

**100% RAW Potomac Open**

**Tysons Corner, VA**

<b>Name</b>	<b>State/Age</b>	<b>Division</b>	<b>Wt Class</b>	<b>Body Wt</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>
Kirsten Evans	VA-26	Open	123	115.6	87.5	57.5	97.5	242.5
Niki Tompkins-Flagg	MD-29	Open	132	130.6	107.5	55	120	282.5
Heather Collins	MD-34	Open	132	129.8	72.5	52.5	110	235
Kimberly Capers	MD-37	35-39	132	131.8	82.5	55	122.5	260
Linda Leightley	VA-72	70-74	132	131.8	74	45	124	243
Joanne McNeal	VA-38	Open	148	135.6	85	50	137.5	272.5
Cassidy Bennett	VA-16	16-17	148	146.2	110	60	115	285
Christina Hall	VA-18	18-19	148	139	95	45	125	265
Joanne McNeal	VA-38	35-39	148	135.6	85	50	137.5	272.5
Laura Clancy	VA-51	50-54	148	144.4	115	60	110	285
Nikole Warn	VA-23	P/F/M	148	143.1	47.5	40	65	152.5
Angela Roark	VA-30	Open	165	161.2	120	75	170	365
Alexandra Arkoian	VA-38	Open	165	161.6	82.5	60	107.5	250
Raneem Hasan	VA-17	16-17	165	150	100	57.5	115	272.5
Claire Sparowgrove	VA-16	16-17	165	149.6	82.5	37.5	97.5	217.5
Susan Jacoby	VA-52	50-54	165	155.6	75	50	110	235
Karen Zamostny	MD-48	Open	181	171	90	57.5	117.5	265
Karen Zamostny	MD-48	Open	181	171	90	57.5	117.5	265
April Spilde	DC-30	P/F/M	181	169	102.5	77.5	117.5	297.5
Brittany Turner	VA-25	Open	198	191.8	100	55	105	260
Korrie Shivers	VA-38	Open	198+	219.6	132.5	40	160	332.5
Najuma Lake	VA-37	Open	198+	240	85	62.5	142.5	290
Maya El-Hage	VA-18	18-19	198+	212.6	115	57.5	150	322.5
Hope Lancaster	MD-24	20-24	198+	223.4	102.5	50	117.5	270
Korrie Shivers	VA-38	35-39	198+	219.6	132.5	40	160	332.5
Venus Lanham	MD-45	45-49	198+	202.1	82.5	55	110	247.5
Damian Seth Cabrera	VA-17	16-17	114	112	75	45	117.5	237.5
Adam Silverman	DC-23	Open	148	145.1	140	110	215	465
Andrew Tran	VA-17	16-17	148	137.1	135	82.5	165	382.5
Eric Abradu-Otoo	VA-17	16-17	148	148	110	75	132.5	317.5
Adam Silverman	DC-23	20-24	148	145.1	140	110	215	465
Jeff Ennis	VA-49	45-49	148	139.8	105	100	220	425
Brian Stoner	NY-45	Open	165	165	207.5	127.5	227.5	562.5
Vardan Tuladhar	VA-16	16-17	165	150.1	77.5	77.5	95	250
Marco Villarreal	VA-18	18-19	165	160.1	147.5	105	160	412.5
Zachria Hashemi	VA-22	20-24	165	164.1	180	125	220	525
Thuan Tran	VA-23	Open	181	180.2	190	117.5	230	537.5
Colin Ninnger	VA-16	16-17	181	180.1	147.5	100	167.5	415
Thuan Tran	VA-23	20-24	181	180.2	190	117.5	230	537.5
Vadim Snitkovsky	MD-38	Open	198	194.1	207.5	140	242.5	590
Matthew McCracken	VA-27	Open	198	195.1	187.5	127.5	210	525
Robert Velisek	MD-26	Open	198	196.1	185	127.5	195	507.5
Jason DeHenzel	VA-36	Open	198	194.1	172.5	120	212.5	505
Haden Sever	VA-19	Open	198	197.8	157.5	105	152.5	415
Haden Sever	VA-19	18-19	198	197.8	157.5	105	152.5	415
Logan Tran	VA18	18-19	198	186.6	162.5	117.5	200	480
Gabe Inman	VA-21	20-24	198	193.4	172.5	125	185	482.5
Vadim Snitkovsky	MD-38	35-39	198	194.1	207.5	140	242.5	590
Brett Gibson	VA-43	40-44	198	197.1	157.5	110	220	487.5
Derek Dickinson	VA-28	Open	220	220.1	240	180	277.5	697.5
Joseph Simon	VA-26	Open	220	216.4	227.5	160	185	572.5
Miguel Abradu-Otoo	VA-15	14-15	220	219.2	125	82.5	132.5	340
Jacob Rak	VA-17	16-17	220	213.1	135	85	160	380
David Houghton	VA-38	35-39	220	216.1	190	152.5	230	572.5
Brian Garrison	VA-44	40-44	220	208.4	162.5	120	185	467.5
Henry Guevara	VA-22	Open	242	237.4	180	145	227.5	552.5
Mathis Greenberg	VA-16	16-17	242	228.1	157.5	100	185	442.5
Henry Guevara	VA-22	20-24	242	237.4	180	145	227.5	552.5
Mark Lachin	VA-44	40-44	242	240.1	182.5	122.5	235	540
Nikola Kalapasev	VA-15	14-15	308	294.4	160	100	190	450

