC	Open, Teen(16-17)	120.8	123					-72.5	72.5	-75		72.5					72.5	159.83	1,1	0.60
Kaleigh Poff - NC	F-Open, F-Teen(16-17)	124.2	132					30	-35	-35		30					30	66.138	1,1	0.24
Dylan Cooper- NC	Youth (8-9)	129.6	132					17	25	27.5		27.5					27.5	60.627	1	0.21
Katherine Carrier- NC	F-Open, F-(25-29)	140.2	148					72.5	77.5	78.5		78.5					78.5	173.06	1,1	0.56
Lori Bailey - NC	F-Open, F-Master(45-49)	139.6	148					57.5	62.5	-68.5		62.5					62.5	137.79	2,1	0.45
Jeremy Seff- NC	Open, (25-29)	147.2	148					155	160	167.5		167.5					167.5	369.27	1,1	1.14
Ben Zak- NC	Open, Master(45-49)	146.4	148					-90	97.5	102.5		102.5					102.5	225.97	2,1	0.70
Ian Bailey- NC	Open, Teen (16-17)	147.4	148					60	67.5	70		70					70	154.32	3,1	0.47
Kylie Hutson- NC	F-Open, F-Teen(18-19)	163.8	165					-52.5	52.5	57.5		57.5					57.5	126.76	1,1	0.35
Jen Zak- NC	F-Open, F-Master(40-44)	156.4	165					45	50	52.5		52.5					52.5	115.74	2,1	0.34
Michelle Hutt - NC	F-Open,F-Master(45-49)	165	165					22.5	25	27.5		27.5					27.5	60.627	3,1	0.17
AJ Naranjo- NC	Open, Junior (20-24)	164.2	165					102.5	-110	110		110					110	242.51	1,1	0.67
Stephen Shores - NC	Open, PFM	154	165					85	100	-102.5		100					100	220.46	2,1	0.65
Jacob Lassiter- NC	Open, Teen (16-17)	164.2	165					92.5	95	100		100					100	220.46	3,1	0.61
Hanna Holden- NC	F-Open, F-Teen (16-17)	178	181					55	60	-65		60					60	132.28	1,1	0.34
Jennifer Tillet - NC	F-Open, F-Master(45-49)	181	181					-50	50	52.5		52.5					52.5	115.74	2,1	0.29
Brandy Wooten - NC	F-Open, F-Sub(35-39)	176.1	181					35	37.5	40		40					40	88.184	3,1	0.23
Steve Turlington- NC	Masters (50-54)	179.8	181					125	135	140		140					140	308.64	1	0.78
Allyson Sarnowski- NC	F-Open, F-Teen (16-17)	188.8	198					47.5	-50.5	50.5		50.5					50.5	111.33	1,1	0.27
Aaron Pickrell- NC	Masters (45-49)	188.6	198					107.5	-112.5	112.5		112.5					112.5	248.02	1	0.60
John Cooper- NC	Open, Master(40-44)	198	198					130	140	145		145					145	319.67	1,1	0.73
Journey Neimann - NC	Open, Teen(16-17)	219.4	220					102.5	110	-115		110					110	242.51	1,1	0.50
Albert Harris - NC	Open, Teen(14-15)	211.8	220					-100	105	-110		105					105	231.48	2,1	0.50
Woody Leonard - NC	Master(50-54)	234.6	242					80	155	172.5		172.5					172.5	380.29	1	0.74
Joseph Rascoe- NC	Masters (55-59)	235	242					175	180	-182.5		180					180	396.83	1	0.77
James Clark- NC	Masters (60-64)	227.4	242					120	125	127.5		127.5					127.5	281.09	1	0.56
Bernie Rhodes- VA	Masters (65-69)	242	242					112.5	117.5	-127.5		117.5					117.5	259.04	1	0.49
Nolan Toti- NC	Open, Teen (16-17)	238	242					160	167.5	-172.5		167.5					167.5	369.27	1,1	0.70
Gene Berry - NC	Open, Master(55-59)	248.6	275					142.5	147.5	152.5		152.5					152.5	336.2	1,1	0.61
Austin Poff - NC	Open, Junior (20-24)	260.2	275					125	132.5	-137.5		132.5					132.5	292.11	2,1	0.51
Dan Corridean - NC	Open, Master(40-44)	296.6	308					155	162.5	167.5		167.5					167.5	369.27	1,1	0.56
Latonia Brown- NC	F-Open, LFM, Master(40-44)	226	198+					85	90	94	###	94					94	207.23	1,1,1	0.42
Ryan Stone- NC	Open, (25-29)	418	SHW					205	217.5	-227.5		217.5					217.5	479.5	1,1	0.52
Omar Barnes- NC	Open, PFM, SUB(35-39)	313.8	SHW					-185	192.5	-202.5		192.5					192.5	424.39	2,1,1	0.61
Nathan Daniels- NC	Open, Junior (20-24)	312.2	SHW					140	-145	145		145					145	319.67	3,1	0.46

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Allyson Sarnowski- NC	F-Open, F-Teen (16-17)	188.8	198	32.5	35	-35.5					35					35	77.161	1,1	0.19	
Hyacinth Joseph - NC	F-Master(60-64)	186	198	25	-30	0					25					25	55.115	1	0.13	
Latonia Brown- NC	F-Open, LFM	226	198+	35	37.5	38.5	39				38.5					35	77.161	1,1	0.15	
John Cooper- NC	Open, Master(40-44)	198	198	65	73	75.5	78.5				75.5					75.5	166.447	1,1	0.38	
Journey Neimann - NC	Open, Teen(16-17)	219.4	220	55	62.5	-65					62.5					62.5	137.788	1,1	0.28	
Albert Harris - NC	Open, Teen(14-15)	211.8	220	-52.5	57.5	60	-62.5				60					60	132.276	2,1	0.28	
Todd King- NC	Open, Masters (50-54)	239	242	55	61	-62.5					61					55	121.253	1,1	0.23	
Nolan Toti- NC	Open, Teen (16-17)	238	242	50	-57.5	-60					50					50	110.23	2,1	0.21	
Sam Kurtich- NC	Open, Teen (14-15)	242	242	40	45	-47.5					45					45	99.207	3,1	0.19	
James Clark- NC	Masters (60-64)	227.4	242	30	37.5	-45					37.5					37.5	82.6725	1	0.16	
Austin Poff - NC	Open, Junior (20-24)	260.2	275	55	57.5	60					60					60	132.276	1,1	0.23	
Gene Berry - NC	Open, Master(55-59)	248.6	275	45	47.5	-55					47.5					47.5	104.719	2,1	0.19	
Nathan Daniels- NC	Open, Junior (20-24)	312.2	SHW	47.5	52.5	57.5					57.5					57.5	126.765	1,1	0.18	

Judges	Drug Tested
Jeremy Wright - III	Clifton Nelson
Nasir Nantambu - III	Nick Hammer
Paul Bossi - III	Woody Leonard
Gene Berry - III	Matthew Werth
Jen Zak - III	Michael Dudley
Carl Elliott - III	Brannigan Coleman
Woody Leonard - III	Hanna Holden
Sam Brickhouse - II	Ally Sarnowski
James Wheeler - II	Jeremy Seff